

**Family Reconciliation Services (FRS)**  
**(Daytime 1-800-609-8764**  
**After Hours 1-800-562-5624)**

FRS is a voluntary program serving adolescents and youth who are in conflict with their families. The program targets adolescents between the ages of 12 through 17 by helping them and their families deal with problems such as running away, not following reasonable family rules, or other serious problems.

Any family who is having serious conflicts, any parent whose child has runaway, or any runaway youth may ask for assistance from FRS.

FRS are intended to keep the family together, resolve crisis situations and prevent unnecessary out of home placement. The goal is to work with the family to identify alternative methods of handling similar conflicts. Services are designed to be short-term. If longer-term service needs are identified then FRS will help facilitate getting the youth and his or her family into those services.

Family Reconciliation Services include:

- Short-term family counseling,
- Crisis Residential Center services,
- Referrals for substance abuse treatment and/or counseling,
- Referrals for mental health services,
- Short-term out of home placement, and
- Family Assessments in conjunction with juvenile court services.

Additional Resources:  
Crisis Line: 206-461-3222  
Washington Information Network : 211  
Alcohol/Drug Helpline: 1-800-562-1240

**STEP-UP (Domestic Violence Program)**  
**(206) 296-7841 (Call Mon, Thurs,**  
**Friday 8:30-5; Tue, Wed 12-4)**

Step-Up is a domestic violence counseling program for teens that have been violent with family members. The goal of Step-Up is for youth to stop using violent behavior and to replace abusive with respectful behavior so that all family members feel safe at home. Step-Up has two programs for youth ages 13-17: group counseling for youth and parents, and safety planning for families of youth in detention before their release home.

Some parents are afraid to have their youth return home from detention when they have been arrested for violence with a family member.

The Safety Plan intervention includes:

- Assessment of the family's safety concerns
- Teaching of safety skills to both youth and parents
- Assisting parents with developing a plan for safety to reduce risk of harm to family members.
- Assisting youth with developing a 'Safety Plan', which is a step-by-step plan to prevent the use of violence and abuse.
- Youth is released with a Safety Plan agreement signed by youth and parent.

Youth are referred by juvenile court, community agencies, police officers and self-referral. Step-up welcomes voluntary families. Parents can call Step-Up to get information, and support. There is no charge for services.

Brochure Courtesy of:  
**Uniting for Youth:**  
**A partnership of youth-serving systems in King County**

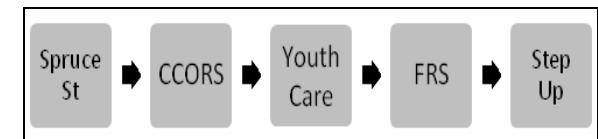
The John D. and Catherine T. MacArthur Foundation provided funding for this brochure.

**King County Youth Crisis and Resource Information**



Youth and their families sometimes encounter conflicts ranging from mild to extreme. Law Enforcement officers may be called to assist youth and families when more appropriate options are available but unknown. This brochure provides some brief information to fill that gap.

The programs included here address critical needs of youth and families in King County. The range moves from the Secure Crisis Residential Center (Spruce St) at one end to ongoing groups and support at the other (Step Up). See inside for more information.



**Spruce Street Inn  
(Secure Crisis Residential Center  
and Crisis Residential Center)  
(206) 587-0992 (Call 24/7)**

Placement is limited to Law Enforcement referrals of youth age 12-17 who are considered to be in dangerous circumstances (given age, location and time of day) or are a reported runaway/missing person and have no active warrants, do not need immediate medical and/or psychiatric attention and cannot be returned home. Program staff work with youth and their families on reunification or securing a new placement for youth. Families can receive referrals and free counseling services.

Youth may self-refer to Spruce Street SCRC by contacting a law enforcement officer.

The Becca Bill, E2SSB 5439:  
Under this bill, law enforcement is required to pick up runaways, curfew violators and youth found in “dangerous circumstances”. If parents or other caretakers are unreachable or refuse to take the child, officers are required to take the youth to a secure crisis residential center where they are assessed by a team of counselors.



**Children's Crisis Outreach Response  
System (CCORS)  
(206) 461-3222 or 866-427-4747 (Call  
24/7)**

CCORS provides crisis services to children, youth and families in King County who are not already enrolled in the public outpatient mental health system under Medicaid. If the child or youth is enrolled, CCORS will connect the youth with the proper agency. Services are provided free of charge for ages 3-17.

Services Include:

- Mobile crisis outreach - Specially trained teams go to the family home to help deescalate the situation. The team works with the family to put in place ongoing services and supports to prevent future crises. Outreach services include mental health and suicide risk assessments and links to community resources.
- Non-emergent outreach appointments - Appointments are provided within 24-48 hours for those families who are not in acute crisis but need quick support and linkage to services.
- Crisis stabilization services - Based on the family's needs, in-home support is available for up to 8 weeks following the initial acute crisis.

Services for children and youth who are enrolled in the public outpatient mental health system under Medicaid:

- Intensive Crisis stabilization services- Provides families and youth with immediate crisis stabilization and ongoing in-home service for up to 90 days.
- Crisis stabilization beds- Provide a family-like home setting and are usually short-term (up to 14 days) to help stabilize youth who cannot be immediately and safely maintained within their own homes.

**YouthCare Bridge Program for  
Commercially Sexually Exploited  
Youth  
(Crisis Intervention/Shelter)  
Call 1-800-495-7802 (24/7)**

The Bridge, YouthCare's continuum of services for commercially sexually exploited youth.

Emergency Shelter accessible 24 hours a day 7 days a week Commercially sexually exploited youth in need of short-term, emergency shelter may be referred to YouthCare's Shelter program. Shelter serves youth ages 12-17 in trauma-informed setting and offers basic care, case management and fun activities.

**Long-term Residential Recovery Services**

Please call The Bridge at (206) 985-0444 (Mon-Fri from 9am to 5pm) The Bridge Recovery Program provides youth ages 14-17 with comprehensive services including: mental health counseling, chemical dependency counseling, intensive case management, life skills training, education, employment readiness, community service learning, and enriching, youth-focused activities. The Bridge Recovery Program is located in an un-disclosed, secure location.

**Community Based Advocacy and Case Management**

for commercially sexually exploited youth in need of support, advocacy or case management who are not currently in need of shelter or residential treatment. Please call Noel Gomez at (206) 303-9383 (Mon-Fri from 9am to 5pm)

All services are voluntary.