

Mental Illness and Drug Dependency (MIDD) Oversight Committee July 28, 2016 11:45 a.m.-12:15 p.m. networking lunch 12:15 p.m. – 2:00 p.m. King County Chinook Building Rooms 121 & 123 Meeting Notes

Members: Adrienne Quinn, Alex O'Reilly (designee for Lynne Robinson), Ann McGettigan, Ashley Fontaine (by phone), Barbara Miner, Brenda Fincher (designee for Dave Asher – by phone), Brigitte Folz (designee for Darcy Jaffe – by phone), Carla Lee (designee for Dan Satterberg), Chelene Whiteaker, Claudia D'Allegri, Jeff Sakuma (designee for Jeanette Blankenship), Jennifer DeYoung (designee for Patty Hayes), Johanna Bender (Co-Chair), Ketu Shah (designee for Donna Tucker), Lea Ennis, Mary Ellen Stone, Merril Cousin (Co-Chair), Mike Heinisch, Nancy Dow, Norman Johnson, Shirley Havenga, Susan Craighead, Wendy Soo Hoo (designee for Jeanne Kohl-Welles), William Hayes.

Other Attendees: Alyssa Pyke, Andrea LaFazia-Geraghty, Anna Unutzer, Anne Meegan, Chris Verschuyl, Dan Story, Doug Crandall, Ellie Wilson-Jones, Elly Slakie, Emmy McConnell, Josh Wallace Kaitlyn Lindsay, Kapena Pflum, Kayla Valy, Kelli Carroll, Kelly Rider, Kimberly Cisson, Larry (no last name given), Lan Nguyen, Lauren Vlas, Laurie Sylla, Lisa Kimmerly, Maria Guizar, Michelle Pennington, Mike Donegan, Patty Noble Desy, Steve Andryszewski, Terra Rose, Titus Chembukha.

1. Welcome, Introductions, Co-Chairs Bender and Cousin

Co-Chair Cousin welcomed all attendees to the meeting. She asked those who had come to the Oversight Committee today to give public comment to please sign in on the pink sheet at the back of the room; individuals would have two minutes for their comments and organizations would have three minutes. Members and guests introduced themselves by name and organization.

Shirley Havenga was recognized for her decades of service to the behavioral health community as well as being an original Co-Chair of this committee and helping get this work started. She is retiring from Community Psychiatric Clinic and will be missed.

2. Financial Update, *Steve Andryszewski, Chief Financial Officer for the Department of Community and Human Services (DCHS)*

The 2015/2016 current budget has been updated. Last week the King County Office of Economic and Financial Analysis produced its July forecast for the remainder of 2016, reflecting an increase of 1.3 million. Also last week, King County Council approved the supplemental request recommended in April by the MIDD Fund Balance Workgroup.

A reduction of \$360,000 was made to the expenditures due to a supplemental request made by DCHS to transfer Designated Mental Health Professionals (DMHP) positions from temporary to permanent, which are now covered under State funding and Medicaid. King County Council added \$100,000 to fund the Risk Awareness, De-escalation, and Referral (RADAR) pilot program. Actual expenditures have been updated through June 30 and remain on track,

showing 85million spent through that period. The estimated revenue has been adjusted up, reflecting the same items updated in the current budget.

Co-Chair Cousin asked Wendy Soo Hoo, a designee of King County Council, to speak on the adjustments made by Council. Ms. Soo Hoo informed the group the Council largely accepted the Executive's proposal exactly as transmitted. The RADAR pilot program that was added is for the City of Shoreline to develop individualized de-escalation plans for police to use when interacting with individuals with mental health issues. Ms. McGettigan asked if this program was reviewed on the briefing panels; Judge Craighead confirmed it was, panel members did not like it, and therefore MIDD 2 did not recommend the program. Ms. Soo Hoo responded the \$100,000 is for a pilot through the end of this year; whether it receives future funding remains to be seen. The Council was made aware it had been considered for MIDD 2 funding and that it did not score well.

Co-Chair Cousin voiced concern that this particular strategy was one that the panels actually had raised apprehensions or questions, but was pushed through by Council. Judge Craighead added there were some serious civil liberty concerns by people on the panel.

Ms. O'Reilly asked what was not funded because of this pilot being added; Mr. Andryszewski assured the committee that nothing was cut due to this pilot. The financial statement Council was working from had approximately an additional \$400,000 of undesignated fund balance.

The RADAR program description is available online (Crisis Diversion Briefing Paper 111). Co-Chair Cousin commented one of the panel's concerns was to fund earlier intervention and less focus on interventions by law enforcement and the criminal legal system overall. There were also concerns about confidentiality; the program involves sharing of protected health information by first responders, law enforcement, service providers and family members prior to any crisis incident.

<u>Action Items</u>: There was consensus for the Oversight Committee to draft a letter informing Council of the concerns about the program and also opportunities to discuss issues and the process going forward. Mr. Heinisch suggested the program be evaluated by the Prosecuting Attorney's Office. Ms. Dow would also like clarification of the concerns Judge Craighead had.

<u>Ms</u>. Soo Hoo stated that she believed the funding was paying for a mental health professional contracted through a behavioral health agency.

3. Review of MIDD Renewal Deliverables Schedule, Kelli Carroll, Strategic Advisor for the Behavioral Health and Recovery Division

This timeline update is the culmination of MIDD Renewal. On August 25, the King County Executive will submit the final MIDD 2 Service Improvement Plan (SIP) to Council where there will be additional public processes.

4. Review and Discussion of Initial Draft of MIDD 2 Service Improvement Plan, Co-Chair Cousin and Kelli Carroll

Last Thursday, the revised draft MIDD 2 SIP was released and posted online. Ms. Carroll gave an overview of the feedback, reviewed the changes made, and highlighted potential changes to come.

- 65 total public comments for the draft SIP were received via email, online survey, and in person.
- A vast majority of comments were endorsing or supporting a particular program.
- Added "refugee status" to the list of drivers of inequity (based on feedback from an Oversight Committee member).
- The narrative of the successful outcomes section (page 57) was clarified by DCHS and made consistent with the initiative descriptions.
- Finalized work on Appendices H and N.

Ms. Fincher and Judge Craighead voiced concern that Appendix N Estimated Implementation Schedule is difficult to find and asked that it be incorporated or highlighted in the SIP. Ms. Carroll reminded the committee there will be additional adjustments to the spending plan and potential programmatic changes as Medicaid assumptions are finalized. Also, there may be some Executive decisions that impact the programmatic and funding recommendations, as well as refinements to the therapeutic court funds. Budget Director Dwight Dively will be at the next Oversight Committee meeting to discuss changes the Executive's Office is recommending. Mr. Heinisch reiterated his concern to be judicious regarding Medicaid assumptions.

A request was made for information about which proposed MIDD new concepts were incorporated into Best Starts for Kids (BSK). Ms. Carroll said she could bring that information to the next Oversight Committee meeting. Ms. Cousin pointed out that BSK was in the implementation approval process with the Council. The stated concern is that an important program could not be funded by BSK or MIDD. Ms. Carroll shared that DCHS is watching to ensure that programs are not left out of both initiatives.

Ms. Soo Hoo understood yesterday at the budget hearing the Council expects the sales tax ordinance to be voted on August 22, essentially extending the sales tax without having the spending plan, and then voting on the spending later. Ms. Carroll clarified there will be legislative action to extend the sales tax date, an ordinance to accept the SIP, and ordinance to make changes to the Oversight Committee, and an ordinance proposing adoption of the revised policy goals; each one of those may have different adoption timelines.

Ms. Fincher asked if the SIP should state the report will be provided to the Regional Policy Council (RPC); Ms. Carroll clarified that is at the discretion of the Chair to determine where reports are distributed for action and/or briefing, according to Ordinance 17998. Ms. Soo Hoo shared the RPC will have an opportunity to take action on the MIDD 2 SIP, as it is amongst items the Council has negotiated to be discussed and deliberated on briefly with the RPC this fall.

Judge Craighead expressed thanks to Ms. Carroll for the incredible amount of work she spearheaded in this process and articulated it could not have happened without Ms. Carroll. Judge Bender stressed her thanks to the staff working with Ms. Carroll.

5. Next Steps

Co-Chair Bender observed now is the time where the committee will move away from the emphasis of funding work and reengage around systems collaboration and improvement recommendations; there were a number of recommendations in the SIP around that body of work. This includes:

- Renaming of the Committee;
- Developing a work plan;
- Development and implementation of a Consumers and Community subcommittee;
- Improve and streamline the Oversight Committee's own evaluation process;
- How to provide a useful, expert voice to the department around implementation;
- Update the Oversight Committee's operating procedures; and
- Expand the Steering Committee and ensure it is representative of shared expertise.

Judge Craighead emphasized the need to analyze data collection for evaluation before the new programs begin. Ms. Carroll noted the assessment contained in the MIDD 1 Retrospective Report outlined key takeaways, including how to build on the successes and address some of the shortfalls. Discussion is underway and a revised evaluation framework is being developed, which will drive what kind of data is collected.

Ms. D'Allegri reminded the committee of the concerns regarding implementation and application of culturally competent services – what substance is being looked for in programs beyond the use of "catch phrases" surrounding equity and social justice (ESJ) and cultural competency? Co-Chair Bender stated part of the work plan for the Steering Committee would be how to become experts in ESJ and how to deploy that expertise.

Though Ms. Dow will be replaced as representative from the Behavioral Health Advisory Board, she requested to be part of the Consumer and Community subcommittee. Consensus was reached on the idea of a Steering Committee to do preplanning and preparation for the larger MIDD Oversight Committee. It remains to be determined whether the Steering Committee would be an ongoing group after the transition work is complete. Anyone interested in serving on the Steering Committee, contact Ms. Carroll.

6. Public Comment

- Mike Donegan of Downtown Emergency Service Center (DESC) has worked in the King County mental health system for over 40 years and has provided supported employment since 1988. Mr. Donegan thanked the committee for funding supported employment with MIDD 1 and encouraged continuation of adequate funding with MIDD 2. Mr. Donegan stated supported employment is working and provided data reflects that. He has seen an increase in clients who are entering the system after discovering supported employment services are offered. Clients are asking for employment services at intake and it is an incentive for people in need of mental health services to seek help and participate in treatment. DESC has helped 20 clients get jobs so far this year; almost all of which were homeless at the time of entering the system and many still homeless at the time they began work. Of those 20 clients, 13 had significant legal backgrounds.
- Larry, a client of DESC, stated he has a lot of experience with the system as an end user. At age 57, homeless and blind, he left the hospital and came to DESC, where he discovered they could help him find work. He had a job within two weeks and has been there six months now and is no longer homeless. Larry expressed his gratefulness for the program and wanted to pay it forward by coming before the Oversight Committee to talk about the program's importance.

The meeting was adjourned at 1:20 p.m.

Next Meeting: Thursday, August 25, 2016 King County Chinook Building, Rooms 121 & 123 401 5th Avenue, Seattle, WA 98104 11:45 a.m.-12:15 p.m. ~ Networking Lunch 12:15 p.m.-2 p.m. ~ Meeting

