

Jail Health Services - Seattle Division

500 Fifth Avenue
Seattle, WA 98104-2332

206-205-2410 Fax 206-205-2439
TTY Relay: 711

www.kingcounty.gov/health

Release Planning Program

Release planning provides pre-release services to individuals who have a priority condition(s) and are in need of service coordination at release from KCCF or the MRJC. Priority conditions include but are not limited to the following:

Examples of Priority Conditions

- Substance Use Disorder
- Emergent/Chronic Medical Concerns
- HIV positive
- Frail or vulnerable populations
- Mental Health (chronic/acute)
- Developmental Disabilities/TBI

Release Planning focuses on providing, and often initiating, clinical continuity of care between incarceration and return to the community by connecting them with necessary community services. Once a release date is established the release planner and inmate-patient collaborate on a plan for successful discharge. This can include setting up benefits, medical appointments, nursing care, coordinating mental health and substance use treatment, and other social services. The ultimate goal is to transition directly from jail into services.

- **Staff:** Seven Masters level clinicians who provide needs assessment, continuity of care and pre-release services to inmate-patients while in custody.
- **Goal:** Referral and linkage to benefits, community medical, mental health, substance use, housing, and other social service agencies to effectively address the challenges leading to breaks in continuum of care.
- **Caseload:** 15-20 patients, depending on acuity and need

Context of Service Delivery System

- Daily bookings: ~100-120
- Daily Average Population: 1,950
- Annual bookings: ~35,000
- Median length of stay: 48 hours
- Mean length of stay: 22 days

Meagen Condon, LMHC | Release Planning Coordinator | 206-477-2294, meagen.condon@kingcounty.gov