



Harborview Leadership Group Meeting

January 22, 2020



October Dot Exercise: Summary

Option Description	# Dots
Bed Capacity Increase & Emergency Department Modernization	35
Enhanced Space for the ITA Court at Harborview	35
Expand Existing Facilities and Add New Space for Three Prioritized BH Programs	34
Increase Respite Capacity (Behavioral Health & Medical)	34
Move Pioneer Sq. Clinic ops to Hobson; downsize functions; minor space improvements	32
Harborview Hall Seismic Upgrade	31
Demo East Clinic	30
Increase Permanent Supportive Housing (Behavioral Health & Medical)	30
Public Health programs on HMC Campus w/ enhancements for growth and efficiency	29.5
Remodel existing Pioneer Square Clinic	25
Center Tower Seismic Upgrade	24
Increase Workforce/Affordable Housing	21
Purchase building to maintain a County-owned health and human services hub in Downtown Seattle	19.5
Investment in ITA Court Related Behavioral Health Facilities	17
Increase Shelter Capacity	16
Move clinic to a new purchased or leased space in the Pioneer Square Clinic area	15
Close clinic and move operation to the 22nd and Rainier Clinic (Hobson Place)	12

Scheme A: *12.11.19 Meeting Slide*

View Tower – max height w/ variance

- At least 360 Single Patient Rooms (36 Bed Units)
- 60-Bed Expanded Emergency Department
- 20-Bed Observation Unit
- Operating Room Expansion
- Pharmacy/Gamma/Angio

Center Tower Seismic Renovation

Harborview Hall Seismic Renovation

- Respite care
- Offices

East Clinic Demolition

- Convert to open space

Pioneer Square Seismic Renovation

Behavioral Health Services

- 24/7 Crisis Stabilization Unit
- Step-up/Step-down Program
- Outpatient Clinic Services



\$1.3 - \$1.6 B*

626,000 SF *New* 538,000 SF *Renovation*

Additional bed capacity expected by year 5

**Note that costs are preliminary estimates and subject to change*

Core Components

New Tower – Max Height

- At least 360 Single Patient Rooms (36 Bed Units)
- 60-Bed Expanded Emergency Department
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Existing Hospital Space Renovation

Harborview Hall Seismic Renovation

- Respite care
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East Clinic Demolition

Behavioral Health Services

- 24/7 Crisis Stabilization Unit
- Step-up/Step-down Program
- Outpatient Clinic Services
- Center of Excellence

Site Improvements and other costs



\$1.66B*

New 648,380 SF Renovated 558,840 SF


Additional bed capacity expected by year 5

**subject to change*

Core Component Estimated Costs


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Core Components Sub Total		\$1.66B


À la Carte Components



Sobering Center


11






Evidence-Based Practice Training Center


3






Telepsychiatry Services


6







More Respite

4






Permanent Supportive Housing





Workforce Housing



Standalone Behavioral Health Institute (BHI)

~~12~~ 12






Medical Office Building

COST..

KEEP IN IF NEEDED > FY1



Expand Harborview Hall with Buttress / Adaptive Reuse

INFO ONLY

Cost out for comparison

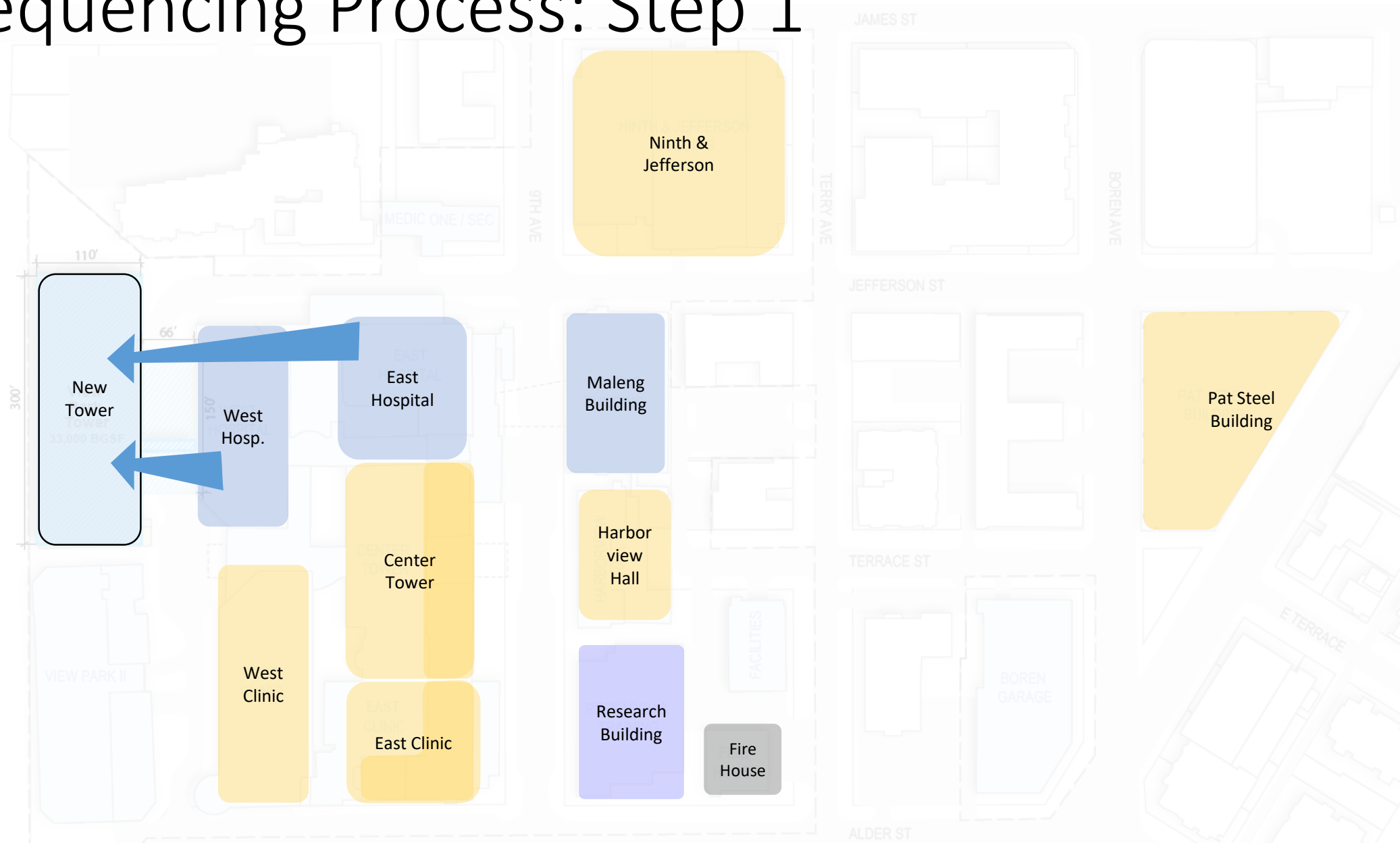
From 12.11 Leadership Group Meeting

A La Carte Estimated Costs

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A La Carte Subtotal		\$77M

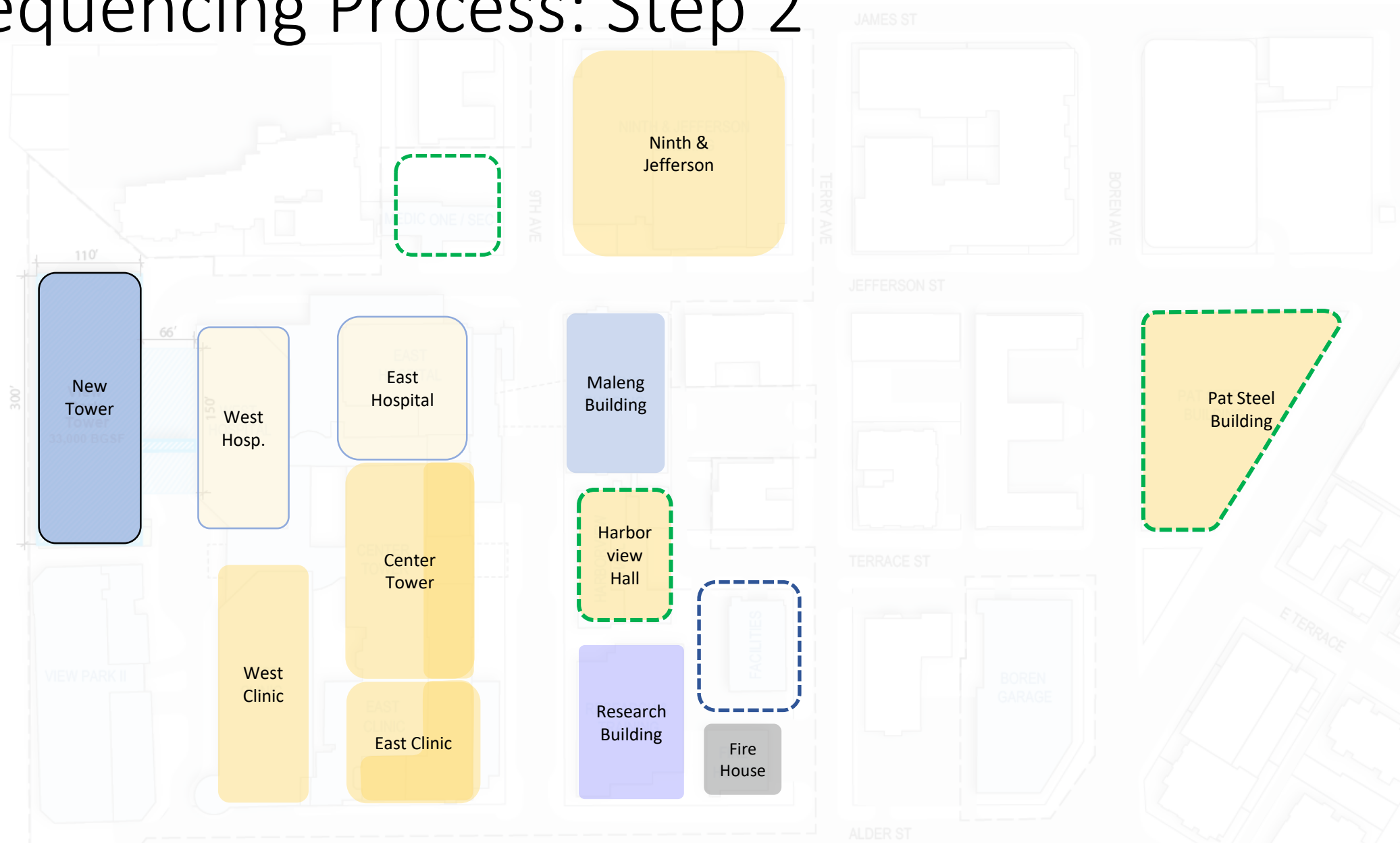
Harborview Hall Adaptive Reuse	Expand HH with a buttress; space for some a la carte options	\$66M
Medical Office Building	“Empty Chair” decanting; speeds up timeline; space for all a la carte options	\$72M

Sequencing Process: Step 1



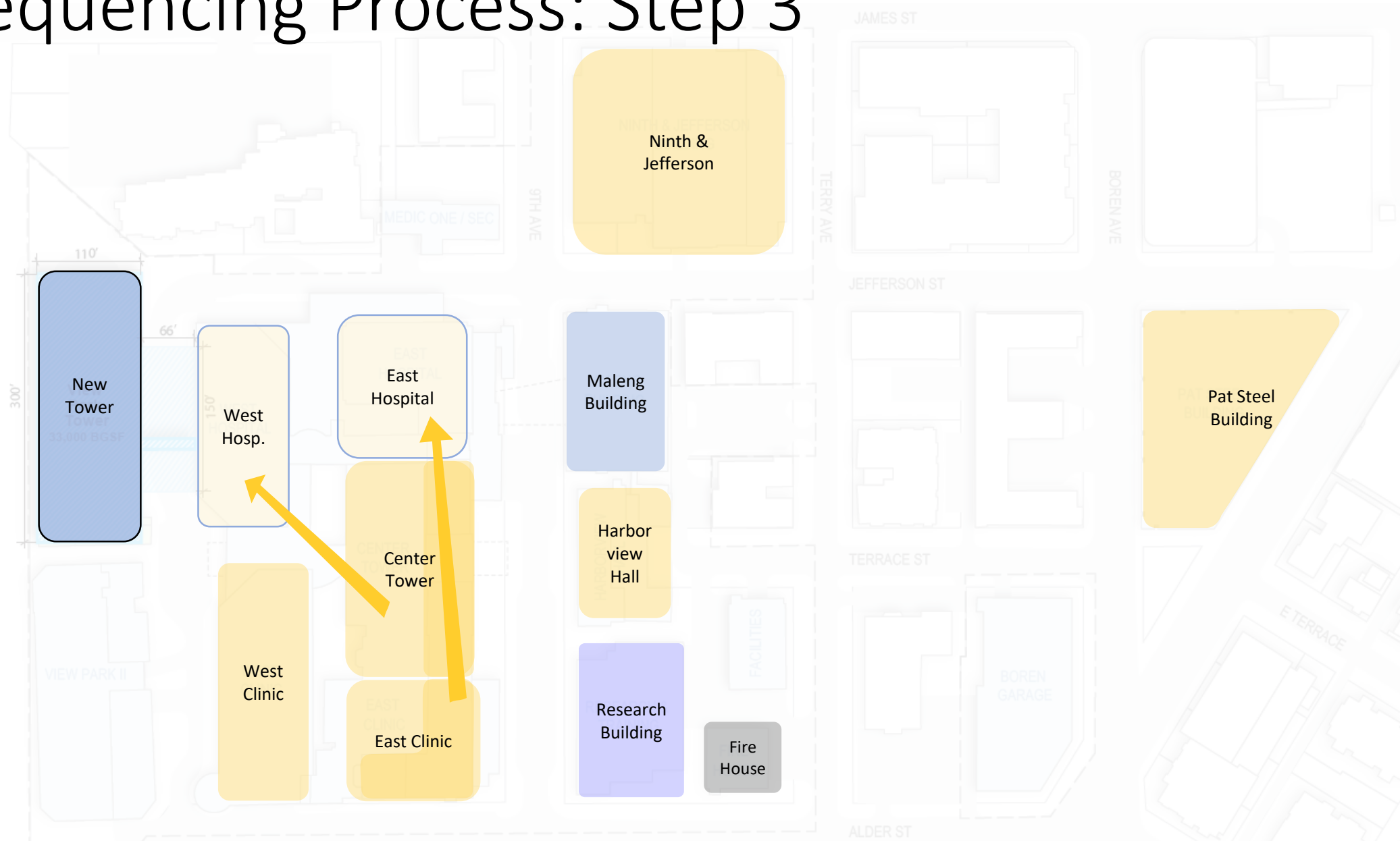
Build New Tower and decant beds into it from East and West Hospital

Sequencing Process: Step 2



Locate BHI into one of 3 locations (green dashes) with optional location for Medical Office Bldg (MOB) (blue dashes)

Sequencing Process: Step 3



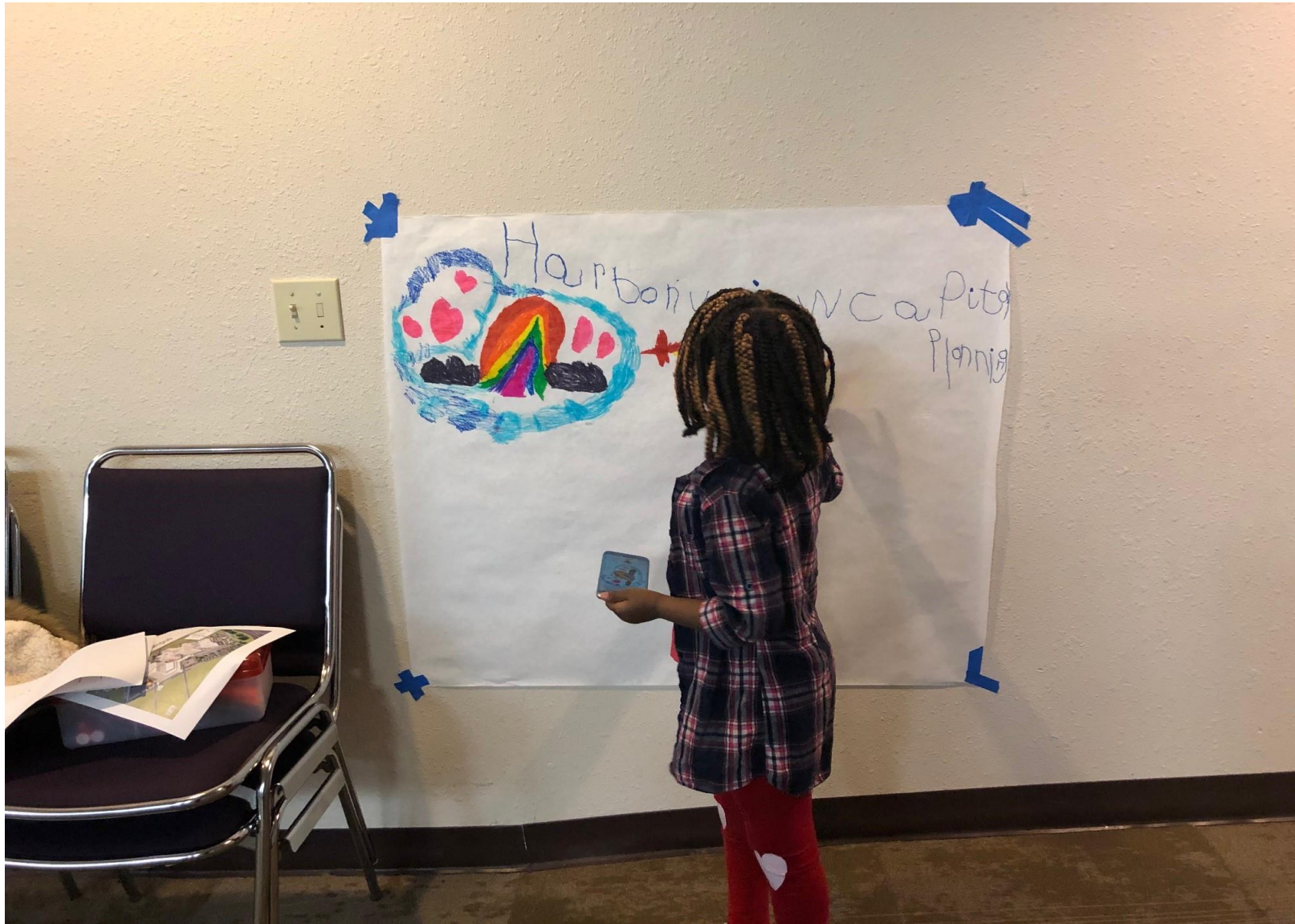
Move clinic programs into East & West Hospital from East Clinic and Center Tower

Sequencing Process: Step 4



Demolish East Clinic/Seismically renovate Center Tower, decanting into East Hospital 3 floors at a time

Community Engagement





Community Engagement: Overview

Briefings and feedback sessions with existing groups:

- Health Care for the Homeless – 09/16/2019
- Immigrant and Refugee Commission – 09/18/2019
- Behavioral Health Advisory Board – 10/03/2019
- First Hill Neighborhood Association – TBD Rescheduled from 1.14.20 due to weather

Briefings and focus group sessions:

- Housing Providers Focus Group – 10/15/19
- Health Care for the Homeless Focus Group – 10/15/19
- Labor & Employees Focus Group – 10/21/19
- Immigrant and Refugee Focus Group – 12/17/19

HR

Success:

- Safe, resilient, accessible space
- single patient room experience
- infection control
- consensus by the time final plan is reached
- space - enough of it
- dignity, community ownership
- think outside the box for options

Matrix Evaluation

per scores				

- increase:
 - bed capacity
 - single-patient room capacity (staff shuffle this every day)
 - parking capacity / accessibility
 - patient
 - staff
 - non-locals (not likely to use mass transit)
- improve predictability for the voter
- maximize existing facilities

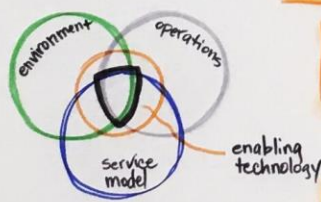


- equity & accessibility to patient rooms

- intuitive way-finding
- walking distances
- non-institutional uses
- noise mitigation
- decanting space
- ensure context supports this open space considerations

medical services

- optimize utilization across facilities
- balancing out-patient with acute services for optimization



DATA GATHERING

8.9.19

best practices

behavioral health

- research-driven
- patient-driven (their goals)
- mental health
- medical health
- balance
- community linkages
- safety & security
 - start w/ site design
 - reducing stigma
- stress reduction

7 Flows

- patients
- family / visitors
- staff
- medication
- information
- supplies
- equipment

these need to be considered as separate flows

NO YES

continuum of care

layer cake concept for housing



We need a new term!

this is the story we want to tell

We need to visualize the data here

through-put system

this is the challenge!

behavioral health puts heavy demands on this system

our patients are highly complex

open space:

- calming space
- rehabilitation space
- making the outside operate as well as the inside
- understand what counts as open space

"View Park doesn't seem to be used by patients."

- this is a complicated concept
- arrival / departure process is changing:
 - from share-a-ride
 - to autonomous rides

vision:

- community hospital front door
- big picture thinking
- decomplicate the parking
 - especially for non-locals
- make sure there is ENOUGH parking
- decision-making that reflects the mission



HDR

BEHAVIORAL HEALTH DATA GATHERING

+ HOUSING 8.13.19

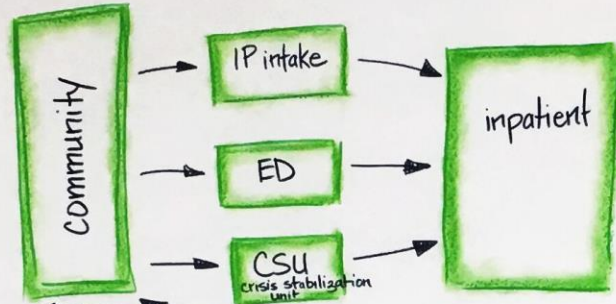
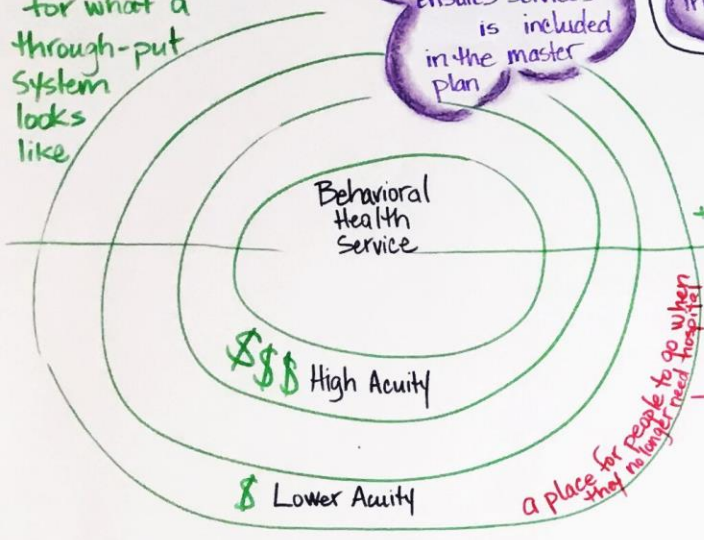
services provided

- all services (in the county)
- all services provided (currently) @ Harborview campus AND @ Pioneer Square

facilities needs

finding this intersection space for ensures services is included in the master plan

We need a visual for what a through-put system looks like



skilled nursing

administrative day beds

respite housing

outpatient services

Consider model programs already in place.

What services can be consolidated or co-located?

Consider location & co-location of services in the continuum.

Address services to ensure they target Harborview's mission population.

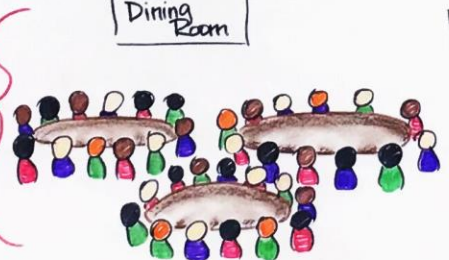
What if we could do whatever we want to provide what is needed? (without constraints)



Sobering center

showers

Nurse



be careful not to silo services...

- How do people arrive @ HMC, and get access to care? (No wrong front door)

- How close to HMC campus should Housing be located?

And what types?

- Is there a facility need in South King County?

Stratifying

- Layering services/Housing types, complicates funding

- What unit needs must be included and for which types (Kitchen, bathroom)
 - shared?
 - SRO (single room occupant)

- Are we missing perspectives for nonlocal people?

Housing Provider - Focus Group

10.15.19

When ^{respite} ~~supportive~~ Housing is located near services, residents tend to stay longer.

* Housing Needs

- chronically-ill, harm reduction (released from hospital, no place to go)
- clustered personal care services (serving people who can perform basic human functions)
- Permanent Supportive Housing (1000's)
- Building with stratified Housing (different levels of sppt.)
- Respite Housing (150 to 200 beds)
- Demographic needs:
 - avg age is increasing
 - end-of-life care (typically younger than average population)
- Shelter Needs
- Workforce Housing

stacked
biggest need



no one @ home to care for them

acuity level is too high

could services help if housing is stabilized?

Harborview Services are top notch! (we need this modeled!)

Potential to create Housing inside HMC campus buildings as they are upgraded seismically & modernized

- There is (a) South King County facility need(s) - with Harborview's service model.

Services Needed

- Sobering center
- typically, services surrounding/needed for PSH, are included in the Housing scenarios

some of us have anxiety
this doesn't work for everyone

Who We Are ... And What Should Be Considered:

- people with chronic health problems
- mental health issues

- smaller scale services that are accessible to the populations that need them



= mobile services
= satellite services

- need to understand the pathology of Homelessness
- huge drug population (a separate pathology)
 - active drug user housing must be on a smaller scale: too large, causes problems

A Sense of Community is needed among residents.

10.15.19

HEALTH CARE

For The Homeless

PRIORITIES

can help people who don't want to go to a big center

with a continuity of care between sites

- Housing for pathologies should be separated
 - most "vulnerable populations"
 - respite care - a critical need to help people get better; and once they're better, they need the next step up

definition: the single individual

- Safety + Security
- Step Up / Step Down Programs
- Respite Capacity - Medically meeting needs

programs that meet the changing needs of the homeless can step up or step down as needed

It Should Be A Holistic Approach
through the lens of the person seeking treatment

- ITA - needs to be expanded
 - a new facility is being built in the north
- Need to identify the gaps in the system

Observations:

- The ED isn't the best place for everyone who arrives @ HMC
- What can people handle?
- Consider the interconnectedness + co-location of Housing populations - to mitigate problems
- Respect Differences
- Co-locating services can result in passive biases that follow an individual
- Each site could use a receptionist that directs visitors
- PSC = good for
 - drop off clinic (drop-in center)
 - a separate facility should house medical services
 - a workspace for helping organizations + community groups
 - plants, waterfall, healing garden
 - I don't see PSC as a healing environment
- It could be a place that helps direct those needing services (a concierge)

Big Idea Zoo
©2019 Lori Berk

Behavioral Health

- mobile unit needed (fentanyl test kits needed)
- after hours access is very important - without this... people end up in the ER
- training / response training is needed so staff can support patients
- Behavioral Health Science building - with connecting tunnels to triage patients where they need to go for services

What would putting it all together, done right, look like?

Visitor Navigation



- braille
- signage
- digital
- interpretation services
- color lines

BH issues happen all over this campus @ all times

Labor Focus Group

10.21.19

plain & sober... harm reduction

Respite light

Respite Plus

1811 Eastlake model

Housing

- many more respite beds are needed
- there is no housing for many people to be discharged... taking space for those waiting

we should be following this

Medical Center

- the sobering center is very important
- Skilled Nursing Facility is needed
- we need easier check-in process

repeating cycle

still no place to discharge people in the acute beds

more & more people have to wait



Helicopter Pad is needed
lack of respite beds (respite light) needed

PSC

- the clinic-in that area - is vital
- if PSC is closed, we want a guarantee that PSC staff will still have jobs

Thank you for including us in this process... We are on the front lines serving our mission population... Keep talking with us!

HMC staff



evidence-based training

HMC Staff

- we need trauma informed training
- it's hard to respond to all the trauma AND look nice for the insurance companies
- staffing ratios are a safety concern for us all (single bed rooms with a 2nd head board... it will be double occupancy)

people stay in acute beds because they have no place to go

people needing acute beds have to wait



#1 SAFETY

Priority

- workplace violence
- public v. staff encounters are dangerous
- Building design should be built around safety

Language Barriers need to be removed



Public Health

- mobile services are needed - specifically HIV / STD



- many unstable people are on our campus all the time (one person laid on the sidewalk for 24 hours in front of the medical center)



Big Idea Zoo
©2019 Lori Rock

Medical Center

Harborview Capital Planning

12.17.19

Housing

- Can the Women's Clinic @ Harborview be integrated w/delivery @ UW?

- Providing wrap-around services in a single location for survivors of sexual assault or torture

- The current system has many disconnects - which creates more pain

- Respite housing... Pioneer Square?



- Can an adult family home model be considered?

- Ensure Supportive Housing includes space for families

- Housing for undocumented populations (the link between medical & other services... and housing)



Behavioral Health (and all the options)

- Immigrant-specific focus needed for these services

- Behavioral Health is not (just) bio-medical.
 - It is spiritual
 - It is about balance
 - It is about many other things
 - Historical trauma
 - ACES inventory

- Youth focused services
 - early intervention
 - substance abuse

- Substance abuse services for the whole immigrant community populations



- it needs to be different than it is today

- Consider level of engagement needed for crisis stabilization

- Language access is extremely important - especially for mental health situations

- There is significant stigma in some communities related to mental health

- Bring BHI staff to ethnic community groups

- Providers really need to knowable & sensitive to this community (in general) on all options

understanding the stigma in ethnic communities (for youth especially under the care of parents/family)

- Single-patient rooms also will support:

- room traffic
- LGBTQ
- infection control
- privacy
- cultural/religious needs

- Does Harborview only need to be located in South Seattle? What about other areas too?

- Transportation options for accessibility to care



- We need to involve Tribal groups in this process



Community Engagement: Key Shared Themes

- Behavioral Health facilities and resources are needed
- Supportive housing is needed
- Improve flow and efficiency in hospital to improve access to care
- Importance of respite and multi-level respite care beds
- A sobering center is necessary
- More services needed in South King County
- Strong support of maintaining and improving Pioneer Square Clinic
- Step up/Step down facilities to meet changing needs of patients and population (BH)
- Safety and security of patients and employees is essential



Community Engagement: Unique Themes

- Impact of new facilities on Harborview's campus on employees
- Concern about co-locating all Behavioral Health facilities to one area
- Improving access to care by increasing mobile and satellite services
- Need improved accessibility/wayfinding on HMC campus (i.e. signage, maps, arrows, directions, braille)
- Immigrant specific focus needed for services
- Transportation options needed for accessibility to care
- Need options for services outside of Harborview
- Behavioral Health Institute/BH facilities and programs must be culturally sensitive and communities of color must be engaged in its development

Core Component Estimated Costs

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Next Meeting: January 29

- Vote on size and scope – consensus minus three
- Review draft report on HLG work and recommendations
- Review timeline of expected next steps