King County Accountable Community of Health

- The King County Accountable Community of Health (ACH) is a new, multi-stakeholder, regional collaboration committed to improving health for the entire community.
- We bring together community members and leaders from diverse sectors to strengthen and improve the health care delivery system, promote health equity and address the broader issues that affect health.
- The King County ACH is one of nine ACH regional entities affiliated with the statewide Healthier Washington initiative, a five-year plan to integrate care, drive quality and build healthier communities through a locally driven approach.

**IMPROVING POPULATION HEALTH**

The Affordable Care Act passed by Congress in 2010 dramatically expanded access to health insurance nationwide and reduced the number of uninsured in King County by 38 percent. We have come a long way in improving access to health care — but we have much further to go to improve health.

The King County ACH is working to make transformative change in our region to prevent disease, improve quality of life and promote well-being. We incubate and accelerate initiatives to strengthen communities and improve overall population health. Improving health requires more than improving the health care system. It requires investing in factors that most impact health such as nutrition, stable housing and job opportunities.

**ADDRESSING PERSISTENT DISPARITIES**

The current system fails to serve the whole person and ensure overall population health. People are falling through the cracks of fragmented systems that address physical health, mental health, substance use and long term care in silos.

Broad disparities in health status based on race and place persist. For example, in King County residents of South Bellevue can expect to live ten years longer than those in South Auburn. Average household income in one neighborhood can be $100,000 less than one nearby. Poverty rates can range from 6% to 54% by neighborhood and smoking from 5% to 20%.

One role of the ACH is looking at projects through the lens of their ability to reduce health disparities.

**WHAT AFFECTS HEALTH**

- Clinical Care: 20%
- Social & Economic Factors: 40%
- Health Behaviors: 30%
- Physical Environment: 10%

Adapted from www.countyhealthrankings.org

Life expectancy in King County neighborhoods varies by as much as 10 years.
CURRENT INITIATIVES

The King County ACH is developing organizational capacity while accelerating the work of ambitious health improvement initiatives already under way in the region:

- **Communities of Opportunity** is a partnership between community, the Seattle Foundation and King County to address inequities in health, housing and economic opportunity through targeted investments and locally driven innovation.

- **Physical/Behavioral Health Integration** is a multi-sector effort to design a model to achieve a fully integrated physical and behavioral health care and financing system no later than 2020.

- **Familiar Faces** is an initiative to improve health and well-being for people with high utilization of King County jails and emergency hospital departments who have a mental health and/or substance abuse condition.

- **Housing-health partnership** is a coalition of organizations convened by Mercy Housing Northwest working to develop models for Community Health Worker outreach to residents living in multi-family affordable housing.

FUTURE DIRECTION

Enhanced Project Funding

Through a potential Medicaid Waiver that is currently being negotiated at the state and federal level, funding will be made available for locally driven Medicaid Transformation Projects. The ACH organizations across the state will play a key role in selecting and monitoring projects focused on three key areas: health systems capacity building, care delivery redesign and population health improvements.

Value-Based Purchasing

Existing Medicaid payment systems reward volume of services rather than the value of the service rendered. The ACH will support statewide efforts to move towards new payment systems that reward positive outcomes and guide the reinvestment of potential cost savings to further incentivize quality and bolster prevention.

INTERIM LEADERSHIP COUNCIL

The King County ACH is governed by an Interim Leadership Council, staffed by Public Health — Seattle & King County and funded by a grant from the Washington State Health Care Authority. The steering committee (*) is guiding a longer term governance and sustainability plan. Key sectors currently engaged in this project include:

**Academia/Population health**
Northwest Center for Public Health Practice, University of Washington

**Community health centers**
International Community Health Services

**Community mental health and substance abuse** (shared seat)
Evergreen Treatment Services
Navos Mental Health Solutions

**Community organizations and members**
Healthy King County Coalition (Center for Multicultural Health*)
Northwest Health Law Advocates
Regional Equity Network
Puget Sound Advocates for Retirement Action

**Health plans** (shared seat)
Amerigroup Washington, Inc.
Community Health Plan of Washington*
Coordinated Care
Molina Healthcare of Washington
United Healthcare Community Plan

**Hospital systems** (shared seat)
Harborview Medical Center
Seattle Children’s Hospital*

**Housing**
Affordable and Public Housing Group*

**Human services**
King County Alliance for Human Services (Solid Ground and Southwest Youth and Family Services*)

**Local government**
City of Seattle, Seattle-King County Area Agency on Aging
King County*
Sounds Cities Association

**Philanthropy**
The Seattle Foundation

**Urban Indian health organization**
Seattle Indian Health Board

HOW DO I GET INVOLVED?

- Meetings schedule & information: [kingcounty.gov/ach](http://kingcounty.gov/ach)
- Contact: [hhstransformation@kingcounty.gov](mailto:hhstransformation@kingcounty.gov)
- [Healthier Washington ACH website](http://healthierwashington.org/)

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