

First Aid Kit Checklist

Room _____

Location _____

	Date											
Disposable gloves (non-porous, non-latex, i.e. nitrile or vinyl)												
Band-Aids (different sizes)												
Small scissors												
Tweezers (for surface splinters)												
Elastic wrapping bandage												
Sterile gauze pads (2, 3, and 4 inch sizes)												
Chemical ice pack (non- toxic)												
Thermometer (disposable or mercury-free)												
Large triangular bandage (sling)												
Adhesive tape												
CPR barrier w/ one-way valve; or both an adult/pediatric <u>and</u> infant CPR mask w/ one-way valve												
First Aid manual												
Hand sanitizer (for adult use only)												



First Aid Kit

Your first aid kit(s) must include the following supplies:

- Gloves (disposable, non-porous, non-latex, i.e. nitrile or vinyl)
- Band-Aids (different sizes)
- Small scissors
- Tweezers for surface splinters
- Elastic wrapping bandage
- Sterile gauze pads (2, 3, and 4 inch sizes)
- Chemical ice packs (non-toxic)
- Disposable or mercury-free thermometer (used with disposable sleeves or cleaned and sanitized after each use)
- Large triangular bandage or sling
- Adhesive tape
- CPR barrier with a one-way valve; or both an adult/pediatric and an infant CPR mask with a one-way valve
- First aid manual
- Hand sanitizer (for adult use only)

We recommend removing bandages from boxes and storing in zip lock bags. This save space and keeps bandages dry.

Additions for Travel Kit

A fully stocked first aid kit will be taken on all field trips and playground trips and will be kept in each vehicle used to transport children. These travel first aid kits will **also** contain:

- Liquid soap
- Paper towels
- Water w/ small paper cups and or/infant bottles
- Change for phone calls or a cell phone
- Copies of signed 'Consent for Emergency Treatment' forms for all children
- Copies of completed 'Emergency Contact' forms for all children and staff

REMINDER: "Rescue" medications (e.g., inhalers, EpiPens, etc.) must be taken but kept separate from the first aid kit. No first aid sprays/ointments or other medications are to be kept in the kit.

