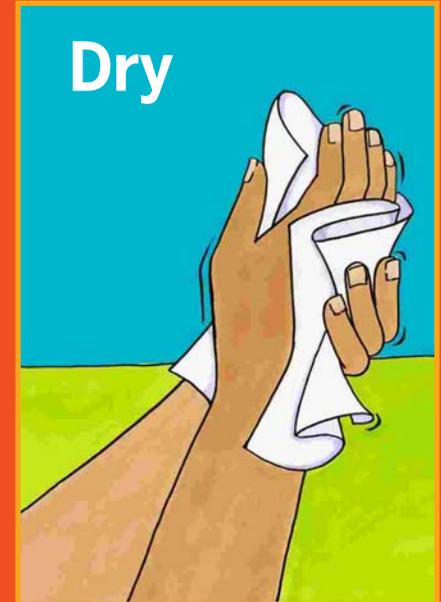
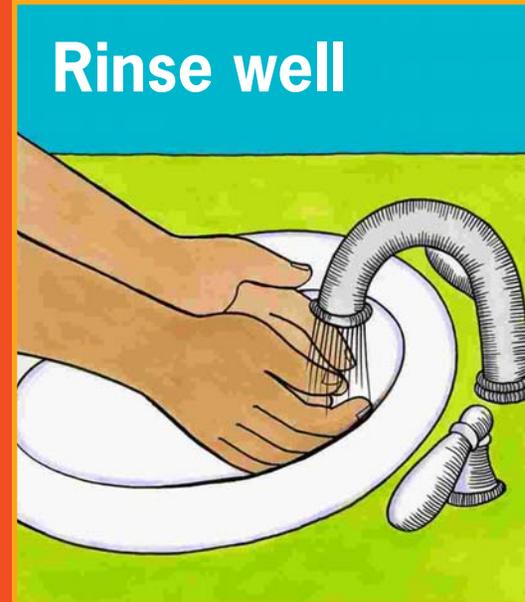
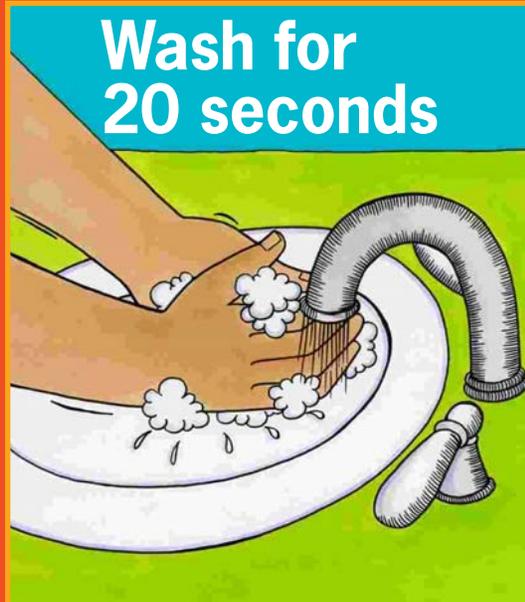


# Stop Germs, Stay Healthy!

Wash hands often with soap and warm water



## ¡Detenga los gérmenes, manténgase saludable!

- Lávese las manos frecuentemente con jabón y agua tibia
- Lávese por 20 segundos, enjuáguese bien, séquese
- Cubra su boca al toser y estornudar
- Quédese en casa cuando esté enfermo

## Cover coughs and sneezes



## When sick, stay home



Public Health  
Seattle & King County



[www.kingcounty.gov/health](http://www.kingcounty.gov/health) 206-296-4600

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