

# MINUTES

## King County Somali Health Board

Tuesday, February 7, 2013

6:00 p.m. – 8:30 p.m.

### Jefferson Community Center

3801 Beacon Ave S, Seattle, WA, Seattle, WA 98108

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#### 6:00 p.m. – 6:30 p.m. Welcome and Introductions

##### **Attendees:**

*Farhiya Mohamed (SWYFS), Risho Sapano (ReWA), Nasra Osman (Harborview Medical Center), Bettina Shell-Duncan (University of Washington), Tsegaba Wolderhamond (ACRS), Idil Mohamud (ReWA), Lusa Hung (International Community Health Services), Yuan Bai (ICHS- School Based Health Center), Sarah Frey (UW- Global Health), Bria Chakofsky-Lewy (Harborview), Anab Abdullah (Harborview), Beth Farmer (Lutheran Community Services), Cornell Cebrian (Harborview), Lori Chudnofsky (UWMC), Robin Narruhun (UW- School of Nursing), Tessa Walker Lindeman (UW School of Nursing, Kathleen To (Swedish Health), Rahmo Ahmed (Lutheran Community Services), Yetta Levine (Ethnomed/Harborview), Mohamed Ali (Within Reach), Becky Thibodeaux (Public Health – Maternal Support Services), Carina Elsenboss (Public Health- Preparedness), Aisha Dahir (Global to Local), Meredith Li-Vollmer (Public Health- Communications), Alanna Beebe (community member) Safia Ismail (community member), and Robin Pfohman (Public Health Preparedness).*

Mohamed Ali welcomed participants and introductions were made.

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#### 6:30 p.m. – 7:30 p.m. Somali Health Care Experience- Prenatal Care, Labor & Delivery

**Mohamed Ali**

- **Update and next steps**

Mohamed Ali introduced Robin Narruhn, a Phd candidate at UW's School of Nursing. Robin is doing her doctorate dissertation on the disparities that exist in outcomes related to Somali women's reproductive health. Robin is very interested in any follow up related to last month's discussion and provided SHB with information related to "patient centered care" and the concept of "cultural safety". Robin expressed interest with working with the SHB to provide opportunities and education to local health systems when it comes to reproductive health.

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#### 7:30 p.m. – 8:00 p.m. Somali Health Care Experience- Mental and Behavioral Health Care

**Mohamed Ali &  
Rahmo Abdulle  
Mohamed**

*Please see separate attachment: Somali Health Care Experience: Mental and Behavioral Health*

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**8:00 p.m. – 8:30 p.m.**

**Somali Health Board - Next Steps**

***Fardous Guled***

- Finalize draft goals and mission

The goals and objectives of the Somali Health Board were reviewed and no changes were made.

Next meeting topic: The impact of religion/Islam on health and health beliefs

Suggest holding it at a mosque with religious leaders.

Other topics suggested: Substance abuse, tobacco