

# KING COUNTY FAMILY AND YOUTH COUNCIL (KCFYC) ANNUAL WORK PLAN June 2020

This work plan will be conducted with an equity and social justice lens

GOALS	ACTION STEPS	TIMELINE	RESPONSIBLE	COMMENTS
<b>Priority 1: Improve intensive behavioral health supports and services for youth with complex needs</b>				
Enhance supports and services through continued dialogue related to wraparound services in King County (KC).	Quarterly review with King County Wraparound consumer and stakeholder input, and discuss available evaluation qualitative data. Reviews from WISE (Wraparound with Intensive Services) Collaborative.  Participate in bi-monthly Wraparound/ WISE meetings.	Quarterly Monthly	King County Wraparound/ Wise Specialist  KCFYC Tri leads will attend the bi-monthly meeting	WISE moved from KC to MCO's 3-2020.
Families are better informed about intensive services that are available to them.	Support the WISE collaborative with new WISE brochure including translations, and distribute it to all County behavioral health providers. FYC provide information and feedback to WISE collaborative.	To be determined (TBD)	Tri-leads	
	Request WISE & KCFYC brochures to be distributed at Best Starts and any other KC community events for kids. Host community outreach tables during summer events.	Ongoing	Convener and Tri-leads	
	Identify what guest presentations we would like at the Family Youth Systems Partner Round Table (FYSPRT) that support our work plan.	Ongoing	KCFYC Members, Tri Chairs and Convener	
Address issues and challenges within the behavioral health system/ programs.	Identify issues to submit to Washington State completing Challenge and Solutions Issues form and guiding it through submission process.	Ongoing	Council Members and Tri Chairs	
	Provide space at each council meeting for family and system partner sharing: <ul style="list-style-type: none"> <li>• Is Wraparound/WISE/other services working for families?</li> <li>• How can this be improved?</li> <li>• Identify specific barriers to engagement and work towards solutions. Utilize Challenge and Solutions Issues form as needed to address barriers.</li> </ul>	Ongoing at monthly meetings	Council members and Tri chairs	
	Tri Chairs to attend Community Resource Teams (CRT) Meetings, and determine schedule/capacity of Tri Chair attendance for each meeting	Ongoing	Representative from the Tri leads to attend	

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<b>Priority 1: Improve intensive behavioral health supports and services for youth with complex needs (continued)</b>				
	Identify best way to support WISe/Wrap in outreach, problem solving, etc.	Ongoing/Quarterly	Representative from the Tri leads	
Reduce silos and increase communication cross systems.	Collaborate with school groups to engage youth in leadership opportunities.	TBD	TBD	

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<b>Priority 2: Advocate for effective behavioral health strategies that break the school to prison pipeline</b>				
Strengthen partnership with Zero Youth Detention (ZYD) initiative	Quarterly updates about Zero Youth Detention. Identify opportunities for collaboration and support of their work. Review new ZYD Juvenile Justice Handbook as needed.	Quarterly	System Tri lead	

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<b>Priority 3: Improve understanding of culturally responsive and trauma-informed individualized behavioral health services that are in line with equity and social justice principles for youth and families</b>				
Increase understanding of what effective trauma informed care looks like.	Define what it means to be a “trauma informed” and “culturally responsive” council. Identify experts in this area to share/educate research in this area Discuss presentation from 6.2020 and define need for additional trainings, presentations, efforts.	Ongoing	KCFYC	

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GOALS	ACTION STEPS	TIMELINE	RESPONSIBLE	COMMENTS
Priority 4: Enhance KCFYC Membership				
Increase council membership	Expand membership workgroup. Send invitation letter to all partner agencies and human services on the distribution list to join the KCFYC.	Ongoing	Workgroup	
	Distribute newsletter that goes out monthly as a meeting notice, emailed to the larger council distribution list.  Develop website.	Monthly	Tri lead and Council Members Convener King County Department of Community and Human Services support	
	Create business cards for outreach.  Brainstorm other outreach ideas to enhance existing materials, i.e., flyers, welcome booklet, etc.	2020	Workgroup	
	Brainstorm ways to address barriers to attendance (travel, cost, time, etc.), and how to engage those who live in the North end of the county. Consider regional FYSPRT, teleconferencing, meet at other locations.	2020	Workgroup	
	Identify who is not yet represented on the council and develop engagement strategy, e.g., Best Starts for Kids, LGBTQ, persons with disabilities, etc.  Expand youth voice, engage youth to participate on Council. (Youth Move engagement survey)	Ongoing	Workgroup	

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<b>Priority 4: Enhance Membership (continued)</b>				
Increase leadership skills and opportunities for members	<ul style="list-style-type: none"> <li>Identify trainings/opportunities for members to gain leadership skills</li> <li>Establish Tri leads-elect positions</li> <li>Subcommittees, area of knowledge leadership/presentation opportunities</li> <li>Identify opportunities for members to participate in leadership and stakeholder roles</li> <li>Helping members identify the strengths and skills they bring to the council, and advocate for issues important to them</li> <li>Serve on groups that make decisions for families</li> <li>Fund attendance at national conferences</li> </ul>	Ongoing provide monthly updates	Tri leads will lead a workgroup	WSCC Summit Statewide Family Network
Ensure following membership procedures	Review and follow guidelines for adding or removing members, appointing tri-leads, tri lead selects, etc.	Ongoing	Tri leads and council members, convener	New membership welcome book and role application for tri-leads completed 1/2020.
	Tri leads and 2 family members continue to participate in the King County Wise Collaborative, as available	Ongoing	Family and Youth tri-leads & 2 family members	Tri leads are at the table since 11/2019.

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<b>Priority 5: Focus on needs assessments and evaluations that help inform the Council's work</b>				
Ensure KCFYC is better informed and makes decisions based on relevant data.	Establish an evaluation workgroup. Review existing needs assessments, evaluation reports and data. Gather quantitative and qualitative data including family voice.	Data review quarterly. Annual needs assessment.	Convener with Workgroup	