

## Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes October 25, 2018, 12:15-1:45 p.m., Chinook Building, Room 121

Members/ Designees: Ann McGettigan, Barb Donohue, Judge Barbara Linde, Barbara Miner, Brigitte Folz, Cody West designee for Joshua Wallace, Chris Verschuyl, Claudia D'Allegri, Councilmember Dave Asher, Denise Rothleutner designee for Adrienne Quinn, Deputy Mayor Lynne Robinson, Jeff Sakuma, Councilmember Jeanne Kohl-Welles, Jennifer DeYoung designee for Patty Hayes, Jorene Reiber designee for Lea Ennis, Kelli Carroll, Karen Brady, Kyra Zylstra, Laura Smith (phone), Helena Stephens, Mary Ellen Stone, Leesa Manion designee for Dan Satterberg, Idobelle Fosse designee for Merril Cousin, Michele Meaker designee for Ashley Fontaine, Mike Heinisch, Mario Paredes,

Other Attendees: Lisa Kimmerly, Hana Mohamed, Claudia Pineda, Sola Plumocher, Christa Vallce, Laura Van Tosh, Yvonne Roberts, Patty Noble Desy, Sherry MaCabe, Peggy Dolane, Cindy Olejar, Dave Culp, Lauren

Vlas, Mag Sg, Emmy McConnell, Ziying Hu, Lauren Vlas, Mary Taylor

Notes by: Ziying Hu

Issues	Discussion	Action Items:
Welcome	Co-chair Judge Barbara Linde welcomed all attendees and led the meeting with introductions.	
	Co-chair Claudia D' Allegri reminded people to sign in for public comment, two minutes per person-public comment is at the end of the meeting, three minutes for more than one person with same organization.	
Member/Staff Announcements	No announcements.	
Board and Commission Member Code of Conduct	Kimberly Cisson presented the new Code of Conduct form for all King County Board and Commission members. Members need to return the signed forms by the end of the meeting.	AC members to turn in signed Code of Conduct to Kimberly Cisson.
Review and Approve Meeting Notes	No revisions were requested and there was consensus approval of the notes for September.	
MIDD Steering Committee Report	<ul> <li>Ann McGettigan gave summary of the October 15, 2018 MIDD Steering Committee Meeting:</li> <li>Karen Spoelman gave an overview and answered questions for Integrated Managed Care which King County will adopt by January 1, 2019.</li> <li>Kelli Carroll presented an overview of the Executive Summary of the Road Map to Zero Youth Detention.</li> </ul>	
MIDD Financial Report	Barb Donohue presented the latest financial plan on behalf of Steve Andryszewski.  Barb Donohue presented the Financial Plan, which reflects no significant shift on the biennium estimate besides \$345,000 which was being moved out of the Reserve for System Incentives and Core Services to support opioid substance use disorder treatment spending.	

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#### Question:

Deputy Mayor Robinson asked for consideration for more opiate treatment funding, if available, for facilities that are providing services to address the homelessness crisis on the Eastside.

 Brigitte Folz provided feedback that this could be to a broader conversation with Public Health about healthcare for people experiencing homelessness. Chris Verschuyl will follow up on the feedback from Deputy Mayor Robinson.

- Kelli Carroll provided information that the Council is currently considering the county budget in which communities and/or jurisdictions can lend their voice to this opportunity.
- Additional comments emphasized the importance of funding for treatment services and the continuum of care.

### Integrated Management Care Update

Karen Spoelman, Chief of Managed Care and Contracting for the Behavioral Health and Recovery Division, gave an update on the progress toward integrated managed care in King County.

- Washington State Legislature passed ESSB 6312 in 2014, calling for a two-step process in transitioning to integrated state purchasing of mental health, substance use disorder (SUD) and physical health services through managed care by January of 2020.
- Regional network provider services were transitioned into Behavioral Health Organizations which is responsible for providing both mental health and substance abuse treatment disorder services. Subsequently, this transition is now moving to become integrated managed care including physical health care. Different waves of adoption are occurring across the state:
  - Early Adopter regions, which include Southwest and North Central, agreed to work with Managed Care Organizations (MCOs) that were designated to provide services in the area to have the behavioral health fund transferred to the plans where the MCOs contracts for those services.
  - Mid Adopters included the King County Regional Service Area. This means fully integrated managed care will begin January 1, 2019. All five MCOs will be operating in King County. Also, uniquely in our region, for that King County will administer the behavioral health system of care for the MCOs. The contracting process is actively ongoing.

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#### **Comments:**

Co-chair D'Allegri emphasized the uncertain possible impacts for the new integrated care management transition. It is important to have reserves to support these changes and services for the non-Medicaid population.

#### **Questions:**

Co-chair Judge Linde asked about the payment process from King County to the community service providers.

 A majority of the King County contracted outpatient service providers are paid based on case rate bases. This payment process allows case providers to identify and provide the appropriate resources for each individual client.

Councilmember Asher asked if other counties are going to sign contracts with King County agencies to provide services for clients who reside outside of the King County.

 It is important for each individual managed care organization to have adequate resources in terms of facilities and care providers to address the needs for the community. Sea Mar and Consejo are two providers that provide services in other regions. However, there will be expansions for service accessibility across counties since the integrated managed care allows more flexibility in proving behavioral health services. The new system will allow more permeability of county boarders with residents in one county possibly seeking services in another county.

#### **Comments:**

Brigitte Folz commented King County emphasized the commitment to provide quality services without causing any disruption to the populations that are in need.

Claudia D'Allegri commented some community service provider organizations are merging to adapt to integrated management care.

Karen Spoelman emphasized the importance of bi-directional care, both physical and behavioral healthcare, which allows holistic care for each client to obtain different services as needed.

# Briefing and Discussion the Road Map to Zero Youth Detention

Kelli Carroll, Claudia Pineda Reyes, and Denise Rothleutner gave an overview of Road Map to Zero Youth Detention which was published in September.

 Kelli Carroll started the conversation by presenting the Executive Summary of the Road Map to Zero Youth Detention. The road map serves as a strategic plan to better serve youth and families that are impacted by the juvenile legal system. This report was established through collaboration efforts across the county called by the Executive. The collaboration team helped organize the structure and format into a manageable and understandable approach to set up programming, services, and culture shift changes that lead to zero detentions. Statistically, youth of color are more likely to be in detention compared to white youth. Additionally, research and community conversations have indicated youth will have better chance of positive adulthood when they do not interact with the legal system. Expanding the positive youth development services to families and youth holds the most promising efforts to keep youth away from the legal system. Currently, King County found the racial disproportionality among youth who are in contact with the legal system has gotten worse despite the overall number of youth being detained declining. The road map is a holistic overview to initiate calibration for the current detention system to better serve youth and families.

- Denise Rothleutner presented the development process of the plan. The inter-branch team involved representatives from the Executive Office, Superior Court, Prosecuting Attorney's Office, Public Health, Department of Adult and Juvenile Detention, the Office of Performance, Strategy and Budget, Department of Public Defense, Department of Community and Human Services and Sheriff's Office. Some guiding principles that were used for the development process were: 1) make racially just and equitable decisions, 2) honor and celebrate the culture identities of those who are impacted, 3) prioritize the voices and needs of youth and families, 4) provide support to the community organizations who work with youth and families, 5) accountable and transparent to the policy makers and community.
- Claudia Pineda Reyes added more detail about the guiding principles. Many conversations were conducted through surveys, committee meetings and community level meetings with people that serve youth in the system. The purpose of the conversations was to capture the voice of the youth and families of what services are actually needed. The Juvenile Justice Equity Steering Committee was heavily engaged in the process to provide recommendations specifically around racial disproportionality reductions. The Children and Youth Advisory Board provided a lot of insights and expertise to ensure the Road Map addresses the needs from the youth and families.
- The presenters described the five objectives in the Road Map and an overview of result measurement. There are baseline

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	and the first form the street of the first form of the	
	measures for the first four objectives, while the measurement for	
	objective five remains under discussion.	
	Question:	
	Deputy Mayor Robinson asked if there is expected to be an ask of	
	municipal budgets for prevention services to serve the youth and if so, is	
	there a projection of prevention services budget amount required?	
	<ul> <li>It is very early in this process and there is not a projection that can be predicted at this point.</li> </ul>	
	Comment:	
	Councilmember Kohl-Welles asked for closer communication from the	
	Zero Youth Detention team to stay more connected with this scope of	
	work.	
Public Comment	Cindy Olejar, from the Community Peer Respite Planning Council, requested to be included in the next steps and development all along the way for Peer Respite if the funding is approved. Cindy asked if a Request	
	for Proposal is the next step. Chris Verschuyl replied that there will be a	
	design phase and then a procurement process. The Community Peer	
	Respite Planning Council would like to participate to share research findings and knowledge. Cindy left hardcopies of information on Peer	
	Respite at the end of the meeting.	
	respite at the end of the meeting.	
	David Culp, from the Community Peer Respite Planning Council, briefly	
	talked about the Peer Respite, and suggested that an advisory board of peers be established upon funding approval.	
	peers be established upon funding approval.	
	Laura Van Tosh, from Companis, a non-profit organization, emphasized	
	the importance of peer and family education on the integration of	
	managed care. She encouraged more community education for people	
	that receive services.	
	Peggy Dolane, community member made three announcements: 1) A	
	new parental group, Mothers of Mentally III, formed in Vancouver, WA	
	and will be hosting a meeting on November 13 <sup>th</sup> in Ballard and is inviting	
	MIDD AC members to attend. 2) Luncheon and Learn on race and mental health November 14 <sup>th</sup> In Vancouver 3) the King County Family Youth	
	Council is recruiting more members.	
Adjourned	1:45PM	
Next meeting	Thursday, December 13, 2018, 12:15-1:45 p.m., Chinook Room 121	

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