

TEEN HEALTH CENTER AT INGRAHAM HIGH SCHOOL

The Ingraham Teen Health Center goals are to provide early detection and treatment of illness, to encourage teens to live a positive healthy lives, to teach teens how to use health care systems effectively and to encourage/enhance family communication around health issues. We work in active partnership with teens, their family, the school and our community.

Hours: M-F 7:45-3:45 during the school year

What kinds of services are offered at the Teen Health Center?

Primary Care

Sports Physicals
Vaccines
Infections
Family Planning
Pregnancy Test/Birth Control
STD Screening and Treatment
Acne/Eczema
Allergies
Nutrition

Mental Health

Feeling Blue
Stress and Depression
Relationships Problems
Self esteem
Family Conflict
Peer Pressure
Healthy Habits

Who can be seen at the Teen Health Center?

At Ingraham Teen Health Center, students may be seen by appointment with consent from their parent, during school hours or after school. Teens of any age may be seen for reproductive health care services. Mental Health services are available without parent consent for teen age 13 and over [Reproductive Privacy act, RCW (9.02)].

We will not refuse medical service due to inability to pay.

For patients that have health insurance Private or DSHS

Please attach copies of both the front and back of the insurance card. Your insurance company may be billed for the visit with the Ingraham Teen Health Center.

Thank you,
Ingraham THC
P (206)205-0430
F (206)205-0432