

COBRA/Retiree Medical Plan Rates

Regular Employees



If you are in the Regular employee benefit group, the following table shows the monthly premiums for COBRA and the Retiree Medical Plan. In 2019, the Silver and Bronze plans were eliminated and only the Gold plan remains.

COBRA/Retiree Medical Plan Rates: Regular Employees			
Plan	Coverage	2019 Monthly Rates	2018 Monthly Rates*
KingCare Gold (Regence)	– Employee	\$862.11	\$814.73
	– Spouse	\$862.11	\$814.73
	– Child(ren)	\$689.69	\$651.79
KingCare Select (Regence)	– Employee	\$808.91	\$763.76
	– Spouse	\$808.91	\$763.76
	– Child(ren)	\$647.12	\$611.01
SmartCare Gold (Kaiser)	– Employee	\$553.27	\$573.19
	– Spouse	\$553.27	\$573.19
	– Child(ren)	\$442.61	\$458.56
Delta Dental of Washington— <u>COBRA</u>	– Employee	\$65.00	\$63.40
	– Spouse	\$65.00	\$63.40
	– Child(ren)	\$51.99	\$50.72
Vision Service Plan	– Employee	\$12.28	\$11.58
	– Spouse	\$12.28	\$11.58
	– Child(ren)	\$9.82	\$9.27
Delta Dental of Washington— <u>Retiree</u>	– Employee	\$75.25	\$73.06
	– Spouse	\$75.25	\$73.06
	– Child(ren)	\$70.30	\$68.25

*These 2018 rates are for COBRA only. In 2018, for the Regular employee benefit group rates for Retiree Medical were unsubsidized and were higher. For 2018 Retiree Medical Plan rates, see materials sent by Navia. 2019 Retiree Medical Plan rates are subsidized and match COBRA rates.