

King County Family and Youth Council Meeting  
Notes 9/24/2019

**Announcements:**

- New Youth Tri-Lead - Cole Devlin
- If you have anything for the eNews get it to LaTonya.

**Community Concerns/Support:**

- Higher/sooner in the agenda. Time set aside for families who want support.
- Question about foster mom needing help with child that is on placement list

**Sub-Committee Updates:**

- Welcome booklet - draft handed out. Missing wellness plan and comfort agreement. Provide any feedback to Peggy and/or LaTonya.
  - **Action:** Peggy to add tri-chairs
  - Put agency names and not individual names.
  - Bring WISE brochure.
- Welcoming
  - Will have greeter for meeting - Celina Sweet. She will greet people as they arrive.
  - Will work to make the room more welcoming.
- Youth Involvement
  - How do we get more youth involved in these meetings
  - Idea to create a social media campaign to get youth involved.
  - Possibility for our FYSPRTs to get technical support help. Going to use this to get help getting youth involved.
  - **Action:** Cole to take lead with Gabe to get Facebook created.
  - NAMI can advertise FYSPRTs in local affiliate. Always looking for mental health presenters.
  - **Action:** Gabe and Cole to make a plan for Outreach.
  - Purpose to get and prioritize idea. Lisa, Jenny, LaTonya and will help too.
  - There is a 2 day summit for Community Wellness Prevention initiative (CWPI). This is one way o reach the schools. We are going to be invited to the CWPI community meetings.
- Meeting time and location:
  - LaTonya's meeting Jaylyn in attendance
  - Have feedback that the current time might now be the best for everyone
  - Keep this meeting time for rest of year
  - **Action:** Starting in Jan we're planning to move to move meeting from 530-730 on a Wednesday. Confirm which Wednesday - LaTonya

- CLIP Challenge & Solution Form:
  - Would like to see more structure around treatment plan and progress. Not just a check list. More of a review of evidence.
  - Creation of CLIP after care plan needed that involves youth and family are involved in.
  - Would be great if there was a better step-down program to get them into group homes and normal school.
  - Many of these kiddos are foster kiddos and don't have a home to go home to. And/or once they are discharged they want to be readmitted again very soon.
  - Bring in specialized treatment immediately if needed. (e.g. speech therapy, OT, PT, ABA)
  
- Work Plan Update sub-committee
  - Needing work plan and strategic plan all FYSPRTs need to provide. Need to try to pull 3-4 topics that we are going to focus on.
  - Create sub-committees that will have 30 minute calls to work on work plan. Anyone can participate in calls.
  - A lot of the things we are already doing are in the work plan.
  - Courtney and Cole going to be leading this, but we're all participating. LaTonya will schedule the calls.
  
- HB 1874: Family Initiated Treatment
  - Adolescent behavior healthcare act - gives parent the ability to consent for both in and outpatient treatment.
  - There are 14K residential placements in the US. That would lend WA to have 400. We have less than 100.
  - Build on what's working in the community before putting money into the highest level of care.
  - Investing in WISe is best investment.
  - WISe collaborative is a group of providers, family and youth and care facilities.
  - Looking for representation of this group at the table. Meet for 2 hours one Friday per month. Gabe volunteered he and Cole and Peggy to attend.
  - **Action:** Tracy to talk to Peggy about why Tracy didn't want to use WISe.
  - **Action:** Courtney to invite Tracy and Cole to the WISe collaborative monthly meeting.
  - **Action:** LaTonya to see if there is compensation for participation in calls.