Hepatitis A



HEALTH WARNING FOR PEOPLE LIVING HOMELESS (South King County)

WHAT IS HEPATITIS A?

Hepatitis A (hep A) is a virus that spreads easily. Many people don't know they have hep A so they spread it without knowing.

It can cause severe liver disease that can last for months.

Sometimes people die from hep A.

Hep A has been spreading in people living homeless in the U.S.



HOW DOES IT SPREAD?

Hep A is in the poop of someone with hep A. If they haven't washed their hands after using the toilet, tiny bits of poop can get on things they touch. Hep A spreads from:



Touching objects or eating food that someone with hep A handled



Having sex with someone who has hep A



Sharing needles, pipes, or other items to take drugs



Wash your hands with soap and water after using the toilet, and before you cook or eat! Soap and water work best, but if they aren't available, use alcoholbased hand gel.

HOW CAN YOU PREVENT HEPATITIS A?



Don't share food, drinks, needles, or smokes with other people



Use your own towels, toothbrush and utensils



Don't have sex with someone who has hep A



Get the hep A vaccine

SYMPTOMS OF HEPATITIS A









Jaundice (yellow eyes & skin)



Dark pee, pale poop, diarrhea

Fever Fatigue

Vomiting

No appetite

Some people with hep A don't have any symptoms

If you think you might have hep A, see your doctor or go to the hospital

YOU CAN PROTECT YOURSELF FROM HEPATITIS A

Get a free hep A vaccine shot at these locations:

SOUTH KING COUNTY LOCATIONS:

Public Health at Navos

1210 SW 136th St, Burien Open Mon—Fri, daytime

Auburn Public Health Clinic

901 Auburn Way N, Suite A, Auburn Open Mon—Fri, daytime

Federal Way Public Health Clinic

33431 13th Place S, Federal Way Open Mon—Fri, daytime

Kent Public Health Clinic

25742 104th Ave SE, Kent (at Kent Hill Plaza Shopping Center)
Open Mon—Fri; daytime

HealthPoint Kent Urgent Care

219 State Ave N, Kent Open Mon-Fri, daytime

Mobile Medical Van

Various locations in South County, Mon—Thurs For locations, check: Kingcounty.gov/mobilemed

Most pharmacies offer the hep A shots if you have an insurance card

More information from Healthcare for the Homeless Network: www.kingcounty.gov/hch

