

海水

 Chum Salmon Dog's Salmon, Keta	 Pink Salmon Humpie, Humpback Salmon	 Coho Salmon Dog's Salmon, Keta	 Sockeye Salmon/Kokanee Red Salmon, Silver Trout			
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水底扁口鱼类包括：

 Starry Flounder	 Rock Sole	 English Sole			
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鱼类食用建议



食用有助健康类
8-12 餐每月



每月食用限制为
1-4 餐



由于高含量的有毒化学物质，请勿进食

一份（餐）大小



成人



儿童

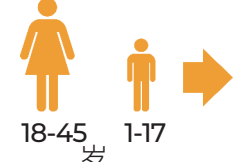
*可以在此找到

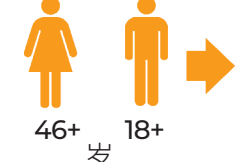
PHOTO CREDITS: Washington Department of Fish and Wildlife, Duane River, Wildlife Conservancy, Washington Department of Health, Oregon Department of Fish and Wildlife, Public Health-Seattle & King County



 Pacific Herring	 Blackmouth Salmon Resident Chinook caught during winter			
 Dungeness Crab	 Red Rock Crab			
 Mussels	 Clams			
 Chinook Salmon King, Tye				
 Shiner Perch				
 Rockfish				
 Spot Prawns				
 Squid				

淡水

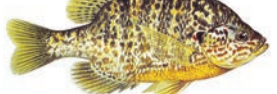
 Largemouth Bass	 Smallmouth Bass				
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 Largemouth Bass	 Smallmouth Bass				
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 Black Crappie	 Yellow Perch			
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 Sockeye Salmon/Kokanee Red Salmon, Silver Trout			
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 Rainbow Trout			
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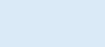
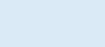
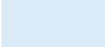
 Pumpkin Seed			
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 Cutthroat Trout			
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 Carp			
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 Northern Pikeminnow			
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 Rock Bass			
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 Channel Catfish			
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钓鱼规则小贴士

钓鱼规则有助于保护鱼类种群，让我们所有人都可以享受这项活动，并延及我们的子孙后代！

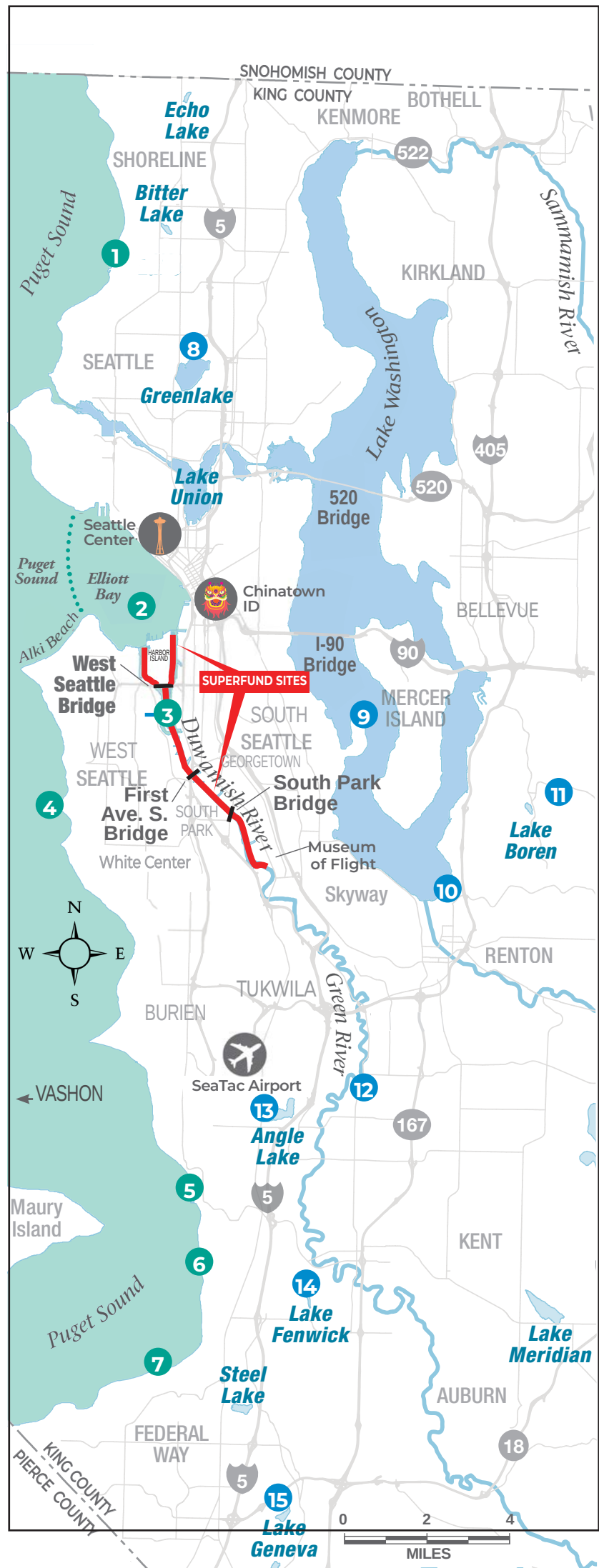
- 如果您年满15岁，则需有钓鱼许可证。了解许可证的类型，成本以及购买地点，请登录：wdfw.wa.gov/licensing/vendors/
- 您需要有效的身份证才能购买许可证，但不需要社会安全号码。
- 由于石斑鱼数量少，在该地区捕捞并饲养石斑鱼是非法的。
- 在普吉湾所有地区（5-13海区），用带刺的钩钓鲑鱼或底层鱼类是违法的。网捕鲑鱼亦违法。
- 杜瓦米什河（Duwamish River）需要海水许可证（在第一大街桥以北），淡水许可证（在第一大街桥以南）或联合许可证。
- 钓鱼时随身携带捕鱼记录卡，以记录：鲑鱼，铁头鲑鱼，鲟鱼，大比目鱼或普吉湾珍宝蟹。即使您没有钓到任何鱼类，也要在4月30日之前将其交还给WDFW。



WA State Department of Fish & Wildlife (WDFW)
360-902-2500 | fishregs@dfw.wa.gov
wdfw.wa.gov/fishing/regulations/

海水

- Shilshole Marina Pier**
(Eddie Vine Boat Ramp)
8801 Seaview Pl NW, Seattle
   
- ELLIOTT BAY**
Terminal 69, 2701 Alaskan Way, Seattle
  
Seattle Waterfront Park/Aquarium (Pier 57–Pier 59), 1301 Alaskan Way, Seattle
   
Jack Block Park, 2130 Harbor Ave SW, Seattle
  
Seacrest Park Pier at Alki Beach, 1660 Harbor Ave SW, Seattle
   
- DUWAMISH RIVER**
Spokane St Bridge and T105 Fishing Pier, Seattle
 
T-105 Fishing Pier (Terminal 105 Park)
4260 W Marginal Way SW, Seattle
  
- Lincoln Park**
8011 Fauntleroy Way SW, Seattle
  
- Des Moines Pier**
22307 Dock Ave, Des Moines
   
- Saltwater State Park**
25205 8th Pl S, Des Moines
 
- Redondo Pier**
Redondo Beach Dr and Redondo Way, De Moines
  



淡水

- Greenlake Park**
721 E Greenlake Dr N, Seattle
   
- LAKE WASHINGTON**
- Seward Park**
5895 Lake Washington Blvd S, Seattle
   
- Gene Coulon Park**
1201 Lake Washington Blvd N, Renton
   
- Lake Boren**
13058 SE 84th Way, Newcastle
 
- Green River**
Old Fishing Hole, 24945 Frager Rd, Kent

- Angle Lake**
19408 International Blvd, SeaTac
   
- Lake Fenwick**
25828 Lake Fenwick Rd, Kent
  
- Lake Geneva (Beede's)**
46th Ave S & S 244th St, Federal Way
   

钓鱼场所 便利设施

-  附近的巴士站
-  收费停车场
-  钓鱼码头
-  机动船下水处
-  野餐区
-  游乐场
-  虹鳟鱼出没地区
-  超级基金危险废物现场

您在杜瓦米什河钓鱼吗？

生都在杜瓦米什河 (Duwamish River) 中生活的海鲜 (鲈鱼，龙利鱼，比目鱼，蟹，贻贝和蛤) 含有大量看不见的有毒化学物质 (例如PCB，食用它们是不安全的。)

有毒化学物质会对未出生的胎儿，婴幼儿造成的伤害最大，会影响他们的记忆力，注意



PHOTO CREDIT: revelritermedia.com

Public Health Seattle & King County

Duwamish Program's
FUN TO CATCH,
TOXIC TO EAT

Public Health-Seattle &
King County
Environmental Health
Services Division
401 5th Avenue, Suite 1100
Seattle, WA 98104

206-263-0906
duwamish@kingcounty.gov

www.kingcounty.gov/duwamish-fishing

**FUN TO CATCH
TOXIC TO EAT**

THE ONLY DUWAMISH SEAFOOD SAFE TO EAT IS SALMON
Loại hải sản an toàn nhất để ăn từ sông Duwamish là cá hồi
El único pescado del río Duwamish que es seguro para comer es el salmón
ត្រីដែលចាប់ពីស្ទឹងឌូវាមីស្ទ មានតែត្រីសាណូម៉ុនមួយគត់ដែលមានសុវត្ថិភាពសំរាប់បរិភោគ

力，运动技能和语言发展。

保护您的健康:

- 食用鲑鱼！** 鲑鱼是杜瓦米什河 (Duwamish River) 唯一可以安全食用的海鲜。他们在河里生活的时间很短。
- 钓鱼去！** 查看本指南，金县的许多地方都有更安全的食用海鲜。
- 鱼对您的心脏和大脑有益！** 享用来自不同地方的各种鱼类和贝类。
- 妈妈和孩子们！** 对于怀孕或哺乳的妇女，六岁以下的儿童以及计划要生育的人们，本地的海鲜食用指南    尤其重要。

在金县钓鱼 可以安全食用的海鲜



附赠!

- 受欢迎的钓鱼地点和地图
- 钓鱼规则小贴士

Public Health
Seattle & King County