

## Visit the Needle Exchange

1511 Second Avenue  
(between Pike & Pine in downtown Seattle)

Open Monday - Friday

1 - 5:30 pm

Saturday

2 - 4 pm

- Exchange used rigs for new sterile ones.
- Get great advice and helpful hints from our vein care pros.
- Get quality health care from the docs in our Medical Clinic. (Monday - Friday 1:30 - 4:30 pm)

There are 7 needle exchange sites in  
King County.

Call 206-205-7837 for hours  
and more information.

[www.metrokc.gov/health/apu](http://www.metrokc.gov/health/apu)



# What does YOUR needle look like ?



# Skin is tough!

Every time you hit, your skin barsbs the point. Damaged points can lead to:

- Abscesses
- Infections
- Blown veins



# Save your veins!

- If you miss your vein, re-load a new syringe and try again.
- Don't use the same point to hit over and over again.
- Trying to sharpen a used point makes more barbs.
- Don't use the tip of your needle to mix your hit.



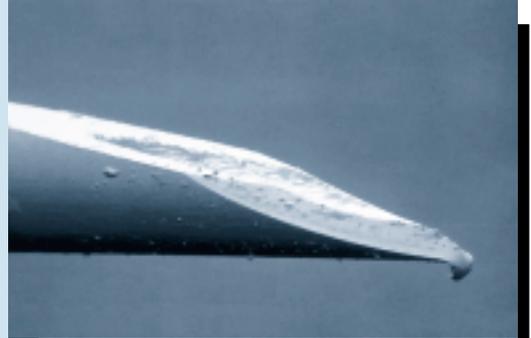
**Use a brand new syringe  
EVERY TIME  
you poke your skin  
or vein.**



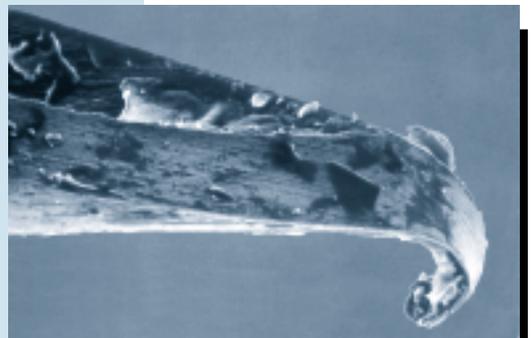
New needle point



Needle point, used once



Needle point, used twice



Needle point, used six times