King County Pandemic Community Advisory Group
March 19, 2020 10:30 – 11:30 a.m.

AGENDA

1. Welcome and today's objectives
2. Current situation and new guidance
3. Communication tools
4. Matching needs and resources: What's happening now? Creative ideas for more rapid, equity-driven connections?

Stay informed! Check and subscribe to Public Health's website www.kingcounty.gov/covid

Public Health
Seattle & King County

Please donate blood

- Donating blood is a safe activity.
- Bloodworks Northwest's policies comply with FDA, CDC, local health departments, and other recommendations related to COVID-19.
- All healthy individuals are strongly encouraged to **schedule appointments** and keep commitments to donate blood.
- Bloodworks Northwest has more information on coronavirus, who is eligible to donate blood, and donation locations at www.bloodworksnw.org/coronavirus

Next steps with Seattle Foundation COVID-19 Response Fund

- March 20
  - Call for PCAG members with Seattle Foundation (review grant docket)
  - PCAG Members: If you cannot make the meeting and would like to send a representative, please let Aaron Robertson know at a.robertson@seattlefoundation.org.

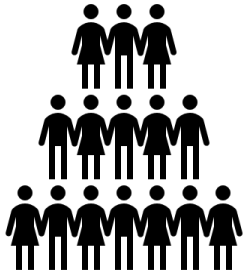
- Are you getting questions?
  - Direct folks to the Seattle Foundation website
  - www.seattlefoundation.org
  - FAQs available

March 16 Public Health Orders - Gatherings

Under the Health Officer's order in King County:

- Events with more than 50 attendees are prohibited.
- Public events with fewer than 50 attendees are prohibited, *unless event organizers can take these steps*:
  - Older and vulnerable individuals have been encouraged not to attend
  - Recommendations for social distancing and limiting close contact (6ft for 10 min) are met
  - Employees or volunteers leading an event are screened for symptoms each day
  - Proper hand washing, sanitation, and cleaning is readily available
  - Environmental cleaning guidelines are followed (e.g., clean and disinfect high touch surfaces daily or more frequently)

Over 60? Have a chronic medical condition? Pregnant?
Avoid gatherings altogether and caring for other people's kids.



Public Health Orders - Gatherings

- All bars, dance clubs, fitness and health clubs, movie theatres, night clubs, and other social and recreational establishments are **closed.**

- All restaurants and food service establishments are **drive-through, take-out and delivery services only.**

- All other retail, including banks, grocery stores, hardware stores, and pharmacies, should and may remain open provided they observe the COVID-19 prevention measures and adhere to the Seattle and King County Guidance for retail businesses and service operators.

Updated Guidance – Public Health-Seattle & King County

www.kingcounty.gov/covid - Under "Resources"

Guidelines for events fewer than 50 people

This page is also in PDF format

Link/share: www.kingcounty.gov/covid/events

Common questions about coronavirus

Updated on March 8, 2020 at 10:05 am

A basic FAQ also available in PDF format

Link/share this page at www.kingcounty.gov/covid/FAQ

Guidance for retail businesses and service operators to protect from the spread of COVID-19

This page is also in PDF format

Link/share: www.kingcounty.gov/covid/retail

Information on coronavirus (COVID-19) for organizations housing older adults in the community

This information is available in PDF format

Link/share this page at www.kingcounty.gov/covid/seniors

Washington State Dept. of Health (DOH) Guidance

https://www.doh.wa.gov/Emergencies/Coronavirus

Many topics; updated regularly

Guidance

- Communities and Community Organizations
  - Information for Youth Organizations (DOH)
  - Community Events and Gatherings (CDC)
  - Guidance for Public Gatherings and Events (PDF)
- Child Care
- Correctional Facilities (PDF)
- Dental Care Providers (PDF)
- Drinking Water (PDF)
- Emergency Authorities and Regulatory Flexibility
- Federal Quarantine
- First Responders
- Food Workers and Food Establishments
  - Coronavirus Retail Food Establishments Supply Chain Issues & Conservation Strategies (PDF)
  - Dining Area Closures: Guidance for Food Establishments (PDF)
- Funeral Homes (PDF)
- Healthcare Facilities
  - Behavioral Health Agency COVID-19 Related WAC Waiver (PDF)
- Healthcare Providers
- Higher Education
- Home Care Agencies
- Homeless Service Providers

Available as PDFs; content is in English

Health

Updated March 11, 2020

COVID-19 Outbreak: Guidance for Rideshare and Taxi Drivers

The Washington State Department of Health understands the potential for loss of business for taxi and rideshare drivers during the COVID-19 outbreak. We've developed the guidance below to help you protect yourself and your passengers during this time.

If you work for a rideshare company, you may determine that you do not want to risk working during this time. For taxi drivers, this may not be an option. In addition, taxi drivers may work for a company with a non-ambulance transportation contract—meaning you may drive medical customers to the doctor's office or hospital. This may put you at increased risk for COVID-19.

Stay up-to-date.

Monitor public health updates from:

- Local Public Health Department
- Washington State Department of Health
- Centers for Disease Control and Prevention Situation Summary

Know the symptoms of COVID-19.

Symptoms of coronavirus are similar to flu or colds and may include:

- Runny nose
- Headache
- Cough
- Sore throat
- Fever
- A general feeling of being unwell

If you have these symptoms, remain in home isolation for 7 days OR until 72 hours after your fever has resolved (and symptoms get better) whichever is longer. (For more information on when to get tested and what to do if you have symptoms, see guidance on the Washington State Department of Health website: https://www.doh.wa.gov/Emergencies/Coronavirus.)

Keep yourself and your passengers protected.

To ensure you keep and passengers protected, you can take the following steps:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60 percent alcohol if soap and water are not available.
- Avoid touching your eyes, nose, or mouth with unwashed hands.

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To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Call Centers

- King County Novel Coronavirus Call Center, **206-477-3977** 8 a.m. – 7 p.m. daily

- Washington State Novel Coronavirus Call Center, **800-525-0127** and press #. 6 a.m – 10 p.m. daily

The operators are able to connect with a third-party interpreter. The caller will need to be able to tell them in English what language you need for interpretation.

Communications: what you said you're doing
(March 12 post-meeting survey)

- "Sending daily updates"
- "Emails and Facebook posts with my coalition"
- "Planning a webinar"
- "Sharing through social media and FM/AM/Podcast radio program"
- "Sharing with congregation"
- March 18 faith-based leaders virtual conference (kudos Michael Ramos!)

Communications: suggestions you made (March 12 post-meeting survey)

- Simple posters, graphics, and handouts
- More languages; call lines in dedicated languages
- In-language info for small businesses
- In-language texting groups
- Short videos to link to via texts
- Ethnic media buys

Communications – what Public Health is working on

- Updating the guidance on new Health Order (15 languages)
- Working on systems to better capture, prioritize, & respond to translation requests
- Webinars in languages other than English (Spanish, Vietnamese, Chinese, Somali)
- And more

Speakers Bureau for COVID-19 Community Mitigation Support

Public Health – Seattle & King County

For webinars and information please contact us

Debra Baker – Speakers Bureau Task Force Lead

Debra.Baker@kingcounty.gov

Penny Lara – Speakers Bureau Staff

Penny.Lara@kingcounty.gov

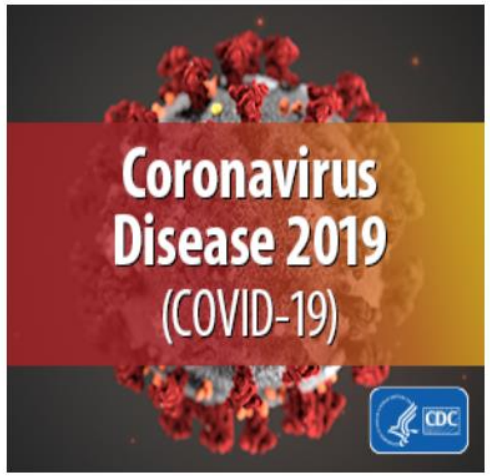
Where possible please give us 48 hours notice of webinar presentations.

This will give us time to ask questions and prepare for your team.

CDC Communication Resources

https://www.cdc.gov/coronavirus/2019-ncov/communication/index.html

Button for your website

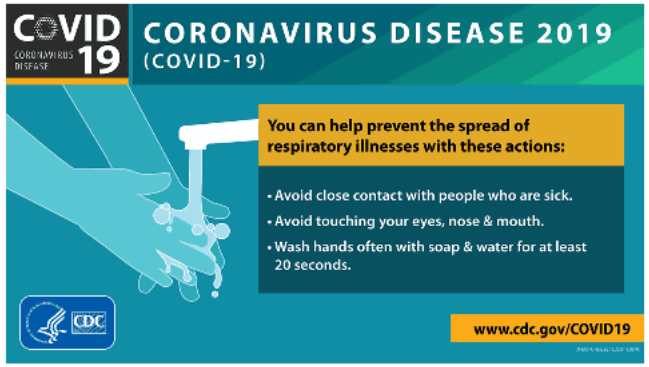


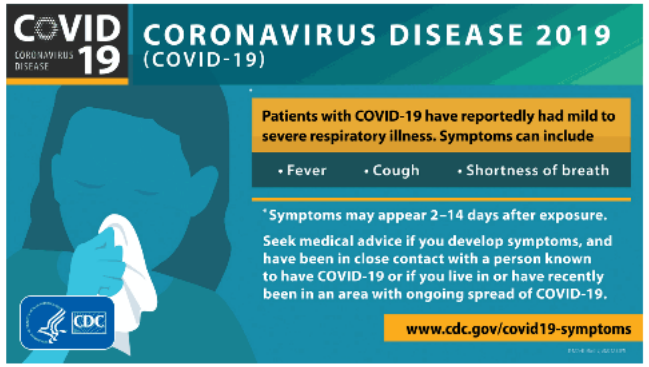
Posters

(English, Spanish, Simplified Chinese)

Social media graphics (English, Spanish, Simplified Chinese)

Graphics and Images





Download these social media graphics in your language:

Matching Needs and Resources

http://www.seattle.gov/mayor/covid-19

This page contains information and links for City of Seattle programs and services that may be helpful for residents significantly impacted by the COVID-19 pandemic. Also listed below are community, county, and state resources that may be helpful to you. **Some of these programs and services are available to everyone regardless of where you live. Although other restrictions may apply.**

- Healthcare Support
- Immigration-related Information
- Internet Access
- Food Support
- Utility Bills Support
- Worker/Artist Support
- Small Business/Nonprofit Support
- Home Education Support
- I Want to Volunteer

Matching Needs and Resources

- WA State new website: www.coronavirus.wa.gov

- Exploring donation/resource exchange platform (King County Emergency Management)

- Thoughts and reactions? How to center on equity? How to make connections more rapidly?

Thank You

Meetings of this group every Thursday at 10:30 – 11:30 a.m.

Advisory Group Contacts:

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(206) 263-8281

Matias Valenzuela matias.valenzuela@kingcounty.gov
(206) 263-8697

Parking Lot Slides for Reference

Public Health
Seattle & King County

Important Resources to Stay Informed on COVID-19

- Subscribe to Public Health's website www.kingcounty.gov/COVID
- Subscribe to the blog www.publichealthinsider.com
- Anti-stigma resources: www.kingcounty.gov/ncov/anti-stigma
- Follow us on social media @KCPubHealth
- Join a community partners phone call: Mondays, 4:00 – 4:45
  - 206-263-8114 Code: 560794

- WA State Dept of Health COVID-19 website: www.doh.wa.gov/Emergencies/Coronavirus
- WA State: https://www.coronavirus.wa.gov/

Role of Advisory Group (Near-Term)

- Help share accurate information and messages about recommended steps to reduce the spread of COVID-19 – within your own organization, to other institutions and organizations in your sector, and with the public.
- Inform us and each other on opportunities, successes, and barriers to implementing recommended and required measures.
- Join us in helping prevent, interrupt, and respond to misinformation and stigma.
- Advise Seattle Foundation on COVID-19 Response Fund

Who is most at risk of severe illness?

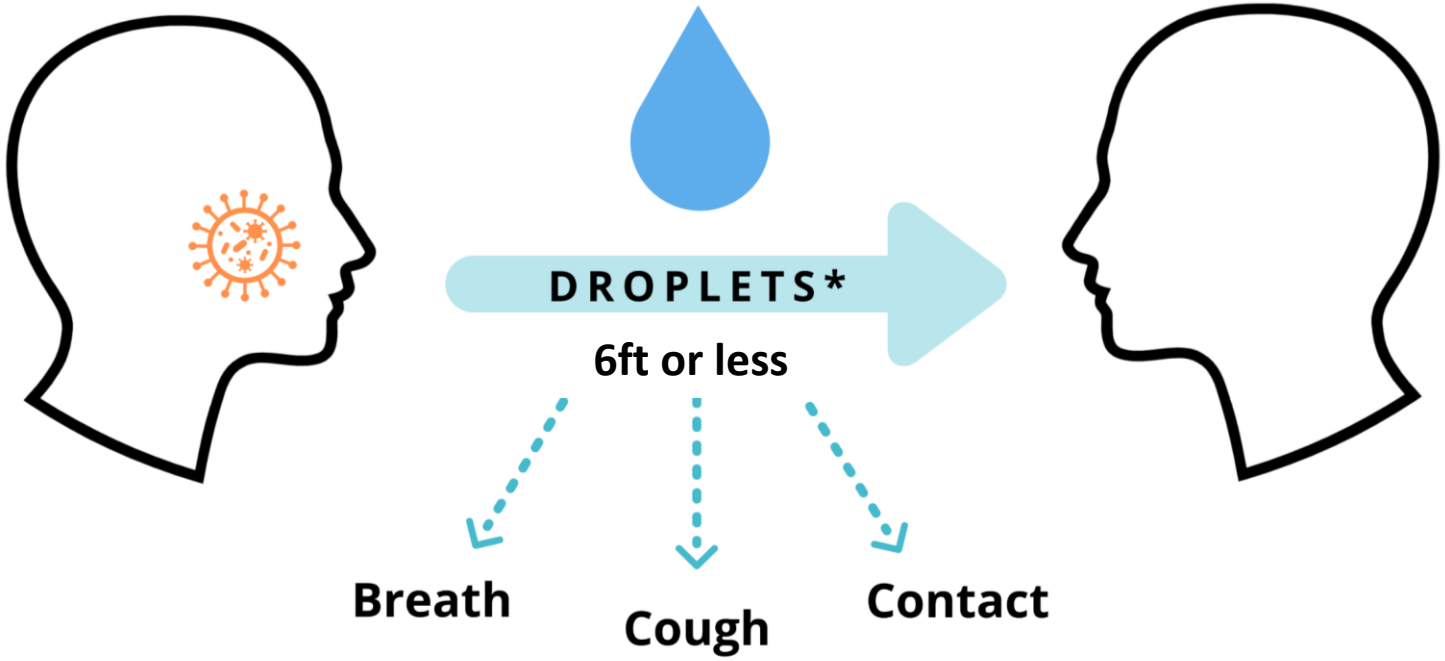
Most people have mild illness.

- Risk factors for severe illness may include:
  - Older age (60+)
  - Underlying chronic medical conditions
  - Weakened immune systems
  - Pregnancy

  Children may have less severe illness, but can put others at risk

People at higher risk of severe illness should stay home and away from large groups of people as much as possible.

How does novel coronavirus spread?



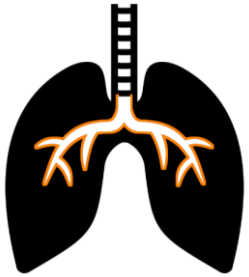
** Droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.*

What are the symptoms?

Fever

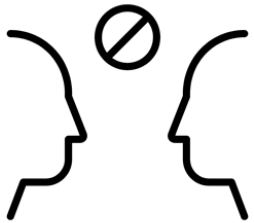
Cough

Difficulty breathing



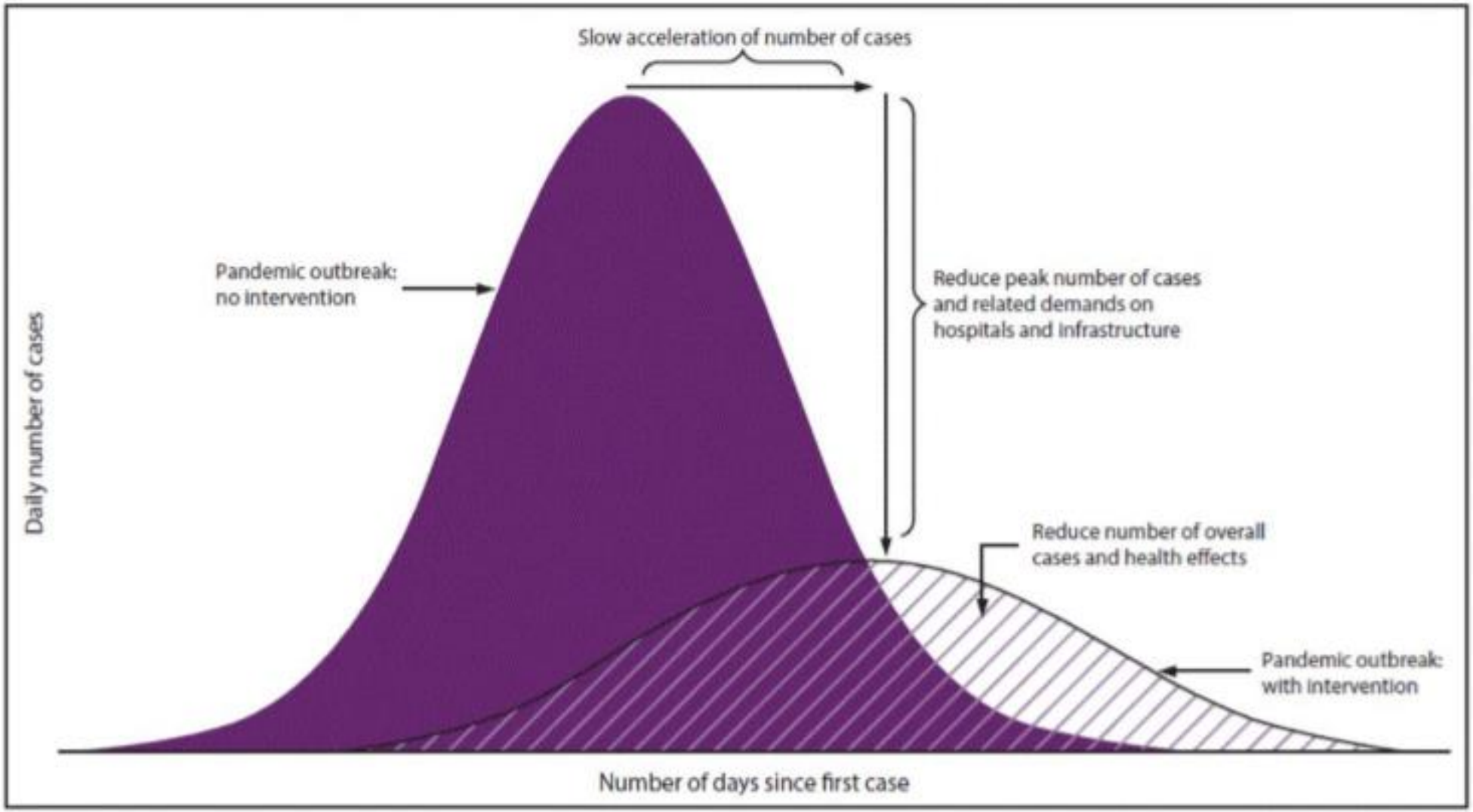
People who have been diagnosed with novel coronavirus have reported symptoms that may appear in **as few as 2 days or as long as 14 days after last exposure to the virus.**

What are isolation and quarantine?



- **Isolation:** separation of people who are **currently ill** and able to spread the disease and who need to stay away from others in order to avoid infecting them.

- **Quarantine:** separation of people who are **not currently showing symptoms** but are at increased risk for having been exposed to an infectious disease; for people who become sick and spread the infection to others

- Home isolation or quarantine is always the preferred choice*

Slowing the spread of coronavirus