King County Pandemic Community Advisory Group

April 2, 2020 10:30 – 11:30 a.m.

AGENDA

1.	Welcome: positive signs - and a continued call to action	10:30 – 10:35
2.	Current situation and key resources	10:35 – 10:40
3.	Isolation and quarantine discussion (Ingrid Ulrey & Hedda McLendon)	10:40 – 11:05
4.	Supporting mental health: what would be helpful? (Maureen Horgan)	11:05 – 11:30

Stay informed! Subscribe to www.kingcounty.gov/covid

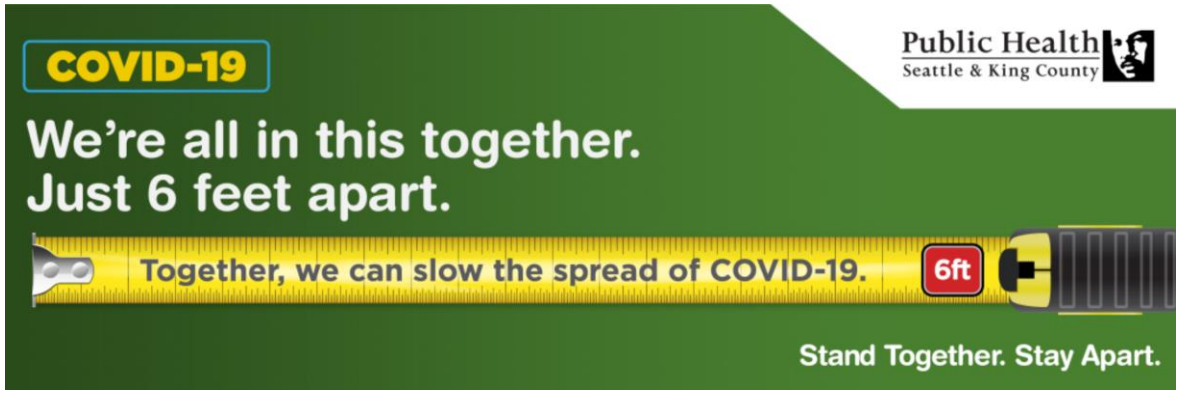
Remember to follow Public Health on our various social channels Facebook, Insta, and Twitter

Public Health
Seattle & King County

A positive note - and a continued call to action

"We are seeing a positive effect from the social distancing and other measures we've put in place, although significant numbers of cases and deaths continue to occur," said Dr. Jeff Duchin, Health Officer for Public Health—Seattle & King County.

"No one should take these findings as an indication to relax our social distancing strategy. The threat of a rebound that could overwhelm the healthcare system remains and will remain for the foreseeable future if we let up too soon."



Thank you for continuing to share the campaign messages – on your websites, your social media accounts, and through donated ads.

Download materials at: https://bit.ly/PH-SKCADS.

In the works: PSAs in languages other than English

Current situation and key resources

Statewide Stay Home, Stay Healthy Order

- Order is likely to be extended
- Additional guidance (funerals, real estate, etc).
- For compliance and other non-medical questions in King County, call (206) 296-1608 (**not 911**) M-F, 8:30 – 4:30.
- If reporting a concern about a business, fill out online form at Governor's office
- On March 31, Governor announced WA National Guard to assist with food banks in processing & delivery

Public Health's Current Focus

- Messaging and guidance to public, businesses, media, healthcare
- Surveillance to monitor spread
- Isolation and quarantine
- Supporting healthcare systems and service providers working with vulnerable populations
- Coordinating medical surge (e.g., field hospitals, alternate care sites, crisis standards of care)
- Equity, legal, & ethics considerations

Key Resources

- Current data, guidance, and translations: www.kingcounty.gov/covid
- King County Department of Community & Human Services COVID-19 Resources
- King County Regional Donations Connector
- United Way of King County Resource List (includes section on rental assistance)
- COVID-19 Vulnerable Communities Data Tool: www.communitiescount.org *(data to inform decisions and help direct resources to communities at greatest risk of severe illness from COVID-19)*

Isolation & quarantine: March 28, 2020 Local Health Officer Order

Statement by Dr. Duchin:

> Many steps we are taking as a community are helping to decrease the number of people who get sick, need hospital care and who die. However, we cannot stop the outbreak completely and our community will likely remain at risk for months to come.
>
> Through my health order and directive today, I am re-emphasizing the requirement for people who are infected with COVID-19 to follow our existing recommendations to prevent the spread of COVID-19 to others in the community by staying isolated from others while ill, and to stay quarantined with symptoms while test results are pending.
>
> Each of us need to do whatever we can to prevent others from becoming ill. Everyone—young and old, whether you have been diagnosed with COVID-19 or not—should stay home and avoid all non-essential contact with others.

The order is posted on the Public Health COVID-19 website.

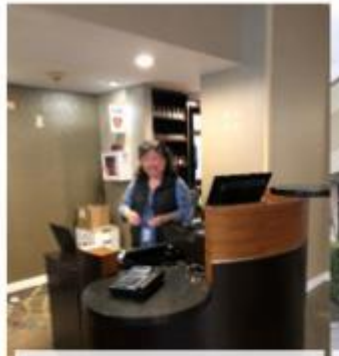
Creating a new isolation and quarantine system

Isolation is used for people who are currently ill and able to spread the disease and who need to stay away from others in order to avoid infecting them.

Quarantine is for people who are not currently showing symptoms, but are at increased risk for having been exposed to an infectious disease.

King County has identified the following sites (so far) for isolation and quarantine:

- Kent (79) Open.
- North Seattle – Aurora, Seattle (23)
- White Center, Seattle (31)
- Issaquah (99)
- Harborview Hall, Seattle (45) Operated by Harborview Medical Center



Kelli Nomura's Div. redeployed to operate Issaquah I/Q

Front entrance to Hotel—all I/Q's now have off-duty WA State Patrol in addition to internal, contract security.

Typical guest room

A DCHS/FMD work party showed up on Saturday March 28th to ensure the Issaquah I/Q was operational before an expected increase in cases amongst shelter populations the next week.

Isolation and quarantine system bed prioritization policy

- **Step 1. Determine priority status:**
  - Priority 1: COVID-19 +
  - Priority 2: COVID-19 symptomatic and pending COVID-19 testing results

- **Step 2. Determine priority placement order:**

  A. No home OR actively fleeing domestic violence – person experiencing literal homelessness

  B. Supportive Housing - person currently living in supportive housing (homeless permanent or transitional housing, behavioral health housing, or senior housing) setting.

  C. Has a home – a housed person unable to safely self-isolate

Supporting mental health & resiliency

Maureen Horgan, Behavioral Health Task Force Lead

Supporting community wellness & resiliency

- What are the needs and issues you are hearing?
- What tools, support, or training would be most helpful?

- Thank you for the input you provided in last week's survey. Suggestions included:
  - Elevate morale of workers in essential services – show they are valued and honored (e.g., free parking, childcare, higher pay)
  - Make available mental health support through phone/video, in language; free or low cost
  - Consider that many communities don't identify as having "mental health" issues – change the narrative; use concepts & words that resonate – e.g., proactive ways to reduce isolation, promote relaxation, take time to learn, etc.
  - Create culturally relevant videos – by and for community/cultural groups

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Crisis Connections: https://www.crisisconnections.org/

Thank You

Additional thoughts or questions after the meeting? Please contact Janna or Matias.

Meetings of this group every Thursday at 10:30 – 11:30 a.m.

Advisory Group Contacts:

Janna Wilson janna.wilson@kingcounty.gov
(206) 263-8281

Matias Valenzuela matias.valenzuela@kingcounty.gov
(206) 263-8697

Parking Lot Slides for Reference

Public Health
Seattle & King County

COVID-19 Call Centers

- King County Novel Coronavirus Call Center,
  206-477-3977 8 AM – 7 PM daily

- ***New*** King County COVID-19 Business and Community Information Line
  For non-medical questions, including compliance and business-related
  206-296-1608 8:30 AM – 4:30 PM

- Washington State Novel Coronavirus Call Center,
  800-525-0127 and press #. 6 AM – 10 PM daily

The operators are able to connect with a third-party interpreter. The caller will need to be able to tell them in English what language you need for interpretation.

Important Resources to Stay Informed on COVID-19

- Subscribe to Public Health's website www.kingcounty.gov/COVID
- Subscribe to the blog www.publichealthinsider.com
- Anti-stigma resources: www.kingcounty.gov/ncov/anti-stigma
- Follow us on social media @KCPubHealth
- Join a community partners phone call: Mondays, 4:00 – 4:45
  - 206-263-8114 Code: 560794
  - Join by Skype: https://meet.kingcounty.gov/candace.jackson/NRT11F9P

- WA State Dept of Health COVID-19 website: www.doh.wa.gov/Emergencies/Coronavirus
- WA State: https://www.coronavirus.wa.gov/

Role of Advisory Group (Near-Term)

- Help share accurate information and messages about recommended steps to reduce the spread of COVID-19 – within your own organization, to other institutions and organizations in your sector, and with the public.
- Inform us and each other on opportunities, successes, and barriers to implementing recommended and required measures.
- Join us in helping prevent, interrupt, and respond to misinformation and stigma.
- Advise Seattle Foundation on COVID-19 Response Fund

Community Mitigation Group

Community mitigation strategies help slow the transmission of virus in our communities.

Community Mitigation Group (Matias Valenzuela, Director)

Pandemic Community Advisory Group

www.kingcounty.gov/covid/advisory-group

Note: Meeting slide decks are now being posted at this site after our meetings.

Sector-specific task forces and groups

- Structures vary
- Stakeholder calls and/or emails; sharing resources
- Outreach to organizations & communities
- Centering on equity considerations
- Identifying high priority gaps & areas where guidance is needed; elevating questions within Public Health
- Encouraging participants to share solutions and ideas with one another

Sector Task Forces

Task Force Sector	Task Force Lead	Email address
Behavioral Health	Maureen Horgan	Maureen.Horgan@kingcounty.gov
Business	Ninona Boujrada	Ninona.Boujrada@kingcounty.gov
Community Based and Faith Based Orgs (CBOs and FBOs)	Khanh Ho Candace Jackson	khho@kingcounty.gov Candace.Jackson@kingcounty.gov
Equity	Arun Sambataro	Arun.Sambataro@kingcounty.gov
Governmental Agency	Van Badzik	govtsectortf@kingcounty.gov
Higher Education	Carrie S. Cihak	Carrie.Cihak@kingcounty.gov
Housing	Kelly Rider	krider@kingcounty.gov
Older Adult and People w/Disabilities	Mary Snodgrass	Mary.Snodgrass@kingcounty.gov
Pre-K-12 Schools and Childcare	Priti Mody-Pan	pmodypan@kingcounty.gov
Speakers Bureau	Penny Lara Debra Baker	Penny.Lara@kingcounty.gov Debra.baker@kingcounty.gov

Note: Staff leads may change over time or rotate.

Related Groups

Emerging groups:	**Contact:**	
Undocumented individuals	Matias Valenzuela	Matias.Valenzuela@kingcounty.gov
LGBTQ community	Matias Valenzuela	Matias.Valenzuela@kingcounty.gov
Standing Community Partner Call: Mondays at 4:00 – 4:45 pm *Organized by the Community & Faith-Based Organizations Task Force*		Join Skype Meeting https://meet.kingcounty.gov/candace.jackson/NRT11F9P Or call in: (206) 263-8114 Code: 560794
Houseless/homelessness response: COVID-19 Homelessness Response		Email covidhomelessnessresponse@kingcounty.gov to be added to list serve. Learn about calls, webinars, and resources. Go to www.kingcounty.gov/hch for up to date information

King County Regional Donations Connector

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Selected Resources

1. Governor's Proclamation - Stay Home, Stay Healthy Order
2. New COVID-19 Data Dashboard from Public Health-Seattle & King County
3. Signs to print and post – for grocery stores, restaurants, childcare, and housing – Public Health
4. What to do if you or someone in your home are sick (CDC)
5. Updated COVID-19 child care recommendations – Public Health
6. Resources for the deaf and hard of hearing community – Public Health
7. Working together to protect older adults in our communities – Public Health
8. King County Dept. of Community & Human Services COVID-19 Website (includes list of community & school resources)
9. COVID-19 Homelessness Response Resources – Public Health & Dept. of Community and Human Services
10. Information on COVID-19 for managers, staff and residents of apartment buildings, condominiums, and similar residential communities – Public Health
11. King County Regional Donations Connector – King County Department of Emergency Management
12. United Way of King County – COVID-19 Resource List and United Way of King County – Safe ways to volunteer
13. COVID-19: Resources for Community - City of Seattle
14. Anti-stigma resources – King County
15. COVID-19 Response Fund Hosted by Seattle Foundation – Seattle Foundation
16. COVID-19 Community Response Fund and Hate & Bias Response Fund - King County Office of Equity and Social Justice
17. Washington State COVID-19 Response
18. CDC Environmental Cleaning and Disinfection Recommendations
19. King County Novel Coronavirus Call Center, **206-477-3977** 8 AM – 7 PM daily (language line available)
20. Washington State Novel Coronavirus Call Center, **800-525-0127** and press #. 6 AM – 10 PM daily (language line available)

Speakers Bureau for COVID-19 Community Mitigation Support

Public Health – Seattle & King County

For webinars and information please contact us

Debra Baker – Speakers Bureau Task Force Lead

Debra.Baker@kingcounty.gov

Penny Lara – Speakers Bureau Staff

Penny.Lara@kingcounty.gov

Where possible please give us 48 hours notice of webinar presentations.

This will give us time to ask questions and prepare for your team.