

Strength training and martial arts facilities

Facility	Location	Amenities	Discount details
CueFit	Pioneer Square - Seattle	<p>CueFit is a functional fitness gym offering Boot Camp classes, personal training, HIIT workouts, and open gym to those seeking a welcoming community and a healthier life.</p> <p>During class, we take you through step-by-step to demonstrate each movement, coach you through it, and correct any issues with posture or technique. Most importantly, the community at CueFit will help hold you accountable to your fitness goals and, above all, celebrate your consistency and progress.</p>	<p>King County employees enjoy a 10% discount on all Unlimited Monthly memberships at CueFit, which include unlimited access to classes and open gym, full access to shower and spa amenities, and complimentary towel service.</p> <p>King County employees also receive our Fundamentals course, which goes over CrossFit basics and general workout technique, complimentary with their membership.</p> <p>To redeem the King County discount, use promo code "kingcounty" when signing up https://cuefitseattle.com/membership.</p>
NorthWest CrossFit	<p>Interbay - Seattle, WA</p> <p>Bellevue, WA</p> <p>Green Lake - Seattle, WA</p>	<p>We are an evolution of a revolutionary idea; create a community of fitness-minded people from all walks of life and provide them with world-class health and fitness coaching and community support. We encourage you to become a part of our family in our pursuit to stay healthy, strong and vibrant.</p>	<p>Free seven day pass</p> <ul style="list-style-type: none"> • \$57 for six-week boot camp (regularly \$297) • 20% off all memberships