

## APPENDIX B

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### **KING COUNTY DRUG DIVERSION COURT: YOUNG ADULT PROGRAM SUMMARY August 2014**

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The 18-25 year old population is a challenging client population to serve in drug diversion court. Drug courts around the nation have been hesitant to identify and approach this population differently from the typical adult population age 26 years and older. The consensus is that the young adult population is more challenging.

The young adult requires a person centered approach aimed at addressing various needs; housing, education, vocation and employment, mental health, chemical dependency treatment and life skills to name a few. The young adult is typically unmotivated for treatment, developmentally inappropriate for typical adult drug and alcohol treatment, dealing drugs and or involved in criminal activity to support their lifestyle, and may not meet the criteria for addiction. This population spends more time in the pre opt phase, is sanctioned at a higher rate once in the program and the retention rate is low.

#### **Young Adult Track: Key Components:**

The young adult drug court track employs the assessment/ screening tools, clinical approaches and support services proven effective in treating young offenders. Emphasis is on accurately identifying needs, developing and continually revising a plan of action.

The young adult drug court participant sets long and short -term goals and progression from one phase of drug court to another and is dependent on achievement of goals in addition to accumulation of sobriety. The track is designed to increase a participant's intrinsic motivation and engender a sense of empowerment.

## **Response to Behaviors/Sanctions**

The young adult track in drug court employs different responses to noncompliance based on the nature of the infraction and the participant's behavior in relation to the infraction. The response will be therapeutic if the young adult's lack of compliance is related to drug or alcohol use or scheduling challenges which are "distal" in the earlier stages of sobriety. If the non-compliance related to a "proximal" behavior that can be directly correlated to an increase in criminogenic risk,<sup>1</sup> the Court's response will be presumptively punitive in nature, and will be chosen from a non-exclusive list which includes jail time, work crew and day reporting.

### **Therapeutic Intervention (TI):**

- TI's may include jury box observation, increased treatment sessions, essay writing, increased sober support meetings, or compliance with mental health recommendations. The Drug Court Case Manager (DCCM) will recommend a TI in response to a (previously disclosed) positive urinalysis test (UA), or missed treatment event. Issuance of a TI may result in the loss of accrued days of abstinence but avoid a court sanction. The TI as recommended by the DCCM must be completed within a time frame specified by the DCCM.
- A TI will be recommended by DCCM for each missed treatment event and or previously disclosed positive UA in a reporting period not to exceed the limit per reporting period. Missed treatment events include but are not limited to; missed one on one appointment, missed mental health appointment, missed group, missed sober support meeting, missed scheduled meeting w/ Drug Diversion Court Services staff, i.e. Treatment, Housing, and REACH case managers or other missed appointments.
- 3 or more TI's within a reporting period in Phases I and 2, results in a Court Sanction.

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<sup>1</sup> Such as new charges, Stay Out of Drug Area (SODA) violations, bench warrants, disrespectful behavior at treatment or in the community.

- 2 or more TI's within a reporting period in Phase 3, results in a Court Sanction.
- During Phase 4, a participant will only be eligible for a TI for use related activity with full pre-disclosure of use prior to testing.
- If a participant is assigned a TI w/o sufficient time to complete prior to next hearing, the hearing result is recorded as TBD (to be determined). If a participant earns two consecutive hearing outcomes of TBD, he/she will then face a court sanction.
- Restrictions in use of TI's may apply if a participant is persistently earning TI's for the same behavior. This will be determined on a case by case basis by the Court.
- Reporting periods are the time between court hearings for the pilot population, generally two weeks.
- All missed/positive UA's will trigger the resetting of accrued days of abstinence for the phase.

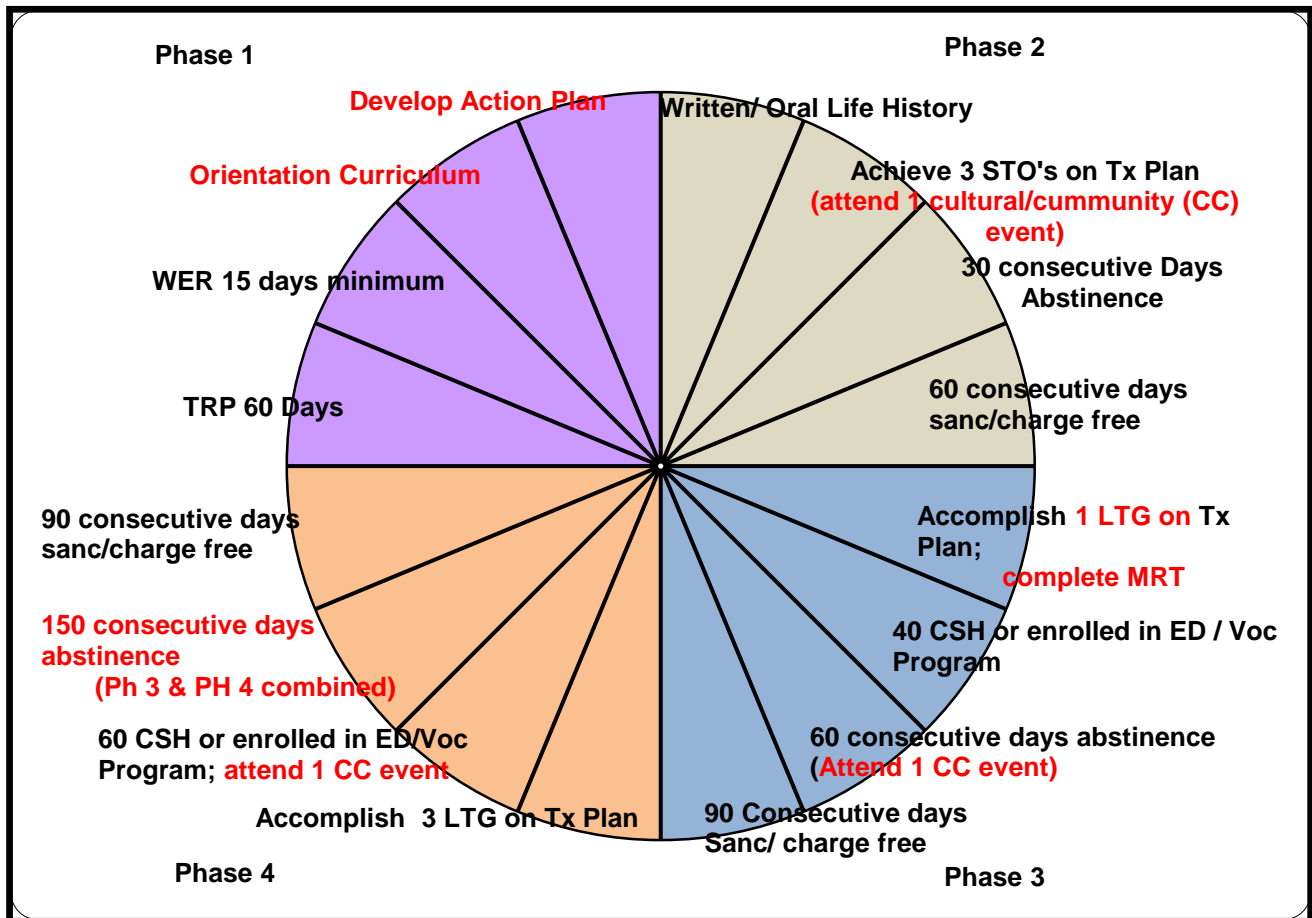
#### 1. **Court Sanction (CS):**

- Response from the court for behavior that can be directly correlated to an increase in the criminogenic risk, failure to complete a TI as assigned, too many TI's in reporting period, missed UA, disrespectful behavior at treatment or in the community, undisclosed positive UA.
- Court sanctions are presumptively punitive in nature and will be chosen from a non-inclusive list which includes jail time, work crew and day reporting.
- All CS's will trigger the resetting of accrued days of portfolio compliance for the phase at minimum and may result in further action by the court such as Community Work Crew, jail, Community Corrections Alternative Program, Community Service Hours and termination.
- A CS in Phase 4 will trigger a minimum requirement of 150 consecutive day's abstinence in order to graduate.
- A CS that is not completed as assigned will result in further action from the court and could include a doubling of the sanction and possible

termination. Both TI and CS will be adapted to match the behavior and needs of the community.

**Phase requirements:**

The Pie Chart below depicts the requirements of each Phase of the Pilot Program. Each of the phases includes minimum requirements related to completion of components of the participant portfolio.



**Figure 1: Young Adult Track: Phase Requirements' Wheel**

- STO= Short Term Objective (steps toward Long Term Goal)
- LTG= Long Term Goal (for example GED, DR License, Employment, custody of children)

## Pre Opt Phase 1 ENGAGE

- IF charged with delivery, possession with intent (PWI) or a case with a prison time sentence = referral to the Transitional Recovery Program (TRP) (in-custody treatment program) for 60 days to initiate treatment engagement. Intake, GAIN SS Assessment, Mental Health Symptoms Rating Scale, Chemical Dependency Assessment, and RANT will take place at the TRP.( All other participants will be screened at KCDDC Orientation and Intake. )
- Begin Intensive Outpatient Treatment.
- DCCM / Pioneer staff to complete Mental Health (MH) Assessment at or around 30 day mark.
- Drug Court staffing (6weeks at TRP) to discuss client progress and next steps. (following MH assessment)
- Structured release model Work Education Release (WER), CCAP, treatment, two week court returns, complete Orientation and Intake w/ Drug Court Services (DCS).
- 15 days violation free in WER regardless of housing situation
- Orientation Curriculum: Chemical Dependency assessment/ substance abuse education/ Psychiatric Consult/ Treatment plan design; Intro to MRT;; Housing 101; Education, Vocation, Employment 101; ; Pilot Program Orientation; Court approved “action plan” with at a minimum three Long Term Goal’s in the following areas: Chemical Dependency; Mental Health/ Health; Family; Employment; Education; Legal.
- Attendance at one Question and Answer session.
- Attendance at one Thursday Check- In before converting to weekly 1:1 appointments w/ DCCM for action plan development.
- Minimum one 1:1 with the Housing CM for goal development regarding long term housing.
- Minimum one 1:1 with the REACH CM for goal development regarding employment, education, vocational training and ancillary services.

- Present “action plan” to the court. (How will you engage in your program?) Upon court approval, defendant can opt into the program. A review of each defendant “action plan” to take place at each hearing.

### **Opt In Phase 2 ATTEND**

- Two week court returns
- Present action plan to the court at each hearing prepared to discuss with the court. (How you will you profit from your program?)
- Court will engage and encourage, treatment will promote a foundation of abstinence, participant will seek positive community support
- Participation in 1 structured community event/ cultural activity.
- Semi-Monthly engagement with DCCM for action plan development. (minimum)
- Monthly engagement with DC Housing CM for action plan development. (minimum)
- Monthly engagement with REACH CM for action plan development.(minimum)
- 3 SS per wk- substitutions per the court.
- Present achievements / portfolio to court to promote to next phase.

### **Phase 3 APPLY**

- Two week returns to court.
- Court will engage and encourage; treatment will promote continued skill development, participant will progress toward identified goals, achievements, abstinence, community reintegration, identify education/employment goals.
- 4-6 volunteer hours per week **or** participation in education program **or** vocational training, **or** legitimate employment.
- Participation in 1 structured community event/ cultural activity.
- Monthly engagement with DCCM for action plan review.

- Monthly engagement with DC Housing CM for action plan development.
- Monthly engagement with DC REACH CM for action plan development.
- 3 SS per week- substitutions per the court
- Present achievements / portfolio to court for promotion to next phase.

#### **Phase 4 EXCEL**

- Two week returns to court.
- Court will engage and encourage; treatment will promote continued skill development, participant will attain and re-establish goals for abstinence, community reintegration, education and employment.
- 5-6 volunteer hours per week **or** participation in education program **or** vocational training **or** employment.
- Engagement with DCCM for action plan review as needed.
- Monthly engagement with DC Housing CM for action plan development.
- Monthly engagement with DC REACH CM for action plan development.
- Participation in 1 structured community event/ cultural activity.
- 3 SS per wk – substitutions per the court.
- Court presentation; what I have accomplished / portfolio, my new goals, the plan I have developed to achieve my new goals.