Results from the 2020 King County Pride Survey

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PHSKC SALON - DECEMBER 16, 2020

Outline

- History, objectives, and methods used in the annual Pride survey
- Results from the 2020 Pride survey
 - Demographics
 - HIV, STIs, and sexual behavior
 - PrEP
 - Substance use
 - COVID-19
- Discussion and Q & A

Acknowledgments

2020 Survey Development

- Susan Buskin
- Courtney Moreno
- Christine Khosropour
- Darcy Rao
- Francis Slaughter
- 2020 Survey Implementation
 - Anthony Rivers
 - Aleks Martin
 - Drew Emery
 - Tanya Hunnell
- Pre-2020 Survey Design and Analysis
 - Julia Hood
 - Holly Whitney
 - Matt Golden



Pride Survey Objectives and Methods

Pride Survey Objectives

 Quantitative survey conducted annually during Seattle Pride events since 2009

Objectives

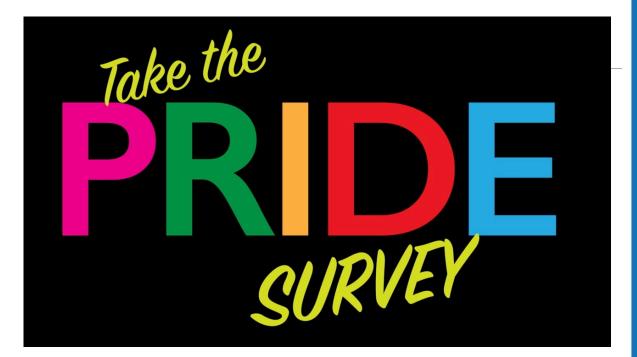
- Collect annual data on key outcomes related to HIV/STI risk, access to and utilization of health services, and awareness and attitudes toward prevention strategies and campaigns
- Evaluate use of Public Health services (e.g., Sexual Health Clinic)

Considerations

- Quick and easy data collection
- Flexible survey
- Complements other surveys
- Make findings accessible to stakeholders

Pride Survey Methods, pre-2020 vs. 2020

	Pre-2020	2020	
How?	Paper self- or interviewer-administered English and Spanish (2019)	REDCap (online) self-administered English and Spanish	
Where?	In-person events: Trans* Pride, Capitol Hill, Parade and Seattle Center	Virtual events + social media	
When?	Seattle Pride Events (last weekend in June)	Seattle Virtual Pride Events (last weekend in June; open through August)	
Who was eligible?	 Men who have sex with men, and/or Transgender/non-binary/genderqueer, and WA state resident 	 "Trans, non-binary, bisexual, queer, gay, and/or lesbian" people, and WA state resident 	
Incentives?	\$5 coffee card + goodie bags	Raffle (optional) for 1 of 5 iPads	













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2020 Pride Survey Results

Recruitment

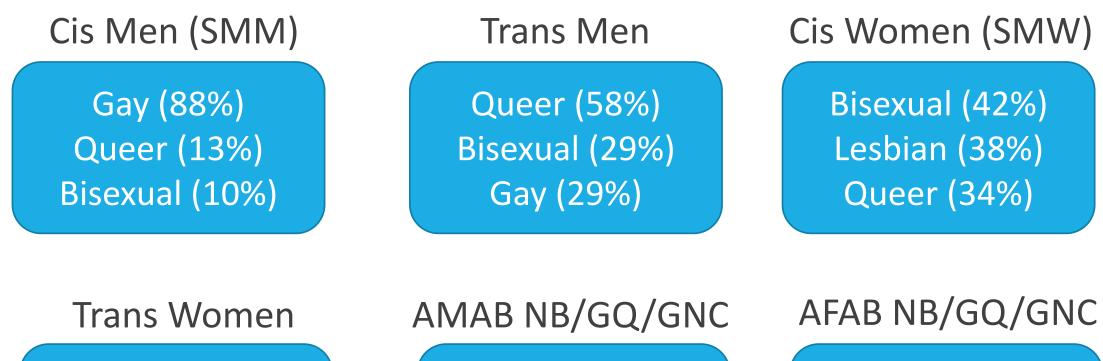
	2019 N=699	2020 N=1,610*
Cis men (sexual minority men, SMM) [man + assigned male at birth (AMAB)]	437	532
Trans men [man + assigned female at birth (AFAB)]	80	78
Cis women (sexual minority women, SMW) [woman + AFAB]		680
Trans women [woman + AMAB]	62	70
AMAB non-binary/genderqueer/gender non-conforming [NB/GQ/GNC or a gender not listed + AMAB]	32	73
AFAB non-binary/genderqueer/gender non-conforming [NB/GQ/GNC or a gender not listed + AFAB]	88	269

*Row totals sum to > 1,610 due to participants listing multiple identities.

Demographics

	Cis Men (SMM)	Trans Men	Cis Women (SMW)	Trans Women	AMAB NB/GQ/ GNC	AFAB NB/GQ/ GNC
Age <30	20%	51%	39%	40%	47%	51%
People of Color	30%	19%	22%	30%	34%	23%

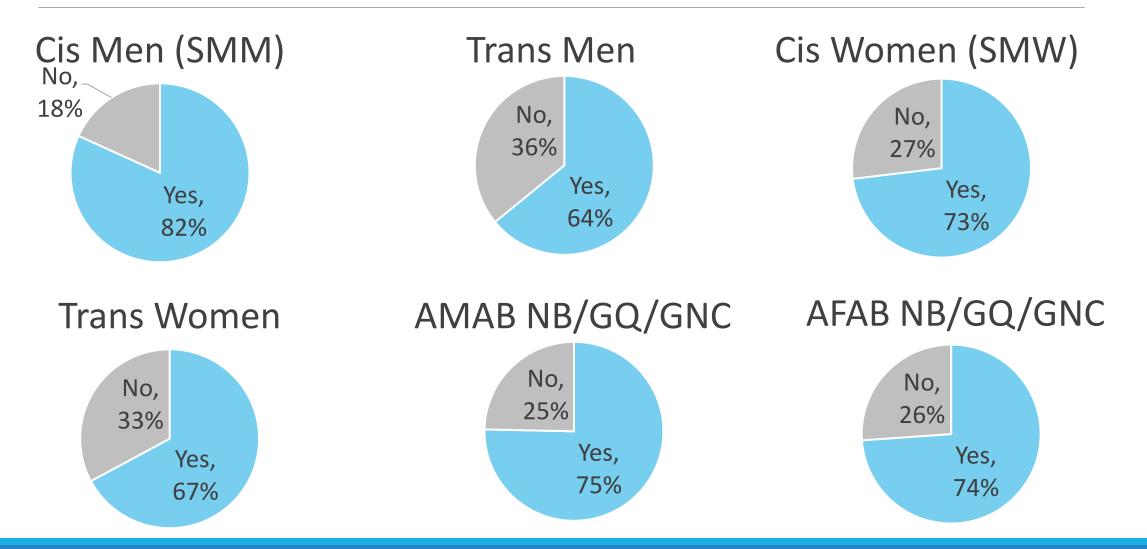
Sexual Orientation



Lesbian (41%) Queer (34%) Bisexual (24%) Queer (60%) Gay (36%) Pansexual (32%) Queer (69%) Pansexual (32%)

Bisexual (27%)

Sexually Active in the Past Year



Sex defined as "oral, vaginal/ front hole, or anal sex."

Gender of Sex Partners

		Participant	ts ———				
		Cis Men (SMM)	Trans Men	Cis Women (SMW)	Trans Women	AMAB NB/GQ/ GNC	AFAB NB/GQ/ GNC
1	Cis Men	93%	59%	51%	40%	71%	50%
	Trans Men	6%	28%	5%	16%	17%	17%
	Cis Women	8%	37%	58%	48%	28%	36%
S	Trans Women	3%	10%	4%	43%	25%	18%
Partners	AMAB NB/GQ/GNC	6%	7%	4%	17%	27%	19%
Par	AFAB NB/GQ/GNC	3%	17%	11%	14%	19%	32%

Among participants who reported having sex in the past year.

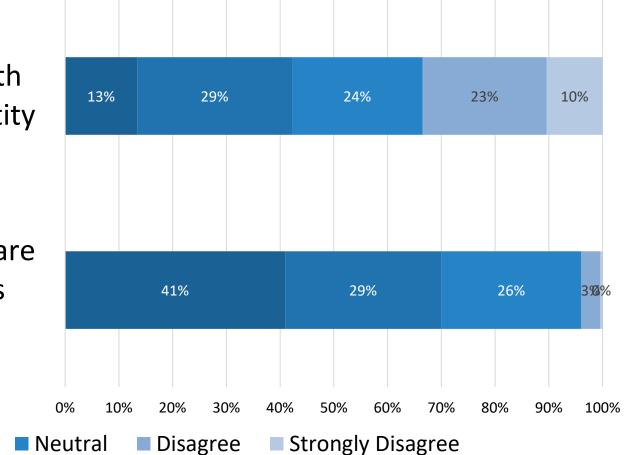
Health Insurance and Access to Health Care

	Cis Men (SMM)	Trans Men	Cis Women (SMW)	Trans Women	AMAB NB/GQ/ GNC	AFAB NB/GQ/ GNC
Current Health Insurance	91%	95%	95%	87%	86%	95%
Regular Doctor/ Medical Provider	81%	81%	78%	81%	60%	78%
Medical Provider Knows You Are Transgender/NB/GQ /GNC		92%		91%	79%	57%

Stigma and Transgender Health Care

I have felt disrespected at health facilities due to my gender identity

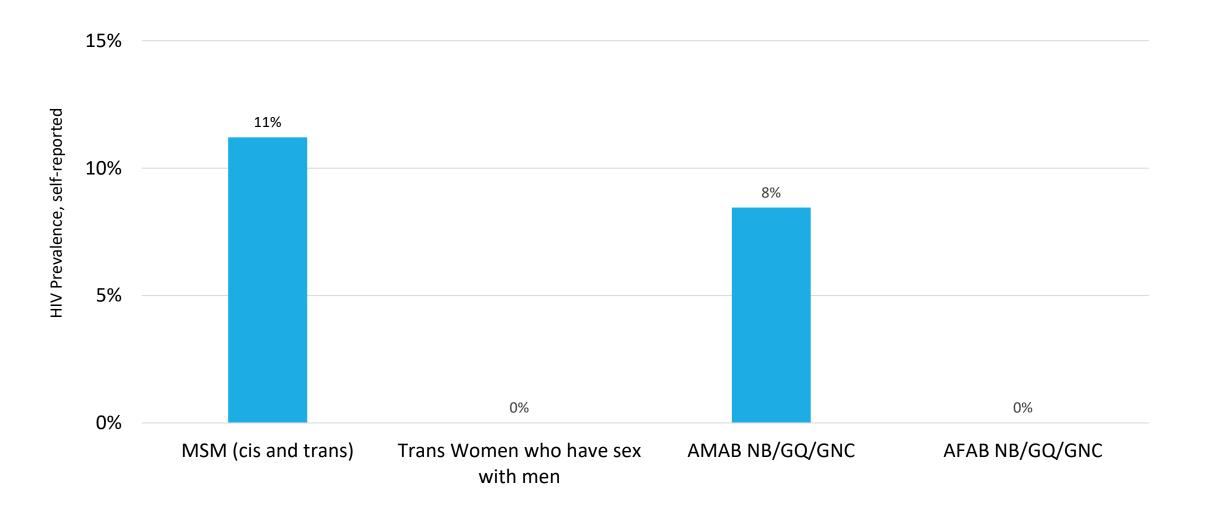
I would prefer to receive medical care at a clinic that specializes in trans health issues



Strongly Agree

Agree

HIV Prevalence



Sexual Risk for HIV, among people who are HIV-

"High Risk"

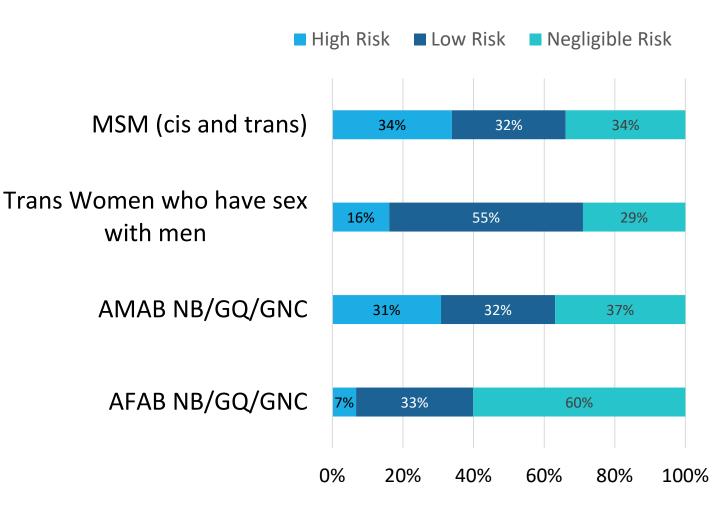
- 10+ (anal sex) partners, or
- Condomless anal sex with a partner who is HIV+ or status is unknown, or
- Meth or poppers use, or
- Bacterial STI diagnosis

"Low Risk"

• Everyone else

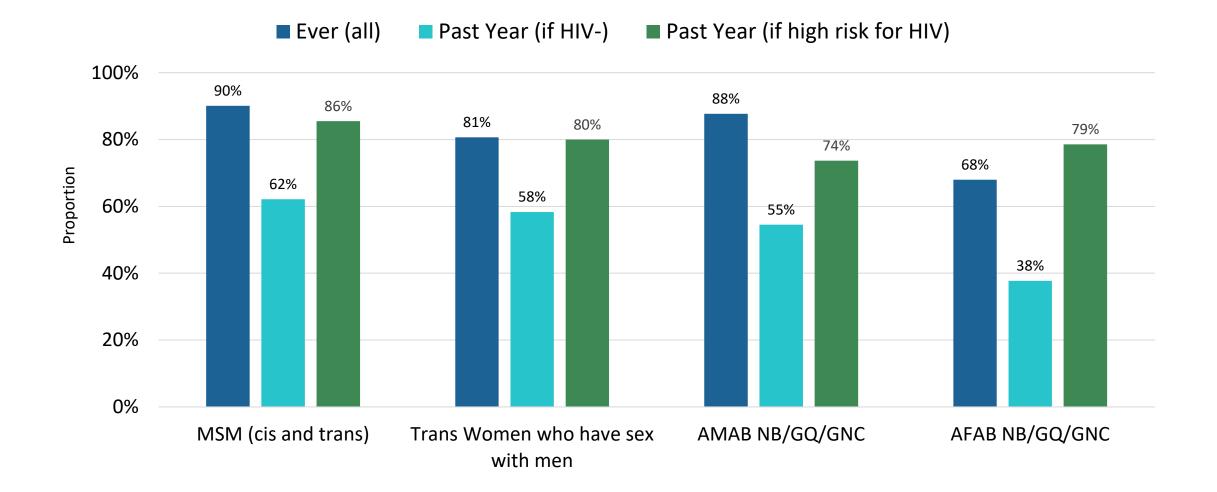
"Negligible Risk"

- One mutually monogamous partner, or
- No sex



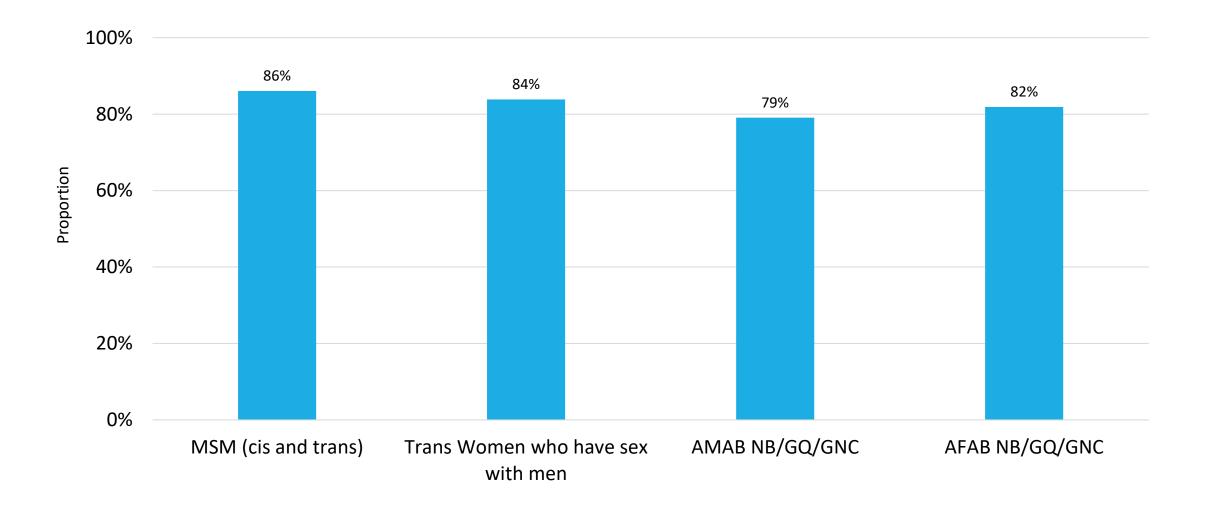
Ref: Menza et al, STD 2009

HIV Testing, Ever and Past Year



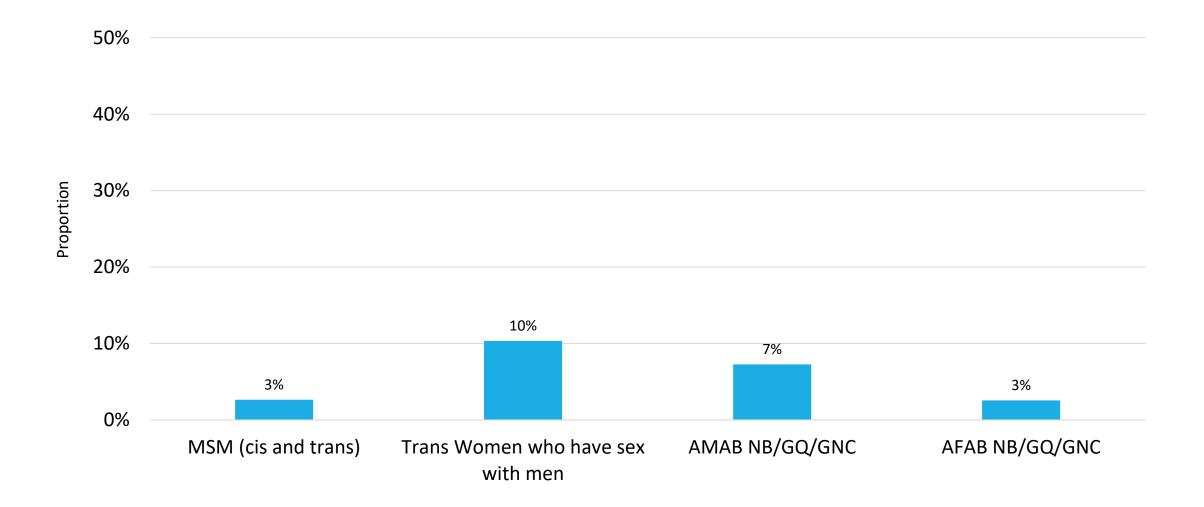
High risk for HIV defined as: ≥10 anal sex partners, condomless anal sex with HIV-/HIV-unk partner, meth, poppers, and/or STI

Willing to Prick Your Finger for Home HIV/STI Testing?

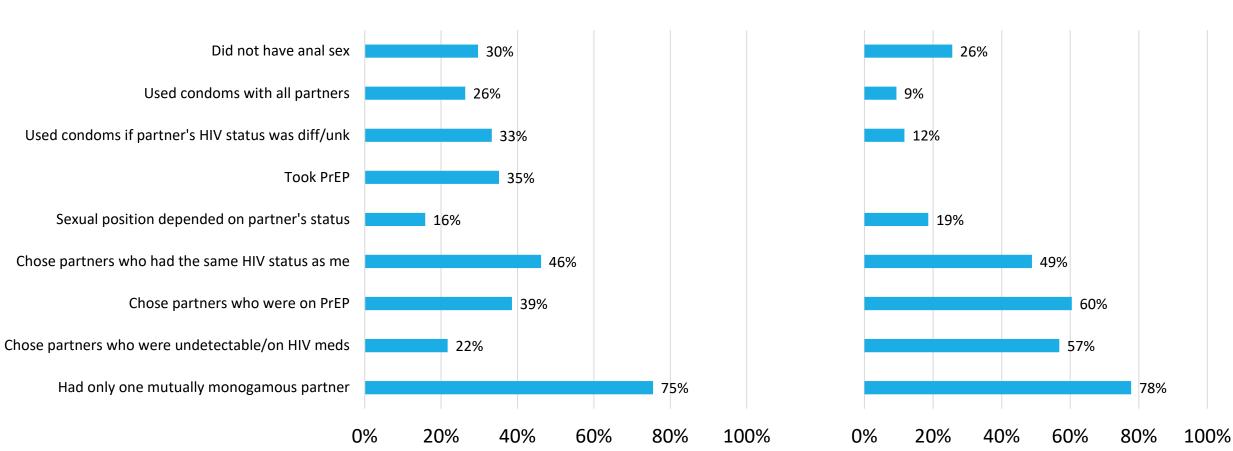


Among HIV-negative participants

Exchange Sex



HIV Prevention Strategies, MSM



HIV+ MSM

HIV- MSM

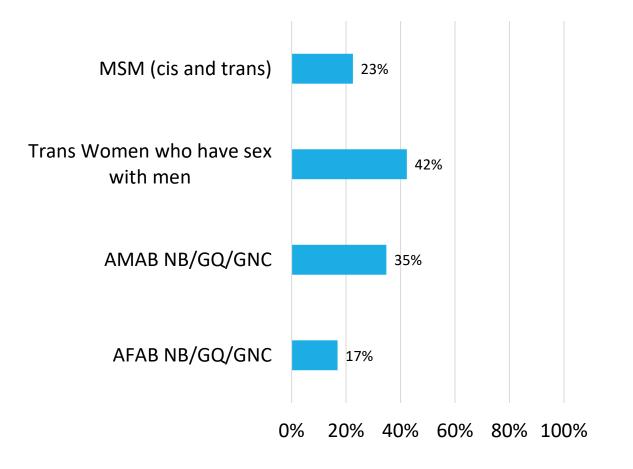
Among participants who reported any sex in the past year.

Condom Use

How often do you use condoms	Men Who Have Sex with Men (cis and trans)	Trans Women Who Have Sex With Men	AMAB NB/GQ/ GNC	AFAB NB/GQ/ GNC
Always	11%	19%	24%	19%
Only with partners outside my primary relationship	26%	38%	22%	26%
Only with partners I don't know well	24%	27%	22%	17%
Only with partners whose HIV status differs from mine	11%	8%	4%	11%
One with partners with unknown HIV status	15%	8%	13%	12%
Never	42%	23%	29%	47%

Among participants who reported anal or vaginal/front hole sex.

Free Condoms



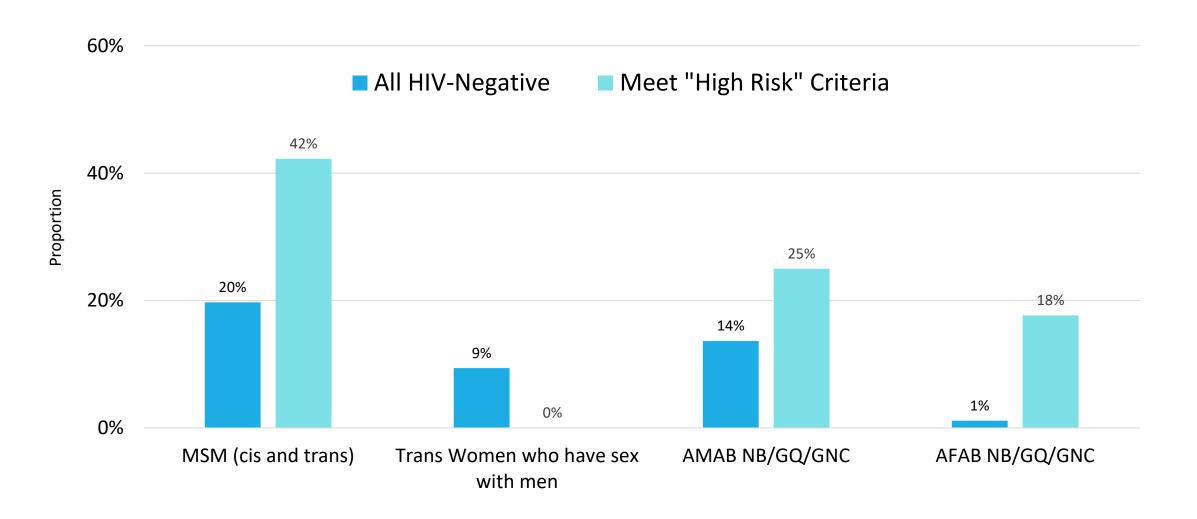
FREE CONDOMS IN WASHINGTON

Search for Free Condoms by Neighborhood	Q
Free condoms near Seattle, WA 98108, USA	×
Platinum Plush Fashions 6511 Martin Luther King Jr Way S, Seattle, WA, 981	1.0mi 18
Holly Park Medical & Dental Clinic (ICHS) - International Community Health Services 3815 S Othello St, Seattle, WA, 98118 Hours of Operation	1.0mi
Brooks family barber shop 5222 Rainier Ave S, Seattle, WA, 98118	1.5mi
Neighborhood House 4410 29th Ave S, Seattle, WA, 98108	1.6mi
J Styles Barber Shop 3847 Rainier Ave S. Seattle WA 98118	2.1mi
Nap Legend Hide r	map legend
Condom Cube - Click to learn more	
Free Condoms	



Among participants who reported anal or vaginal/front hole sex.

Current PrEP Use



PrEP Use among MSM

AMONG MSM WHO ARE CURRENTLY USING PREP

How many months have you been taking PrEP?

- Median: 27 months
- 25th/75th Range: 12-48 months

In the last 30 days, on how many days did you take PrEP?

- Median: 30 days
- 25th/75th Range: 29-30 days

What clinic manages your PrEP-related care?

- 20% Private clinic that primarily serves gay men
- 17% Kaiser Permanente/GHC
- 9% Kelly Ross Pharmacy
- 7% Harborview Sexual Health Clinic
- 2% I buy PrEP off the internet
- 45% Other

PrEP Use among MSM

AMONG MSM WHO STOPPED USING PREP

Why did you stop taking PrEP? (N=70)

- 43% No longer at risk for HIV
- 21% Cost/insurance issues
- 17% Side effects
- 7% Didn't like taking daily pill
- 6% Was difficult making clinic appointments
- 1% Became HIV positive
- 31% Other

Most reasons included "quarantine", "lockdown," "pandemic", or "COVID"

Are you interested in re-starting PrEP?

- 28% Yes
- 44% Unsure/depends/don't know
- 28% No

AMONG MSM WHO NEVER TOOK PREP

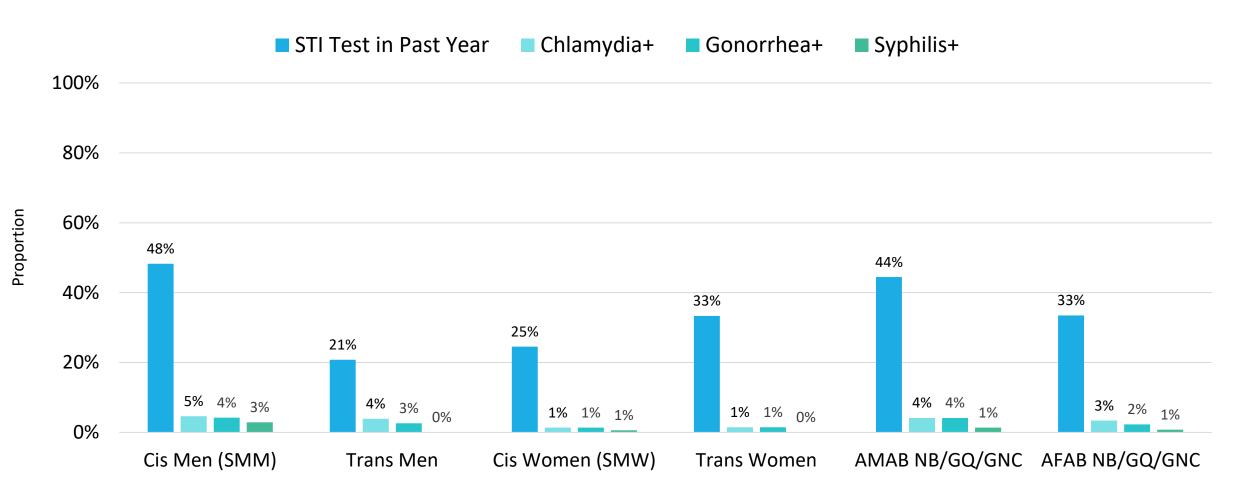
Why are you not taking PrEP? (N=239)

- 67% I am at low risk for HIV
- 28% Concerned about side effects
- 17% I don't know enough about PrEP
- 12% PrEP is too expensive/not covered by insurance
- 11% I don't know where to get PrEP
- 9% Requires too many appointments
- 8% I don't think I would consistently take the pill
- 6% Concerned PrEP may interact with my hormones
- 15% Other

Are you interested in taking PrEP?

- 23% Yes
- 25% Unsure/don't know
- 52% No

STI Testing and Diagnoses



Among participants who reported any sex in the past year. STI prevalence estimates among participants who reported testing.

Doxy-PEP/PrEP, among MSM

Would you be willing to routinely take doxycycline to reduce the risk of getting an STI?

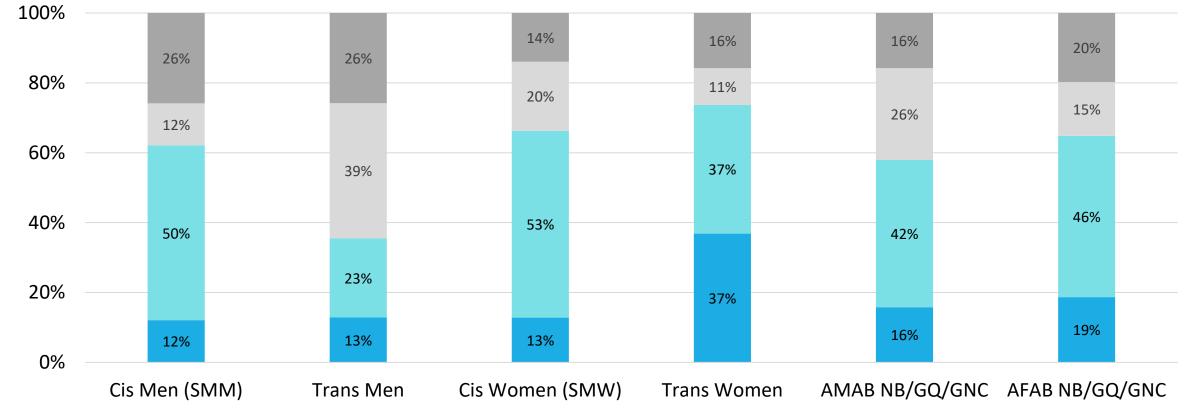
Group	Yes %
HIV-negative MSM, on PrEP	60%
HIV-negative MSM, not on PrEP	35%
HIV-positive MSM	50%

Have you ever taken doxycycline to reduce the risk of getting an STI?

Group	Yes %
HIV-negative MSM, on PrEP	6%
HIV-negative MSM, not on PrEP	2%
HIV-positive MSM	8%

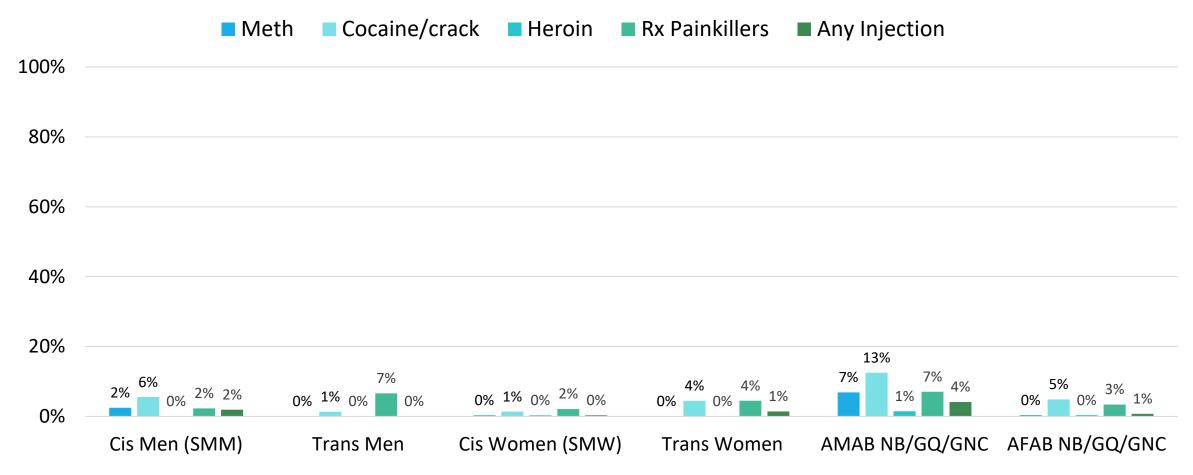
HPV Vaccine (if age ≤26)

1 shot 2-3 shots Don't Know None

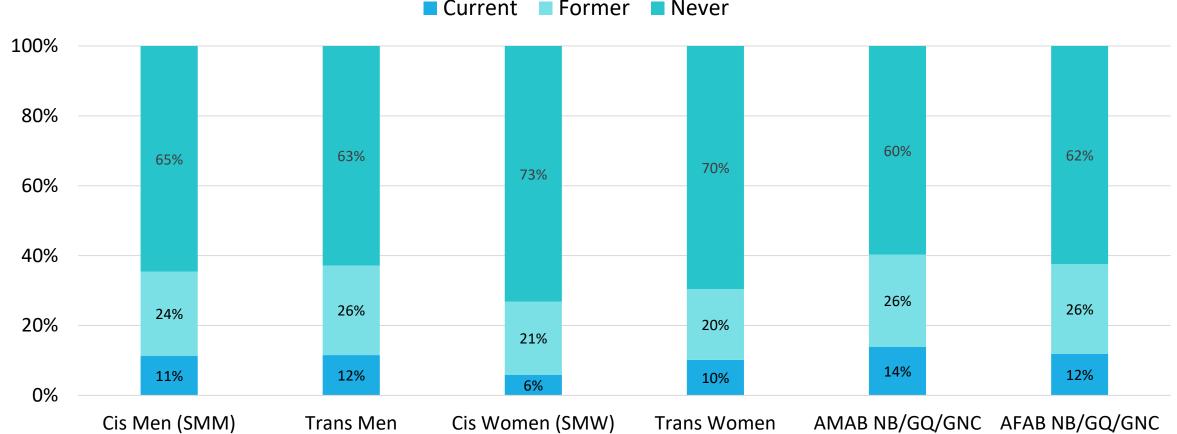


Proportion

Substance Use



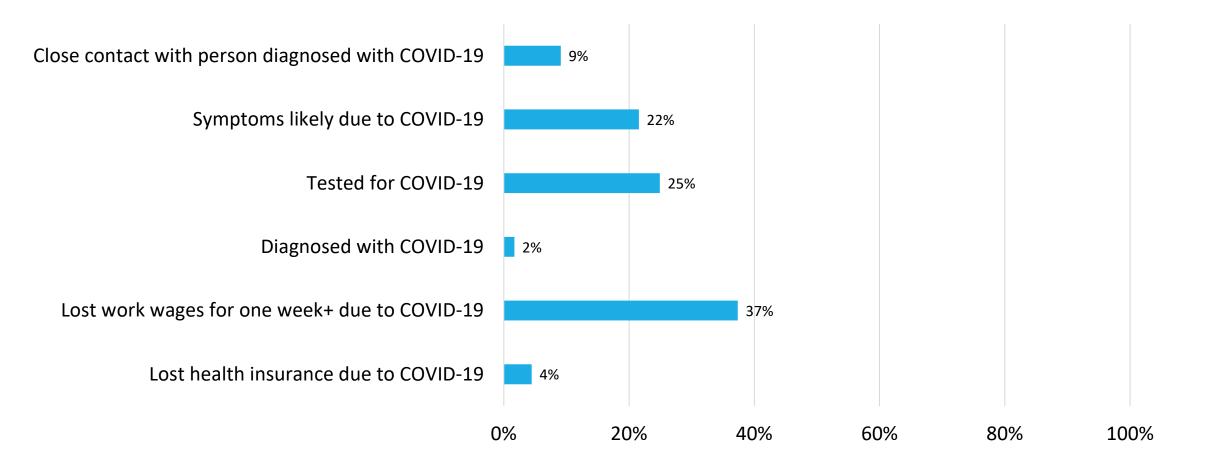




■ Current ■ Former ■ Never

Proportion

COVID-19 (as of mid-summer 2020)



Conclusions

- An online Pride survey was a successful workaround in 2020!
 - MSM sample was older and reported more sexual risk
 - Transwomen sample is likely not representative
 - Need to increase recruitment for people of color
- HIV prevalence similar to past surveys
- Slight decline in PrEP use from 2019
- Gaps in HPV vaccination among LGBTQ youth and young adults
- What will the impact of COVID-19 be on sexual health?
 - Gap in HIV/STI testing?
 - Decline in PrEP use

Thank you!

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