

## Stand-Up Diapering Procedure



- 1. Wash hands.
- 2. Gather necessary supplies (diaper/pull-up/underpants, wipes, cleaner and disinfectant bleach solution, paper towels, gloves, plastic bag).
- 3. Put on disposable gloves, if desired.
- 4. Coach child in pulling down pants and removing diaper/pull-up/underpants (and assist as needed).
- 5. Put soiled diaper/pull-up in covered, hands-free, plastic-lined garbage can or put soiled underpants in plastic bag to be returned to family at end of the day.
- 6. Coach child in cleaning diaper area front to back using a clean, damp wipe for each stroke (and assist as needed).
- 7. Put soiled wipes in plastic bag (or assist child in doing so) and dispose of plastic bag into covered, hands-free, plastic-lined trash can.
- 8. Remove gloves, if worn.
- 9. Wash hands (in bathroom/handwashing sink) and coach child in doing the same.
- 10. If a signed medication authorization indicates, apply topical cream/ointment/lotion using disposable gloves then remove gloves.
- 11. Coach child in putting on clean diaper/pull-up/underpants and clothing.
- 12. Use 3-Step Method on floor where change has occurred:
  - a. Clean with soap and water.
  - b. Rinse with water.
  - c. Disinfect with bleach solution: Refer to: "Method for Mixing Bleach". Allow the bleach solution to air dry or to remain on the surface for at least 2 minutes before drying with a paper towel.
- 13. Wash hands (in bathroom/handwashing sink).