

Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes December 13, 2018, 12:15-1:45 p.m., Chinook Building, Room 121/123

Members/ Designees: Ann McGettigan, Judge Barbara Linde, Barbara Miner, Brenda Fincher designee for Councilmember Dave Asher, Brigitte Folz, Chris Verschuyl, Dan Satterberg, Leo Flor, Jeff Sakuma, Jessica Molberg, Joshua Wallace, Jorene Reiber designee for Lea Ennis, Helena Stephens designee for Deputy Mayor Lynne Robinson, Kailey Fiedler-Gohlke, Kelli Carroll, Ketu Shah designee for Donna Tucker, Kimberly Cisson, Kyra Zylstra, Judge Laura Inveen, Mary Ellen Stone, Merrill Cousin, Michele Meaker designee for Ashley Fontaine, Mike Heinisch, Steve Andryszewski, Ziying Hu

Other Attendees: Hana Mohamed, Claudia Pineda, Sola Plumocher, Christa Vallce, Laura Van Tosh, Yvonne Roberts, Patty Noble Desy, Sherry MaCabe, Peggy Dolane, Cindy Olejar, Dave Culp, Lauren Vlas, Mag Sq, Emmy

McConnell, Ziying Hu, Lauren Vlas, Mary Taylor

Notes by: Ziying Hu

| Issues | Discussion | Action Items: |
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| Welcome | Co-Chair Judge Barbara Linde welcomed all attendees and led the meeting with introductions, and reminded everyone that the meeting is recorded. Co-Chair Judge Barbara Linde reminded attendees to limit themselves to two minutes per person for comments at the end of the meeting. | |
| Member/Staff Announcements | Mike Heinisch acknowledged the loss of SeaTac Councilmember Amina Ahmed and her service and contribution to the community. No other announcements. | |
| Board and Commission Member Code of Conduct | Kimberly Cisson reminded members to turn in their signed Code of Conduct by the end of the meeting. | AC members to turn in signed Code of Conduct to Kimberly Cisson. |
| Review and Approve Meeting Notes | Meeting notes were approved for October. | |
| Greetings from New DCHS Director | The new director for Department of Community and Human Services (DCHS), Leo Flor, made a brief introduction of himself and acknowledged the importance of implementing integrated services to address community needs. | |
| Outgoing Co-Chair Recognition | Chris Verschuyl recognized former Co-Chair Merrill Cousin, and presented the award to Merrill Cousin for three years of MIDD Advisory Board service. Co-Chair Judge Barbara Linde, Joshua Wallace, Ann McGettigan, Kelli Carrol and Barbara Miner spoke to show appreciation to former Co-Chair Merrill Cousin's leadership and contribution for the MIDD Advisory Committee. Next, Chris Verschuyl recognized Co-Chair Judge Barbara Linde, and presented the award to Co-Chair Judge Barbara Linde for MIDD Advisory Committee service. Merrill Cousin, Kelli Carroll, Barbara Miner, and Mike Heinisch spoke to show appreciation to Co-Chair Judge Barbara Linde's leadership and contribution for the MIDD AC. | |

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| | Dan Satterberg emphasized the importance of MIDD to the communities within King County and indicated appreciation to Judge Barbara Linde's and Merrill Cousin's contributions. | |
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| | Co-Chair Judge Barbara Linde shared her experiences with MIDD and being on the MIDD AC. | |
| Introduction of Proposed Interim County Co-Chair Judge Laura Inveen | Co-Chair Judge Barbara Linde proposed Judge Laura Inveen for next interim County Co-chair. | |
| ACTION: Election of Interim County Co-Chair | Judge Laura Inveen was nominated and approved to become the co-chair starting with the January 2019 MIDD AC Meeting. | |
| Final Council – Adopted MIDD Budget for 2019-20 & MIDD Financial | Steve Andryszewski reported that expenses are on track as predicted. Steve reminded service providers to turn in all invoices for 2018 that is associated with MIDD funding. | |
| Report | Steve Andryszewski advised everyone to look at the MIDD Financial Plan. The 2019-2020 MIDD budget contained Executive additions that were reviewed with the AC previously. There were some Council changes to the MIDD budget. The overall funding changes for MIDD is net zero. More details can be found on handout for funding distributions into the following programs: Rural Behavioral Health Grants, South King County Pretrial Services program, South County Crisis Diversion Services/ Center, RADAR (Response Awareness, De-escalation and Referral), and Shelter Navigation Services. | |
| | Questions: Mike Heinisch asked if South King County Pretrial Services Programs is a different initiative from RADAR. Steve Andryszewski indicated South King County Pretrial Services Programs and RADAR are separate initiatives. Merrill Cousin asked whether the concerns about RADAR expressed during the MIDD renewal process about the constitutionality of some of the elements of the RADAR program had been considered when adding it to the MIDD budget. Steve Andryszewski will follow up on this question. Ann McGettigan asked where to get more information regarding the RADAR program. RADAR was initially administered by the King County | Steve Andryszewski will follow up with regard to the concerns about some parts of RADAR. |
| | Sheriff's office in Shoreline. The program is being expanded to the north and east side of the county. | |
| Initiative Update: Quality Coordinated Outpatient Care | Debra Srebnik presented the handout and provided brief summary about the initiative, Quality Coordinated Outpatient Care (SI-03). The principal use for SI-03 are: 1) Supporting the behavioral health system's transformation to fully integrated managed care, and 2) Supporting implementation of behavioral health outcomes. Focus areas included: 1) | |

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(SI-03)

Treatment On-Demand, 2) Outcome measurement and Value Based Purchasing (VBP) incentives, 3) Strategic Non-Medicaid Support, 4) Emergency Department (ED) Utilization Management (EDUM), 5) One Table Treatment on Demand. More specific details can be found in the meeting materials.

Debra Srebnik continued to present Outpatient Treatment on Demand (OTOD). There were three key metrics measured: 1) Time from request for treatment to offered Intake, 2) Time from request for treatment to actual intake, 3) Time from actual intake to first treatment. There is a notable pattern of improvement on the measures.

Questions:

Co-chair Judge Barbara Linde asked what the difference is between offered intake and actual intake. Debra Srebnik explained that the difference comes from the clients' availability for attending the intake appointment at the agency.

Dan Satterberg asked why the measurements focus on methadone over other substances. Debra Srebnik indicated the measurement is based off the nature of the contract between King County Behavioral Health and Recovery Division and three service provider agencies which specifically emphasized methadone.

Debra Srebnik continued to present ED utilization. King County Integrated Care Network (KCICN) leadership, with guidance from Health Management Associates (HMA) Consulting, elected to focus on reducing ED utilization and ensuring rapid engagement post-ED discharge care for clients with behavioral health issues. More details can be found in the meeting materials for implementation plans and focus areas.

Questions:

Mike Heinisch asked whether the rapid response team will respond to South King County requests. Debra Srebnik indicated rapid response teams will respond to all four hospitals in South King County.

Kira Zylstra asked about the concentration of homelessness within the scope of ED utilization. Debra Srebnik indicated there is underrepresentation due to the focus of the three metrics measurement in the behavioral health system.

Briefing: One Table

Kelly Rider and Alice Morgan-Watson, presented the One Table overview, with a focus on addressing the root causes of homelessness.

Alice Morgan-Watson presented baseline data to provide a brief overview of One Table. The key concern around homelessness is defined as "the number of people who become homeless over the course of a year and who exit homelessness far exceed the number of people in the point in time count." People of color are disproportionately represented in rates

| | of homelessness in King County. One Table is chaired by King County | |
|----------------|---|--|
| | Executive Dow Constantine, Auburn Mayor Nancy Backus, and Seattle | |
| | Mayor Jenny Durkan. Workgroups for One Table include: Community | |
| | Action Workgroups (CAW), Elected Leadership Group (ELG), Civic Leadership Group (CLG), and Leaders with Lived Experiences (LLE). More | |
| | details can be found in the meeting materials. | |
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| | Next, Kelly Rider presented recommendations emphasizing the Racial Justice and Equity Principles which included: 1) Prioritize services for populations at-risk of homelessness, including people exiting behavioral health treatment, 2) Support workforce training in harm reduction models and trauma-informed care, and 3) Recruit and retain a workface that represents being served by, funding programs that employs peers | |
| | with lived experiences. More details can be found in the meeting materials. | |
| | Questions: | |
| | Kailey Fiedler-Gohlke asked whether the metrics reflects any | |
| | measurement on homelessness who are seeking re-entry in the system. | |
| | Kelly Rider answered there were limitations on reflecting measurements | |
| | on homelessness and will follow up with the team for details. | |
| | Michele Meaker asked if there was any data captured to reflect domestic violence. Kelly Rider indicated domestic violence data was not being captured. | |
| • | Joshua Wallace asked will the community be informed of One Table's process of work. Kelly Rider will follow up. | |
| | | |
| | Helena Stephens asked if there is a strategic approach on the partnership between the business and King County on the One Table overview. Kelly Rider indicate there is no solid answer at this point. The discussion is still ongoing within this scope of work. | |
| Public Comment | Peggy Dolane, a community member gave a brief introduction of herself including her background and involvement in supporting families, children and youth mental health. Peggy Dolane expressed dissatisfaction with the currently available services and asked King County to improve its' focus on children and youth behavioral health services. | |
| Adjourned | 1:45PM | |
| Next meeting | Thursday, January 24, 2019, 12:15-1:45 p.m., Chinook Room 121/123 | |
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