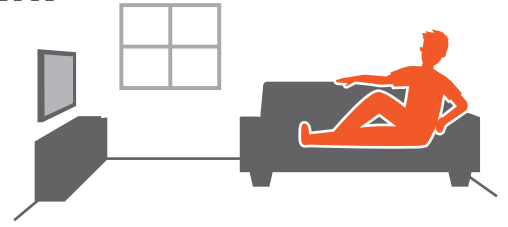


TALOONYINKA YAREYN KARA HALISTA COVID-19



Iyadoo ay ka jawaabeyso hey'adda Caafimaadka
Dadweynaha, qaado tillaabooyinkan:

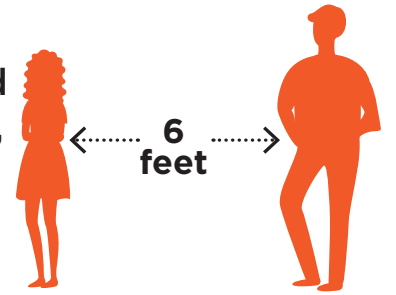
- ✓ Guriga joog oo ka fogoow xiriirka dadka aadan u bahneyn.



- ✓ Yaree safarada dukaanada cuntada, gaaska, iyo baahiyaha kale ee reerka.



- ✓ Haddii ay khasab kugu tahay in aad ka baxdid moyee, ka fogoow dadka kale ugu yaraan 6 fiit.



- ✓ Ha isticmaalin meelaha la wadaago.



- ✓ Kaliya u oggolow booqdeyaasha bixinaya adeegyada muhiimka ah oo aan la sugi karin oo aan lagu qaban karin taleefanka ama khadka tooska ah.



- ✓ Dhaq gacmahaaga marwalba ama isticmaal gacmo nadiifiye.



- ✓ Nadiifi oo jeermiska ka nadiifi sagxadaha guriga si joogto ah.

