

# Kahortaga Masiibada Xiliga Xagaayada: Badbaadada Daaqada ee Caruurta



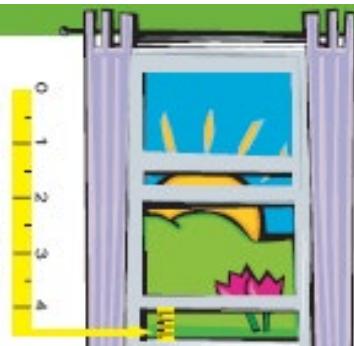
## Ma ogtahay?

- Kasoo dhicista daaqaduhu inay tahay sababaha kamid ah kuwa ugu waawayn ee keena dhaawaca caruurta.
- Sanad kasta kudhawaad 5,000 ayaa dhaawacma kadib markay kasoo dhacaan daaqadaha.
- Inta badan caruurta soo dhaca waxay udhaxeeyaan da'da 2 iyo 5 sano jiro.
- Soo dhicitaanada intooda badan waxay dhacaan bilaha gu'ga iyo xagaaga, marka daaqadaha furinyihiin.
- Inta badan dhicitaanadaan waa laga hortagi karaa.

## Talaabooyin yaryar ayaa badbaadin kara nolosha ilmahaaga:

- Markasta duljoogtee caruurta yaryar.
- Marna hafurin daaqadaha wax kabadan 4 inji (10 sintimitir).
- Kafur daaqadaha qaybta sare, haday macquul tahay
- Kadurji alaabaha daaqada

Raac xeerka 4  
inji: hafurin  
daaqada duleel  
kawayn 4 inji.



Xasusnoow:  
In daaqadaha  
muraayada ah ay  
cayayaanka

- Kuxir daaqadaha shabaq ama difaacyada ilmuhi siidayn karo ee badqabka daaqada.
- Marna ha isku halayn dhalada daaqadu inay kadifaacdoo caruurta kadhicitaanka daaqada.  
Dhalooyinka daaqada waxaa loogu talagalay inaad kaboodo hadii dab kaco si aad  
ubadbaado - miisaanka ilmaha ayaa jabin kara dhalada.



Madoonaysaa inaad macluumaa dheeri ah ka ogato badqabka daaqada?

Laxariir [Safe Kids Seattle](#) oo ciwaankoodu yahay  
[safekids@uw.edu](mailto:safekids@uw.edu) ama kawac 206.744.4967

Safe Kids Seattle waxaa si sharafleh uhogaansha  
Harborview Medical Center



Sawiro iyo fariimaha qaar © Stop the  
Falls, Chicago. Waxaa lagu  
isticmaalay fasax labaxshay.

# Stop the Summer Epidemic

# Window Safety for Kids



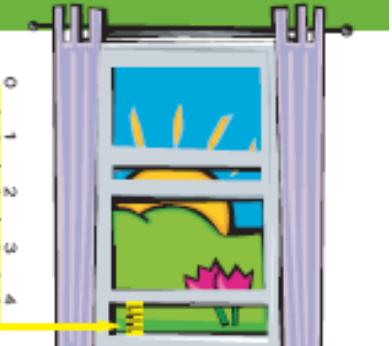
## Did you know?

- Falls from windows are an important cause of injury in childhood.
- Every year almost 5,000 children are injured after window falls.
- Most children who fall are between 2 and 5 years old.
- Most falls happen in the spring and summer months, when windows are open.
- Most of these falls are preventable.

## Small steps can save a child's life:

- Always supervise small children.
- Never open windows more than 4 inches.
- Open windows from the top down, if possible
- Move furniture away from windows

Follow the  
4-inch rule:  
don't open  
windows  
more than  
4 inches.



- Install window stops or releasable child-safety window guards.
- Never rely on window screens to prevent children from falling out a window. Screens are designed to pop out for fire safety - the weight of a toddler can easily push through a screen.

**Remember:**  
Screens keep bugs  
out, not kids in!



Need more information about window safety?

Contact [Safe Kids Seattle](#) at  
[safekids@uw.edu](mailto:safekids@uw.edu) or 206.744.4967

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