

Physical and Behavioral Health Integration Design Committee July Work Session

July 13, 2016; 1:30 p.m. - 4:30 p.m. (Happy Hour from 4:45-6:00 p.m.)

Meeting Goals:

- Vote on proposed principles
 - Learn about full integration efforts in Southwest Washington
 - Continue to refine clinical model core service and system elements
 - Discuss pros/cons of different infrastructure models
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Agenda

Welcome + Introductions <i>Liz Arjun, King County</i>	1:30-1:40 p.m. (10)
Agenda Review and Vote on Principles <i>Jen Martin, Facilitator</i>	1:40-1:50 p.m. (10)
Southwest Washington Update <ul style="list-style-type: none">○ Local Context<ul style="list-style-type: none">▪ <i>Vanessa Gaston, Clark County (10 min.)</i>○ Overview of Full Integration Implementation in Southwest Washington<ul style="list-style-type: none">▪ <i>Isabel Jones, Washington State Health Care Authority (10 min.)</i>○ Early Lessons & Discussion (40 min., including 20 min. prepared questions, 20 min. open questions)<ul style="list-style-type: none">▪ <i>Julie Lindberg, Molina Healthcare</i>▪ <i>Erin Hafer, CHPW</i>▪ <i>Nicoleta Alb, Sea Mar Community Health Centers</i>▪ <i>Sarah Arnquist, Beacon Health Options</i>	1:50 – 2:50 p.m. (60)
BREAK	2:50 – 3:00 p.m. (10)
Clinical Model Core Elements – Small + Large Group Discussion <i>Jen Martin, Facilitator</i>	3:00 – 3:45 p.m. (45)
Infrastructure Discussion <i>Jen Martin, Facilitator</i> <ul style="list-style-type: none">○ Infrastructure Workgroup Report○ Discussion	3:45 – 4:20 p.m. (35)
Closing and Next Steps <i>Jen Martin, Facilitator</i>	4:20 – 4:30 p.m. (10)
Happy Hour: Endolyne Joe’s Restaurant	4:45 – 6:00 p.m.

King County Physical and Behavioral Health Integration Design Committee

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Speaker Bios

Sarah Arnquist
State Director
Beacon Health Options

Sarah Arnquist is a State Director with Beacon Health Options. Sarah's work focuses on designing and implementing innovative programs to deliver mental health and substance use services to people with public health insurance in California and Washington. Sarah's experience includes working directly with top officials in California's Medi-Cal program, engaging stakeholders on divisive public policy issues, and collaborating with international health care leaders to study successful models of health care delivery. She began her career as a newspaper reporter, covering health care and social welfare issues in California. Sarah has an MPH from Johns Hopkins Bloomberg School of Public Health and a Bachelor's degree in journalism from the University of St. Thomas.

Vanessa R. Gaston
Director
Clark County Community Services

Vanessa Gaston is the Director for Clark County Community Services. She is responsible to oversee a department with 58 employees and an annual budget of over \$28 million. Community Services administers grants, contracts and programs for alcohol and drug treatment, local mental health services, crisis service system, veteran services, developmental disability, youth services, low-income home rehab, housing and homeless programs for Clark County. Ms. Gaston also served as the Administrator for SWBH Regional Support Network covering Clark and Skamania Counties. She worked with the Governing Board and staff to successfully transition over the responsibilities for mental health services to managed care organizations effective April 1, 2016. She currently serves on the Board of Directors for Washington Community Action Partnership. She is the designated lead representative from Clark County working with other regional County representatives and Health Care Authority on Early Adopter implementation for full Medicaid integration between mental health, chemical dependency and physical health programs. She was instrumental in creating the SWWA Regional Health Alliance and serves as the Board Secretary. She served as a Washington State Human Rights Commissioner and board member for WIN211. She was also appointed and served on the Oregon State Board of Education. She brings to her jobs strong administrative and communication skills, with a strong background in leadership positions. Ms. Gaston has a Master's degree in Public Administration with a focus on Education and Social Policy Administration from the University of Washington and a bachelor's degree from Evergreen State College. Her past experience includes 12 years in Washington State Government working for the Department of Social and Health Services and the Washington State Department of Veteran Affairs. She also served honorably in the U.S. Army. Ms. Gaston has an extensive background with over 26 years working with various human service, health, employment and educational programs and issues.

Erin Hafer
Director of New Programs Integration & Network Development
Community Health Plan of Washington

Erin Hafer, MPH, is Director of New Programs Integration & Network Development at Community Health Plan of Washington. Ms. Hafer has extensive experience working with managed care and delivery systems to integrate health care reform opportunities through strategic planning, product development, care delivery and payment model innovation, and legislative advocacy. Ms. Hafer partners closely with Washington State agencies and community

partners on health care transformation activities, including Fully Integrated Managed Care, Value-Based Purchasing and Accountable Communities of Health. She is experienced in developing models to improve access to care for individuals with complex conditions, including individuals with mental health conditions and substance use disorder. Ms. Hafer has provided program oversight of the innovative, Mental Health Integration Program (MHIP) since its inception in 2007. In addition, she has participated in the successful design and implementation of integrated community health programs such as CHPW's Health Homes Care Coordination Program, the SAMSA sponsored Washington State Screening, Brief Intervention and Referral to Treatment–Primary Care Integration (WASBIRT-PCI) Project, and the Centers for Medicare and Medicaid Services (CMS) Health Care Innovation Challenge -- COMPASS (Care of Mental, Physical and Substance Use Syndromes).

Isabel Jones

**Medicaid Integration Project Manager
Washington State Health Care Authority**

Isabel Jones is the Medicaid Integration Project Manager at the Health Care Authority, within the division of Policy, Planning and Performance. Isabel is responsible for the implementation of Payment Model I under the State Innovation Model (SIM) Grant, and her work is focused on redesigning Medicaid purchasing in Southwest Washington, to integrate the purchasing of physical and behavioral health services. Prior to joining the HCA, Isabel worked in the White House Domestic Policy Council Health Office as a Policy Assistant, focused on implementation of the Affordable Care Act. Isabel also worked for Senator Tom Carper as a health policy fellow where she focused on policy analysis, and served as a legislative correspondent for health and education issues for Senator Maria Cantwell. Before moving to D.C., Isabel worked in her home state of Washington as a field organizer for both President Obama's campaign in 2008 and Senator Cantwell's re-election campaign in 2006, positions in which she managed several offices and hundreds of volunteers. Isabel holds a Master's degree in Public Policy from American University (2013) and a B.A. in International Studies from the University of Washington (2008).

Julie Lindberg

**Vice President of Healthcare Services
Molina Healthcare of Washington**

Julie Lindberg is a licensed clinical social worker with over 20 years of experience serving low-income, ethnically diverse populations in care delivery and health plan settings. Julie has overseen comprehensive children and adult outpatient mental health programs serving Medicaid and indigent populations in Los Angeles County and Seattle, WA. As the Behavioral Health Director of Clinical Operations at Group Health Cooperative, Julie led efforts to improve the integration of physical and behavioral health care through the promotion and adoption of routine depression and substance use screening tools in primary care, and integrated case management models such as TeamCare. As the Vice President of Health Care Services with Molina Healthcare of WA, Julie oversees all clinical programs including case management and utilization management. Julie is actively involved in the development of high-touch community-based case management models including a community health worker program, care transitions, and Health Homes. Julie is trained in Motivational Interviewing, the IMPACT model, and the Screening, Brief Intervention, Referral and Treatment (SBIRT) model.