

First Aid Kit Checklist

Room _____

Location _____

	Date											
First Aid Guide												
Band-Aids (different sizes)												
Tweezers for surface splinters												
Sterile gauze pads (2, 3, and 4 inch sizes)												
Roller bandages (gauze)												
Large triangular bandage												
Adhesive tape												
Small scissors												
Gloves (nitrile, vinyl, or latex)												
CPR mouth barrier												
Syrup of Ipecac												



First Aid Kit

Your first aid kit(s) must include the following supplies:

- First aid guide
- Band-Aids (different sizes)
- Tweezers for surface splinters
- Sterile gauze pads (2, 3, and 4 inch sizes)
- Roller bandages (gauze)
- Large triangular bandage
- Adhesive tape
- Small scissors
- Gloves (nitrile, vinyl, or latex)
- CPR mouth barrier
- Syrup of Ipecac*

We recommend removing bandages from boxes and storing in zip lock bags. This save space and keeps bandages dry.

Additions for Travel Kit

A fully stocked first aid kit will be taken on all field trips and playground trips and will be kept in each vehicle used to transport children. These travel first aid kits will **also** contain:

- Liquid soap
- Paper towels
- Chemical ice (non- toxic)
- Water
- Change for phone calls or a cell phone
- Copies of signed 'consent for emergency treatment' forms for all children
- Copies of completed 'emergency contact' forms for all children

REMINDER: "Rescue" medications (e.g., inhalers, EpiPens, etc.) must be taken but kept separate from the first aid kit. No first aid sprays/ointments or other medications are to be kept in the kit.

***Syrup of Ipecac** is administered only after calling Poison Control, 1-800-222-1222. Because it is a medication it must be inaccessible to children at all times.

