



## King County

### Community Services Division

#### Department of Community and Human Services

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## Regional Human Services Levy Oversight Board (RHSLOB) Meeting Summary

**February 26, 2014, 10:15am – 12:15pm**

Shoreline King County Library  
345 NE 175<sup>th</sup> St., Shoreline, WA 98155

### Call to Order

The meeting was called to order by Chair Loran Lichty at 10:20 am.

### Roll Call

**Board Members Present:** Marilyn Cooks, Gary Haines, Lynnette Jordan, Loran Lichty - Chair, David Ramsay – Vice-chair, Bonnie Sanders

**Board Members Excused/Absent:** Kate Slaminko

**County Staff Present:** Chelsea Baylen, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD); Cezanne Garcia, Public Health, Seattle and King County (PHSKC); Laird Redway, Department of Community and Human Services (DCHS)

**Guests:** Edith Loyer Nelson, Wesley Henry (District 4), Dixon McReynolds, Mary K. Lewis, Deloris Martindale, Jaime Yslas (District 8)

### Review of Meeting Summary

The October 23, 2013 RHSLOB meeting notes will be reviewed at the next RHSLOB meeting.

### Presentation/Training – Maternal Depression, Levy Strategy 4.2

Board members heard from Cezanne Garcia, PHSKC and Dr. Jurgen Unutzer with the University of Washington about the outcomes of research done on Collaborative Care for High Risk Mothers. The Levy, under Strategy 4.2 Maternal Depression contributes 30 percent of the funding for this project. Dr. Unutzer and his team were provided funding by the Eitel Family Foundation to research the outcomes of the program.

Dr. Unutzer reported that depression occurs in five to ten percent of mothers but is up to 25 percent in low-income mothers. Children of depressed mothers are at risk for the following:

- Poor social adjustment
- Lower performance on cognitive, emotional, behavioral and tests
- Depression in adolescence and later in life.

Of the mothers screened and referred for treatment through the Maternal Depression project, 86 percent received follow up and for 59 percent follow up included a psychiatric consultation. A total of 58 percent of these mothers showed significant clinical improvement. These outcomes will result in a decrease in health care costs.



### **Board leadership**

Loran Lichty and David Ramsay were confirmed by board members to continue as RHSLOB Chair and Vice-chair respectively.

### **Chair's Report**

Gary Haines and Lynnette Jordan volunteered to be the RHSLOB representatives for the new Joint Fiscal and Evaluation committee. Board staff will convene the committee in the near future.

Bill Wood, longtime VCLOB member and strong advocate for veterans over his lifetime, passed away last week. Loran asked levy staff to send a note of condolence to his wife on behalf of the RHSLOB and to keep the board informed of when Bill's memorial service will be held.

### **Staff Report**

- The 2013 Levy Annual Report development is well underway. Program managers of the approximately 40 levy funded programs have been submitting their data.
- New candidates for board openings have been attending levy board meetings to gain a better understanding of the work. We're very pleased to have them in attendance.
- The next board meeting is a Joint Board meeting scheduled for Thursday, March 27.
- Lynnette Jordan joins the RHSLOB today as a member. Welcome Lynnette!

### **Old Business**

- Board members would like to hear back from leadership of the King County Department of Community and Human Services on how the under expended 2012 levy funds were used. Laird explained that Greg Ferland, King County Community Services Division Director would be attending the March Joint Board meeting to respond to that question.

### **New Business**

- None

### **Public comment**

- None

### **Adjournment**

The meeting was adjourned at 12:15pm.