SALTWATER

	Duwamish River	Elliott Bay	Puget Sound in King County
Chum Salmon Dog's Salmon, Keta	12	12	12
Pink Salmon Humpie, Humpback Salmon			
Coho Salmon Dog's Salmon, Keta			
Sockeye Salmon/Kokanee Red Salmon, Silver Trout			
BOTTOM FLATFISH INCLUDE: **Starry Flounder**	DO NOT EAT	2	12
Rock Sole			
English Sole			
Pacific Herring	2	2	2
Blackmouth Salmon Resident Chinook caught during winter			
Dungeness Crab	DO NOT EAT CRAB GUTS: DO NOT EAT	2	8
Red Rock Crab			
Mussels	CALL BEFORE YOU DIG: DO NOT EAT	DO NOT EAT	DO NOT EAT
Clams			
Chinook Salmon King, Tyee	4	4	4
Shiner Perch	DO NOT EAT	4	12
Rockfish	ILLEGAL TO CATCH AND KEEP: DO NOT EAT	DO NOT EAT	4
Spot Prawns	DO NOT EAT PRAWN HEADS: 8	8	12
Squid	12	12	12

1-800-562-5632

Fish Consumption Advice

- 12: Healthy to eat, **8-12** meals per month
- 4: Limit to **1-4** meals per month
- DO NOT EAT: **DO NOT EAT** due to high levels of toxic chemicals

One Serving (Meal) Size

Adult Child

* *May be found here*

PHOTO CREDITS: Washington Department of Fish and Wildlife, Duane River, Wildlife Conservancy, Washington Department of Health, Oregon Department of Fish and Wildlife, Public Health-Seattle & King County

FRESHWATER

	Lake Washington	Greenlake	Other Lakes and Rivers in King County
Largemouth Bass, **Smallmouth Bass** — 18-45 YEARS OLD	2	2	2
Largemouth Bass, **Smallmouth Bass** — 1-17 YEARS OLD			
Largemouth Bass, **Smallmouth Bass** — 46+ YEARS OLD	5	5	5
Largemouth Bass, **Smallmouth Bass** — 18+ YEARS OLD			
Black Crappie	4	4*	4
Yellow Perch			
Sockeye Salmon/Kokanee Red Salmon, Silver Trout	12	4*	12
Rainbow Trout	12	8	12
Pumpkin Seed	12	12	12
Cutthroat Trout	1	4*	12
Carp	DO NOT EAT	1	4*
Northern Pikeminnow	DO NOT EAT	DO NOT EAT*	DO NOT EAT*
Rock Bass	4	4	4
Channel Catfish	4*	4	4*

Tips on Fishing Rules

Fishing rules help to protect the fish populations so we can all enjoy fishing – and our future generations too!

- If you are 15 years or older, you need a fishing license. Find out about types of licensing, costs, and where to buy: wdfw.wa.gov/licensing/vendors/
- You need a valid ID to buy a license, but you don't need a SSN number.
- It is illegal to catch and keep rockfish in this area due to low populations.
- It is illegal to fish for salmon or bottomfish with barbed hooks in all of Puget Sound (Marine Areas 5-13). It is illegal to snag salmon.
- Duwamish River requires a saltwater license (north of 1st Ave. Bridge), freshwater license (south of 1st Ave. S. Bridge), or combination license.
- Keep a Catch Record Card with you while fishing for: Salmon, Steelhead, Sturgeon, Halibut, or Puget Sound Dungeness Crab. Return it to WDFW by April 30, even if you did not catch anything.

WA State Department of Fish & Wildlife (WDFW)
360-902-2500 | fishregs@dfw.wa.gov
wdfw.wa.gov/fishing/regulations/

SALTWATER

1 Shilshole Marina Pier

(Eddie Vine Boat Ramp)
8801 Seaview Pl NW, Seattle

2 ELLIOTT BAY

Terminal 69, 2701 Alaskan Way, Seattle

Seattle Waterfront Park/Aquarium (Pier 57–Pier 59), 1301 Alaskan Way, Seattle

Jack Block Park, 2130 Harbor Ave SW, Seattle

Seacrest Park Pier at Alki Beach, 1660 Harbor Ave SW, Seattle

3 DUWAMISH RIVER

Spokane St Bridge and T105 Fishing Pier, Seattle

T-105 Fishing Pier (Termional 105 Park)
4260 W Marginal Way SW, Seattle

4 Lincoln Park

8011 Fauntleroy Way SW, Seattle

5 Des Moines Pier

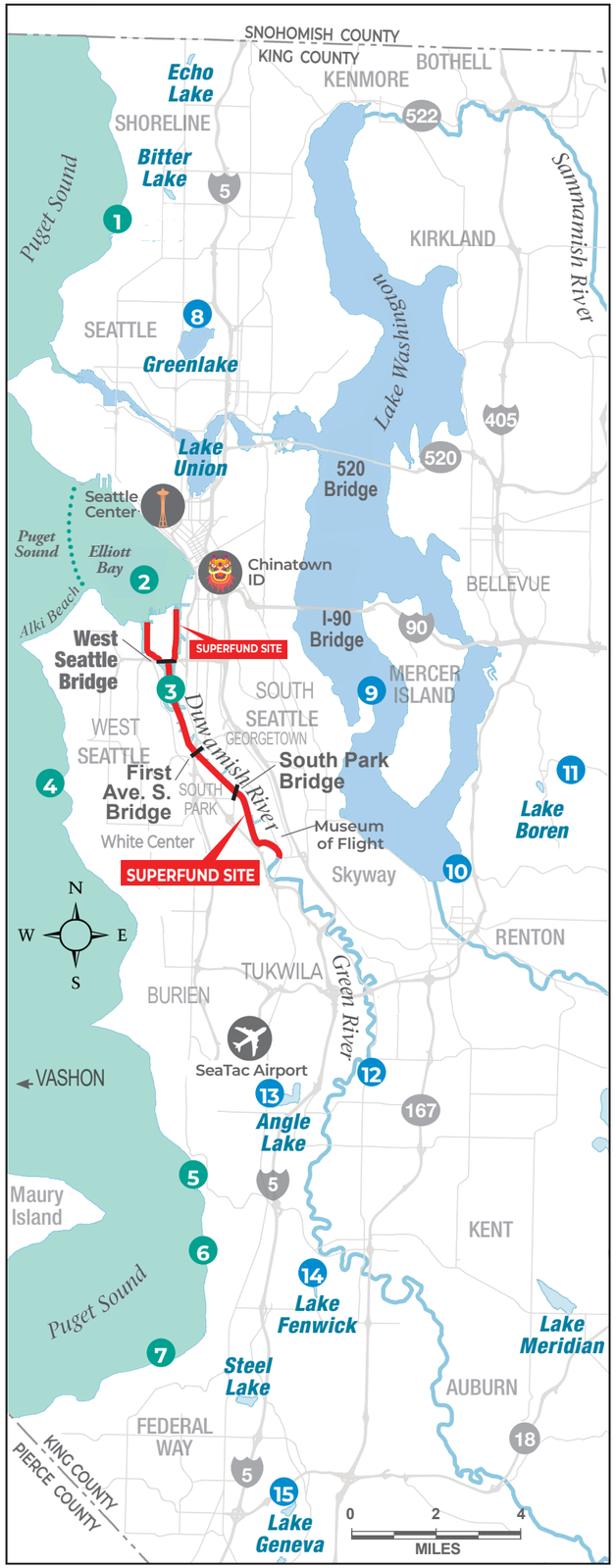
22307 Dock Ave, Des Moines

6 Saltwater State Park

25205 8th Pl S, Des Moines

7 Redondo Pier

Redondo Beach Dr and Redondo Way, De Moines



FRESHWATER

8 Greenlake Park

721 E Greenlake Dr N, Seattle

LAKE WASHINGTON

9 Seward Park

5895 Lake Washington Blvd S, Seattle

10 Gene Coulon Park

1201 Lake Washington Blvd N, Renton

11 Lake Boren

13058 SE 84th Way, Newcastle

12 Green River

Old Fishing Hole, 24945 Frager Rd, Kent

13 Angle Lake

19408 International Blvd, SeaTac

14 Lake Fenwick

25828 Lake Fenwick Rd, Kent

15 Lake Geneva (Beede's)

46th Ave S & S 244th St, Federal Way

FISHING SITE AMENITIES

- Bus stop nearby
- Paid parking
- Fishing pier
- Motor boat launch
- Picnic area
- Playground
- Stocked with rainbow trout
- Advisory sign posted

Do you fish on the Duwamish River?

In the Duwamish River (Superfund Site), the seafood that spend their entire lives in the river (perch, sole, flounder, crab, mussels and clams) are unsafe to eat. They have high levels of toxic chemicals (such as PCBs) that you cannot see.

PHOTO CREDIT: revelritermedia.com

Toxic chemicals can harm unborn babies, infants and young children the most – impacting their memory, attention, motor skills and language development.

Protect Your Health:

- **Eat salmon!** Salmon is the only seafood safe to eat from the Duwamish River. They spend a short time in the river.
- **Go fishing!** Many places in King County have safer seafood to eat. Look inside this guide.
- **Fish is good for your heart and brain!** Eat a variety of fish and shellfish from different places.
- **Moms & children!** The local seafood consumption advisories inside this Guide are particularly important for women who are pregnant or nursing, children under the age of six and people who plan to have children.

Public Health
Seattle & King County

Duwamish Program's
FUN TO CATCH,
TOXIC TO EAT

Public Health-Seattle & King County
Environmental Health Services Division
401 5th Avenue, Suite 1100
Seattle, WA 98104

206-263-0906
duwamish@kingcounty.gov

www.kingcounty.gov/duwamish-fishing

FUN TO CATCH TOXIC TO EAT

THE ONLY DUWAMISH SEAFOOD SAFE TO EAT IS SALMON
Loại hải sản an toàn nhất để ăn từ sông Duwamish là cá hồi
El único pescado del río Duwamish que es seguro para comer es el salmon
ត្រីដែលចាប់ពីស្ទឹងឌូវ៉ាមមីស្ស មានតែត្រីសាលម៉ុនមួយគត់ដែលមានសុវត្ថិភាពសំរាប់បរិភោគ

GO FISHING in King County

Seafood Safe to Catch and Eat

PLUS!

- Map of Popular Fishing Sites
- Tips on Fishing Rules