

# **KCFYC E-News**



JANUARY 2020

THE KING COUNTY FAMILY AND  
YOUTH COUNCIL

## **Feature Article:**

### **Second Quarter 2019 News & Accomplishments**

#### **WISe expansion in King County**

We would like to share great news for the New Year we have new agencies will now be able to provide WISe in King County: As for now we have Ryther, Asian Counseling and Referral Services, Child Haven and You Grow Girl. These agencies will be identifying existing clientele who could benefit from the WISe approach. The system is also hiring 12 new clinicians who will have a small case load (12) and assigned directly to WISe teams. If you would like



#### **FYC accomplishments**

The new FYC Welcome Booklet is ready to go live. The Welcome booklet is a family-friendly to help orient new members and visitors to the FYC Council.

#### **Community announcement for youth-led prevention work**

Public Health – Seattle & King County recently released a blog that describes recent overdose fatality trends. Please share the blog with your colleagues:

<https://publichealthinsider.com/2019/09/26/overdose-update-recent-increase-in-overdose-deaths-linked-to-fentanyl-laced-pills-and-powders/>

## What Parents Need to Know when Disability Impacts Behavior and Discipline at School

Students with disabilities are disciplined twice as often as non-disabled peers. Washington is taking actions to remedy the inequities. Read on for examples of the new state rules and where to go for more information.

IDEA: The Foundation of Special Education

The Individuals with Disabilities Education Act (IDEA) is a federal law that was passed in 1990 and has been amended. The IDEA provides children with qualifying disabilities, from birth to age 21, with the right to a free public education that is specifically designed to meet their individual needs.

## Highlights:

Members Selina Sweet, LaTonya Rogers, Chelsea Burg, Peggy Dolane and, Karen Kelly had the wonderful opportunity to attend the National Federation of Families for Children's Mental Health Annual Conference, November 14 – 16, Phoenix Arizona.

Our family lead members Peggy Dolane and member, Karen Kelly did an awesome job on both their presentations; Grass Roots Policy Changes in Washington State; Succeeding against the odds. On how to organize for advocacy in your community based on the success of passing HB 1874 in 2019.

## Upcoming:



## Save the Date:

King County Family & Youth Council August Meeting

**Tuesday, January 28, 5:30pm – 6:30 pm,**

### Peggy's Corner

Education (OSPI)

Special education is still not fully funded. 15% of our children are not receiving adequate education due to our lack of ability to solve our state's revenue crisis –made worse by I-976 passing. A significant portion of children who are at highest risk for behavioral health problems require an Individualized Education Plan (IEP).

There is a recognition that we need to improve behavioral healthcare access in our schools, yet we have not been able to fund counselors, social workers and nurses at minimal levels for decades. This leads to teachers bearing the burden of classroom behavior management, lack of funds at the school district level

**43rd** Washington State Overall Youth Mental Health Services Ranking\*

**50th** Youth receiving treatment for major depressive disorder\*

**59%** Youth with Untreated Major Depressive Disorder\*

**Needs assistance or more info:** US Dep. Of Education rating of WA Special Education IDEA implementation

\*Mental Health America



## Help is here!

833-303-5437 (M-F 8 a.m. to 5 p.m. PT)

[Washington's Mental Health Referral Service for Children and Teens](#) is a free telephone-based referral service to connect families with evidence-supported outpatient mental health services across the state. This state-sponsored service is funded by Washington Healthcare Authority and operated by Seattle Children's.

### Boiler Plate:

The [King County Family and Youth Council](#) (FYSPRT) meets on the 4th Tuesday of the month, from 5:30-7:30. Please see our website of location information. Dinner provided. All are welcome. Become a change agent in your community and help us identify and address barriers and opportunities to improve the resilience and recovery of children and youth with severe emotional or behavioral health challenges.

Helpful #s: Trouble accessing a King County resource? Client Services 206-263-8997

Washington's Mental Health Referral Service for Children and Teens 833-303-5437 | FYSPRT Questions: 206-263-8934.