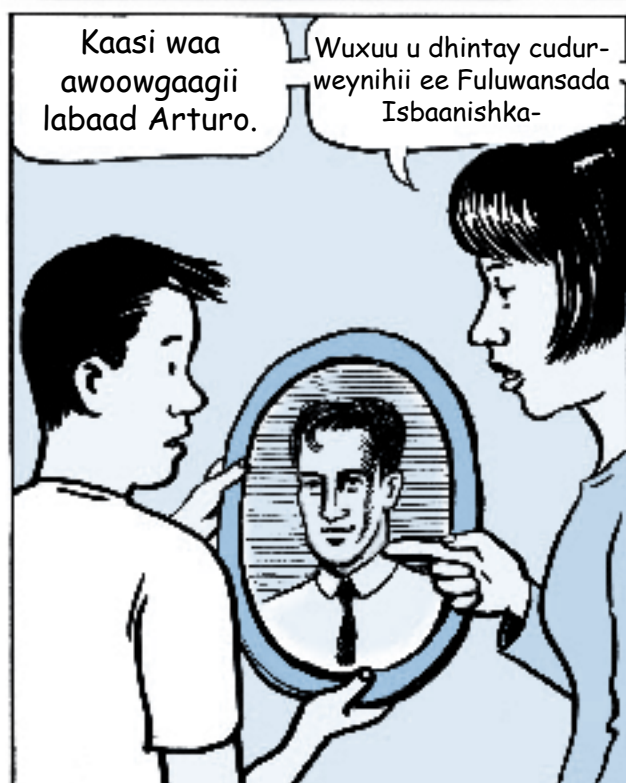


SANNADKII 1918 WAXA DHACAY CUDUR AAD U XUN OO DHEX-QAADAY
ADDUUNKA, KAAS OO AHAA CUDURKII UGU DHIMASHADA BADNAA
OGAAL AHAAN TAARIIKHDA CASRIGA AH. CUDURKAASI WUXUU AHAA
FULUWANSO, BALSE MA UUSAN AHAYN FULUWANSO CAADI AH...

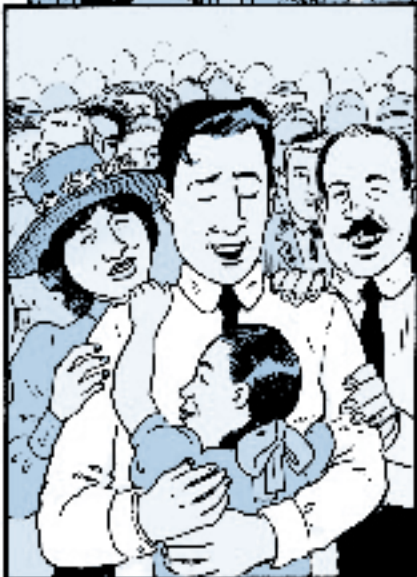
FULUWANSO AAN CAADI AHAYN



WALIBA CADDADKAN WAXA KU JIRA:
SIDII AAD ADIGU UGU DIYAAR
GAROOBI LAHAYD KHATARTA
HADDA KA IMAN KARTA CUDUR-
WEYMNAHAN HALISTA AH



Deyrtii 1918, waxay u ekeed in Dagaalkii Dunida ee koowaad uu sii dhammaanayo...



Wax-kastaaba wey u fiicanaayeen goyskeenna.

Maria soo laabashadaadu wey fiican tahay, xitaa hadday tahay inaad Aabbo iyo Hooyo ka caawiso dukaanka.



Qof kastaa waa jeclaa Arturo.

Aad bay u fiican tahay inaad soo noqoto, askari!

Mahadsanid, Max!



Laakiin dhakhso ayey nolosho isu beddeli doontaa.

Eeddo Eva waxay tiri dadka reer Philadelphia waxay u dhimanayaan fuluwansada.



Wiigag gudahood ayaa fuluwansadii timid oo ayeeyadaadii labaad ka mid noqotay dadkii ugu horeeyey ee xanuunsada.



Wey isku buuqsan tahay. Anigaa xannaaneyn doonaa. Arturo, iga sii qabo dukaanka.

Isla habeen keliya ayaa adduunkoodii is-beddelay.



Markii hooyadii u soo dhacday xannuunka, wuxuu Arturo xannaaneyn jiray iyada iyo Maria.



Arturo, ma haysannoo kalkaaliyaal caafimaad. Dhakhaatiirtayada iyo kalkaaliyayaashayada caafimaad intooda badani wey xanuunsanayaan, oo dadka xanuunsanayaana wuu badan yahay.



Xagga dukaankana arrimuhu ma fiicneyn.

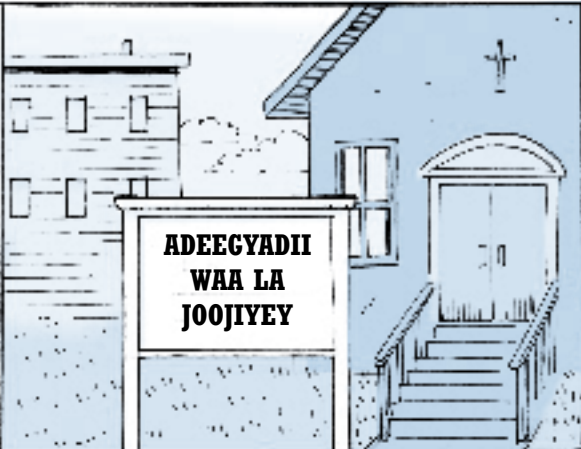
Marwo, waan ka xumahay. Annagu ma qaabileyno wax alaab ah.



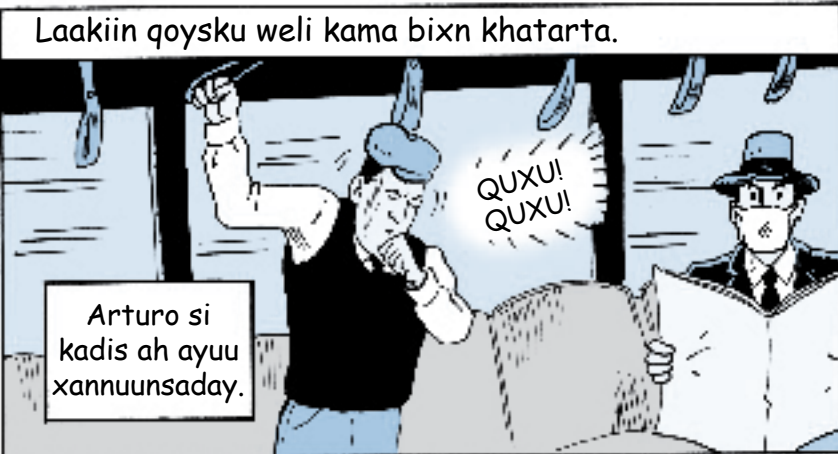
Magaalada oo dhammi wey dhibaateysneyd.



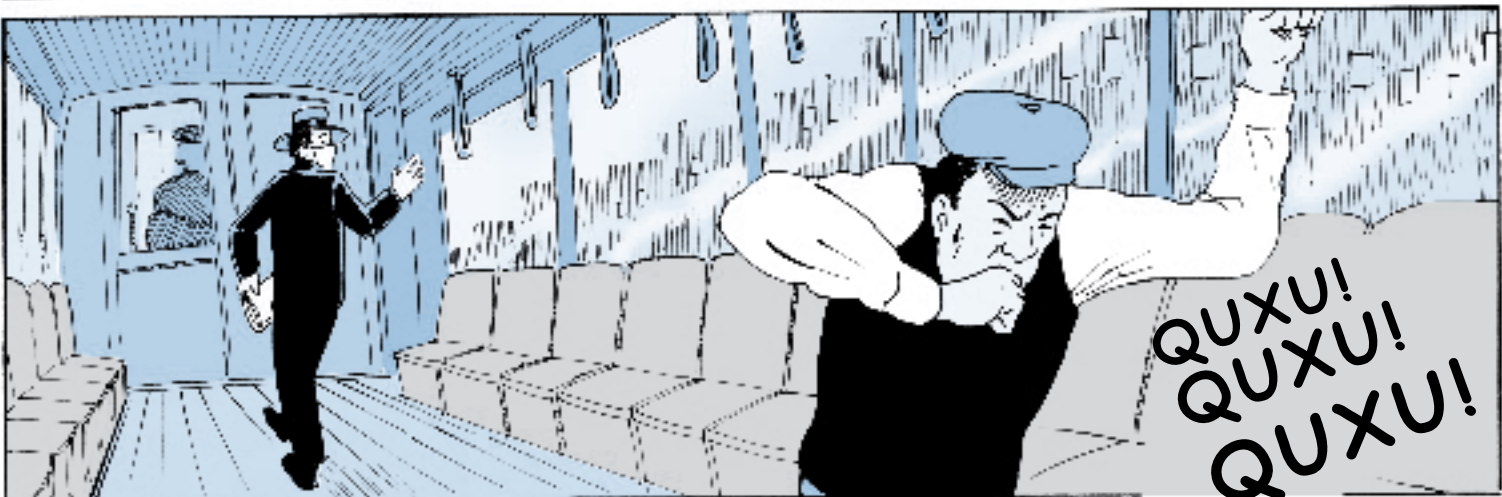
Nasiib wanaag, Maria iyo hooyadeed waxay bilaabeen inay soo caafimaadaan wiigag yar ka bacdi.



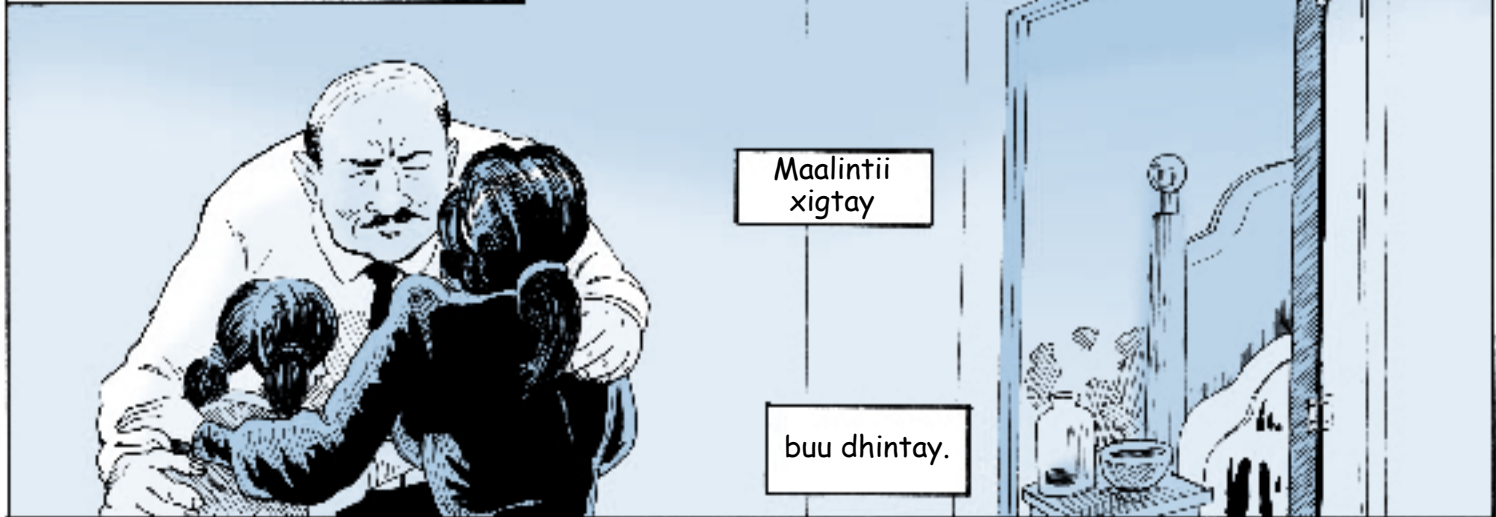
Laakiin qoysku weli kama bixn khatarta.



Arturo si kadis ah ayuu xannuunsaday.



Sida dhallinyaro kale, Arturo si dhakhso leh buu si xoog leh u xanuunsaday.



Waxay ahayd arrin ku adag qof kasta.



Maanu qaban karernin geeri la iskugi yimaad amase kulanno kale oo nooc kasta ah meel ay dadku isku daaran karaan fuluwansada.



Maria ayaa ugu darneyd.



Dad badan baa dhintay. Dad 50 milyan ah ayaa adduunka u dhintay cudurkaas weyn, halkay 675,00 ay ku dhimatay Mareykanka.



"Dhammaan waxaynu nahay dadkii ka soo farcamay kuwii ka badbaaday cudur-weynihii 1918."



Laakin halista cudur-weyne fuluwansa ahi weli ma tagin.

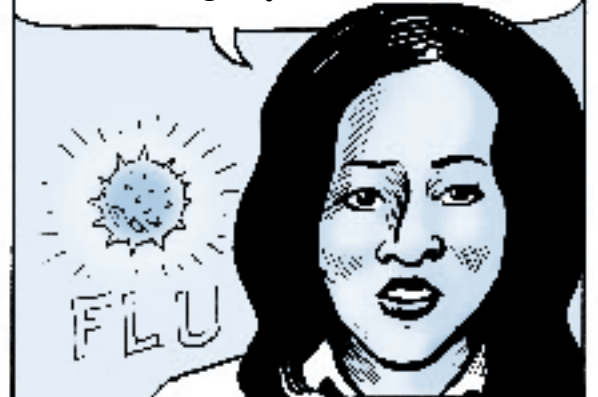
MAR DEMBE:

"...khabiiirada caafimaadku waxay ka warwarsan yihiin in fayras fuluwanso oo cusubi keeni karo cudur-weyne..."

Hooyo!



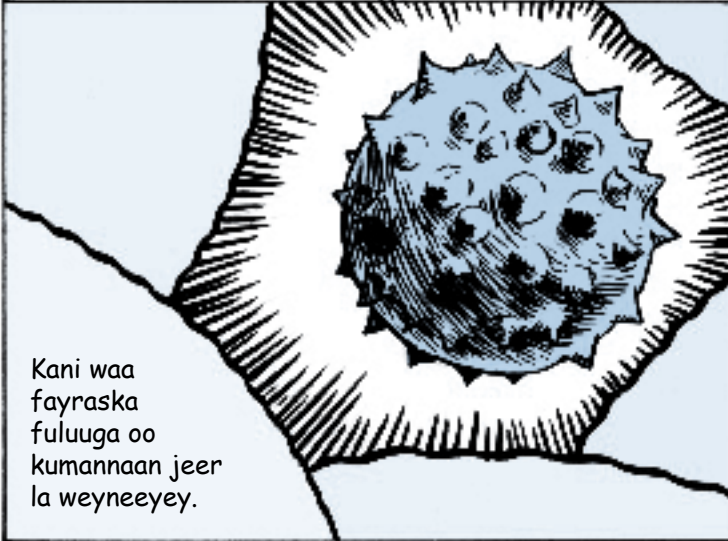
Fuluwansada cudurka weyn ihi wey ka duwan tahay fuluwansada aan aragno jiilaal kasta.



Waxa dhaliya fayras cusub oo jirka aadamuhu hore ula kulmin.



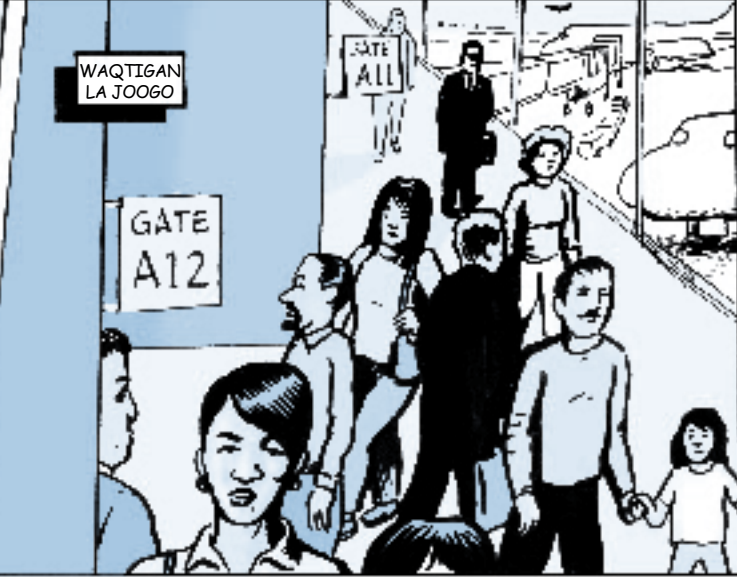
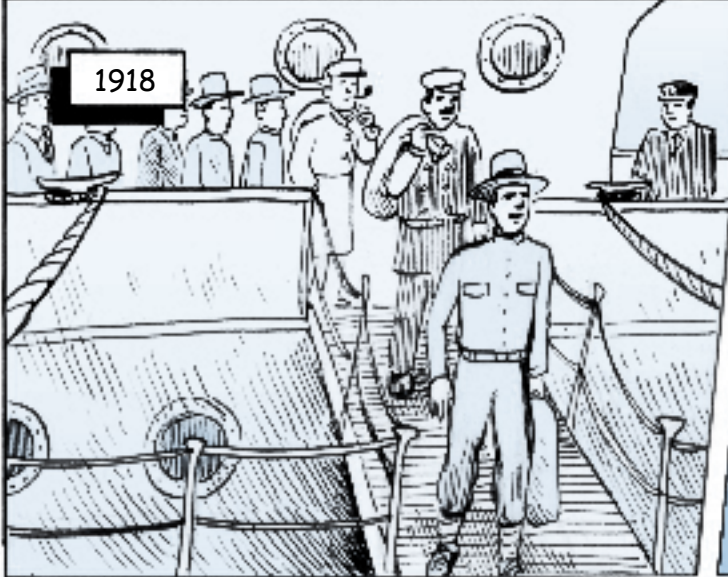
Jirkeennu wuxuu dhibaato kala kulmi doonaa la dagaalanka fayras fuluwanso oo cusub.



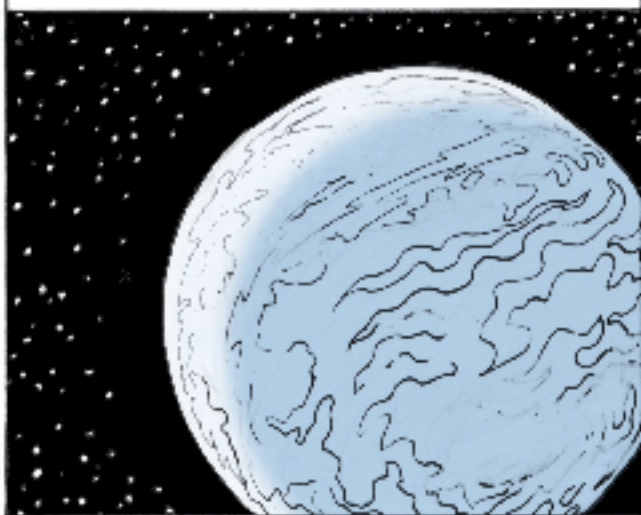
Sida fuluwansada aan aragno jiilaal kasta, ma jiro waqtigan talaal cudur-weyn oo fuluwanso.



Fayras cudur-weyne waxay u fidi kartaa si degdeg ah xagga is-taabashada dadka.



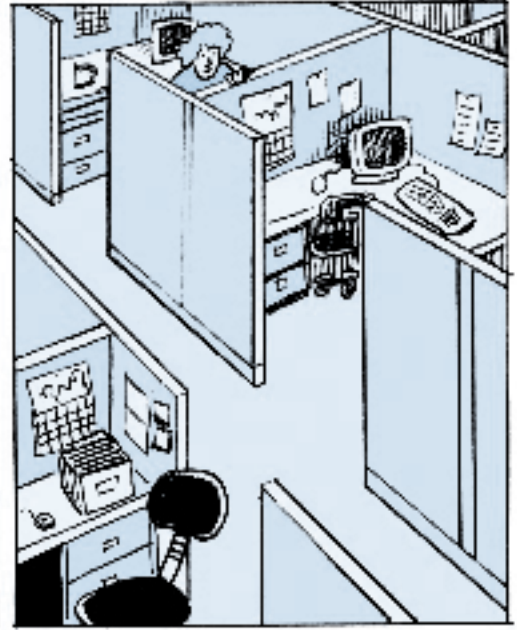
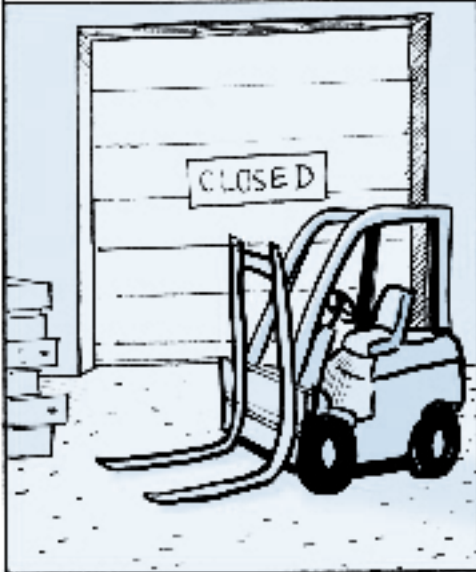
Fayras cudur-weyne waxay ku fidi doontaa gees kasta oo adduunka ah. Meel kasta, waxa is-beddeli doona nolol maalmeedka.



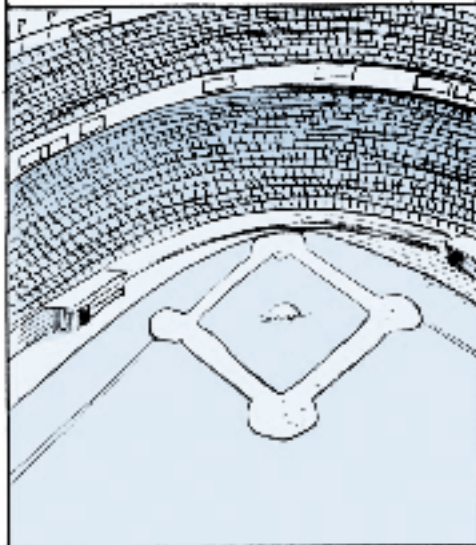
Si loo joojiyo fiditaanka cudurka, waxa la xiri karaa dugsiyada iyo xannaano maalmeedyada ilmaha.



Dad badani ma awoodi doonaan inay shaqeeyaan.



Kulannada dadweynaha waxa laga yaabaa in la joojiyo.



Waxa laga yaabaa inay adkaato in la helo gargaar caafimaad.



Dr. Van wuu bukaa isaguna. Ma garanayo sida aynu uga gudbi karno.



Laakiin baukaannada fuluwansada intooda badan waxa lagu xannaaneyn karaa guriga.



Waxa laga yaabaa inaysan u xumaanin sidii 1918. Laba cudurweyne oo fuluwanso oo fudud ayaa dacay 1957 iyo 1968.



Xitaa hadduu yahay mid fudud, waxaan u baahanahay inaan diyaar u nahay.



Diyaar u ahow inay guriga joogtiis ugu yaraan hal wiig*.



* Ugu yaraan, iyada oo uu cudur-weyni sii socon karo wiigag illaa bilo.

Keydso qalab daawo iyo caafimaad.



Go'aanso qofkii ilma xannaaneyn lahaa haddii dugsiyada la xiro.



Qorshee sidii aad ugu shaqeyn kartid guriga, hadday suurta-gal tahay



Diyaar u ahow inaad caawiso dariska xilliga cudurka weyn.



Jooji jeermiska fuluwansada. Waxay faafaan markay dadku qufacaan oo hindhisaan.



Amase marka gacmaha leh
jeermiska fuluwansada...

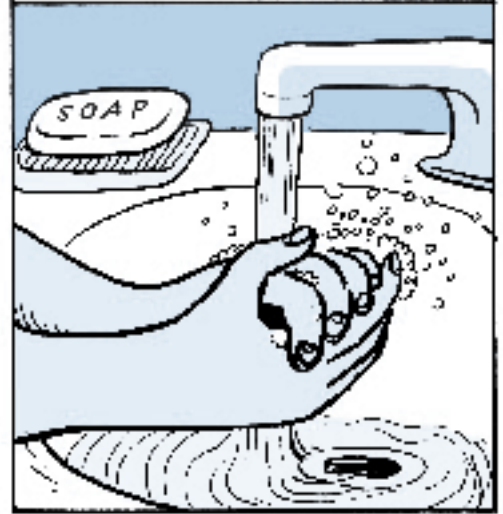


u gudbiyaan jeermiska walaxyo kale.



Jeermiska
fuluwansadu
maalmo ayuu ku
noolaan karaa
walxahaas kale.

Gacmo dhaqashada joogtada ah
ayaa ah is-ilaalinta ugu fiican.



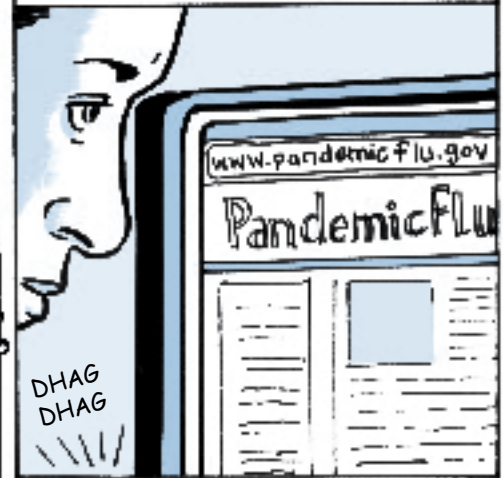
Haddii aanad haysan saabuun iyo biyo,
isticmaal jeermis-dilaha gacanta.



Jooji jeermiska fuluwansada
adigoo daboolaya qufaca iyo
hindhisada.



Waaxdaada caafimaadka ama
bartan internetka wax ka sii baro
cudur-weyn ee fuluwanso.



Cidna ma taqaanno marka uu
cudur-weyni imanayo,
soo sax maaha?



Run. Laakin haddii aan diyaar-
garowno hadda, waxaynu ka gudbi
karnaa si ka wacan
markuu yimaaddo.



Dadka intiisa badani wuu ka badbaadi
doonaa cudur-weyn oo xun, sidii ayey uga
badbaaday ayeydaadii labaad Maria.



Hal-beeg:

Fuluwansa (amase Fuluu): cudur-weyneah sanko, hunguriga iyo sambabada oo ay keento fayraska fuluwansadu. Fuluuga qof baa qof kale u gudbin doona.

Cudur-weyn: Cudur meel ka bilaabmay oo ku fida dduunka.

Fayrus: Nooc jeermis ah oo keeni kara cudur-weyne khafiif ah, sida hargabka, amase cuduro khatar ah qaarkood. Daawooyinka “antibiotics” waxba kama qaban karaan fayrasyada.

Mahadnaqyo

Waxa diyaariyey Public Health – Seattle & King County Advanced Practice Center

Sheekada iyo Fakarka waxa leh Meredith Li-Vollmer iyo Matthew French

Farshaxanka waxa leh David Lasky

Kharashka waxa bixiyey Cooperative Agreement Number U50/CCU302718 ka yimi Centers for Disease Control and Prevention (CDC) ku socota National Association of County & City Health Officials (NACCHO). Waxyaalaha halkan ku qoran waxa ka mas'uul ah qorayaasha oo ma matalaan aragtida rasmiga ah ee CDC amase NACCHO.



NACCHO
National Association of County & City Health Officials
The National Connection for Local Public Health

APC
Advanced Practice Center

Public Health
Seattle & King County