Hepatitis A

HEALTH WARNING FOR PEOPLE LIVING HOMELESS
(Seattle)

WHAT IS HEPATITIS A?

Hepatitis A (hep A) is a virus that spreads easily. Many people don’t know they have hep A so they spread it without knowing.

It can cause severe liver disease that can last for months.

Sometimes people die from hep A.

Hep A has been spreading in people living homeless in the U.S.

HOW DOES IT SPREAD?

Hep A is in the poop of someone with hep A. If they haven’t washed their hands after using the toilet, tiny bits of poop can get on things they touch. Hep A spreads from:

- Touching objects or eating food that someone with hep A handled
- Having sex with someone who has hep A
- Sharing needles, pipes, or other items to take drugs

HOW CAN YOU PREVENT HEPATITIS A?

- Wash your hands with soap and water after using the toilet, and before you cook or eat! Soap and water work best, but if they aren’t available, use alcohol-based hand gel.
- Don’t share food, drinks, needles, or smokes with other people
- Use your own towels, toothbrush and utensils
- Don’t have sex with someone who has hep A
- Get the hep A vaccine

Has hep A

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**SYMPTOMS OF HEPATITIS A**

- Fever
- Fatigue
- Vomiting
- No appetite
- Jaundice (yellow eyes & skin)
- Dark pee, pale poop, diarrhea

Some people with hep A don’t have any symptoms

If you think you might have hep A, see your doctor or go to the hospital

**YOU CAN PROTECT YOURSELF FROM HEPATITIS A**

Get a free hep A vaccine shot at these locations:

### SEATTLE LOCATIONS:

- **Pioneer Square Clinic**
  206 3rd Ave S
  Open Mon—Fri, daytime

- **3rd Ave Center**
  2028 3rd Ave (next to Angeline’s Day Center)
  Open Mon—Fri, daytime

- **Boren Clinic**
  1930 Boren Ave (at the Sobering Center)
  Open Mon—Fri, mornings only

- **Robert Clewis Needle Exchange**
  2124 4th Ave
  Open Mon—Fri; Sat 2-4 PM

- **Downtown Public Health Clinic**
  2124 4th Ave
  Open Mon-Fri, daytime

- **Hepatitis Education Project**
  1621 S Jackson St
  Open Tues & Thurs, 1-5 PM, or by appointment

- **Ballard NeighborCare Clinic**
  1753 NW 56th St (at the Nyer Urness House)
  Open Mon—Fri, daytime

- **45th St Youth Clinic (ages 12-26)**
  1629 N 45th St
  Open Weds & Thurs, 6-9 PM

- **Mobile Medical Van**
  Various locations in Seattle, Tues—Fri
  For locations, check: Kingcounty.gov/mobilemed

Most pharmacies offer the hep A shots if you have an insurance card

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