Cleveland Teen Health Center

Dear Families,

Did you know that your son or daughter can get health care at the Cleveland Teen Health Center? The health center is located at Cleveland and staff are available during the school year to provide health care and mental health counseling. The health center is available to all Cleveland students, as well as any student registered in a Seattle Public School.

- Our services include immunizations, routine physicals, sports physicals, treatment for acute and chronic illness, asthma management, reproductive health care, and mental health counseling and referral.

- The staff is trained to understand and treat the special health care needs of teens. Our team includes Aneta Kucharczyk-Swamy, Nurse Practitioner; Jamila Bates and Antonia Caliboso, Mental Health Counselors; and Pamela Lyons, Clinic Coordinator. They all work closely with HuiLing Yang, School Nurse.

- Our goals are to provide early detection and treatment of illness, to encourage teens to live positive lives, to teach teens how to use health care systems effectively, and to encourage family communication around health issues. We work in partnership with teens, their families, and the school to support the academic success of the students at Cleveland.

- We are accessible every day that school is in session so students can be seen at a time that is convenient for their schedule. We offer phone, telehealth, and in person visits. Due to Covid-19, in-person visits will be limited and need to be scheduled in advance by calling the Teen Health Center at 206-263.2608. The following safety measures have been implemented:

  Prescreening for Covid19 symptoms or exposures
  Limiting number of students in the clinic to allow for social distancing
  Masking and good hand hygiene
  Access to the school building is limited and extra cleaning protocols are in place

- The Teen Health Center is a partnership between Cleveland High School, Public Health Seattle & King County, and Kaiser Permanente. The program is funded in part by the voters of Seattle through the Families & Education Levy.

- **To use these services, you must enroll your son/daughter in the health center by completing and signing our registration forms and returning them to the Teen Health Center.** Completed forms can be mailed to us at Cleveland High School Teen Health Center, 5511 15th Ave S, Seattle, WA 98108, dropped off at the main office or e-mailed to pamela.lyons@kingcounty.gov. If your teen has enrolled previously, there is no need to sign up again.

- Seattle is fortunate to have teen health centers located in all high schools. We hope you take advantage of this resource for your son or daughter. For more information contact the Teen Health Center at 206.263.2608. We are located in Building 2, Room 2060.

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