

Home Free Guarantee

Contact the receptionist at Ext. 1000

- Be prepared for these questions:
 - How did you commute to work?
 - What is your emergency?
 - What is the address of your destination?
 - Do you have photo ID?
- A cab will be called by the receptionist, who will give you a form with the authorization number to give to the cab driver.
- You are responsible for tipping the cab driver 10-15 %.
- **If it's after-hours and the receptionist is not available:** Call the dispatcher at (425) 450-4555 tell them you are a member of the HFG program and would like a cab.
- Bring the receipt to the receptionist on your next day of work



Transit Online Trip Planner

It's the easiest way to plan a commute trip for yourself.

You don't have to know anything about the bus system to create a custom route plan. All you need to know is where you're starting, where you want to go, and when.

See Commute Resources on the back of this brochure for each transit's website.

Commute Resources

Bike & Ride

www.bicyclealliance.org
(206) 224-9252

Community Transit

www.commtrans.org
(800) 562-1375

Everett Transit

www.everettwa.org
(425) 257-7777

Kitsap Transit

www.kitsaptransit.org
(360) 373-2877

Metro Transit

<http://metro.kingcounty.gov/>
(206) 553-3000

Pierce Transit

www.piercetransit.org
(800) 562-8109

Rideshare Online

www.rideshareonline.com
(888) 814-1300

Sound Transit, Light Rail & Sounder Train

www.soundtransit.org
(888) 889-6368

Washington State Ferries

www.wsdot.wa.gov/ferries
(206) 464-6400

First Choice Health™

Healthy Employees. Healthy Companies.™

Transportation Program



Revised 12/2010

With 200 full-time employees First Choice Health, is affected by the requirements of the Commuter Trip Reduction (CTR) Law.

The goal of the CTR Law is to reduce the number of drive-alone commuters, thus reducing traffic congestion and air pollution in our community. Eighty percent of our employees utilize public transportation for commuting.

In order to assist our employees in making greener commute choices, FCH offers the following resources:



Bus Pass/Ferry Pass Subsidy

We supply our employees with an ORCA card that is pre-loaded with the Passport product.

This allows access to bus service on King County Metro Transit, Community Transit, Sound Transit, Pierce Transit, Everett Transit, and Kitsap Transit routes. It also allows access to Sound Transit's Link Light Rail and the Sounder Commuter Rail, as well as the South Lake Union Streetcar. It allows trips on King County Water Taxi service (Vashon Island and West Seattle routes) and Kitsap Transit's Foot Ferry. It also provides a 100% vanpool



subsidy on Metro Transit, Community Transit, Pierce Transit, and Kitsap Transit vans, a 100% vanshare subsidy, and a guaranteed ride home in case of an emergency. Other ferry routes are subsidized up to \$82/mo for each employee. Passes that cost over \$82 are funded by the employee through payroll deduction for the remaining amount.

Home Free Guarantee Program

Employees who ride the bus, ferry, train, monorail, carpool, vanpool, bike or walk to work on any given day are eligible for a free ride home, or to the ferry, via taxi in the event of illness, emergency or unexpected overtime. There is a limit of 8 rides per year per employee, up to 60 miles per one-way ride.



See back of pamphlet for instructions.

Commute by Bicycle

The One Union garage provides indoor bicycle racks to park your bicycle at no cost. The Sounder train and all buses have bike racks. If you ride on a vanpool they can also have one added.



Take time to read, relax, and talk to a friend while you commute.

THANK YOU
for your support in
reducing emissions
and traffic
congestion!

Telework and Compressed Week

FCH actively promotes its Telework program, as well as the use of compressed workweeks, and flexible schedules (when approved by supervisors).

We also participate in Bike to Work Week, Rideshare Week, and other CTR prescribed events.

Look for "All Staff" emails and postings throughout the office.

Employee Transportation Coordinator (ETC)

The HR Admin Assistant (ext. 2363) is your Employee Transportation Coordinator (ETC). They are available to help you find a carpool, vanpool, or any other commuter information you may need.