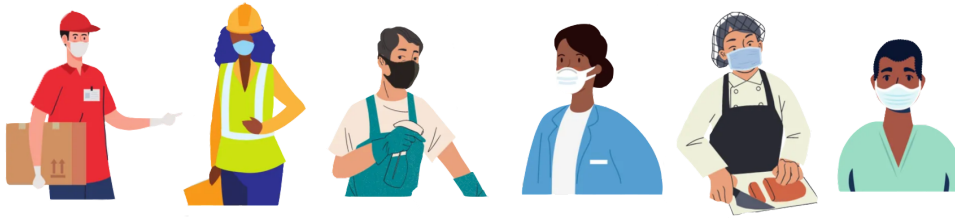


SHAQAALAH: SIDEE INTA BADAN LOO ABUURA BADBAADADA SHAQADA DEEGAANKA EE COVID



Loo shaqeeyayaasha ayaa mas'uul ka ah yaraynta halista COVID-19 ee goobta shaqada. Ganacsiyadu waxay leeyihiin door muhiim ah si looga ilaaliyo shaqaalahooda iyo macaamiishooda COVID-19.

MAXAA LA SAMEYNAYAA HADDII SHAQAALAH LAGA HELO AMA LAGUU TUHMO COVID-19

- Ku dhiiri geli shaqaalaha in ay is baaran oo ay guriga jogaan haddii ay qabaan astaamo u eg COVID
- Sharcigu wuxuu farayaa loo-shaqeeyayaashu inay u oggolaadaan shaqaaluhu inay isticmaalaan fasax jirro oo kordhay ama waqti fasax ah haddii ay iska hubiyaan COVID-19 ama ay la kulmaan qof qaba fayraska.
- U dir shaqaalaha ilaha jira ee laga heli karo: kingcounty.gov/covid/workers

Waa sharci daro in loo shaqeeye kastaa uu ceyriyo ama uga aarguto shaqaale soo tabinta tabashooyinka ku saabsan caafimaadka iyo badbaadada.

SIDEE LOO ABUURA NASASHOYINA NABADGELYADA LEH

Meesha ay shaqaaluhu u aadaan ka nasashada shaqada waxay noqon kartaa meel khatar sare leh oo laga kala qaado COVID-19. Loo shaqeeyayaashu waxay qaadi karaan tillaabooyin muhiim ah si ay u ilaaliyaan nabadgelyada shaqaalaha xilliyada nasashada.

- **Goobaha fasaxyada:** Haddii boos la heli karo, ku dhiirrigeli shaqaalaha inay fasaxyada ku qaataan dibadda, ama u oggolaaw shaqaalaha inay ku nastaan qolal dheeri ah oo hawo wanaagsan leh.
- **Muga:** Xaddid degitaanka qolka nasashada oo aan ka badnayn boqolkiiba 50.
- **Wakhtiyada fasaxa:** Ka taxadar waqtiyada nasahada si loo yareeyo isku soo ururka kooxaha shaqaalaha.
- **Kala fogaanshaha bulshada:** Shaqaaluhu waa inay had iyo jeer ka fogaadaan ugu yaraan 6 fiid masaafada dadka kale, oo ay ku jiraan xilliyada nasashada. Miisaska bannaan iyo kuraasta si shaqaaluhu ugu yaraan 6 fiid isu jiraan markay fadhiyaan (boos badan ayaa fiican in la helo).
- **Hawo-qaadista:** Si loo yareeyo gudbinta hawada ee ayraska, tixgeli inaad qaaddo tallaabooyin lagu hagaajinayo hawo-qaadashada goobta shaqada, iyadoo lala tashanayo xirfadle HVAC ah.
- **Isticmaalka Afxirashada:** Xusuusi shaqaalaha inay xirtaan maaskarada markay wax cunayaan ama wax cabbayaan.
- **Calaamado:** Dhig calaamado shaqaalaha xusuusinaya inay xirtaan wejiga, oo ay jir ahaan kala fogadaan, ku celceliyaan gacmo-dhaqashada, iyo ilaalinta caafimaadka shaqsigu.

KHAYRAADKA LAGU ABUURAYO DEEGAAN SHAQO BADBAADO AH, SOO BOOQO KINGCOUNTY.GOV/COVID/BUSINESS-TOOLKIT (ENGLISH ONLY)