

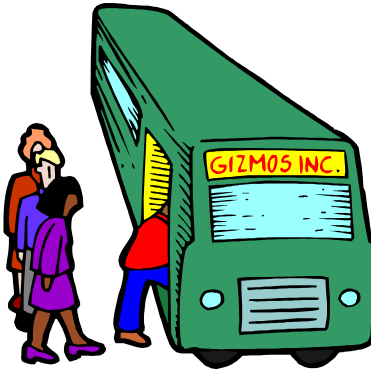
Take pride in doing your part to maintain air quality in our region and to reduce traffic congestion in our community.



One of the biggest myths about alternative commuting is that you have to do it 100% of the time. Not true! Sharing a ride to work one or two days a week makes a difference.

It may take a little advance planning, but if we all change our habits just a little bit, our community will ultimately be a better place to live and work.

Take a moment and ask yourself, "Do I really need to drive alone to work today?"



Take money off your commuting bill and put money in your pocket.



Take a moment to find out more about your commute options:

FINDING RIDEMATCH PARTNERS

Regional Ridematch System:
206-625-4500, or
1-800-427-8249 (toll free)
<http://transit.metrokc.gov/van-car/ridematch.html>

TRANSIT ROUTES AND TIMES

Metro
<http://transit.metrokc.gov>
206-553-3000

Community Transit
www.commtrans.org
1-800-562-1375

Sound Transit
www.soundtransit.gov
1-800-201-4900

Kitsap Transit
www.kitsaptransit.org
306-373-2877

Washington State Ferries
www.wsdot.wa.gov/ferries
206-464-6400

For transportation benefits and policies, contact the CFP Employee Transportation Coordinator:

Denise Thiel
(x15151)



Commute Options for HQ Employees

**Consider the Alternatives
to Drive-Alone
Commuting and Take Off!**

2010

Take advantage of our employee transportation program:



Casey Family Programs, as a company with more than 100 full-time employees, must comply with the Commute Trip Reduction (CTR) Law. The goal of the

law is to reduce the number of drive-alone commuters, thus reducing traffic congestion and air pollution in our community.

In order to help employees make “green” commute choices, **Casey Family Programs** offers the following:

- Guaranteed Ride Home
- Subsidies for transit, ferry, and vanpools
- Reserved/priority parking for HOVs
- Bicycle racks
- Showers and lockers for bicyclists and walkers
- Ridematch Services
- Telecommuting program



A Guaranteed Ride Home

Employees who ride the bus, carpool, vanpool, bike or walk to work on any given day are guaranteed a free ride home - via taxi - in the event of illness, emergency or unexpected overtime. There is a limit of 8 rides per year per employee; up to 60 miles per one way ride. The employee is responsible for tipping the driver. Contact Denise Thiel, ext 15151, *before 5:00 pm*, if you need the Guaranteed Ride Home service.



ORCA Pass, Ferry & Bus Subsidies

Riding the bus is an excellent alternative to driving alone. **Casey Family Programs** furnishes all employees with an annual ORCA Pass or subsidizes the cost of bus and ferry passes for transit agencies not participating in the ORCA Pass program.

Reserved Car/Vanpool Parking

Designated parking spaces located on parking level A have been reserved for car/vanpoolers. Car/vanpoolers wishing to use these spaces must contact the Receptionist, ext. 17300.

Walk & Bike Commute Facilities

Commute, exercise and reduce air pollution at the same time! Men’s and Women’s lockers and showers are available on the second floor in the restrooms. A bike rack is located on parking level A. Plus, Metro has installed bike racks on all buses. Pick up a “Bike and Ride” brochure (available in the lunchroom) to find out more about using the Metro bike racks.

Ridematching Services

So you want to find a carpool or vanpool partner? Simply fill out the Ridematch form in this brochure and return it to:

Ridematch
MS YES-TR 0700
400 Yesler Wy.
Seattle, WA 98104-2615
or on line registration:
RideshareOnline.com

Casey Vehicles

There is a Casey-owned vehicle available for local business-related travel. Please reserve the vehicle through the Receptionist, ext. 17300.

Telecommuting

You can find **Casey Family Programs** telecommuting policy on the web.

Okay, I’m ready to take off and improve my commute!

Please put my name in the Regional Ridematch System (if necessary) and help me find a ridematch partner.

Name: _____
Last First MI
Home Address (*Confidential*):

Number Street Apt. #

City State Zip

Neighborhood

Work Address:

Employer

Number Street

City State Zip

Building

Work Phone with Area Code Home Phone with Area Code

E-mail

Fax number with Area Code

Best Contact Phone:

☐ Work ☐ Home ☐ Both

Send my match information by:

☐ Mail ☐ Fax ☐ E-mail

Arrive at work: _____ a.m. _____ pm.

Leave work: _____ a.m. _____ pm.

My work schedule is flexible by:

☐ 30 minutes ☐ 60 minutes ☐ Not flexible

In a vanpool or carpool, I’d like to:

☐ Drive ☐ Ride ☐ Share driving

Do you have a car available to drive? ☐ yes ☐ no
I can meet at this Park-&-Ride lot (or alternate location):

(indicate specific location)