



King County

**Mental Health, Chemical Abuse
and Dependency Services Division**

Department of
Community and Human Services

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**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD
REGULAR MEETING
FEBRUARY 4, 2010**

KCASAAB Members Present: Jim Benbow, Linda Brown, Joan Clement, Pat Godfrey, Ruvyn Munden, Gina Grappone

KCASAAB Member Absent: Roger Goodman (excused)

Guests Present: Harvey Funai, Bob Leonard (DBHR); Pat Knox, Ardi Bury (RCKC); Jan Alberti (LVRC); Mike Elsner (Board applicant); Cathy Clemens (BOT); Jane Kennedy (ETS)

Staff Present: Rhoda Naguit, Jim Vollendroff

Board Chair Joan Clement convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:35 a.m. The meeting was held at The Chinook Building, Conference Room 124, 401 5th Avenue, Seattle.

I. WELCOME AND INTRODUCTIONS

Joan welcomed everyone and then asked them to introduce themselves.

II. REVIEW/APPROVAL OF MEETING MINUTES

Pat Godfrey made a motion, which was seconded by Linda Brown to approve the January 7, 2010 meeting minutes. The motion was approved unanimously.

III. BOARD OF ETHICS PRESENTATION

Cathy Clemens, Executive Director of the King County Board of Ethics, thanked the Board for their valuable public service.

She distributed handouts, which include the Advisory Opinion 1081 and a brochure on "Code of Ethics." These documents are to help employees make ethical decisions and to provide a model in decision-making that fit the requirements of the Code of Ethics when County board, commission, or committee members have potential conflicts of interest.

Cathy shared some specific cases of potential conflict of interest from the "Code of Ethics" brochure. She then pointed out the three guidelines to follow when a member of County board, commission and committee is faced with a potential conflict between their private interests and their responsibilities to serve the public. These guidelines are:

- Disclosing potential conflicts of interest in advance to the appropriate department director or division manager (Jim Vollendroff or Rhoda Naguit, as Staff Board Liaison).
- Publicly disclosing conflicts of interest at board, commission, and committee meetings (to KCASAAB).
- Abstaining from participation in discussion or voting on any issue where a conflict of interest may be involved.

Cathy entertained questions from the board on specific situations. She stated that County board and commission members may not participate in any county business when they have a personal or financial interest in the matter. If these interests conflict with the proper discharge of their official duties or could impair their independent judgment on a county matter.

In summary, a member of County board, commission, and committee must follow the three guidelines to avoid any appearances of conflict of interest or for personal gain.

IV. DIVISION OF BEHAVIORAL HEALTH AND RECOVERY (DBHR) UPDATE

A. Prevention Redesign Update

Harvey Funai thanked the Board and Jim Vollendroff for advocating for additional flexibility related to county administration for prevention services. As a result, DBHR has issued contract amendment language allowing counties an option to use existing state funds in their contracts for administration of prevention services and they provide local match dollars. The local funding source may include, but not be limited to the one tenth of one percent funding some counties have passed.

Joan Clement recommended that the Board write a "Thank You" letter to David Dickinson for allowing King County to use State GIA funds to backfill the loss of Prevention administration funds and for his attendance and participation at the recently concluded 5th Annual All CD Providers Meeting.

B. State Budget Update

There is no update to share on State budget at this time. House and Senate budgets are expected to be released in late February and are expected to include proposed tax increases to help close the budget deficit.

C. Other Activities

DBHR-Region 3/4 is currently updating its 701 Plan for Native American tribes.

The Annual Warm Beach Retreat is scheduled for February 18-19, 2010.

Saying It Out Loud Conference will be held on May 14, 2010 at Shoreline Conference Center.

D. Youth Residential Utilization Update

Bob Leonard reported that the youth utilization action plan continues to do well.

A question was asked regarding the reported closure of Perinatal Treatment Services (PTS) residential facility in Pierce County. Bob said that PTS' Fresh Start facility is tentatively scheduled for closure in April 2010.

V. A/D COORDINATOR'S REPORT

A. Assertive Adolescent and Family Treatment Grant Update

King County in partnership with Central Youth and Family Services, a local community-based contracted substance abuse/mental health provider is implementing the Adolescent Community Reinforcement Approach coupled with Assertive Continuing Care with transition age youth aged 18-24. Included in this three-year SAMHSA grant is the formation of an advisory committee that consists of transition age youth and their families to assist in providing ongoing feedback and input into the project. The board is asked to appoint a liaison or representative to the advisory committee to show support for the project. The first meeting is scheduled anytime between February and March. It will be a quarterly meeting. Gina Grappone volunteered to serve as Board liaison to this advisory board.

B. Recruitment of Board Member

Everyone shared their ideas on how to recruit new board members, which include the following:

- Tap teaching staff and students from addiction programs/institutions.

- Solicit assistance from county council members in finding potential board candidates from their respective council districts.

C. MIDD Strategy

The MIDD strategy – CDP Educational Development has expanded to include Prevention Professionals. To obtain the Certified Prevention Professional credential, they have to go through Prevention Specialist Certification Board of Washington. An RFP will be issued for Training Consultant in substance use disorder evidence-based practices. This strategy will also include working with the University of Washington (UW) and developing certification program to complement the MSW program. A formal agreement is being developed with the UW for this program.

MIDD Strategy 4c – Collaborative School-Based Mental Health and Substance Abuse Services. The strategy will invest in mental health and/or substance abuse counseling, intervention and treatment services. The Request for Proposal (RFP) for this strategy has gone out. The County will develop a training and technical assistance plan following the RFP process. This will have an FTE position to oversee the implementation of the strategy and provide training, technical assistance and management for the initiative. The person who will be hired will be supervised by Sharon Toquinto.

D. All CD Providers' Meeting Update

The morning session went well. Jim expressed his appreciation to two board members, Joan Clement and Linda Brown, who attended the morning session. David Dickinson, DBHR Director, and Amnon Shoenfeld, MHCADSD Director, spoke. Jim gave a 2009 recap of the Community Mobilization, Prevention and Substance Abuse Treatment, highlighting the following 2009 accomplishments:

- Increased the number of clients receiving services in outpatient treatment despite funding reductions
- Implementation of MIDD strategies – Education/Training – Screening, Brief Intervention and Referral to Treatment (SBIRT), Funding for non-Medicaid, Wraparound Services
- Release of RFP for School based Mental Health and Substance Abuse Services
- Successful SAMHSA Grant Application for the Adolescent Community Reinforcement Approach and Assertive Continuing Care
- Redesign of the service delivery to the chronic population
- Award of the 100 Pioneers for Smoking Cessation SAMHSA mini grant – Increased Partnership with Seattle/King County Public Health
- Maintained higher adult and youth treatment completion and retention rates than the statewide average

- Increase in the use of evidenced based treatment across both youth and adult services – GAIN, MRT, Seven Challenges, A-CRA/ACC, MST, Wraparound

VI. OLD BUSINESS

A. MIDD Update

The MIDD Strategy 10b – Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team is still being worked out. An RFP is being re-issued for this strategy. The moratorium issued by the City of Tukwila that a Crisis Diversion Facility (CDF) cannot be located in the city is in effect for a period of six months.

The King County Council has approved a 30% supplantation for three years. There are rumors that the state might allow a 100% supplantation, however, there is enough strong legislative oppositions against this move.

B. RFP Reviewer

Joan asked for volunteer from the board to serve as RFP reviewer for the School-based Mental Health and Substance Abuse Services. The projected timeline is as follows:

- Thursday, February 25, 2010 is the closing date for RFP
- Thursday, March 4, 2010, the reviewers will receive applications to rate. Until we receive the applications, it is difficult to determine the number of applications to be assigned to each reviewer and how much time for each review panel. However, we do intend to make the workload manageable.
- Thursday, March 18, 2010, the review panel will convene. The meetings will likely be between March 11- March 18, 2010.

Gina Grappone expressed interest as her schedule permits. Joan Clement is willing to be her back-up.

VII. NEW BUSINESS

A. Agency Presentations in 2010

Jim recommended that the presentations in 2010 be focused on specific agency program currently going on and/or emerging issues.

B. Motion to Nominate

Joan presented the new board applicant, Mike Elsner, to the board and asked him to give brief remarks on why he is interested to be a board member.

Jim Benbow made a motion, which was seconded by Pat Godfrey, to nominate Mike Elsner for board membership. The motion was approved unanimously.

VIII. LIAISON REPORTS

None at this time.

IX. AGENCY AND OTHER CONCERNS

Gina Grappone announced the Recovery Support Summit, "Getting in Touch and Staying in Touch" with social networking which will be held on March 25, 2010, 11:30am-4:00pm at New Holly Gathering Hall, 7054 32nd Avenue South in Seattle. This event is sponsored by Science and Management of Addiction (SAMA) Foundation in partnership with Ryther Child Center, and in coordination with Seattle Public Schools, King County MHCADS Division, Public Health-Seattle King County and Teen Line. Participation in this free educational event is worth two CEU's. Susan N. Dreyfus, Secretary Washington State Department of Social & Health Services will speak on the importance of keeping youth engaged in the recovery process and the stigma of addiction; Nathan Wiley, Western Washington University faculty member and Masters student, Social Media Tools will talk about ways to stay in touch and network; and Jerry Blackburn, a faculty member in the Addiction Studies Program at Bellevue Community College will give the opening remarks.

Pat Knox stated they have opened up a new site to help spread the word to legislators about our budget concerns. The CD Treatment Blog is available for people who would like to advocate for CD treatment funding. The blog links with facebook and twitter. Our particular concerns at this time are "maintaining ADATSA, GA-U funding for chemical dependency treatment and Detox funding". Call the Legislative Hotline at 1-800-562-6000 in support for these three funding needs. The CD treatment blog is at <http://savecdtreatment.crossedpair.com>

There being no further business, the meeting was adjourned at 1:05pm.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Joan Clement
Board Chair