

Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes April 26, 2018, 12:15-1:45 p.m., Chinook Building, Room 121/123

Members/ Designees: Ann McGettigan, Judge Barbara Linde, Michele Meaker (Designee for Ashley Fontaine), Mary Taylor (Designee for Barbara Miner), Claudia D' Allegri, Dan Satterberg, Leesa Manion (Designee for Dan Satterberg), Councilmember Dave Asher, Judge Ketu Shah (Designee for Judge Donna Tucker), Jeanette Blankenship, Councilmember Jeanne Kohl-Welles, Joshua Wallace, Katherine Switz, Kira Zylstra, Deputy Mayor Lynne Robinson, Mary Ellen Stone, Merril Cousin, Mike Heinisch

Other Attendees: Chris Verschuyl, Kimberly Cisson, Jim Vollendroff, Steve Andryszewski, Susan Schoeld, Michael Della Santa, Coubi Jiles, Jesse Benet, James Cooper-Nurse, Peggy Dolane, Madeline Cavazos, Anne Meegan, Councilmember Brenda

Fincher; Jeff Sakuma; Alex O'Reilly

Notes by: Kim Dean

| Issues | Discussion | Action Items: |
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| Welcome | Judge Barbara Linde welcomed all attendees and led the meeting with introductions. | |
| Member and/or Staff Announcements | Michele Meaker National Alliance on Mental Illness (NAMI) walks, Saturday, June 2, 2018, Marina Park, Kirkland, WA. | |
| | Jim Vollendroff Welcomed Advisory Committee members to join the Behavioral Health and Recovery Division (BHRD) walk team. Judge Ketu Shah | Email Chris Verschuyl or Kimberly Cisson for information |
| | The King County District Court had a soft launch for Community Court in Redmond. Everyone is encouraged to attend Wednesday afternoons at the Redmond Library. Different providers will be available for people to access services. The District Court will plan a public launch in the future and there is current planning to have a Community Court in the Burien area. | |
| Review/Approve Meeting Notes | Notes for the March meeting were approved with no requested revisions. | |
| MIDD Financial Report and Financial Plan | Steve Andryszewski reviewed the March financial report. The 2017-18 estimated column had no significant change in the past several months. The projected to spending is \$134.5 million of the allotted budget. The 2017-18 biennial to date actuals went through March and spent \$72.3 million which is about 54 percent spent. | |
| Updated process for AC Committee Review of MIDD Modifications | Chris Verschuyl reviewed the MIDD modification process. There is an interest in bringing more systematic information to the AC about changes that periodically occur with MIDD programming. The Steering Committee has been working on a process to provide consistent information to the AC when MIDD changes are proposed which will also provide feedback and follow-up. The goal is to generate a process that will be transparent and accountable and consistent with the AC values and principles. | Communicate any feedback to Chris |
| 2019-20 MIDD Budget Adjustments | Merril Cousin provided brief information regarding the preliminary initiative budgets being proposed for the next biennium budget. There are large system-wide developments happening with Fully Integrated Managed Care, with other needs emerging including the revenue forecast that will require constant tweaking. The Steering Committee reviewed the adjustments on | |

MIDD AC Meeting Page 1 of 5

2019-20 MIDD Budget Adjustments (cont.)

April 13, 2018. The Advisory Committee will make a recommendation at the next meeting.

Jim Vollendroff gave an in-depth review of the 2019/2020 preliminary MIDD budget adjustments. Jim stated there are multiple uncertainties going forward with providers dealing with funding issues and retaining their workforce. The County would like to support the new partnerships with the Managed Care Organizations during the transition to Fully Integrated Managed Care.

Modification #1 Economic Adjustments

This change carries forward a principle instituted at renewal of MIDD 2, to provide a regular economic increase across all MIDD initiatives whenever possible.

Feedback:

Are other programs in the County receiving economic adjustments?

The adjustments will match the Veterans, Seniors and Human Services Levy (VSHSL), Best Starts for Kids (BSK) and MIDD funds.

The providers, thanked the Executive and the Council for hearing them regarding the approaches.

Modification #2 – South County Diversion Services/Center Partial Startup (CD-04)

The opportunity to expand crisis solution center concept to South King County (KC) was identified as a priority at MIDD renewal and Community Alternatives to Boarding Task Force (CABTF). The implementation was delayed as a result of environmental factors affecting MIDD. The State has now put forward resources for the development of crisis diversion and stabilization facilities.

Feedback:

The current crisis diversion facility has received a recent rent hike. A suggestion was made to have the County fund their own facility to avoid such rent issues.

Modification #3 – Rural Behavioral Health Grants Partial Startup in 2019

BHRD plans to start up the initiative to address the continued challenges faced by rural communities. The initiative was deferred in 2017-2018. MIDD seeks to respond to sustained community member and policymaker interest in focusing some MIDD resources specifically on rural areas.

Modification #4 – Partial Continuation of 2018 One-Time Investments in Incentives and Non-Medicaid System Support

The MIDD funds will provide additive incentives tied to key system goals to support the system transformation associated with Fully Integrated Managed Care. Incentives and non-Medicaid access are core components of MIDD's role in the behavioral health system as it transforms. These two initiatives are

BHRD MIDD AC Meeting Page 2 of 5

2019-20 MIDD Budget Adjustments (cont.)

recommended to receive priority consideration for one-time increases that may result from any potential underspend in the MIDD fund in 2019-20.

Feedback:

How can the provider network be stabilized?

Jim Vollendroff said the margin of profit that providers operate on is very thin. Some providers do outside philanthropy or fundraisers. In this environment, providers are operating paycheck to paycheck. The transition provides a new way to input data and providers would have funding to assist with their issues. Funds will be available for staff compensation and they are flexible. During the transition different committees are being created in which some of these decisions will be made.

Modification #5 – Funding Swap to Prioritize Community-Based Juvenile Behavioral Health Interventions

There is a proposed swap of funding between juvenile justice involved youth respite (CD-16) and community-based crisis responses (CD-02). The proposal would right-size CD-16 funding levels and redirect resources into CD-02 community-based interventions.

The recommended CD-16 funding level would still allow for modest expansion of current respite services beyond what is currently available in South King County. The corresponding CD-02 funding increase will allow for significantly more community-based programming that can provide youth with peer support services and connection to resources.

Modification #6 - Continue Deferral of Three Initiatives Not Yet Started

This change extends existing deferrals of the Zero Suicide Pilot (PRI-06), Behavioral Health Urgent Care Walk-In (CD-09), and Community-Driven Behavioral Health Grants (SI-01) initiatives through 2020, in light of environmental factors that contribute to continued behavioral health system uncertainty. Factors have included threats to core Medicaid services, reduced MIDD revenue forecasts, and an accelerated transition from financially separate physical health and behavioral health payment system to a Fully Integrated Managed Care environment in 2019. Although these initiatives remain an important component of the MIDD 2 vision, it is not prudent to proceed toward implementation during the 2019-20 biennium.

Feedback:

A question was asked about the community driven behavioral health grants that are directed towards small community based organizations that are culturally specific. How would deferring the money will fit with the ESJ strategies while being responsive to community input and needs.

Jim Vollendroff stated that all MIDD strategies are implemented thru the ESJ lens. The other challenge was in the renewal of MIDD in dealing with a particular strategy that was not funded through the renewal, due to no adequate staffing resource to actually implement the strategy.

BHRD MIDD AC Meeting Page 3 of 5

| 2019-20 MIDD | A few members voiced their opinion on keeping the focus of grassroots | |
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| Budget | community driven piece as the forefront of this modification. This has been | |
| Adjustments (cont.) | voiced several times by the audience over the last several meetings. | |
| (cont.) | | |
| | Modification #7 – Summary of other Non-Policy Proposed Adjustments | |
| | Phase-Ins | |
| | Initiatives CD-07 (Multipronged Opioid Strategies) and CD-17 (Young Adult Crisis Facility, renamed to Young Adult Crisis Stabilization for 2019-20) are budgeted for 2019-20 using their fully phased-in amounts, consistent with the 2018 funding level shown in their Implementation Plan Initiative descriptions. As a result, biennial amounts for 2019-20 for these initiatives are substantively higher than the biennial total for 2017-18. Phase-ins also affect the amounts for initiatives CD-02 and CD-16. | |
| | | |
| | Crisis Solutions Center One-Time Investment Not Carried Forward Past 2018 | |
| | A 2018 one-time temporary increase in MIDD funding for CD-06 Adult Crisis Diversion Center, Respite Beds, and Mobile Behavioral Health Crisis Team by \$900,000 is not continued into 2019-20. Medicaid modeling for CD-06 suggests that the temporary increase could be substantively or fully replaced by Medicaid. | |
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| | Continuation of Council Additions | |
| | Level funding (with economic adjustments) is maintained for Council-added initiatives RR-14 (Shelter Navigation Services) and TX-CCP: (Community Court Planning, renamed to Community Court Pilot for 2019-20). Council added one time funding for both 2017 and 2018. This policy direction is carried forward. | |
| MIDD Steering | Claudia D'Allegri provided information from the recent Steering Committee. | |
| Committee | The committee discussed the modification process and how to identify a | |
| Report | systematic process. She provided a review of the process flow chart and review of the budget. The committee also had a discussion about how | |
| | provider organizations are struggling with retaining their workforce. | |
| Fully Integrated | Jim Vollendroff addressed the next step of setting up a series of committees | |
| Managed Care | (Executive, Clinical, and Fiscal) with the provider network. The group has finalized the membership proposals and are working with consultants to | |
| Update | move forward. Work with the Managed Care Organizations is continuing to | |
| | prepare to enter into a contract by September 2018. | |
| Public Comment | <u>Cindy Olejar</u> : | |
| | Cindy said the peer respite workgroup meets once a month as well as twice a month online. Cindy went over key goals and impact of peer respite. The key is in the training of the peer staff. Cindy said the MIDD guiding principles are in alignment with the peer respite. | |
| | Peggy Dolane: | |
| | Peggy attended the Best Start for Kids (BSK) juvenile detention group | |
| | discussion about restorative justice for youth. She urges members to use an | |
| | equity perspective to view the behavior of children with attention- | |
| RHRD MIDD AC Meeting | deficit/hyperactivity disorder (ADHD) and how they act out due to not | Page 1 of 5 |

| | navigating through the world from an equity perspective, 65 percent have disabilities and 40 percent are children of color. | |
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| Adjourned | 1: 45 pm | |
| Next meeting | June 7, 2018 | |



BHRD MIDD AC Meeting Page 5 of 5