24/7, Confidential, Tool in Your Hand, to Provide Help When Needed.





Installation Instructions

- Scan the QR Code with your phone camera
- Select iPhone or Android
- Download the app
- Enter the credentials:

Username: DAJD-EMF

Password: 1974









It's Confidential. No Personal Info is Collected.



Q.22



APP PRIVACY POLICY

Privacy Policy

Effective date: June 8, 2019

THIS APP DOES NOT COLLECT PERSONAL INFORMATION.

CORDICO INC. ("us", "we", or "our") operates this mobile application (the "Service" and the "app").

Because of the sensitive nature of this app, we have designed this app so that no personal data (i.e., name, contact information, contacts) is collected. Although the app does not capture personal data, there are instances when the app provides external resources with distinct privacy policies where your personal information could be collected. Specifically:

Third Party Websites, Applications, or Service Providers

The app will often hyperlink to external websites, applications, or service providers that you visit (e.g., the websites of personal therapists, suicide hotline, wellness resources). If you click on a third party link, you will be directed to that third party's app or site. We strongly advise you to review the Privacy Policy of every website, application, or service provider you visit. We have no control over and assume no responsibility for the content, privacy policies or practices of any third party websites, applications, or services.

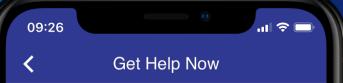
Emails

In some situations when utilizing the app, you will have the ability to tap to email an individual or organization

Get Help Now

If you're in crisis, one tap to connect to:

- Safe Call Now
- CopLine
 - Suicide Prevention Lifeline
- Crisis Text Line





Safe Call Now is a 24-hour crisis referral service for those in public safety and their family members.



Copline is a CONFIDENTIAL 24-hour hotline answered by retired law enforcement officers who have gone through a strenuous vetting and training.



The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention



Director's Message





COVID-19 Law Enforcement Resources



〈 COVID-19 Law Enforcement...

○

CDC COVID-19 Guidance

COVID-19 Screening Tool



Wellness Toolkit

Over 40 Modules including:

- Emotional Survival for Law Enforcement
- Financial Fitness
- Making Marriage Work
- Parenting Tips
- Sleep Optimization
- Trauma





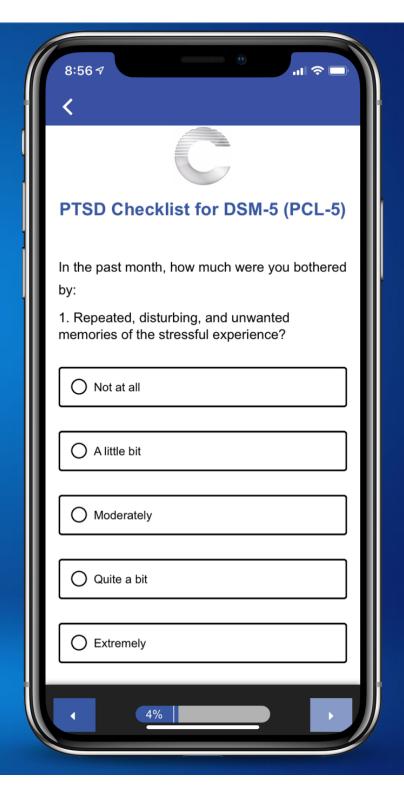
Self-

Assessments

- 12 Modules including:
- Alcohol
- Compassion Fatigue
- Depression
 - PTSD

Note: Results are only seen by the user





10:09



← About the Critical Incident Respon...

DAJD Critical Incident Response Program

The department's Critical Incident Response (CIR) Program was developed by staff and implemented in 1999 to work in conjunction with the King County Critical Incident Stress Management (CISM) Program, to provide pre-incident training and post-incident services for our first responders and other emergency services staff. The KC-CISM Program was established in 1985. However, in December 2012, the KC-CISM Program sunset, since the Sheriff/Fire/Jail had mostly all established their own peer-support teams or programs by that time.

DAJD's CIR team members continue to receive training and certification under the International Critical Incident Stress Foundation (ICISF) model that was developed for first responders and emergency services personnel. With the sunset of the KC-CISM Program, DAJD's CIR team continues to provide essential training and services to staff using DAJD's

stomized employee wellness app. the



Employee Benefits





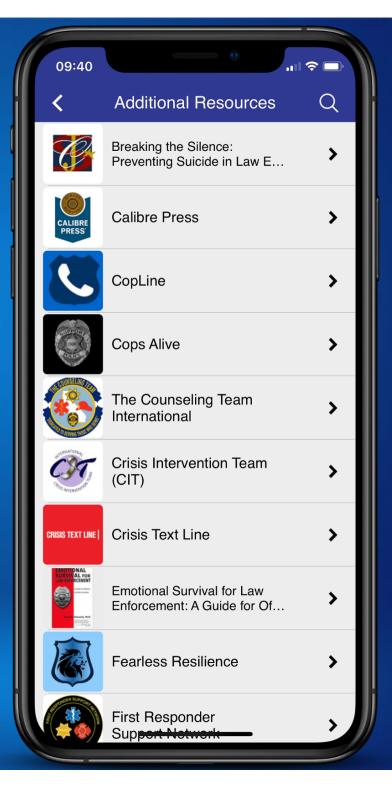
Calendar





Additional Resources



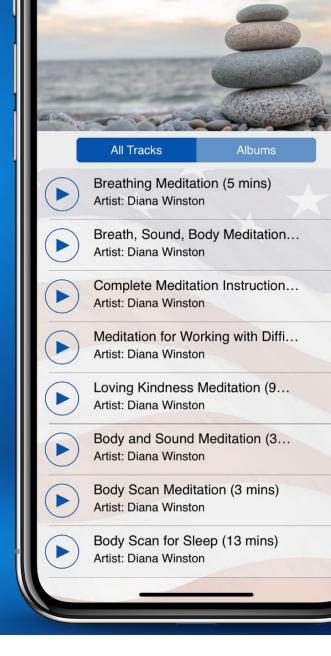


Fitness and Nutrition





Guided Meditations



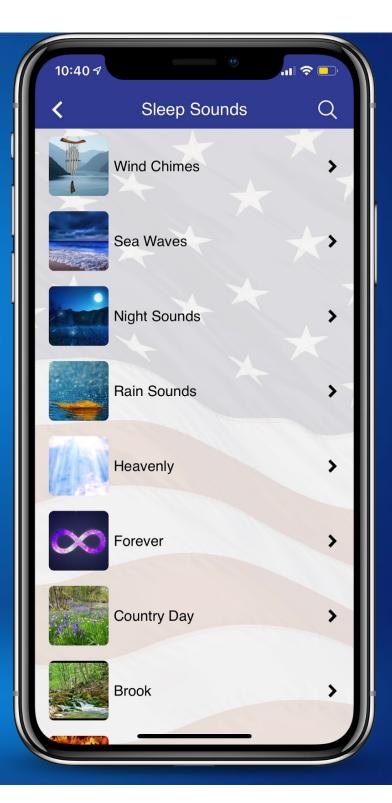
Guided Meditations

6:24 1



Sounds for Sleep







Spouses and Significant Others are Welcomed to Download and Use the App

RDICO SHIELD