



King County Family & Youth Council/FYSPRT

August 24th, 2021 5:30– 7:30 pm

Virtual Meeting

VISION

Together families, youth, systems, and communities will address the barriers to and equity for all individuals, including Black, Indigenous, Persons of Color, lesbian, gay, bisexual, transsexual, two-spirited, queer, questioning, intersex, and/or asexual individuals. We support opportunities to improve the resilience and recovery of children, youth, and families with physical, emotional or behavioral health challenges.

MISSION

Our mission is to strengthen and sustain community resources that effectively address the individual and their systems. We are allies in the support of equity for all; including Black, Indigenous, Persons of Color, lesbian, gay, bisexual, transsexual, two-spirited, queer, questioning, intersex, and/or asexual communities on multiple levels. We look to support our communities around physical health, behavioral health, social connection, practical aspects and spirituality when applicable. We extend goodwill to all individuals as we work together in a safe and supportive environment to together build a stronger King County.

As a Council of leaders of family and youth-led organizations serving families and youth with emotional and behavioral health challenges, we will represent the voices of King County families and youth at State and County policy and program decision making bodies.

Agenda

Welcome & Introductions:

Invite you to share your name and your role in the chat

If this is your first time and would like to share who you are please feel free too.

Community Input and Concerns:

House Bill: 1310, LAW ENFORCEMENT AND CORRECTIONAL OFFICERS—PERMISSIBLE USES OF FORCE

Update:

Workgroups:

Rebranding project

Workplan workgroup

Youth Engagement

Sharing Announcements, Updates:

WSCC

Youth Family Community Mental Health Event month Sept 25th 2021 12-4pm

Thank you for attending. Be safe, stay well!

King County's Family and Youth Council Comfort Agreement



Stay on task

No side conversations

Cell phones on silent

Safe learning environment

Be willing to give and receive feedback

Leave your agency hat at the door. Bring your experience expertise and commitment.

Remember we all bring the best intentions to our work

Value everyone's opinion

Ask questions and check out your assumptions and thinking

Listen carefully

Let your voice be heard

Provide space to hear about immediate concerns

Seek common ground and action

Identify areas of continued debate and defer to another day

If dissenting, offer an alternative

Be clear about discussion versus decision-making

Start meetings on time

Observe time frames

King County's Family and Youth Council FYC Regional FYSPRT



Safety Plan

If anyone during the meeting begins to feel uneasy or frustrated:

- First take a break, Leave the room if needed, and use the coping skills that are familiar to you
- Second reach out to support people in the room
- Third, Tri-leads will offer support to anyone who signals distress-emotionally or otherwise.
- Lastly, reach out to those in the room who have background in de-escalation (all Tri-leads, Convener, Mental Health Provider)

FYC Tri-leads will identify exits for members and attends will know how to safely exit the room if needed

FYC members and attendees agree to be present, aware and know who in the room (i.e. Tri-leads, Metal Health Providers individuals trained in de-escalation).

FYC Tri-leads and welcome committee will offer breaks to the group and individuals if conversations get heated or someone is signaling discomfort or distressed,

If Aggressive behavior is present and you have no experience with de-escalation techniques, please find an exit and leave the room.

- IF you do have de-escalation experience you may provide support if you feel comfortable with this. If you feel unsafe or prefer to not engage with an aggressive individual, please find safe space and/or exit the room.
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HCA's family initiated treatment pages have been updated

Family initiated treatment (FIT) provides families and behavioral health providers a way to access services when they feel a youth may need behavioral health treatment.

Families and behavioral health providers can learn about FIT on HCA's website. For families, HCA has created a family information page which includes information on FIT goals, consent, and resources. The behavioral health provider page includes information on eligibility, trainings, and notifications.

To learn more

- Read the updated [parent's guide to FIT](#)
- Visit the [FIT family information page](#)

Visit the [FIT page for behavioral health providers](#)

House Bill: 1310, LAW ENFORCEMENT AND CORRECTIONAL OFFICERS—PERMISSIBLE USES OF FORCE



1310-S2.SL.pdf

Sharing Resources and information for Family

PAVE pave+wapave.org@ccsend.com

Recovery Services: What Families Need to Know as Schools Reopen

Health Information for Families as Schools Reopen During COVID Pandemic



2021 Announcement
FINAL_ENG_FINAL.pd



2021 Announcement
FINAL_SP_FINAL.pdf



ReOpp Back to
School Resource Fair.1



Kinship Groups Flyer
July2021.pdf

Paul Brown and Dads MOVE pbrown+dadsmove.org@ccsend.com



DE-ESCALATION

TRAINING

De-escalation is a behavior that is intended to prevent the escalation of conflicts. We will discuss practical approaches in conflict resolution.
Wednesday, August 25th at 6:30pm

[Click here to register](#)

There is still time to participate!

Greetings peer supporters and recovery champions. As part of King County Behavioral Health and Recovery Divisions (BHRD) commitment to recovery and resiliency-oriented behavioral health services, we are now collecting recovery stories from individuals who receive services and/or participate in programs funded by King County. These stories will be used to promote understanding of mental health and/or substance use challenges, reduce stigma, and spread a message of hope for recovery. Stories may be shared anonymously during internal King County activities (e.g. staff meetings), in King County publications (both electronic and print, including social media), and at King County sponsored events. If you or someone in your network would like to submit a recovery story, please complete the attached recovery stories form and return the completed form to me by email, phone, or fax. Please do not hesitate to contact me with any questions you may have.

Behavioral Health Recovery Specialist, PPM III

she/her/hers



recovery stories
request consumer ver

Reshare from last meeting

Four students of color from the **Lake Washington School District** bravely share their stories. They speak about what changes they want to see happen in the school system to address racial injustice and how BIPOC (Black, Indigenous, Person of Color) students can feel true inclusion and belonging. This video is to help parents, students, teachers/staff, district administration and the school board listen, learn and act to make the needed changes in our education system.

[Watch Video](#)

Resources for folks who wish to take action and build a community to work towards the changes the students call for.

Here are links to join and follow:

-FB group Amplify the Voices of Students of Color in LWSD

<https://www.facebook.com/groups/329689531863612/>

[-https://www.instagram.com/p/CQQBlewH8fG/?utm_source=ig_web_copy_link](https://www.instagram.com/p/CQQBlewH8fG/?utm_source=ig_web_copy_link)

