

## Nurse Family Partnership

A Nurse Home Visiting Program for first-time mothers and their families.  
(Based on the David Olds Nurse Home Visitor protocols.)

**What:** The Nurse Family Partnership is a research based program that provides intensive home visiting services to first time, low income mothers and their families.

**How:** Each Public Health Nurse follows a maximum of 25 families until their child reaches their 2nd birthday. This must be the young mother's first pregnancy and she must be less than 26 weeks gestation. The mothers are offered an average of 2 home visits per month, with weekly visits for the first 4 weeks of enrollment and the first 6 weeks after the baby is born. Community based services, including mental health services are provided to assist the mothers to meet their goals.

**Why:** In replicated research studies this intensive home visiting model was found to have very positive outcomes, including a reduction in maternal behavioral problems due to drugs or alcohol, fewer ER visits for childhood injuries, a reduction and/or delay of subsequent pregnancies. The babies involved in this program perform better in school and have fewer arrests later in life.

### Referral Criteria:

- First time mom
- Less than **26 weeks** pregnant
- **All ages eligible in City of Seattle**, under age 24 in surrounding King County
- Low income

**For more information or to make a referral contact: 206-477-6262**

Call an NFP supervisor or FAX a referral form to:

SEATTLE – Seattle and North County	KENT – South & East King County	COLUMBIA – South Seattle and South King County
Jayne KauzLoric	Meg Hatlen	Julie Debons
Phone: 206-477-8256	Phone: 206-477-6915	Phone: 206-263-2012
or		
Julie Parker		
Phone: 206-477-8266		
FAX – 206-296-0184	FAX – 206-296-3300	FAX – 206-205-0406