King County District 7

# COVID-19 RESOURCE GUIDE



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# COVID-19 Resource Guide

<	NG COUNTY PUBLIC HEALTH	8
	General Information	8
	King County COVID-19 Call Centers	8
	King County COVID-19 Data Dashboards	9
	Testing for COVID-19	9
	Free COVID-19 Testing	9
	Viral PCR Test	10
	Antibody Test	10
	Quarantine Guidelines	11
	Isolation and Quarantine Sites	11
	Local Health Officer Quarantine Directive and Isolation Order	11
	Isolation/Quarantine Sites	12
	Assessment Center/Recovery Center (AC/RC)	12
	Shelters	13
	King County Reduces Shelter Concentrations	13
	Shelter "De-intensification"	13
	Facial Coverings Mandatory Statewide	13
	King County Face Covering Directive	14
	King County Mask Distribution Program	15
	Free Face Masks at all King County Safeway Stores	15
	King County Project CARE	15
	King County 2020 Broadband Access Study	15
	Office of Equity and Social Justice	15
	Resource Guide	15
	Equity Impact Awareness Tool	15
	Anti-Stigma Resources	16
G	OVERNMENT EMERGENCY ACTIONS	16
	Federal Emergency Actions and Guidance	16
	State Emergency Actions	16
	Local Emergency Actions	16
	Enforcement	16
	FDA Warns the Public About Methanol-based Hand Sanitizers	17

Contact Tracing	17
New COVID-19 Exposure Notification Tool	17
Vaccine Distribution Plan in Washington	18
Phase 1B1	18
Educators and Licensed Childcare workers	18
Puget Sound Veterans	19
Washington Department of Health Phase Finder	19
Register by phone	19
Other Vaccine Locations	19
COVID-19 Vaccine in King County	19
Vaccination Sites and Mobile Teams	20
COVID-19 Risk Assessment Dashboard	20
Healthy Washington – Roadmap to Recovery Plan	20
All regions in Washington now in Phase 2	22
Reopening Guidance for Businesses and Workers	22
Important Reference Documents	22
Healthy Washington Requirements	23
Guidance for the Agricultural Industry	23
Agricultural Worker Testing	23
Cap on Third-Party Delivery Fees to Help Restaurants	23
Driver Licenses and Instruction Permits Temporary Extension	24
Telemedicine Expanded for Medicaid Clients, Public Employees and School Workers	25
Reducing COVID-19 Transmission Risk in Correctional Facilities	25
Department of Adult and Juvenile Detention	25
King County Council Approves Fifth Round of Federal Emergency Funding	25
RESIDENTS   CONSUMERS	25
Food Assistance	25
Map of Free Food Resources	25
Emergency Food Access Resources	25
USDA Meals for Kids	26
Free and Reduced-Price Meals	26
Basic Food Employment and Training Program (BFET)	26
Women, Infants, Children	26

Pandemic EBT	26
Financial Assistance	27
Department of Financial Institutions Resources	27
KCLS Financial Assistance Navigation Services	27
Disaster Cash Assistance Program	27
Federal Stimulus Check	27
Mental Health Support	27
Washington Recovery Helpline	27
Washington Listens	27
State and King County Resources	28
Statewide Moratorium on Evictions	28
Rental Assistance	28
YMCA offers rent assistance for young adults in King County	28
Department of Commerce Rent Assistance and Homelessness Prevention	28
King County Eviction Prevention and Rent Assistance Program	<b>2</b> 9
Washington Rent Assistance	29
United Way King County	29
Unincorporated King County Tenant Protections	29
Homeowners and Mortgage Assistance	29
Federal Housing Support (CARES Act)	<b>2</b> 9
Emergency Solutions Grant	29
Coronavirus Support and Assistance	30
Foreclosure Assistance and Information	30
Telephone Support and Assistance	30
Internet Access	30
Drive-in WiFi Hotspots	30
Xfinity WiFi Public Hotspots	30
Comcast Internet Essentials	30
ATT Access	30
Utilities Assistance	31
Ratepayer Assistance and Preservation of Essential Services	31
Utilities and Transportation Commission	31
Federal Government	31

	Puget Sound Energy	. 31
	City of Seattle	. 31
	City of Bellevue	. 31
	CenturyLink	. 32
	T-Mobile	. 32
HELI	P FOR VICTIMS OF VIOLENCE	. 32
D	omestic Violence	. 32
Se	exual Assault	. 32
G	ender-Based Violence	. 32
Le	gal Assistance	. 32
RES	OURCES FOR VETERANS	. 32
RES	OURCES FOR IMMIGRANTS and REFUGEES	. 33
C	OVID-19 Immigrant Relief Fund	. 33
0	ther Resources for Immigrants	. 33
RES	OURCES FOR WASHINGTON STATE TRIBES	. 33
ASS	STANCE FOR KING COUNTY PET OWNERS	. 34
RES	OURCES FOR ARTISTS and CULTURAL ORGANIZATIONS	. 34
ОТН	ER GRANT-BASED ASSISTANCE	. 35
40	Culture COVID-19 Response Hub	. 35
Se	eattle Small Business Stabilization Fund	. 35
Se	eattle Foundation COVID-19 Response Fund	. 35
BUS	INESSES	. 35
Fe	ederal Small Business Administration	. 35
	Paycheck Protection Program	. 35
	COVID-19 Economic Injury Disaster Loan	. 36
	SBA Debt Relief	. 36
	SBA Express Bridge Loans	. 36
St	ate Resources	. 36
	Washington COVID-19 Immigrant Relief Fund	. 36
	COVID-19 Relief Grants for Non-profit Organizations	
	Labor and Industries (L&I) Consultation Program	
	Working Washington Small Businesses Emergency Grant Program	
	Association of Washington Business	

Business Response Center	37
Small Business Resiliency Assistance	37
Washington State Department of Commerce	37
Washington State Department of Revenue	37
Export Assistance	37
King County Resources	38
Small Business Assistance Program - Unincorporated King County	38
Grants for Chambers of Commerce and Community-based Organizations	38
King County Offers Grant for Science, Arts, Culture, Independent Music Venues	38
King County Office of Equity and Social Justice Community Response Fund	39
Local Resources	39
Kent Small Business Emergency Relief Grant	39
Federal Way COVID-19 Small Business Assistance Grant Program	39
Financial services	39
WORKERS	39
Paid Family and Medical Leave	39
Paid Sick Leave	39
Food Production Paid Leave Program	40
Regular Unemployment	40
Governor signs bipartisan bill to support business and workers	41
Unemployment fraud victims getting surprise tax forms	41
Tips for Workers Seeking Unemployment	41
Federal Stimulus and Washington Pandemic Relief Payment	41
Fraudulent Unemployment Claims	42
Workers' Compensation	42
How can I file a COVID-19 claim?	42
Additional Resources	42
NSURANCE	43
Health Insurance	43
Washington Health Plan	43
Property and Liability Insurance	43
Business and Commercial Insurance	43
Event Cancellation Insurance	43

Travel Insurance	43
Insurance Assistance	44
EDUCATION and CHILD CARE	44
Updated School Guidance	44
Tuition Waiver Proclamation	44
Technology Investment for Washington Students and Staff	44
New Proclamations Related to Public Education	44
New Recommendations for 2020-2021 School Year	45
Campus Reopening Guide: Plan to Restart Higher Education	45
Washington School-Based Health Alliance	45
Guidance and Resources for Distance Learning	45
King County Schools COVID-19 Response Toolkit	45
Child Care	45
Emergency Child Care for Essential Workers in King County	45
Recommendations and Guidance for Child Care Providers	46
K-12	46
Higher Education	47
Career Connect Washington	47
Student Loans Deferment	47
Support and Ideas for Families with Kids	47
TRAVELERS and COMMUTERS	47
Mandatory Masking Requirement	47
Negative COVID-19 Test Requirement to all air passengers entering US	48
New International Travel Restrictions	48
FAA adopts stricter unruly passenger policy	48
Travel Advisory	48
New Standards for Airports in Washington	49
International Travel	49
Seattle-Tacoma International Airport	49
Alaska Airlines offers rapid testing for Hawaii-bound travelers	49
Amtrak	49
Washington State Ferries	50
Students who plan to travel	50

Traveling to Medical Appointments	50
Sound Transit	50
Sound Transit Fares	50
Sound Transit Service Changes	51
Fare Enforcement Officers	51
King County Metro	51
Mask Dispensers	51
Rider Dashboard	51
Metro Fare Collection	51
Metro Service Changes	52
More Reliable Transportation in South King County from Metro	52
Passenger Limits	52
VanPool/VanShare	53
KING COUNTY LIBRARY SYSTEM	53
PARKS and RECREATION	54
King County Parks	54
State Parks	54
AVOIDING SCAMS	54
Office of the Attorney General: Consumer Alerts	55
CONTACT INFORMATION	55

# KING COUNTY PUBLIC HEALTH

### **General Information**

COVID-19 is a virus strain spreading from person-to-person. Health experts are concerned because this new virus has the potential to cause severe illness and pneumonia in some people — especially people over age 60 or who have weakened immune systems.

CDC | DOH | FAQs | Infographics

Health experts are still learning more about the spread and severity of illness COVID-19 causes. Currently it is thought to spread:

- through respiratory droplets when an infected person coughs, sneezes, or talks
- between people who are in close contact with one another (within about 6 feet)
- by touching a surface or object with the virus and then touching the mouth, nose, or eyes

People with COVID-19 have had a wide range of symptoms reported – from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with the following symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

PSA videos: Public Health – Seattle and King County videos are now available in 21 languages.

American Sign Language: Educational Videos about COVID-19 in American Sign Language.

Translations: Amharic | Arabic | Burmese | Chinese | Dari | Fijian | Filipino/Tagalog | French |
Hindi | Hmong | Japanese | Khmer | Korean | Lao | Marshallese | Oromo | Pashto | Persian |
Polish | Portuguese | Punjabi | Romanian | Russian | Samoan | Somali | Spanish | Swahili | Thai
| Tigrinya | Ukrainian | Vietnamese | ASL for Deaf/Hard of Hearing and DeafBlind

# King County COVID-19 Call Centers

For medical questions related to COVID-19, employee health, contact tracing or testing, Contact the call center at 206-477-3977 between 8:00 AM and 7:00 PM.

If you need isolation or guarantine for COVID-19,

Contact the call center at 206-477-3977 between 8:00 AM and 10:00 PM

For non-medical questions about COVID-19 including compliance and business-related issues, Contact the King County COVID-19 Business and Community Information Line at 206-296-1608 between 8:30 AM and 4:30 PM or submit a written inquiry or report online.

# King County COVID-19 Data Dashboards



# Testing for COVID-19

Public Health – Seattle and King County urges anyone who has COVID-19 symptoms or close contact with someone who has COVID-19 be tested right away. For anyone facing any barriers to getting tested, Public Health – Seattle and King County is working with local partners to open additional free COVID-19 testing sites in King County. Contact a healthcare provider to discuss the need for testing.

**Don't wait to test if you have symptoms:** Early in the crisis, COVID-19 testing was limited, but it is now widely available in King County, and Public Health's testing guidance has changed accordingly in alignment with Washington state Department of Health. DOH FAQs

### Free COVID-19 Testing

The following locations provide <u>free COVID-19 testing</u> regardless of immigration or insurance status. They are open to anyone who cannot access a COVID-19 test through their regular healthcare provider. Most sites are non-profit Community Health Centers. Due to high demand, everyone is encouraged to register online before going to the test sites. For more information, call the King County COVID-19 Call Center at 206-477-3977 (open 7 days a week, 8:00 AM – 7:00 PM) or visit the <u>interactive map</u>.

English | Amharic | Arabic | Chinese | Dari | Filipino | Khmer | Korean | Marshallese | Pashto | Russian | Samoan | Spanish | Swahili | Tongan | Ukrainian | Vietnamese

### Testing Sites in District 7

### Auburn

Public Health - Seattle and King County

Auburn Drive-thru, GSA Complex 2701 C St. SW, Auburn, 98001 Monday - Saturday 8:30AM – 5:30PM 206-477-3977 | Make an appointment online

### Federal Way

Federal Way Weyerhaeuser Aquatic Center

650 SW Campus Dr, Federal Way, 98023 Monday to Saturday 9:30 AM – 5:30 PM 206-477-3977

https://www.chifranciscan.org/freetesting

SeaMar Community Health Center

31405 18<sup>th</sup> Ave S, Federal Way 98003 Tuesdays 12:00 PM – 4:00 PM 253-681-6600

### **Kent/Des Moines**

SeaMar Community Health Center 233 2<sup>nd</sup> Ave S, Kent 98032 Mondays 9:00 AM – 1:00PM 206-436-6380

### Highline College

2402 S 240<sup>th</sup> St, South Parking Lot, Des Moines, 98198 Monday to Saturday 9:30 AM – 5:30 PM 206-477-3977 | Make an appointment online

### Seattle Testing Sites

Public Health – Seattle and King County is supporting the City of Seattle and the University of Washington to launch two free drive-through COVID-19 testing sites. The facilities are located in north and south Seattle and will operate Monday through Saturday, from 10:00 a.m. to 3:00 p.m. and accommodate drive-through clients who book ahead through the website. Tests will be administered by the Seattle Fire Department.

### SCAN: Free testing by mail

Public Health – Seattle and King County has partnered with the Seattle Flu Study to launch a home testing program called the Seattle Coronavirus Assessment Network (SCAN). The study is working to understand how COVID-19 is spreading throughout King County, and offers free, confidential, at-home tests. Enroll at <a href="mailto:scanpublichealth.org/screener">scanpublichealth.org/screener</a>.

### Viral PCR Test

A viral PCT test is a diagnostic tool and is administered when someone is suspected of having COVID-19. A positive result means it is confirmed that the patient has or has recently had COVID-19.

### **Antibody Test**

A new type of test called <u>serology (antibody) tests</u>, measures antibodies to the SARS-CoV2 virus (which causes COVID-19). It is a blood test that can be done on anyone with or without symptoms, and it is <u>not</u> a diagnostic tool. The antibody tests show if someone was exposed to the SARS-CoV-2 virus. It is becoming available, but there are important limitations.

An antibody test might not show if you have a current infection because it can take 1–3 weeks after infection for your body to make antibodies. Having antibodies to the virus that causes COVID-19 might provide protection from getting infected with the virus again. If it does, we do not know how much protection the antibodies might provide or how long this protection might last.

### Quarantine Guidelines

Public Health – Seattle and King County will adopt the <u>new CDC quarantine guidance</u> for people exposed to someone with COVID-19. Quarantine effectively helps prevent the spread before someone knows they are sick or are infected but without symptoms. The CDC and Public Health recommends the following quarantine options if you have been exposed to someone with COVID-19:

- **14-day quarantine** (after your last contact) is still the best way to prevent spreading COVID-19.
- **10 full days** (after your last contact) if 14 days is not possible and no symptoms were reported during daily monitoring. Testing is not required. The transmission risk is 1-10%.
- 7 full days (after your last contact) when diagnostic testing resources are sufficient and available and if no symptoms were reported during daily monitoring <u>AND</u> after receiving a negative result from a diagnostic specimen test. Testing must be within 48 hours before the time of ending quarantine. The quarantine cannot be discontinued earlier than Day 7. The transmission risk is 5-12%.

### **Isolation and Quarantine Sites**

The purpose of this set of actions is to provide safe Isolation/Quarantine locations for King County residents who cannot safely isolate or quarantine in their home, either because they do not have one or because they share their home with a vulnerable person.

CDC Guidelines | Public Health Guidelines | FAQs

### Local Health Officer Quarantine Directive and Isolation Order

Effective March 28, 2020, individuals who have tested positive for COVID-19 or who are exhibiting symptoms of COVID-19 and have a test result pending may place other vulnerable members of the public at risk. To protect the health of our community and prevent the spread of COVID-19, the Local Health Officer issued the following:

#### Quarantine Directive

Everyone with COVID-19 symptoms (fever, cough, and/or difficulty breathing) who has a **test result pending shall stay in a quarantine location** (your home if you have one or in a government directed or publicly provided location if one is available) in accordance with CDC and Public Health guidance.

### **Isolation Order**

- All individuals who tested positive for COVID-19 shall enter and remain in isolation. Do not leave your home or recovery facility, except to receive medical care.
- For individuals with symptoms, discontinue isolation only under the following conditions:
  - At least 24 hours have passed since recovery defined as resolution of fever without the use of fever reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); AND
  - At least 10 days have passed since symptoms first appeared.

• For individuals who tested positive but have not had any symptoms, discontinue isolation when at least 10 days have passed since the date of the first positive COVID-19 diagnostic test, and there has been no subsequent illness.

### Compliance

All individuals are strongly urged to voluntarily comply with this directive and order without delay. **Individuals who fail to comply may be subject to involuntary detention** pursuant to public health authority under RCW 70.05.070 (2)-(3) and WAC 246-100-036 (3).

### Isolation/Quarantine Sites

https://www.youtube.com/watch?v=lCvmqmnQh5Q

- Kent Motel (former Econo Lodge) | Total capacity: 79
   1233 Central Avenue North, Kent
   https://www.youtube.com/watch?v=mleu9H6b-Ds
- North Seattle/Aurora | Six modular units; Total capacity: 23
   1132 N. 128th Street, Seattle
   https://www.voutube.com/watch?v=LmTr\_svU\_rg
- Issaquah Hotel (leased former Holiday Inn) | Total capacity: 99 1801 12th Avenue NW, Issaquah

### Assessment Center/Recovery Center (AC/RC)

A large, congregate care facility designed to provide Public Health-supervised care to symptomatic or COVID positive adults who are not able to follow public health guidance for isolation, quarantine, or recovery in their own home, or because they do not have a home. AC/RC facilities can serve as flex space for hospitals, making it possible to discharge non-serious COVID cases to the AC/RC, freeing hospital beds for the most acute cases.

The purpose of this set of actions is to provide "surge" capacity for hospital diversion during the projected peak of an outbreak. This emergency strategy will provide congregate settings for larger groups of people to be assessed for COVID-19 and to receive nurse-level Public Health supervision for people who do not need—or who no longer need—hospital-level care.

King County has identified the following sites for AC/RC assistance (others may be added):

- Shoreline: 19030 1<sup>st</sup> Avenue NE, Shoreline (150)
- Eastgate: 13620 Eastgate Way, Bellevue (150)
- Interbay: 601 Elliott Avenue West, Seattle (72)
- SoDo: 1039 Sixth Ave. S., Seattle (250)

This <u>video</u> highlights an example of how local companies are stepping up to support County residents who will recover at AC/RC sites.

### Shelters

### **King County Reduces Shelter Concentrations**

April 2, 2020

King County continues to reduce shelter concentrations by moving nearly 400 people to hotels. This is another in a series of actions King County is taking to "de-intensify" the concentration of people in shelters. This action also will allow locations to stay open 24/7, and meals will be provided. Onsite services and oversight will be provided by the shelter operators. These are not isolation and quarantine facilities. The people who are moving are presumed to be well.

The purpose of this set of actions is to support existing institutions to implement Public Health guidance to prevent transmission of COVID-19. This strategy focuses on preventing people from contracting COVID-19 in the first place.

- The Sophia Way moved 100 people from a shelter site in Bellevue to a hotel in Bellevue, at 625 116th Avenue NE.
- Catholic Community Services moved 90 people from shelter sites in Kent, Federal Way and Renton to a SeaTac hotel, at 2900 S. 192nd Street. It is also moving approximately 40 people from the King County Airport shelter to the Inn at Queen Anne.
- **Downtown Emergency Service Center (DESC)** moved 200 people from its Seattle shelters to a hotel in Renton, at 1 South Grady Way.
- The Salvation Army moved about 60 people from the King County Administration Building and the King County 4<sup>th</sup> and Jefferson Building Shelter to the Civic Hotel.

### Shelter "De-intensification"

https://www.youtube.com/watch?v=4i5tMICF-rU

Seattle and King County created space for shelter "de-intensification" that allows shelters to maintain the minimum six-foot distance between residents that Public Health recommends.

# **Facial Coverings Mandatory Statewide**

Gov. Jay Inslee has announced a statewide mandate requiring facial coverings when in public effective June 26<sup>th</sup>. The statewide order includes exemptions for children under 5 and those who are deaf or hard of hearing. Additionally, beginning July 7<sup>th</sup>, businesses must require all employees and customers to wear face coverings. Under this <u>proclamation</u>, businesses may not serve any customer, services or goods, if they do not comply with the state-wide face covering order. The decision comes as counties across the state, including King County, have seen COVID-19 infections on the rise in the last month as more people interact with each other. On July 23<sup>rd</sup>, the state also expanded its face covering mandate to include common areas, such as elevators, hallways, lobbies and similar areas effective July 25<sup>th</sup>.

# King County Face Covering Directive

Face coverings are required in all public indoor spaces, and outdoors when you cannot remain 6 feet apart. The Washington State Department of Health has issued a statewide order requiring

individuals to wear a face covering in indoor public spaces such as stores, offices and restaurants. The order also requires face coverings outdoors when you can't stay 6 feet apart from others. A face covering is not needed when you are outside walking, exercising, or otherwise outdoors if you are able to regularly stay 6 feet away from other people who do not live with you.

WA DOH Full Guidance | COVID-19 Page

Wear fabric face coverings, such as cloth face masks, scarves, and bandanas. The face covering must fit over your nose and mouth. It is important to save medical-grade surgical masks and N95 respirators for healthcare workers and people who have special health needs.

Instructions on making cloth masks.

### To protect yourself, wear face coverings properly.

- Your mask should always cover your nose and mouth.
- Always wash your hands with soap and water or use an alcohol-based hand sanitizer before you put on a face covering and after removing it.
- Change your face covering when it gets moist.
- Wash your face covering after each use.

#### Some people do not need to follow this directive, including:

- Babies and toddlers under age 2 should never wear cloth face coverings.
- Children ages 3-5 are encouraged to wear a face covering when possible.
- Anyone with a disability that makes it hard for them to wear or remove a face covering.
- Anyone who is deaf and moves their face and mouth to communicate.
- Anyone who has been advised by a medical professional to not wear a face covering because of personal health issues.
- Anyone who has trouble breathing, is unconscious, or unable to remove the face covering without help.

**REMEMBER:** Staying home is still the safest way to prevent spreading COVID-19. When out, wear your face covering, stay 6 feet apart from others, wash your hands frequently, and stay local. Businesses are required to post signage advising individuals to wear face coverings on the premises. Businesses can download a sign that can be used for this purpose at <a href="https://www.kingcounty.gov/masks">www.kingcounty.gov/masks</a>.

Translations: Amharic | Chinese | English | Khmer | Korean | Russian | Somali | Spanish | Vietnamese | For Deaf, Hard of Hearing, and Blind Community Members



# King County Mask Distribution Program

King County purchased 25 million cloth and disposable masks to provide these critical supplies to our communities as we enter new phases of re-opening in the wake of COVID-19. We are working with Chambers of Commerce, King County Cities, County Councilmembers, Community Organizations, Churches and Faith-Based Organizations, Transit Agencies, Food Banks, Senior Centers, and other key stakeholders to get supplies out to King County residents. Please visit this website for more information on how to access these supplies.

### Free Face Masks at all King County Safeway Stores

King County residents can visit any of the 59 Safeway locations in King County to obtain free face masks. Customers can obtain two free reusable masks per person in their household, for up to 12 masks total, while at the checkout stand. For a list of other mask distribution sites in King County, please visit this website.

# King County Regional Donations Connector

Effective October 1, 2020, King County's Donations Management Branch will be shut down and the email inbox will no longer be monitored. If you would like to make a donation to the County, please contact the Logistics Section at <a href="mailto:recc.logs@kingcounty.gov">recc.logs@kingcounty.gov</a>

# King County Project CARE

On April 14<sup>th</sup>, King County launched the <u>Project C.A.R.E. website</u> (C.A.R.E stands for COVID-19 ACTION and RESPONSE ENLISTMENT). It is a comprehensive website that centralizes donations and volunteer opportunities to encourage people to give back to their community and help connect would-be volunteers with the organizations where their help is most needed.

# King County 2020 Broadband Access Study

King County has completed its 2020 broadband access study which highlights that sustaining vibrant communities must include removing barriers that prevent low-income and rural residents in our community from full and equitable digital engagement. Read more about it <a href="here">here</a>. For results specific to District 7, click <a href="here">here</a>.

# Office of Equity and Social Justice

### Resource Guide

The King County Office of Equity and Social Justice has expanded their <u>resource guide</u>, highlighting financial resources for individuals, families, and small businesses.

Translations: Amharic | Arabic | Chinese | Korean | Oromo | Russian | Somali | Spanish | Tigrinya | Vietnamese

### **Equity Impact Awareness Tool**

There are 3 primary factors that can identify communities whose health is especially vulnerable to an economic crisis during COVID-19 response. This  $\underline{tool}$  can be used as a reference for understanding these factors as they present in the data.

### Anti-Stigma Resources

Misinformation about coronavirus can create fear and hostility that hurts people and makes it harder to keep everyone healthy. We're stronger as a community when we stand together against discrimination. Take advantage of these <u>resources</u> to prevent, interrupt, and respond to stigma.

# **GOVERNMENT EMERGENCY ACTIONS**

## Federal Emergency Actions and Guidance

The <u>Centers for Disease Control and Prevention COVID-19 page</u> is an excellent source of information and guidance about federal actions and guidance for travelers, employers, schools and community and faith-based organizations.

# **State Emergency Actions**

Gov. Jay Inslee has announced a series of emergency actions to stop the spread of coronavirus. Learn more about <u>state emergency actions</u> or <u>view recent and upcoming press conferences</u>.

# **Local Emergency Actions**

Local jurisdictions may choose to impose additional actions or guidance to their communities. Visit <u>Public Health — Seattle and King County's website</u> and see King County's response to COVID-19.

### Enforcement

On March 30<sup>th</sup>, Gov. Jay Inslee, outlined three tiers of response to complaints of suspected violation of the order.

- The first tier is to educate the suspected violator about how to comply with the order.
- For those who don't comply at that point, the state could issue citations or suspend permits, including revocation of business licenses.
- At the third tier, for continued violators, cases could be referred to the Attorney General for either civil or criminal charges.

People who suspect a business is violating the order can visit the state's coronavirus site to <u>report online</u> or can contact local law enforcement through non-emergency numbers. Inslee and other officials stressed that people should not call 911 to report such violations.

In King County, violating a Local Health Order is a misdemeanor. Violators of the Governor's Proclamations may be subject to criminal penalties. King County will not be actively searching for violations, our focus is on helping people understand the importance of social distancing, rather than citations. If you have specific questions or reports related to this Guidance, please email coronavirus@kingcounty.gov.

### FDA Warns the Public About Methanol-based Hand Sanitizers

The U.S. Food and Drug Administration has issued a warning about methanol-based hand sanitizers. The FDA is advising consumers not to use <u>certain hand sanitizers</u> due to the potential presence of methanol, a toxic alcohol that can cause blindness or death when absorbed through the skin or when swallowed.

# **Contact Tracing**

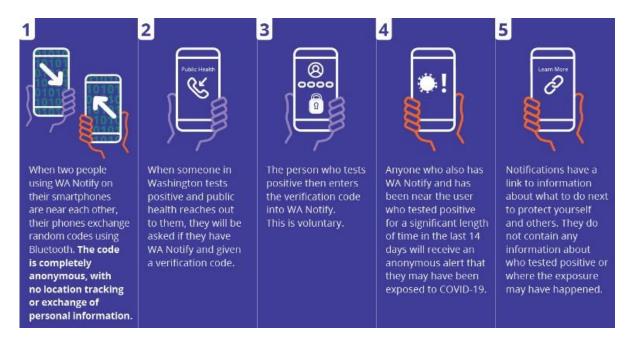
On May 12<sup>th</sup>, Gov. Jay Inslee announced the launch of a statewide <u>contact tracing plan</u> that will allow more businesses to open and more people to be active in public while helping to slow and prevent the spread of COVID-19.



The responsibility for contact tracing in Washington state essentially lies with the counties. Public Health — Seattle and King County have 61 contact tracers handling about 500 cases per week. The agency believes they are reaching most people who have COVID-19.

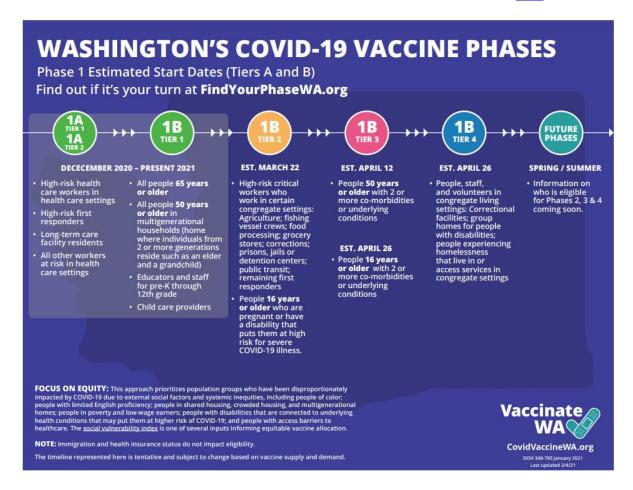
# New COVID-19 Exposure Notification Tool

Gov. Jay Inslee and the Washington State Department of Health announced the launch of <a href="WANotify">WANotify</a>, an anonymous exposure notification tool that was created to help stop the spread of COVID-19. The app will alert residents if they spent time near another WA Notify user who later tests positive for COVID-19. It uses privacy-preserving technology and works without collecting or revealing personal data or location. Read more about it <a href="here">here</a>.



# Vaccine Distribution Plan in Washington

On January 18<sup>th</sup>, Gov. Inslee announced an updated statewide vaccine distribution and administration plan to increase the number of Washingtonians vaccinated and establish infrastructure capable of mass vaccinations in the coming months. Read more here.



#### Phase 1B1

The state DOH has moved to Phase 1B1 of the vaccine distribution plan, which includes anyone 65 and older, and all people 50 and older who also live in a multigenerational household. With the increasing vaccine supplies received by the state and the assumption that it will continue to increase, Gov. Inslee announced on March 4, 2021 the projected COVID-19 vaccination timeline in the coming weeks. Read more about the COVID-19 vaccine here.

#### Educators and Licensed Childcare workers

On March 2, 2021, Gov. Inslee announced the state is adding educators and licensed childcare workers to Washington's Phase 1B1, making them eligible to get vaccinated through existing providers and the Federal Retail Pharmacy Program that operates through national and independent pharmacies. Read more <a href="https://example.com/here/here/">here/</a>.

### **Puget Sound Veterans**

The U.S. Department of Veterans Affairs health care system announced today that veterans in the Puget Sound region are now eligible for the COVID-19 vaccine – regardless of age, health or living situation. The only eligibility requirement is that you must be enrolled in the VA system. Veterans who aren't enrolled can check their eligibility on the VA website.

The health care system is offering the Pfizer and Moderna vaccines at the American Lake and Seattle medical centers, as well as the Silverdale and Mount Vernon clinics. Appointments are required and higher risk veterans will be prioritized. Eligible veterans can call 206-716-5716 or contact their primary care team to sign up.

### Washington Department of Health Phase Finder

To assess your eligibility to receive COVID-19 vaccine, please visit the Washington Department of Health Phase Finder web form.

### Register by phone

For assistance on registering by phone, call King County Public Health Call Center at 206-477-3977 or Washington COVID-19 Assistance Hotline at 1-800-525-0127, then press #.

### Other Vaccine Locations

Visit <u>Washington DOH</u> or <u>VaccineFinder.org</u> for other vaccine locations in the state. If you have any questions, contact COVID.Vaccine@doh.wa.gov.

### **COVID-19 Vaccine in King County**

As of January 18, 2021, Washington State Department of Health has opened vaccine distribution through Phase 1B1. Learn more about eligibility and getting vaccinated in King County. Vaccination is currently open for people who are:

- Eligible for Phase 1A: all workers at risk of acquisition or transmission of COVID in healthcare settings; long-term care facility staff and residents; and home health and care aides. Eligible for Phase 1B1:
  - Age 65 years and older
  - Age 50 and older if they live in a household where two or more generations live, (such as an elder and a grandchild), and meet these qualifications:
    - Cannot live independently and receive support from a relative or caregiver (paid or unpaid) or someone who works outside the home
    - Lives with and cares for a young child, like a grandparent with a grandchild.

English | Amharic | Arabic | Burmese | Chinese (Simplified) | Chinese (Traditional) | Chuukese | Farsi | French | German | Hindi | Hmong |
Japanese | Karen | Khmer (Cambodian) | Korean | Laotian | Marshallese | Nepali | Oromo | Portuguese (Brazil) | Punjabi | Romanian | Russian |
Samoan | Somali | Spanish | Swahili | Tagalog | Tamil | Telugu | Thai | Tigrinya | Ukrainian | Urdu | Vietnamese

### **Vaccination Sites and Mobile Teams**

King County allocated \$7 million to create high-volume community vaccination sites and mobile teams to be able to vaccinate as many residents as possible. The sites serve people at highest risk of severe illness and death from COVID-19 first and eventually be open to all members of the public as more vaccine supplies become available. In addition, mobile strike teams will form to reach those who are not able to visit a healthcare provider or vaccination center.

Registration is currently open to residents of South King County who are:

- Age 65 and older **OR**
- A family caregiver or home care worker taking care of someone age 50 or older who cannot live independently. The caregiver or home care worker does not need to be 50 or older **OR**
- Specific groups of people age 50 and older, particularly those who are:

**Unable to live independently** and receiving care from a caregiver, relative, in-home caregiver or someone who works outside the home.

**Living with AND caring for kin** (examples include caring for a grandchild, niece, or nephew. This does not include parents living with their child.).

**To register by phone,** call the King County Public Health Call Center at 206-477-3977 between 8:00 AM and 7:00 PM or the Washington COVID-19 Assistance Hotline at 1-800-525-0127 (press #) between 6:00 AM and 10:00 PM on Mondays or 6:00 AM and 6:00 PM on Tuesdays through Sundays.

#### Auburn

Auburn General Services Administration Complex 2701 C St SW, Auburn, 98001 Drive-through only Monday – Saturday | 8:30 AM – 5:30 PM Book an appointment here

#### Kent

Kent Accesso ShoWare Center 625 W James St, Kent, 98032 Park, walk, or arrive by transit Monday – Saturday | 8:30 AM – 5:30 PM Book an appointment here

### COVID-19 Risk Assessment Dashboard

The State has put together a <u>COVID-19 Risk Assessment Dashboard</u> that provides a high-level overview of the main data points discussed among state leaders and the level of risk experts perceive around the current numbers and situation. The dashboard gives more details on the metrics discussed by Gov. Inslee that will be used to determine readiness to proceed safely through a phased reopening.

# Healthy Washington – Roadmap to Recovery Plan

On January 5, 2021, Gov. Jay Inslee and the state Department of Health announced a new reopening plan which starts as a two-phase plan and will allow regions to reopen upon meeting new metrics on hospitalization, case data and test positivity. The state will add more phases as the situation improves. On January 11, 2021, the state followed a regional recovery approach with every region beginning in Phase 1. The regions are mostly based on Emergency Medical Services (EMS) regions used for evaluating healthcare services. View the plan here.



On January 28, 2021, Gov. Inslee announced changes to the Healthy Washington – Roadmap to Recovery. Regional assessment and posting will be conducted every two weeks. Transitions will be automatic per the recommendation of the state DOH, therefore there will be no application process unlike last year's Safe Start Plan. All eight regions will begin in Phase 1 and in order to move to Phase 2, a region must meet at least three of the four metrics:

- 10% decline in two-week COVID-19 case rate per 100K population
- 10% decline in two-week new COVID-19 hospital admission rates per 100K population
- Less than 90% ICU occupancy rates (both COVID-19 and non-COVID-19 patients)
- Less than 10% COVID-19 test positivity rate

To remain in Phase 2, regions must meet at least three metrics. If any region fails to meet any two metrics, they will still regress to Phase 1:

- Decreasing or flat trend in two-week COVID-19 case rate per 100K population
- Decreasing or flat trend in two-week new COVID-19 hospital admission rates per 100K population
- Less than 90% ICU occupancy rates (both COVID-19 and non-COVID-19 patients)
- Less than 10% COVID-19 test positivity rate

# **Healthy Washington - Roadmap to Recovery**

Activities	Phase 1	Phase 2
Social and At-Home Gathering Size — Indoor	Prohibited	Max of 5 people from outside your household, limit 2 households
Social and At-Home Gathering Size — Outdoor	Max of 10 people from outside your household, limit 2 households	Max of 15 people from outside your household, limit 2 households
Worship Services	Indoor maximum 25% capacity	Indoor maximum 25% capacity
<b>Retail Stores</b> (includes farmers' markets, grocery and convenience stores, pharmacies)	Maximum 25% of capacity, encourage curbside pick-up	Maximum 25% of capacity, encourage curbside pick-up
Professional Services	Remote work strongly encouraged, 25% capacity otherwise.	Remote work strongly encouraged, 25% capacity otherwise.
Personal Services	Indoor maximum 25% capacity.	Indoor maximum 25% capacity.
Eating and Drinking Establishments (establishments only serving individuals 21+ and no food remain closed)	Indoor dining prohibited. Outdoor dining, 11 PM close, maximum 6 per table, limit 2 households per table	Indoor dining available 25% capacity, 11 PM close. Outdoor dining available, maximum 6 per table, limit 2 households per table
Weddings and Funerals	Ceremonies are limited to a total of no more than 30 people. Indoor receptions, wakes, or similar gatherings in conjunction with such ceremonies are prohibited.	Ceremonies and indoor receptions, wakes, or similar gatherings in conjunction with such ceremonies are permitted and must follow the appropriate venue requirements. If food or drinks are served, eating and drinking requirements apply. Dancing is prohibited.
Indoor Recreation and Fitness Establishments (includes gyms, fitness organizations, indoor recreational sports, indoor pools, indoor K-12 sports, indoor sports, indoor personal training, indoor dance, no-contact martial arts, gymnastics, climbing)	Low risk sports (including dance, no-contact martial arts, gymnastics, and climbing) permitted for practice and training only in stable groups of no more than 5 athletes. Appointment based fitness/training; 45-minute max session, no more than 1 customer/athlete per room or per 500/sq. ft. for large facilities.	Low and moderate risk sports competitions permitted (no tournaments). Fitness and training maximum 25% capacity.
Outdoor Sports and Fitness Establishments (outdoor fitness organizations, outdoor recreational sports, outdoor pools, outdoor parks and hiking trails, outdoor campsites, outdoor K-12 sports, outdoor sports, outdoor personal training, outdoor dance, outdoor motorsports)	Low and moderate risk sports permitted for practice and training only (no tournaments). Outdoor guided activities, hunting, fishing, motorsports, parks, camping, hiking, biking, running, snow sports, permitted.	Low, moderate, and high-risk sports competitions allowed (no tournaments), maximum 200 including spectators.
Indoor Entertainment Establishments (includes aquariums, indoor theaters, indoor arenas, indoor concert halls, indoor gardens, indoor museums, indoor bowling, indoor trampoline f acilities, indoor cardrooms, indoor entertainment activities of any kind, indoor event spaces)	Private rentals/tours for individual households of no more than 6 people permitted. General admission prohibited.	Maximum 25% capacity. If food or drinks are served, eating and drinking requirements apply.
Outdoor Entertainment Establishments (includes zoos, outdoor gardens, outdoor aquariums, outdoor theaters, outdoor stadiums, outdoor event spaces, outdoor arenas, outdoor concert venues, rodeos)	Ticketed events only: Groups of 10, limit 2 households, timed ticketing required.	Groups of 15, limit 2 households per group, maximum 200 including spectators.

NOTE: Live entertainment is no longer prohibited but must follow guidance above for the appropriate venue. Long-term Care facilities, professional and collegiate sports remain governed by their current guidance/proclamations separate from this plan.

Click the image to view the entire plan.

# All regions in Washington now in Phase 2

The Washington Department of Health (DOH) announced that all eight regions in the state have advanced to Phase 2 of the Healthy Washington reopening plan. DOH reassesses the metrics for all eight regions every two weeks and will announce any phase adjustments on Thursdays.

# Reopening Guidance for Businesses and Workers

Governor Inslee announced the Healthy Washington - Roadmap to Recovery plan, which lays out the process to safely reopen Washington state. The plan includes <u>guidance for certain businesses</u> and <u>industries</u> to help protect Washingtonians and minimize the spread of COVID-19.

# Important Reference Documents

Regional Phase Status ("Roadmap to Recovery")
Outdoor and Open-air Structures
Facial Coverings Guidance for Businesses
Voluntary Contact Information

### Healthy Washington Requirements

Agricultural IndustryOutdoor RecreationAgricultural EventsPersonal ServicesAgritourismPet Grooming

Bowling Professional Photography
Car Washes Professional Services

<u>Card Rooms</u> <u>Racing: non-motorized and motorized</u>

<u>Construction</u> <u>Real Estate</u>

<u>Domestic Services</u> <u>Recovery Support Groups</u>

<u>Drive-In Theaters</u>

Fitness and Training

Religious and Faith-Based Organizations

Restaurants, Taverns, Wineries, Breweries and

<u>Golf</u> <u>Distilleries</u>

<u>Indoor Entertainment</u> <u>Sporting Activities: Recreational, K-12, higher</u>

<u>In Store Retail</u> <u>education and professional</u>
Libraries | Talking Book & Braille Library Theater and Performing Arts

Manufacturing Transportation

<u>Miscellaneous Venues</u>

Motion Picture Industry

<u>Vehicle and Vessel Sales</u>

<u>Water Recreation</u>

Movie Theaters

Museums

Weddings, Funerals and Events
Workforce Education Programs

Outdoor Maintenance/Landscaping Zoos and Aquariums

For Business and Worker Inquiries, visit this site.

# Guidance for the Agricultural Industry

On June 2<sup>nd</sup>, Gov. Jay Inslee issued <u>guidance</u> further clarifying requirements for the agricultural industry. This comes after the governor issued <u>Proclamation 20-57</u> concerning the health of agricultural workers. It also builds on the <u>Agricultural Safety Plan</u> and <u>previous guidance</u> from the Washington State Department of Labor and Industries.

### **Agricultural Worker Testing**

On August 19<sup>th</sup>, Gov. Inslee issued an update to <u>Proclamation 20-57</u>, "Concerning the Health of Agricultural Workers." The proclamation now requires agricultural employers to test their workforce broadly when health officials identify an outbreak that passes certain thresholds. Read more about it <u>here</u>.

# Cap on Third-Party Delivery Fees to Help Restaurants

On November 19<sup>th</sup>, Gov. Inslee announced a new cap on fees charged to restaurants by third-party delivery platforms, such as Uber Eats, DoorDash, GrubHub, Postmates and others. The proclamation caps delivery fees at 15% and total fees at 18% of the purchase price of an order. Third party delivery platforms have seen increased usage as fewer people are dining indoors this year due to health restrictions and concerns over contracting COVID-19. Read more about it here.

# Federal funds distributed for COVID-19 outbreak response

The federal Coronavirus Aid, Relief, and Economic Security (CARES) Act, signed into law on March 27, 2020, appropriated approximately \$2.95 billion to state and local governments in Washington state to help fund the response to the COVID-19 outbreak. To view what these funds include and how they have been allocated, click here.

# **Driver Licenses and Instruction Permits Temporary Extension**

Gov. Inslee has taken action to allow the Department of Licensing (DOL) to <u>temporarily extend</u> the expiration dates of driver licenses and learner permits. This provides extra time to <u>renew online</u> or <u>schedule an appointment</u> without incurring penalties or late fees. Permit holders can continue to practice driving. Some licensing offices have reopened and are accepting limited inperson driver licensing appointments. Visit <u>DOL's website</u> for more information.

#### 2020

- Licenses and permits expiring March 1 June 30, 2020 are valid 360 days past the date printed on the card.
- Licenses and permits expiring July 1 September 30, 2020 are valid 270 days past the date printed on the card.
- Licenses and permits expiring October 1 December 31, 2020 are valid 180 days past the date printed on the card.

#### 2021

• Licenses and permits expiring January 1 – March 31, 2021 are valid 90 days past the date printed on the card.

# High-risk Worker Proclamation

On April 13<sup>th</sup>, Gov. Jay Inslee issued a proclamation giving high-risk workers the right to protect themselves from COVID-19 without jeopardizing their employment status or loss of income. On July 29<sup>th</sup>, Gov. Inslee issued <u>Proclamation 20-46.2</u>, amending <u>Proclamation 20-05</u>, which prevents all employers, public or private, from failing to provide accommodation to high-risk employees, as defined by the Centers for Disease Control and Prevention (CDC), that protects them from risk of exposure to the COVID-19 disease on the job. Read more here.

The employer must offer high-risk employees alternative work assignments, including telework, alternative, or remote work locations, if feasible, and social distancing measures:

- If an alternative work assignment is not feasible, or the employee declines, the employer must allow the employee to use any accrued leave or seek unemployment benefits;
- The employer must maintain the employee's health insurance benefits;
- The employer is prohibited from permanently replacing high-risk employees.

# Telemedicine Expanded for Medicaid Clients, Public Employees and School Workers

The state has taken several steps to support expanded use of telehealth for Medicaid clients as well as public employees and school workers. This includes providing services through telephone interaction; online digital interaction through a patient portal; and video-based evaluation and management health services. Learn much more on their website.

# Reducing COVID-19 Transmission Risk in Correctional Facilities

On April 13<sup>th</sup>, Gov. Jay Inslee announced steps to protect the health of <u>incarcerated individuals</u> by focusing on the early release of vulnerable populations, including nonviolent individuals who are due to be released within the coming weeks and months. The plan will focus on individuals incarcerated for nonviolent and drug- or alcohol-related offenses, as well as people held on lower-level supervision violations.

# Department of Adult and Juvenile Detention

The <u>Department of Adult and Juvenile Detention</u> is taking emergency action to ensure the health and safety of people in custody, visitors, and staff at all correctional facilities during the COVID-19 outbreak. King County Executive Dow Constantine also signed an order on March 24<sup>th</sup> suspending the work release program as <u>part of several steps</u> to reduce the number of people in custody and ensure the health of everyone in correctional facilities during the COVID-19 pandemic.

# King County Council Approves Fifth Round of Federal Emergency Funding

On November 10, the King County Council approved the fifth round of federal emergency funding in response to the COVID-19 pandemic. The additional \$46.7 million approved will be used to continue the support for the local response to the pandemic, including funds to improve pandemic safety in select childcare centers across King County. To learn more about this most recent appropriation, visit <a href="this site">this site</a>, and to learn more about King County's COVID response and recovery funding to date, <a href="click here">click here</a>.

# RESIDENTS | CONSUMERS

### **Food Assistance**

# Map of Free Food Resources

Public Health – Seattle and King County and the City of Seattle released <u>a map of free food</u> <u>resources</u>, which will be updated weekly. This new tool includes information about resources across King County in order to provide emergency food during COVID-19.

# **Emergency Food Access Resources**

Public Health – Seattle and King County has assembled an array of resources for people who need help staying fed during the COVID-19 pandemic. The page, which will be continuously updated as new resources become available, includes information on food delivery, pick-up, and access in

general with specific information for older adults, children, pregnant people and new moms, people without shelter, and more. You can access the site here.

### **USDA** Meals for Kids

The U.S. Department of Agriculture (USDA) launched the <u>"Meals for Kids" Site Finder</u> to help families find meals for children while schools are closed during the coronavirus pandemic.

### Free and Reduced-Price Meals

As the economic impacts of COVID-19 continue, more families are taking advantage of free meals provided by school districts. School districts have been able to provide free meals to all children aged 0–18, or older if enrolled in the K–12 school system, through the end of December 2020, thanks to waivers granted by the U.S. Department of Agriculture (USDA). However, once the funds run out at the end of the calendar year, many students will still need access to free or reduced-price meals from their school. Read more about it here.

### Basic Food Employment and Training Program (BFET)

The U.S. Department of Agriculture (USDA) recently approved Washington's proposal to allow low-income students in a wider range of certificate, degree and industry-recognized programs to receive food assistance through the state's Basic Food Employment and Training Program, or BFET, provided they meet all the other eligibility criteria. Previously, this support was available only to income-eligible students enrolled in vocational programs or basic skills classes, severely limiting the number of students potentially eligible for BFET. Read more about it here.

### Women, Infants, Children

WIC is the Special Supplemental Nutrition Program for Women, Infants and Children. The program gives families access to nutritious foods, nutrition education and breastfeeding support, health assessments and referrals. People seeking WIC services do not need to visit a WIC clinic. WIC services are available by phone or video chat even when physical buildings are closed. To find WIC services in your area: Call the Help Me Grow WA Hotline at 1-800-322-2588 | Text "WIC" to 96859 Visit ParentHelp123's ResourceFinder | Download the WIC Shopper app for more information.

### Pandemic EBT

P-EBT is a new emergency program for ALL children in grades K-12, who receive free or reduced-price school meals. P-EBT is not subject to public charge and will not affect your immigration status. P-EBT provides families with funds to pay the cost of meals while schools are closed due to COVID-19. If your family receives Basic Food through DSHS and your children receive free or reduced-price school meals, you do not need to apply for P-EBT. You will automatically receive these one-time benefits on your EBT card. Check with your school district to find out if you need to apply for free or reduced-price school meals so your family can receive P-EBT funds.

If your children are eligible for free or reduced-price school meals but do not receive Basic Food benefits, you will need to <u>apply for P-EBT</u> or call 877-501-2233. **The deadline to apply is on September 16th at 3:00PM.** 

Spanish | Amharic | Traditional Chinese | Khmer | Korean | Lao | Russian | Somali | Tigrigna | Vietnamese

### Financial Assistance

### **Department of Financial Institutions Resources**

The Washington State Department of Financial Institutions has <u>developed a list of financial</u> <u>resources</u> for Washington consumers impacted by the Coronavirus. We will add to this list as more resources become available.

### **KCLS Financial Assistance Navigation Services**

The King County Library System Financial Assistance Navigation Service helps point King County residents to the financial assistance programs they need, such as business loans, unemployment claims and rent assistance. Residents looking for guidance may visit KCLS Financial Assistance website to complete an online form detailing their small business and/or personal financial needs, and they will receive personalized financial information and referrals from KCLS staff. Those without computer or Internet access may call (800) 462-9600 to schedule a phone appointment.

### Disaster Cash Assistance Program

Washington State has made an emergency change to how <u>Disaster Cash Assistance Program</u> (DCAP) funds can be used in order to further assist people in need during the COVID-19 crisis. It is normally used to help low-income families following natural disasters, but the State has made an emergency change to the WAC to allow funds to be used during the pandemic.

This policy change will provide assistance for one month to Washington families and people without children who are <u>not eligible for other cash programs</u>, and who meet the income and resource limits of the program. People can apply for assistance by calling the Customer Service Contact Center at 877-501-2233 or by applying online at WashingtonConnection.org.

### Federal Stimulus Check

Cash assistance from the federal government's stimulus package depending on income, were sent to eligible households in April 2020 and January 2021. For additional information and to request your Economic Impact Payment, visit the <a href="Economic Impact Payments Information Center">Economic Impact Payments Information Center</a>.

# Mental Health Support

# Washington Recovery Helpline

This is a time of stress and anxiety for many Washingtonians. It's important that people stay home as much as possible and practice social distancing, but that can also feel isolating. The workers in our behavioral health community are ready to help. If you or a family member needs emotional or mental health support, or treatment resources for substance use, please consider calling the Washington Recovery Helpline at 1–866–789–1511.

# Washington Listens

The Washington Department of Health has launched <u>Washington Listens</u>, a support program and phone line to help people manage elevated levels of stress due to COVID-19. The program is anonymous, and a support specialist will connect you to community resources in your area. To speak with a support specialist, call 1-833-681-0211 or dial 711 for the Washington Relay Service.

### State and King County Resources

If you're feeling lonely, stressed or anxious, check out this State Department of Health <u>blog</u> <u>post</u> for three ways you can take control. King County also has <u>mental health resources</u> available to its residents. For professional mental health services and support, call the King County 24-Hour Crisis Line at 1-866-427-4747.

### Statewide Moratorium on Evictions

On December 31<sup>st</sup>, Gov. Jay Inslee <u>extended protections for renters</u> through March 31, 2021 as COVID-19 continues to impact the finances of Washingtonians statewide. The <u>proclamation</u> extends state rental assistance programs to incorporate the newly approved federal funding for rental assistance. Furthermore, the stated goal of these rental assistance programs is modified to provide a path for landlords, property owners, and property managers to initiate an application for rental assistance. The proclamation also clarifies that landlords and property owners may communicate with tenants in support of their applications for rental assistance.

The governor first proclaimed a moratorium on evictions in mid-March last year, then extended and expanded the moratorium. The King County Sherriff's Office has said it won't enforce evictions during the continuing outbreak.

### Rental Assistance

### YMCA offers rent assistance for young adults in King County

Young adults (ages 18-24) living in King County and struggling to pay rent can get assistance through the YMCA Social Impact Center that will cover up to six months of rent. If you or someone you know needs help, they can <u>visit this page to learn more</u> and apply.

Applicants must meet the following criteria:

- Aged 18-24
- Household resides in King County (household is any group of people wanting to maintain housing together young adult does NOT have to be head of household)
- Income at or below 80% area median income over last 60 days
- Behind in at least one month of rent (full or partial) since March 1

The assistance is available to undocumented people and is also available for tenants in informal (friend/family) rental agreements. Funding will be available until June 30, 2021. More information here.

### Department of Commerce Rent Assistance and Homelessness Prevention

The Washington state Department of Commerce has eviction rent assistance and homeless service programs provided through local housing providers in your community. Read more here.

### King County Eviction Prevention and Rent Assistance Program

King County has created a new program to assist households economically impacted by the coronavirus due to illness, loss of income or unemployment who have been unable to meet rent obligations and are at risk for eviction. King County Department of Community and Human Services stopped receiving new Eviction Prevention and Rent Assistance Program interest forms from tenants and landlords on Friday, December 4<sup>th</sup> at 5:00 PM, in order to process assistance for tenants and properties ahead of the December 30<sup>th</sup>, 2020 expenditure deadline. For questions, please contact CommerceRAgrant@kingcounty.gov or call 206-263-9053.

### **Washington Rent Assistance**

Washington Rent Assistance provides an online directory of rental assistance programs in Washington state. For a list of rental assistance providers in each city, click here.

### **United Way King County**

United Way has an expanded program of rental assistance since April 10<sup>th</sup>. One month of rental assistance is being offered to people in King County struggling to pay rent due to the coronavirus. Listed below are the requirements to qualify and a link to the application. Funds are available on a first come, first served basis.

If you're a King County resident who has been impacted financially by COVID-19 and are behind on your rent, you may qualify for assistance. Please fill out a <u>one-minute survey</u> or visit <a href="www.uwkc.org/renthelp">www.uwkc.org/renthelp</a> or call 2-1-1. United Way is currently fundraising for additional support. Please provide your email and they will let you know if the program reopens. You may also send an email to <a href="Renthelp@uwkc.org">RentHelp@uwkc.org</a>.

# **Unincorporated King County Tenant Protections**

On June 23<sup>rd</sup>, King County Council passed a new legislation protecting tenants who are unable to pay their rent due to the financial impacts of COVID-19. The ordinance extends protections to residential tenants, including manufactured homeowners, and small commercial tenants in King County. Learn more about it <a href="here">here</a>.

# Homeowners and Mortgage Assistance

# Federal Housing Support (CARES Act)

For homeowners with federally backed mortgages and properties that receive federal subsidies, the CARES Act provides:

- a 12-month forbearance on mortgage payments
- a 60-day moratorium on foreclosures
- a 120-day moratorium on evictions and late fees for renters

## **Emergency Solutions Grant**

The Emergency Solutions Grant (ESG) program utilizes federal funds to support communities in providing street outreach, emergency shelter, rental assistance, and related services. This program provides resources for adults and families with children experiencing or at-risk of homelessness. More information about Washington state's Emergency Solutions Grants <u>available here</u>.

### **Coronavirus Support and Assistance**

- <u>List of COVID-19 Mortgage Assistance and Relief Programs</u>
  List of federal government programs and mortgage lenders offering relief.
- <u>COVID-19 Guidance to Mortgage Servicers</u>
   Guidance issued by DFI to Washington mortgage servicers.

#### Foreclosure Assistance and Information

- Washington Foreclosure Mediation Program
   Information about the Washington foreclosure mediation program.
- Washington Foreclosure Prevention Guide
  Resource for homeowners to learn about how to avoid foreclosure.
- Resources for Washington Homeowners
   Mortgage and avoiding foreclosure resources for Washington homeowners.

### Telephone Support and Assistance

If you don't have enough money to pay, contact your lender or landlord immediately.

- Washington Homeownership Hotline (877-894-4663)
- Department of Financial Institutions (877-746-4334)
- Housing and Urban Development Counseling Program (800-569-4287)
- List of Housing Counseling Agencies
- Consumer Financial Protection Bureau suggestions

### Internet Access

### Drive-in WiFi Hotspots

The Washington State Broadband Office estimates over 300 new drive-in Wi-Fi hotspots coming online statewide through an initiative to bring free public broadband internet access to all residents. Access is available to all residents with specific emphasis on remote learning for students. Additionally, this service can be used for job searches, telehealth, telework, unemployment filing, and census participation. For complete information and a map of locations, visit www.driveinwifi.wa.gov.

# Xfinity WiFi Public Hotspots

Xfinitiy is offering free WiFi hot spots, unlimited data, and no disconnects or late fees. A map of free hotspot locations and info on how to connect is <a href="here">here</a>. There are thousands of these hotspot locations across King County.

#### Comcast Internet Essentials

Comcast is offering 60 days of free internet access for low-income families. To sign up, applicants can visit their website.

#### **ATT Access**

ATT offers low-cost internet service for eligible households who participate in the Supplemental Nutrition Assistance Program (SNAP). Visit their <u>website</u> for more information.

### **Utilities Assistance**

If you need help paying your utility bills, contact your service provider immediately.

### Ratepayer Assistance and Preservation of Essential Services

Proclamation 20-23 prohibits all energy, telecommunications, and water providers in Washington State from conducting the following activities: (1) Disconnecting any residential customers from energy, telecommunications, or water service due to nonpayment on an active account, except at the request of the customer. (2) Refusing to reconnect any residential customer who has been disconnected due to nonpayment; (3) Charging fees for late payment or reconnection of energy, telecommunications, or water service; and (4) Disconnecting service to any residential customer who has contacted the utility to request assistance from the utility's COVID-19 Customer Support Program.

These prohibitions on disconnecting, refusing to reconnect, and charging late fees in this proclamation, as amended, are extended until termination of the COVID-19 State of Emergency or 11:59 p.m. on April 30, 2021, whichever comes first.

### **Utilities and Transportation Commission**

On October 15<sup>th</sup>, UTC ordered investor-owned electric and natural gas utilities in Washington to continue a moratorium on disconnections for nonpayment until April 30, 2021. Also, utilities will continue to waive deposits for new customers and all late fees through Oct. 27, 2021. UTC offers utility assistance and energy assistance programs. For questions, email consumer@utc.wa.gov or call 1-888-333-9882.

### Federal Government

Federal government also has <u>assistance programs</u> to help with telephone and heating bills. For questions, call USAGov at 1-844-872-4681.

### **Puget Sound Energy**

<u>PSE</u> will not disconnect customers, will waive late fees and offer payment plans. PSE will also make funds available to help customers who have been impacted by the COVID-19 pandemic through its <u>Crisis-Affected Customer Assistance Program (CACAP</u>).

### City of Seattle

<u>Seattle Public Utilities</u> and <u>Seattle City Light</u> will not shut off service for Seattle residents during the emergency. They offer a <u>payment plan</u> and a <u>utility discount program</u>. For more information, call 206-684-3000 or <u>send an email</u> 24/7.

### City of Bellevue

<u>Bellevue's Utilities Department</u> is not disconnecting water service for non-payment currently. Additionally, it is temporarily waiving late fees for non-payment. For questions, call 425-452-6932 or email <u>Utilities@bellevuewa.gov</u>.

### CenturyLink

<u>CenturyLink</u> is not disconnecting internet service or assessing late fees currently. Eligible customers can get more information and contact CenturyLink at 1-800-871-9244.

### T-Mobile

<u>T-Mobile</u> is not disconnecting small business customers due to inability to pay currently. Additionally, it is temporarily waiving any late fees that small business customers incur due to the COVID-19 situation. Eligible customers can find more information from T-Mobile. If you are past due you can set up a payment arrangement <u>online</u>, or dial 611 from your T-Mobile device to speak to your Team of Experts to find the best solution for you.

# HELP FOR VICTIMS OF VIOLENCE

### **Domestic Violence**

- National Domestic Violence 1-800-799-7233 | TTY: 1-800-787-3224 | Text "LOVEIS" to 22522
- Domestic Abuse Women's Network (S. King County) 425-656-7867 | Toll Free 1-877-465-7234
- LifeWire (E. King County): 425-746-1940 | 1-800-827-8840
- New Beginnings (Seattle/N. King County): 206-522-9472

### Sexual Assault

- <u>King County Sexual Assault Resource Center</u>: 425-226-5062 | 1-888-998-6423 | TTY: 425-271-6332 | Contact Dando Voz in Spanish at 425-282-0324
- Peace In the Home Helpline:1-888-847-7205 (help available in multiple languages)

### Gender-Based Violence

Please visit The Coalition Ending Gender-Based Violence's <u>website</u> for updates and a list of local resources. All services can be accessed through one of our County's 24-hour hotlines. 206-568-5454.

# Legal Assistance

Eastside Legal Assistance Program (ELAP) provides high-quality, no-cost civil legal aid to low-income residents of East, Northeast, and Southeast King County, Washington. We also provide legal aid to survivors of domestic violence throughout all of King County. Please visit ELAP's website for more information and a list of local resources. Call 425-747-7274 | 425-620-2778 (Spanish).

# **RESOURCES FOR VETERANS**

<u>King County Veterans Program</u> is here to help with emergency support, employment, housing and financial stability, and legal and end of life planning. Call KCVP Seattle at 206-477-8282 or KCVP Tukwila at 206-477-7022. The Auburn Senior Activity Center is also offering consultation hours over the phone during COVID-19. Call Paul Stayback for assistance at 206-477-0648.

The White House's interagency veteran suicide prevention task force released a two-year, \$53 million <u>strategy</u> outlining public health approaches to suicide prevention, with emphasis on the special needs of veterans. Read more about this <u>here</u>. Visit this <u>website</u> to learn more about VA's suicide prevention resources and programs.

Veterans who are in crisis or having thoughts of suicide, and those who know a veteran in crisis, can call Veterans Crisis Line for confidential support 24 hours a day. Call 800-273-8255 and press 1, send a text message to 838255 or chat online at <a href="VeteransCrisisLine.net/Chat">VeteransCrisisLine.net/Chat</a>.

# RESOURCES FOR IMMIGRANTS and REFUGEES

# COVID-19 Immigrant Relief Fund

The Washington COVID-19 Immigrant Relief Fund will provide \$40 million in federal funds allocated by the state to assist Washington workers who miss work due to COVID-19 but are unable to access federal stimulus programs and other resources due to their immigration status. While the fund is operational, eligible recipients will receive \$1,000, with a limit of \$3,000 per household. Applications are open through December 6<sup>th</sup>. Benefits will be disbursed by December 28<sup>th</sup>.

# Other Resources for Immigrants

One America has compiled a list of resources in Washington State (some in multiple languages) to ensure everyone in our communities is able to receive the care and necessities they need. You can access these resources here or on the council's www.kingcounty.gov/council/gethelp site.

Columbia Legal Services has a developed a coronavirus <u>benefits information guide</u> for people without immigration status, currently available in English and Spanish--and they are in the process of translating it into other languages.

# RESOURCES FOR WASHINGTON STATE TRIBES

The Washington State Department of Commerce announced \$5 million in emergency grants is now available to the 29 federally recognized tribes in the state to bolster their response to the COVID-19 pandemic. Each tribal government will receive an immediate grant of \$100,000, with the remaining \$2.1 million distributed based on a formula currently under development between Commerce and tribal leaders. More information about the grants is posted here under the "COVID-19 Emergency Response Grant for Tribal Governments" section.

On May 28<sup>th</sup>, Gov. Inslee announced the release of a proclamation related to provisions restricting tribes' use of fuel tax refunds to highway and transportation-related purposes. The <u>proclamation</u> is effective immediately and will expire on June 27, 2020.

# ASSISTANCE FOR KING COUNTY PET OWNERS

Regional Animal Services of King County (RASKC) has joined an amazing regional effort to ensure pet owners are able to keep their animals happy and healthy by addressing food insecurity in the wake of the COVID-19 pandemic.

Through the generous support of <u>GreaterGood.org</u>, a national nonprofit that protects people, pets and the planet, Seattle Humane worked with a team of shelter partners to create a distribution hub to get ongoing donations of pet food and supplies to those struggling financially.

King County has leased a warehouse to store pallets of pet food and supplies, which will be distributed across the state. The groups have created an updated <u>interactive map</u> to help pet owners find distribution sites around the region. Pet owners who are unable to visit a physical location can visit this link to fill out and submit a <u>Pet Food Bank request form</u>. For questions, please call 425-649-7566 or email outreach@seattlehumane.org.

Click here to learn more about King County's Pet Assistance Program.

# RESOURCES FOR ARTISTS and CULTURAL ORGANIZATIONS

A national group of community members has established a <u>long list of resources</u> geared toward freelancers and artists. This includes actors, designers, musicians, composers, craft artists, teaching artists, writers, and others.

<u>Seattle Artists Relief Fund</u> - to assist Seattle's creative professionals such as musicians, DJ's, independent chefs, writers, etc.

<u>Cultural Relief Fund</u> - The King County Council has approved \$2 million towards 4Culture's COVID-19 response efforts. Click here to view the recipients of the 2020 Cultural Relief Fund.

<u>Amplifier</u> - 4Culture is partnering with Amplifier to select 10 King County artists to provide artwork for an emergency, global campaign around the themes of public health and safety, or mental health and well-being. Each selected artist will receive a \$1,000 award. Open call is closed.

<u>American Guild of Musical Artists (AGMA)</u> Relief Fund is providing support and temporary financial assistance to members in need.

**Equal Sound** has established a coronavirus Relief Fund available to musicians who have lost income due to a cancelled show.

<u>Foundation for Contemporary Arts</u> offers an Emergency Fund for visual and performing artists who meet certain eligibility guidelines. The average grant award totals about \$1,600.

<u>Recording Academy</u> offers **MusiCares**, a short-term financial assistance program for personal needs which have arisen due to unforeseen circumstances.

<u>New York Foundation for the Arts</u> operates the Rauschenberg Emergency Grant program, which provides one-time grants of up to \$5,000 to artists who experience an unexpected medical emergency.

<u>Sweet Relief</u> has established a donor-directed assistance fund to offer short-term financial support for musicians and music industry workers affected by the COVID-19 novel coronavirus.

# OTHER GRANT-BASED ASSISTANCE

# 4Culture COVID-19 Response Hub

As COVID-19 continues to impact the King County cultural sector, 4Culture will share information on funds, resources, and more support on their website.

### Seattle Small Business Stabilization Fund

For microbusinesses with 5 or fewer employees, owner with low/medium income (less than 80% area median income), and a physical location. The City of Seattle has delayed BandO taxes for small business and established a <u>small business stabilization fund</u> to provide grants of up to \$10,000.

# Seattle Foundation COVID-19 Response Fund

The Seattle Foundation announced a total of \$9.2 million in grants, funded by private philanthropic donors to support childcare, mental and behavioral health, and emergency financial assistance for vulnerable workers and families. You can learn more about the grants here.

For community-based organizations disproportionately impacted by COVID-19 and its consequences. The Seattle Foundation announced over \$10 million in grants to nonprofit organizations providing a variety of critical services in this difficult time.

# **BUSINESSES**

### Federal Small Business Administration

## Paycheck Protection Program

<u>Paycheck Protection Program (PPP)</u> is an SBA loan designed to provide a direct incentive for small businesses to keep their workers employed and on the payroll during the Coronavirus (COVID-19) crisis. SBA is currently offering:

- PPP First Draw Loans for first time program participants beginning January 11, 2021.
- <u>PPP Second Draw Loans</u> beginning January 13, 2021 for certain businesses who have previously received a PPP loan.

Translations: English | Spanish | Arabic | Chinese Simplified | Chinese Traditional | French | German | Gujarati | Haitian | Creole | Hindi | Italian | Japanese | Korean | Polish | Portuguese | Russian | Tagalog | Vietnamese

### COVID-19 Economic Injury Disaster Loan

Small businesses with less than 500 employees in many Washington counties are now eligible to apply for low-interest federal SBA Economic Injury Disaster Loans. The interest rate is no higher than 4%, and the duration of the loans are no more than 30 years but looks like the specific rates/duration are determined through the application process. To apply: <a href="https://disasterloan.sba.gov/ela-business/1563/sba-disaster-loans.aspx">https://disasterloan.sba.gov/ela-business/1563/sba-disaster-loans.aspx</a>

#### SBA Debt Relief

The SBA is providing a financial reprieve to small businesses during the COVID-19 pandemic. The SBA will automatically pay the principal, interest, and fees of **current 7(a), 504, and microloans** for a period of six months. The SBA will also automatically pay the principal, interest, and fees of **new 7(a), 504, and microloans** issued prior to September 27, 2020.

Guide: https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/sba-debt-relief#section-header-0

### **SBA Express Bridge Loans**

This loan enables small businesses who currently have a business relationship with an SBA Express Lender to access up to \$25,000 quickly. These loans can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing and can be a term loans or used to bridge the gap while applying for a direct SBA Economic Injury Disaster loan.

Guide: https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/sba-express-bridge-loans

### State Resources

### Washington COVID-19 Immigrant Relief Fund

The application for the Washington COVID-19 Immigrant Relief Fund is now open. Immigrants who are experiencing financial hardship and are not eligible for federal financial relief or unemployment insurance are eligible to receive a one-time direct payment of \$1,000 or up to \$3,000 per household. Call 1-844-724-3737 for help with your application. Support is available in multiple languages. Read more about it <a href="https://example.com/here-new-mor

## COVID-19 Relief Grants for Non-profit Organizations

The Washington State Department of Commerce is partnering with Philanthropy Northwest to provide \$2 million of relief funding from the federal CARES Act with a focus on community-based nonprofits and Tribal organizations most impacted by COVID-19. This is a short opportunity — grant applications are due tomorrow, November 6th. The full news release includes links to the application materials and how to find technical and translation assistance, and can be <u>found here</u>

## Labor and Industries (L&I) Consultation Program

L&I's Consultation Program offers confidential, no-fee, professional advice and assistance to Washington businesses. These services can help you find and fix hazards in your workplace and strengthen your safety program. <u>List of Services</u> | <u>Request an onsite consultation</u> | <u>Call a consultant near you</u> (King County 206-835-1065)

### Working Washington Small Businesses Emergency Grant Program

Gov. Inslee has created this \$5M Grant Program for small businesses using a portion of the state's Strategic Reserve Fund (SRF). See the list of grant recipients <a href="https://example.com/here">here</a>. Applications closed in King County.

### **Association of Washington Business**

The Association of Washington Business announced a <u>new website</u> aimed at helping Washington businesses safely welcome back employees and customers. It features an online portal to connect Washington businesses with 'Made in Washington' manufacturers of personal protective equipment (PPE), plus a toolkit for small businesses to help prepare their physical spaces for reopening and assist in communicating new health and safety protocols with employees and customers.

### **Business Response Center**

The state Economic Resiliency Team (ERT) has started a Business Response Center to answer general business inquiries around financial help or other business assistance during the COVID-19 outbreak. Businesses with questions can visit this <u>one-stop portal</u> to get information related to COVID-19.

### **Small Business Resiliency Assistance**

In partnership with Washington State's ethnic commissions, Commerce is contracting with community-based organizations to provide linguistically and culturally appropriate help to business owners. Visit their website for more information.

### Washington State Department of Commerce

The Washington Department of Commerce has created a list of <u>crisis planning tools and</u> <u>resources</u> where you can get information about emergency grants, disaster loans, and other small business support.

## Washington State Department of Revenue

The Washington State Department of Revenue can provide extensions on taxes and/or waive filing fees. Contact DOR at 360-705- 6705 or visit their website.

### **Export Assistance**

The Washington State Department of Commerce's <u>Export Assistance Team</u> division can help companies identify alternative markets and provide firms with STEP Vouchers to defray the costs of trade show or trade mission fees, airfare, interpreter and translation services, business matchmaking, export training programs and more. Contact the Export Assistance team at 206-256-6100.

The SBA's Export Working Capital Program can help small businesses obtain working capital advances from lenders on export orders, export receivables or letters of credit. SBA's Senior International Credit Officers can work directly with an impacted company to explain the program and application process.

### **King County Resources**

### Small Business Assistance Program - Unincorporated King County

King County is launched a new program to help small businesses in unincorporated King County that have been hurt by COVID-19. To learn more about this program, visit <a href="https://www.kingcounty.gov/localbusinesshelp">www.kingcounty.gov/localbusinesshelp</a> or call 206-477-3800. The application period for the second round of King County's Small Business Assistance Grant Program has ended.

#### To find out if your business is in unincorporated King County, here are two ways to find out:

- Find your business on this map. The green layer indicates unincorporated King County.
- Enter the business address in King County's Parcel Viewer and see what's listed for Jurisdiction.

#### Coaching and Technical Assistance

If your business is in unincorporated King County, you can get help from a U.S. Treasury-certified community development financial institution. Technical assistance coaches can help you with:

- Information about the latest (federal, state, and local) funding and loan resources
- Utility bill assistance
- Filling out grant or funding application forms
- Coaching to help your business survive the impacts of COVID-19 closures
- Other advice and assistance

To access this technical assistance, call 206-331-3275 and leave a voice mail with your contact information. A technical services coach will call you back within two business days.

### Grants for Chambers of Commerce and Community-based Organizations

King County Local Services has a new grant program which aims to support existing chambers of commerce and community-based organizations (CBOs) that provide marketing and technical assistance to small businesses in unincorporated King County. Interested chambers of commerce and CBOs must apply by 5:00 PM, Friday, October 30<sup>th</sup>. King County Local Services, which is administering the program, will notify applicants of their status in early November. Click <a href="here">here</a> for more information.

# King County Offers Grant for Science, Arts, Culture, Independent Music Venues

King County is providing one-time economic support grants to certain types of organizations in King County including science organizations; arts, culture, and science organizations that provide educational programs; and independent live music venues. The grant application period is now closed. King County will notify applicants by August 14th of award status.

For questions, please call 206-296-1608 and leave a voicemail with your name and phone number. If you need an interpreter, please indicate what language you speak. The technical assistant will call back with an interpreter within two business days. Click <a href="here">here</a> for more information.

### King County Office of Equity and Social Justice Community Response Fund

On May 5<sup>th</sup>, the King County Council approved a second emergency supplemental budget proposed by Executive Dow Constantine to provide additional resources related to the COVID-19 pandemic. Included in the legislation is \$1 million for the Office of Equity and Social Justice (OESJ) to expand funding for the COVID-19 Community Response Fund. The application is now closed.

### **Local Resources**

### Kent Small Business Emergency Relief Grant

The City Council authorized the use of \$1 million of its federal CARES Act funds for Emergency Relief Grants to help businesses recover. Businesses could receive grants of \$4,500 each to help with economic relief from the pandemic. The application deadline has been extended to August 9<sup>th</sup> at 8:00PM. Visit the city's website for more information. The application is now closed.

### Federal Way COVID-19 Small Business Assistance Grant Program

Local small businesses may now begin applying online for the second round of the Federal Way COVID-19 Small Business Assistance Grant. There will be \$1,000 and \$2,000 grants available. <a href="mailto:Applications">Applications</a> are accepted until August 19<sup>th</sup> until 5:00 PM. For questions, call 253-835-2414 or email <a href="mailto:CovidGrant@cityoffederalway.com">CovidGrant@cityoffederalway.com</a>. The application is now closed.

### Financial services

Many banks and credit unions have options for their clients. Their advice is to call them directly and work out the best plan for your business. Support includes: <a href="1st Security Bank">1st Security Bank</a>, <a href="Bank">Bank</a> of <a href="1st Security Bank">America</a>, <a href="1st Security Bank">BECU</a>, <a href="First Financial Northwest Bank">First Financial Northwest Bank</a>, <a href="JP Morgan Chase">JP Morgan Chase</a>, <a href="Salal Credit Union">Salal Credit Union</a>, <a href="Umpqua Bank">Umpqua Bank</a>, <a href="Userity Credit Union">Verity Credit Union</a>, <a href="Wells Fargo">Wells Fargo</a>.

## **WORKERS**

## Paid Family and Medical Leave

Paid Family and Medical Leave program can provide paid leave benefits for Washington workers who need to take time off from work due to a serious health condition or to care for a family member with a serious health condition. Certification by a healthcare provider is required for applications for Paid Family and Medical Leave due to a serious health condition.

Paid Family and Medical Leave COVID-19 FAQ | How Paid Leave Works

### Paid Sick Leave

Workers may use accrued paid sick leave if their employer is shut down due to a health-related reason, including COVID-19. Additionally, the Families First Coronavirus Response Act (FFCRA) requires certain employers to provide workers with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19.

Landl Paid Sick Leave FAQ | FFCRA Employee Paid Leave Rights

### Food Production Paid Leave Program

Gov. Jay Inslee issued a <u>proclamation</u> that sets forth the parameters for the Washington COVID-19 Food Production Paid Leave Program. The proclamation went into effect on August 18<sup>th</sup>. The program provides a \$3 million fund to support workers in the food production industry who are unable to obtain leave through the Families First Coronavirus Response Act. These workers are often ineligible for other forms of paid leave, even when exposed to COVID-19. Read more about it <u>here</u>.

## Regular Unemployment

ESD adopted a series of emergency rules to relieve the burden of temporary layoffs, isolation and quarantine for workers and businesses esd.wa.gov/unemployment. Some of the changes include:

- You must provide basic information, including:
  - o Your name, date of birth, and Social Security number
  - o Names and addresses of all employers
  - o Dates you worked at each employer
  - o Your citizenship status or authorization to work
- <u>Job search requirements</u> are optional for all claimants until the Pandemic State of Emergency is lifted.
- The **one-week waiting period** to be eligible for unemployment benefits **is waived until December 28, 2020**.
- Once you are approved, you will need to submit a weekly claim for each week you are unemployed.
- If you are unsure of your eligibility, apply anyway. Complete the application as best you can and ESD will follow up with you as soon as possible.
- For information on temporary layoffs, standby and furloughs, click here.

FAQs: <u>esd.wa.gov/newsroom/covid-19</u>
Apply Online: https://secure.esd.wa.gov/home/

**Apply By Phone:** 800-318-6022 | Agents not available, mostly automated system

8 a.m. – 4 p.m | Monday – Saturday except Holidays

Submit your weekly claims 12:01 a.m. Sunday – 4 p.m. Friday (automated)

Traffic is lowest 11 p.m. to 6 a.m

**General Questions:** 833-572-8400 | Agents available

Open 8 a.m. to 4 p.m. How unemployment works Questions about the application Locating information online

Translations: English | Spanish | Arabic | Amharic | Somali | Oromo | Farsi | Russian | Punjabi

Chinese | Korean | Laotian | Cambodian | Vietnamese | Tagalog

### Governor signs bipartisan bill to support business and workers

On February 8, 2021, Gov. Inslee signed legislation providing relief for businesses and workers impacted by the COVID-19 pandemic. <u>SB 5061</u> will increase minimum unemployment benefits for workers and provide significant tax relief for businesses over the next five years, to support recovery from the economic impacts of COVID shutdowns. Read more <u>here</u>.

### Unemployment fraud victims getting surprise tax forms

The Employment Security Department (ESD) began sending out 1099 forms to those who received money from unemployment during 2020.

- If you received one in the mail from the Employment Security Department and you did not file for unemployment this year, you may have been a victim of fraud. Most fraud victims who were able to report the problem and get their cases resolved will not get the form.
- Those with an open fraud investigation may get a form and will get another one when their investigation concludes.
- If the case was resolved and you received a form, you need to contact the department. This is a problem that states across the country are dealing with.

The Internal Revenue Service (IRS) said if you are trying to get a corrected 1099 and Tax Day comes, you do not have to file your taxes with this form but you do have to go through the process to get this corrected. For questions, please contact ESD or IRS.

### Tips for Workers Seeking Unemployment

ESD recommends workers take the following four steps to help ensure their unemployment benefits are filed correctly and start quickly:

- 1. Sign up for the <u>agency's COVID-19 action alerts</u>.
- 2. Download and review the <u>ESD eligibility checker</u>. This will help workers determine if they are currently eligible for benefits.
- 3. Download and <u>read the application checklist</u> to make sure that you have what you need.
- 4. A Secure Access Washington (SAW) account is needed to file an unemployment claim. ESD recently <u>posted a video</u> that explains the process to be followed in order to apply for benefits. After reviewing the video, please <u>sign up for a SAW account</u>.

## Federal Stimulus and Washington Pandemic Relief Payment

On December 27<sup>th</sup>, Gov. Jay Inslee authorized the use of federal CARES Act funds to help Washington claimants whose Pandemic Unemployment Assistance (PUA) benefits expired on December 26<sup>th</sup> and were waiting for federal legislation to extend the benefits. The Pandemic Relief Payment (PRP) Program from the state will provide a one-time payment of \$550 for some recipients of PUA benefits. On the same day, federal legislation, which extends, expands and changes the CARES Act provisions for both Pandemic Emergency Unemployment Compensation (PEUC) and Pandemic Unemployment Assistance (PUA), was signed into law. However, claimants eligible for the one-time Pandemic Relief Payment will still receive it. You can read more <a href="here">here</a>.

## Fraudulent Unemployment Claims

If you have reason to believe someone has applied for unemployment benefits using your information or used a scam to obtain your private information, please report that to us using the information below. You can go to <a href="https://secure.esd.wa.gov/home/">https://secure.esd.wa.gov/home/</a> to log in or create an account and verify your identity to ensure that your social security number isn't associated with an email that isn't yours. If someone else is claiming benefits under your name, you will need to <a href="report">report</a> the fraud as soon as possible.

## Workers' Compensation

Workers' compensation is a state-run insurance program that provides benefits for people who suffer job-related injuries or illnesses. It is operated by the Washington State Department of Labor and Industries (<a href="mailto:lni.wa.gov">lni.wa.gov</a>). In most cases, exposure to or contraction of COVID-19 is not considered to be an allowable, work-related condition. FAQs

However, under certain circumstances, claims from health care providers and first responders involving COVID-19 may be allowed. For a COVID-19 claim, you must show:

- There is an increased risk due to your occupation
- If not for your job, you would not have been exposed
- You can identify a specific source or event in your job that led to your exposure (for instance, you treated a patient with the virus)

#### How can I file a COVID-19 claim?

For workers: Online via FileFast tool | By phone: 1-877-561-3453 (FILE)

At your doctor's office (if you complete the Report of Accident at your doctor's  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ 

office, the doctor files the form for you).

#### Additional Resources

Information from the Governor's Office:

COVID-19 resource list for impacted Washington businesses and workers

Information from the Consumer Financial Protection Bureau:

Protect Yourself Financially from the Coronavirus

Information from the Financial Industry Regulatory Authority:

Job Interrupted — A To-Do List for Tough Times

Information from the Financial Industry Regulatory Authority:

Financial Peace of Mind in the Age of Coronavirus

Information from the Federal Trade Commission:

**Avoiding Coronavirus Scams** 

### **INSURANCE**

The Washington State Office of the Insurance Commissioner has resources and information available for consumers who have insurance related questions.

### Health Insurance

Information about coronavirus and health insurance for consumers, insurers and medical providers can be found <u>here</u>. For questions, call 1-800-562-6900 or send a message via <u>chat</u>.

### Washington Health Plan

From now until May 15, 2021, there's a Special Enrollment Period for free or low-cost insurance through the Washington Affordable Care Act health exchange – <u>Washington Healthplanfinder</u>, where the cost of insurance is based on your income and family size. Anyone who is currently uninsured is eligible to enroll. For more information and how to get assistance with enrollment, see this <u>Public Health Insider blogpost</u>.

Insurance experts are available by phone to answer questions and get you enrolled. You can call them to get help or make an appointment. Those who are currently uninsured should contact a Navigator for help filling out an application and selecting a plan.

Special Enrollment information | Navigator search

### Property and Liability Insurance

Information about the coronavirus pandemic and how it is affecting property and liability insurance in Washington state can be found here.

### **Business and Commercial Insurance**

Information for Washington state businesses about coronavirus and its impact on commercial insurance and business operations can be found <a href="https://example.com/here">here</a>.

#### **Event Cancellation Insurance**

Event venues typically recommend the person or company booking a scheduled event to have event cancellation insurance coverage. Coverage for communicable disease outbreaks, such as a coronavirus, is typically not included in a standard event cancellation insurance policy. Read more about it <a href="https://example.com/here/be/here/

### Travel Insurance

Travel insurance can protect you against financial loss if you're forced to cancel, delay or interrupt your vacation, business trip, or other travels. It can also offer you protection if you experience a medical emergency, damage to personal property and even if a death occurs while you're traveling.

#### Before buying travel insurance

Check to see if it covers <u>trip cancellation</u> due to health and disease outbreaks (i.e., Coronavirus) or natural disasters where you are traveling to.

#### Insurance Assistance

The Washington State Insurance Commissioner can help answer questions about insurance coverage for damages related to COVID-19.

What you need to be covered: To be covered against any business losses due to a communicable disease, such as COVID-19, you would need to have purchased an additional endorsement to your policy. Contact your insurance agent or insurance company directly to find out if you already have this added coverage. If you don't have added coverage and would like to buy it, contact your insurance agent or company to see if it's available. If you didn't buy the added endorsement prior to the outbreak and you want to buy it, the insurer may not want to sell you the endorsement.

NOTE: The Office of the Insurance Commissioner does not have the authority to require insurers to sell any type of coverage or policy endorsements to consumers.

## **EDUCATION and CHILD CARE**

## **Updated School Guidance**

Gov. Jay Inslee and Superintendent of Public Instruction Chris Reykdal announced <u>new</u> <u>recommendations</u> that update the metrics to inform local school district decisions for in-person learning during the COVID-19 pandemic. You can read more <u>here</u>.

### **Tuition Waiver Proclamation**

On September 25<sup>th</sup>, Gov. Inslee extended a <u>proclamation</u> related to the Washington residency requirement for public university tuition waivers in response to the COVID-19 pandemic. This will be in effect until the termination of the COVID-19 State of Emergency or until rescinded, whichever occurs first.

## Technology Investment for Washington Students and Staff

On October 30<sup>th</sup>, Gov. Inslee announced the allocation of \$24 million in Coronavirus Relief Funds to purchase approximately 64,000 computing devices for students across the state. These devices will enable students to receive their education in the new COVID-19 remote learning environment. The first shipment of 20,000 devices is expected in the coming weeks. Read more about it here.

### New Proclamations Related to Public Education

On August 26<sup>th</sup>, Gov. Jay Inslee issued two proclamations related to public education in response to the COVID-19 pandemic. The <u>first proclamation</u> suspends the residency requirement that allows public university graduate students to receive tuition waivers in exchange for performing teaching and research functions. The proclamation is effective for 30 days and will expire on September 25<sup>th</sup>.

The <u>second proclamation</u> addresses student transportation for public K-12 schools. It prohibits school districts from interpreting the Student Transportation statutes in a manner that would restrict a school's ability to use its current transportation allocation for certain purposes. The permitted purposes include using buses and bus drivers to deliver educational materials (homework/educational packets/other tangible instructional materials); meals; and any technology (like WiFi hotspots) that will enable students to learn remotely. School districts can also transport students to and from learning centers.

### New Recommendations for 2020-2021 School Year

On August 5<sup>th</sup>, Gov. Jay Inslee, joined by Chris Reykdal, state Superintendent of Public Instruction, announced <u>new recommendations</u> from the Washington State Department of Health for resuming in-person instruction in public and private K-12 education for the upcoming 2020–2021 school year. The plan allows local health departments and school districts decide if and how they will allow students back in the classroom. Read more about it here.

## Campus Reopening Guide: Plan to Restart Higher Education

On June 24<sup>th</sup>, Gov. Jay Inslee was joined by presidents of Washington colleges and universities to unveil the <u>guidance for reopening</u> in-person instruction at higher education institutions in the fall. The announcement comes with a <u>proclamation</u> providing specific health guidance for four-year public and private institutions, as well as two-year community and technical colleges, apprenticeships and private career schools.

### Washington School-Based Health Alliance

WA SBHA has released Guidance for Washington School-Based Health Centers (SBHCs) for 2020-2021 School Reopening. This <u>resource</u> was developed to support coordination between Washington school-based health centers (SBHCs) and the school districts they serve as schools reopen during the COVID-19 pandemic.

## Guidance and Resources for Distance Learning

## King County Schools COVID-19 Response Toolkit

Public Health – Seattle and King County (PHSKC) has developed the <u>King County Schools COVID-19 Response Toolkit</u> to support schools as they reopen for in-person instruction. This guidance is intended to supplement <u>WA Department of Health K-12 Schools Fall 2020-21 Guidance</u> and Office of Superintendent of Public Instruction resources with local contact tracing and COVID-19 response guidance.

#### Child Care

Emergency Child Care for Essential Workers in King County

King County Council unanimously passed legislation appropriating \$2.2M in funding to
provide emergency childcare for first responders and other essential workers who live or
work in King County. The legislation ensures <u>essential workers</u> will have access to safe,
consistent and uninterrupted care. The County collaborates with Child Care Resources to
identify providers and match families with vacant slots, and their Department of Community
and Human Services oversees the program.

For details, call **Child Care Resources at 1-800-446-1114** or email Cory Snelson at <a href="mailto:snelson@childcare.org">snelson@childcare.org</a>. After intake, a resources specialist will work to match you with an eligible childcare provider that meets your family needs. Please note, verification of employment and/or home address will be required to complete intake. To expedite the intake process, please send the required verification documents to <a href="mailto:subsidy@childcare.org">subsidy@childcare.org</a>.

For those essential workers who work or live in Seattle, the City of Seattle rolled out an
Emergency Child Care program to support first responders and essential workers. If you are
an essential worker living or working in the City of Seattle, please visit this website to fill out
an interest form.

#### Recommendations and Guidance for Child Care Providers

King County Public Health announced <u>new guidance for child care</u> and early learning providers that are considered essential during the stay-at-home order. These updated guidelines from Public Health will help these providers prevent and prepare for cases of COVID-19.

#### **Translations:**

Recommendations	<u>Amharic</u>	<u>Chinese</u>	<u>Somali</u>	<u>Spanish</u>	<u>Vietnamese</u>
Child Care Providers	<u>Amharic</u>	Chinese	<u>Somali</u>	<u>Spanish</u>	<u>Vietnamese</u>
Parent Information Sheet	<u>Amharic</u>	<u>Chinese</u>	<u>Somali</u>	<u>Spanish</u>	<u>Vietnamese</u>
Daily Checklist for All Child Care Facilities	Amharic	l Chinese	Somali	Spanish	Vietnamese

#### Department of Children, Youth, and Families

Information and resources regarding childcare. Submit any concerns or questions to us by emailing <a href="mailto:dcyf.covid-19@dcyf.wa.gov">dcyf.wa.gov</a>. This inbox is monitored daily and responses will be added to this website.

#### Department of Health

Childcare resources and recommendations

#### Centers for Disease Control and Prevention

Information on COVID-19 and children

#### American Academy of Pediatrics

Germ prevention strategies and information on reducing the spread of illness in childcare settings

#### K-12

#### Office of Superintendent of Public Instruction

COVID-19 guidance and resources for K-12 public schools

### **Higher Education**

On October 20<sup>th</sup>, Gov. Inslee issued a <u>proclamation</u> establishing safety guidelines for higher education institutions and living facilities.

#### Washington State Board for Community and Technical Colleges

List of Community and Technical Colleges in Washington

#### Washington Student Achievement Council

List of all the colleges and institutions in Washington

#### Readiness and Emergency Management for Schools (REMS)

Technical Assistance (TA) Center Infectious disease planning resources

## **Career Connect Washington**

On May 5<sup>th</sup>, Gov. Jay Inslee and Superintendent of Public Instruction Chris Reykdal kicked off Career Connected Learning Month in Washington. As part of the effort, <u>Career Connect</u> will bring daily learning opportunities to students across the state. Every school day at 3:30 P.M., students can hear from real people doing real jobs in Washington.

### Student Loans Deferment

To provide relief to student loan borrowers during the COVID-19 national emergency, federal student loan borrowers are automatically being placed in an administrative forbearance, which allows you to temporarily stop making your monthly loan payment. On Aug. 8, 2020, President Trump directed the Secretary to continue to suspend loan payments, stop collections, and waive interest on ED-held student loans until Dec. 31, 2020. You can still make payments if you choose to do so. https://studentaid.gov/announcements-events/coronavirus

## Support and Ideas for Families with Kids

The Washington Healthy Youth (WHY) Coalition supports families by providing up-to-date resources, including articles about talking to youth about the COVID-19 pandemic, links to virtual parenting sessions and seminars, and ideas for keeping youth busy and engaged while staying at home. Visit <a href="www.starttalkingnow.org">www.starttalkingnow.org</a> to find these resources. They also are posted regularly on the <a href="Start Talking Now Facebook">Start Talking Now Facebook</a> page.

## TRAVELERS and COMMUTERS

## Mandatory Masking Requirement

The Centers for Disease Control and Prevention (with Transportation Security Administration enforcement) requires individuals to <a href="wear a mask">wear a mask</a> at all airport screening checkpoints and throughout commercial and public transportation systems such as airplanes, trains, subways and buses, and extends to waiting areas such as airports, train platforms and subway stations. Those not wearing a mask may be denied entry to the airport, boarding, or continued transport, and could face fines - \$250 fine for a first offense and up to \$1,500 for repeat offenders. The order is currently in effect through May 11, 2021.

The CDC mask order exempts children under 2 years of age and people with a disability that makes it unsafe to wear a mask. The CDC said transportation operators can require medical documentation.

## Negative COVID-19 Test Requirement to all air passengers entering US

The Centers for Disease Control and Prevention is expanding negative COVID-19 test requirement to all air passengers entering the United States. Air passengers are required to get a <u>viral test</u> (a test for current infection) within the 3 days before their flight to the U.S. departs, and provide written documentation of their laboratory test result (paper or electronic copy) to the airline or provide documentation of having recovered from COVID-19. Airlines must confirm the negative test result for all passengers or documentation of recovery before they board. If a passenger does not provide documentation of a negative test or recovery, or chooses not to take a test, the airline must deny boarding to the passenger. Read more <u>here</u>.

### **New International Travel Restrictions**

On January 25, 2021, a <u>presidential proclamation</u> expands travel restrictions for South Africa, Brazil, Britain and 27 European countries. The proclamation applies to noncitizens attempting to come to the U.S. from any of those countries for 14-days prior to travel.

On December 21<sup>st</sup>, Gov. Jay Inslee and state health officials announced new international travel restrictions on travelers arriving from the United Kingdom and South Africa and other nations that have reported cases of a COVID-19 virus that has mutated. Watch the announcement <u>here</u>.

All travelers headed to the Netherlands must show a negative rapid test within four hours of departure. This is in addition to the already mandatory negative PCR test, which must be taken no more than 72 hours before arrival. Pre-flight testing is available for those flying to Amsterdam from SEA through Discovery Health MD at the South Satellite SkyClub Lounge near Gate S10 from 9:30 a.m. to 1:30 p.m. or four hours before departure to the Netherlands.

## FAA adopts stricter unruly passenger policy

In a press release issued yesterday, Federal Aviation Administration (FAA) Administrator Steve Dickson announced a stricter legal enforcement policy against unruly airline passengers in the wake of disturbing increase in incidents where airline passengers have disrupted flights with violent or threatening behavior, stemming from the passengers' refusals to wear masks and recent violence at the U.S. Capitol. The new policy provides no warnings, includes fines up to \$35,000 and possible jail time, and has zero tolerance for unruly behavior. Read more here.

## Travel Advisory

On November 13<sup>th</sup>, Gov. Inslee issued a travel advisory for Washington state, recommending a 14-day quarantine for interstate and international travel and asking residents to stay close to home instead. The advisory also recommend people limit their interactions with their immediate household to help reduce the spread of COVID-19. Oregon and California have issued the same advisory for their residents. Read more about it here.

### New Standards for Airports in Washington

On September 24<sup>th</sup>, Gov. Inslee announced that Washington is setting new requirements for commercial airports and recommendations for airlines. This is a <u>statewide approach</u> to the COVID-19 pandemic to help protect the health and safety of workers, passengers and crew in the aviation sector. In addition to the new baseline guidance from the state, Delta Air Lines, Alaska Airlines and the Port of Seattle announced additional steps to protect the health and safety of airline passengers and staff. Read more about it here.

### International Travel

If you're planning to travel outside the U.S., be aware of COVID-19 <u>international travel advisories</u> and <u>restrictions</u>. Check for the latest information before you travel. CDC is frequently updating its <u>Travel Alerts</u> and may add travelers returning from other countries to the list of who should be monitored.

## Seattle-Tacoma International Airport

Seattle-Tacoma International Airport continually prepares for the gradual reopening of our economy. This includes doubling down on cleaning. Measures being taken include frequent disinfection with medical-grade cleaning products with an emphasis on high-touch areas, and an additional 250 hand sanitizer stations throughout the terminal. Coming soon, bathrooms that aren't already touchless will be converted, two-hour cleaning at security checkpoints and deep cleaning TSA bins after hours, and electrostatic sprayers from Clorox and Victory will be added into their fleet of cleaning equipment. You can learn more at the Port of Seattle's <u>progress</u> report. Get the latest about the airport, travel restrictions and updates.

## Alaska Airlines offers rapid testing for Hawaii-bound travelers

Alaska Airlines will partner with Carbon Health to offer rapid COVID-19 testing at its pop-up clinics across the west coast, starting October 12<sup>th</sup> in Seattle. Hawaii will begin to welcome visitors back by allowing out-of-state travelers to enjoy the islands without a 14-day quarantine when they test negative for COVID-19 within 72 hours of their final leg of departure to Hawaii. Read more about it here.

## Travel and COVID-19 Testing

Sea-Tac International Airport (SEA) and Washington state do not require COVID-19 testing prior to travel or quarantines upon arrival, but SEA has begun a partnership with <u>Discovery Health MD</u> to do COVID-19 testing for ticketed passengers heading to destinations that require arriving passengers to have been tested. The COVID-19 PCR testing is by appointment, up to 72 hours in advance of your travel, and there is a \$250 charge for the testing. Results are returned the same or next day. For passengers departing from SEA and seeking a COVID-19 test before travel other than at the Airport, you can find out more information and some suggested testing sites <u>here</u>.

### Amtrak

Amtrak continues to monitor the coronavirus situation closely and is taking action based on guidance from public health experts. Check the Amtrak's website before you travel by train.

### Washington State Ferries

The <u>state ferry system</u> has taken many actions to help stop the spread of the COVID-19 virus and keep its facilities as safe as possible. Check its webpage for the latest information. The ferry system also offers a free <u>travel alert subscription service</u> via email or text message.

## Students who plan to travel

Students returning from travel to areas with community spread of COVID-19 must follow guidance they have received from health officials. COVID-19 information for travel is updated regularly on the CDC website. For questions about students who plan to travel, or have recently traveled, to areas with community spread of COVID-19, refer to CDC's FAQ for travelers.

## **Traveling to Medical Appointments**

Public Health is working with Metro to develop COVID-transportation for people with disabilities. Metro Access is maintaining its traditional service area, hours and days of service, and may be an option for fixed-route riders with disabilities who are not currently certified for Access service.

- Customers with disabilities who are no longer able to reach their essential destinations using fixed-route service can contact the Access Transportation Call Center at 206-205-5000 for assistance with both urgent and ongoing essential transportation needs.
- Customers with disabilities who have urgent transportation needs <u>do not need</u> to be currently certified for Access service. However, those with an ongoing need for transportation will need to apply for Access service through Metro's <u>temporarily streamlined</u> <u>eligibility process</u>. To learn more about safely travelling to medical appointments, see <u>Public Health Insider</u>, the news blog for Public Health.

#### **Sound Transit**

Read <u>Sound Transit's Platform blog post</u> for the latest information on how Sound Transit is responding to heightened COVID-19 concerns.

#### **Sound Transit Fares**

**Sounder Fare Change:** On March 1, 2021, ORCA LIFT, Youth and Regional Reduced Fare permit holders will be able to ride Sounder at a new, reduced fare. The new fares will simplify Sound Transit's fares system-wide and make Sounder more accessible bringing Sounder fares in line with Link light rail and ST Express bus fares for these customer groups. There is no change to regular adult fares on Sounder. Visit <u>Sounder Fares</u> for more information.

**ST Express**: Fare collection has resumed on ST Express buses on July 1, 2020. With this resumption, Sound Transit has also transitioned to a single flat fare of \$3.25 for all Adult riders on ST Express, regardless of distance traveled. Flat fares for ORCA LIFT, youth, seniors, and riders with disabilities remain the same. More information about the flat fare is available <a href="here">here</a>.

Temporary Recovery Fares on **Link light rail** and Sounder trains expire and fares return to regular full fares published for <u>Link light rail</u>. Passengers who qualify can now <u>apply for ORCA Lift online</u> <u>or over the phone</u> without having to visit a processing site.

### **Sound Transit Service Changes**

Sound Transit's March 2021 service schedule begins on March 20<sup>th</sup> for Link light rail and ST Express bus routes operated by King County Metro. It will begin on March 21<sup>st</sup> for ST Express bus routes operated by Community Transit or Pierce Transit, and March 22<sup>nd</sup> for Sounder train and Tacoma Link light rail. Visit the <u>Service Changes</u> site for more information.

#### **Fare Enforcement Officers**

Starting May 19, 2020, fare enforcement officers will begin educating riders about the resumption of fares, including the Temporary Recovery Fare, and providing information about ORCA Lift. Once fares resume, fare enforcement officers will follow social distancing guidelines and request that riders show an ORCA card, a Transit GO Ticket app activated ticket, or a ticket as proof of payment.

### King County Metro

Read <u>Metro Matters blog</u> for the latest information on its response to COVID-19. Accessible in 14 languages.

### **Mask Dispensers**

King County Metro will install mask dispensers on its entire bus fleet (1,404 coaches) by March 31, 2021 or sooner. Each dispenser will be stocked with a double-layer surgical mask from Metro's supply of one million. Even as mask dispensers are installed on all buses, Metro still urges riders to use their own masks whenever possible. Read more in the Metro Matters blogpost here.

#### Rider Dashboard

King County Metro has unveiled a new dashboard, "<u>The Dash</u>", which displays data on ridership, mask use and other metrics systemwide and on a route-by-route level. The dashboard only covers Metro bus routes, and provides customers, communities, and partners with up-to-date answers to frequently asked questions about transit. You can learn more <u>here</u>.

#### Metro Fare Collection

On October  $1^{st}$ , King County Metro resumed fare collection for all transit services: buses, Access paratransit, Seattle Streetcar (First Hill and South Lake Union), Vanpool, Via to Transit and other flexible services, and water taxi (Vashon Island and West Seattle).

While Metro continues to accept cash and paper tickets, as well as provide paper transfers, riders are encouraged to use a contactless payment option – ORCA card or Transit GO Tickets – to speed up the boarding process, and further protect both themselves and the operator.

- Acquire an ORCA card online or in-person
- Acquire Transit GO Tickets through your mobile device.
- <u>Pass Sales Office recently reopened</u> to assist customers in getting ORCA cards and reloading their E-purses.
- ORCA LIFT is available to help reduce the cost of riding Metro for those who qualify
- Youth and seniors are also eligible for reduced fares. To learn more and for help enrolling, call Metro at 206-553-3000 or visit www.kingcounty.gov/metro/fares.

Metro will suspend fare enforcement through the end of 2020. Fare enforcement officers will continue to provide a broad range of customer services, including answering questions related to using transit and navigating new safety innovations. Read more about it here.

### **Metro Service Changes**

In response to fluctuating ridership, King County Metro will restore and revise transit service on March 20, 2021 as part of its regular spring service change. More trips will be added to 15 routes where there is high ridership demand, while individual trips will be suspended on 10 peak weekday routes due to low ridership and financial reasons. For more information, call 206-553-3000 between 6:00 AM and 8:00 PM, Monday through Friday, or visit Metro's website here.

- If your route is not operating, transit planners have created a list of options.
- To support public health and prevent the spread of COVID-19, riders are still required to wear masks when riding transit and in situations where they cannot maintain six feet of distance from other people.
- Access paratransit program continues normal operations and follows its enhanced daily sanitization procedures. Access is pleased to present an easy and convenient way to book trips ahead with their new online Trip Manager. Access also restarted fare collection on October 1<sup>st</sup> along with all other Metro services. Riders can pay with cash, <u>Transit GO Ticket app</u>, or ORCA monthly pass. In the coming months, an online fare payment for Access will also be launched. Read more about it <a href="here">here</a>.

<u>Text to Departures</u> - as the new schedule rolls out, buses may be running less often, during fewer hours, and/or be canceled. As such, we encourage riders to text their bus stop ID # to 62550 to find out when the next bus will arrive.

<u>To plan your trips</u>, call Metro Customer Service at 206-553-3000 (WA Relay: 711). If you need an interpreter, select the interpreter option (Press 1). Nearly **200 languages** are covered by the translation line. Please note that interpreter calls may take longer.

<u>For routes that experienced service cuts</u> (i.e., fewer hours and/or frequency of trips), there's an <u>Interactive Web Tool</u> listing specific trips cut for each route.

During the COVID-19 response riders should take into account that electronic resources such as Google maps, One Bus Away and other applications and websites won't have accurate information for all trips.

## More Reliable Transportation in South King County from Metro

On September 19<sup>th</sup>, King County Metro service changes in South King County took place to get you where you need to go. These changes will improve bus service through improved efficiency, more convenient routes and better east-west travel. Learn more about what's changing, check whether your route is affected, and review the latest guidance on how to ride safely, at www.kingcounty.gov/GetReady.

### **Passenger Limits**

Metro institutes <u>passenger limits to maintain safe spacing on buses</u>. To help maintain six feet of separation from others, Metro identified the optimal number of riders on to be 12 on a 40-foot

bus and 19 on a 60-foot bus. The optimal number of passengers in the ADA priority seating area is one. When a bus reaches or exceeds the optimal number, the driver will pass subsequent stops unless current passengers wish to exit. Drivers may show their bus is at capacity by switching the external destination from "Essential Trips Only" reminder to "Coach is Full, Sorry." Customers are asked to please reserve transit for first responders, medical personnel, other essential workers, and people who rely on Metro for access to food, medicine and other essential needs.

### VanPool/VanShare

To support COVID-19 response and recovery efforts, Metro is offering essential workers the opportunity to form temporary vanpools with as few as two riders. Metro Vanpools have been reduced to a minimum of two people for new and existing groups, and Metro is not collecting fares on the service until further notice. Additionally, Metro has designated a limited supply of vans to provide essential workers with a rideshare option where other transit options are unavailable. You can learn more here.

Effective April 1st, participants' vanpool/vanshare costs above their employer subsidy will be waived until further notice. Fares will be waived in-full for participants with no employer subsidy. Metro is also temporarily easing the van ridership requirements. For more information, email vanpool@kingcounty.gov, visit www.kingcounty.gov/metrovans or call 206-625-4500.

## KING COUNTY LIBRARY SYSTEM

On March 3, 2021, King County Library System (KCLS) reopened some libraries to the public with modified services, and in strict accordance with COVID-19 safety guidelines for capacity limits, social distancing, and mask-wearing. Muckleshoot, Fall City and Skykomish libraries offers a hybrid of modified in-building and curbside to-go services, while Tukwila, Woodmont and Kent libraries reopened with modified in-building service only. Read more <a href="https://example.com/here/building-new-modified-new-modif

The King County Library System (KCLS) is pleased to add two new services to select locations during the COVID-19 closures, including book returns and curbside to go.

- KCLS offers limited mobile outreach delivery with Library2Go.
- KCLS continues to provide <u>online services</u>, programs and resources, such as digital collections and virtual programming to ensure that patrons of all ages can continue to learn, build skills, and stay entertained while at home.
- Revamped its K-12 webpage with links to a wide variety of education support resources, tips and activities, from homework help through <a href="Tutor.com">Tutor.com</a> to STEM learning from <a href="Tutorlearning">Tumblemath.com</a>.
- Small business webpage with links to information and resources which includes COVID-19 information and resources for Washington state businesses.
- Databases like <u>Lynda.com</u> for skill building on a host of topics.
- Access for market research tools, and access to Microsoft Office certification classes, plus 425 Startup, a popular program series for entrepreneurs.
- A wide range of streaming content to keep us entertained and engaged. Offerings include movies, TV shows, PBS' highly regarded Great Courses series, and health and fitness classes for all ages.
- Visit <a href="https://kcls.org/faqs/">https://kcls.org/faqs/</a> for more information. For questions, contact KCLS at 425-462-9600 or chat with a staff at <a href="https://kcls.org/ask/">https://kcls.org/faqs/</a> for more information. For questions, contact KCLS at 425-462-9600 or chat with a staff at <a href="https://kcls.org/ask/">https://kcls.org/ask/</a>.

## PARKS and RECREATION

### King County Parks

King County Parks' level of service is dependent upon their workforce capacity and state guidelines. Click <u>here</u> to see what's open now.

#### State Parks

More than 100 Washington state parks reopen for day use on Tuesday, May 5<sup>th</sup>. Many others remain closed and there are restrictions and guidelines that must be followed. Click <u>here</u> to view a list of what is and isn't open.

Ready to get outside in a physically distanced way? Here are some tips:

- If you feel sick at all, even a little bit, you need to stay home. Wait until you feel better.
- Gatherings are still prohibited. You can golf or fish or hunt or go to the park with people in your own household, but not with your other friends or family just yet.
- Spend your time outside far away from other people. If you are temporarily unable to be at least six feet away from others, wear a cloth face covering.
- Do not travel to outdoor recreation areas. Enjoy the outdoors that is closer to your home. Overnight trips and camping are still prohibited.

Please note that bathrooms may not be open yet at all locations, especially at parks and other areas that were closed for the winter. Do not forget to wash your hands. Bring water and soap with you and don't forget to scrub for 20 seconds. You may want to bring some hand sanitizer and toilet paper in your backpack too.

Individual parks may close again with limited notice if large groups of people congregate there or if there are other safety or physical distancing concerns. If you see any issues of crowding, trash, or other concerns of wildlife areas or boat launches, you can report those issues online.

## **AVOIDING SCAMS**

Consumers should be on alert for increased fraud during the COVID-19 outbreak. Consumers should be vigilant about protecting their finances and should not share financial or other sensitive information with anyone who contacts you unsolicited.

Here are some tips to help you keep the scammers at bay:

- Your bank or credit union should not ask for you financial account details via email. If you receive an email, contact your bank or credit union with the contact information listed on their website.
- Don't click on links from sources you don't know. They could download viruses onto your computer or device.

- Watch for emails claiming to be from the Centers for Disease Control and Prevention (CDC) or experts saying that have information about the virus. For the most up-to-date information about the Coronavirus, visit the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO).
- Do your homework when it comes to donations, whether through charities or crowdfunding sites. Don't let anyone rush you into donating. If someone wants donations in cash, by gift card, or by wiring money, don't do it.
- Check the signs of potential COVID-19 vaccine scams from the <u>Federal Bureau of Investigation</u> (FBI)
- Avoid Coronavirus Scams Federal Trade Commission (FTC)

## Office of the Attorney General: Consumer Alerts

Accessible public information is the most effective weapon in our fight to free our market from unfair and deceptive business practices. In our attempt to increase consumer awareness, the Attorney General's Office has created an assortment of informational services to meet the needs of our diverse audience.

We strive to provide the most accurate information, in the most convenient formats, to Washington's businesses and consumers. Traditional news releases, alerts, blogs, tweets, brochures, and special training opportunities all take center stage in our efforts to improve Washington's economy. <a href="https://www.atg.wa.gov/scam-alerts">https://www.atg.wa.gov/scam-alerts</a>

## **CONTACT INFORMATION**

#### **NEW STATE CORONAVIRUS WEBSITE**

https://coronavirus.wa.gov/

**REAL TIME GLOBAL COVID-19 DATA** 

https://ncov2019.live/data

**Business owners** with questions about how the new restrictions might apply to them can fill out an <u>inquiry form</u> and contact the state to get more information.

#### 911 For medical emergency

211 Washington State Novel Coronavirus Call Center | Washington 211 System

WA DOH partnered with Washington 211 to answer questions, concerns or provide information about COVID-19 from 6 a.m. to 10 p.m. PT daily. Washington 211 replaces the department's novel coronavirus call center. Callers can continue to dial **1-800-525-0127** and press # to be transferred to a Washington 211 call taker.

211211 Text "coronavirus" to this number to get a reply message with helpful links from

the CDC website. If you respond with your zip code, you will receive links to the state and local health websites. Once opted in, users can receive daily COVID-19

text updates and alerts.

206-477-3977 King County COVID-19 Call Center

(Medical questions related to COVID-19)

If you are in King County and believe you were exposed to a confirmed case of COVID-19, or you do not have a healthcare provider, contact our novel coronavirus call center. Healthcare providers with questions about COVID-19

may also call this number. Daily from 8 AM to 7 PM PST

206-296-1608 King County COVID-19 Business and Community Information Line

Non-medical questions about COVID-19 including compliance and business-

related issues. Monday - Friday 8:30 AM to 4:30 PM PST

1-866-427-4747 King County 24-Hour Crisis Line

For professional mental health services and support.

King County Public Health:

https://www.kingcounty.gov/depts/health/communicable-diseases/disease-

control/novel-coronavirus.aspx

360-902-4111 Governor Inslee's Website:

https://www.governor.wa.gov/issues/issues/covid-19-resources

206-418-5500 WA Department of Health | Communicable Disease Epidemiology

https://www.doh.wa.gov/Emergencies/Coronavirus

1-877-561-3453 WA Labor and Industries:

1-877-561-FILE https://lni.wa.gov/agency/outreach/workers-compensation-coverage-and-

coronavirus-covid-19-common-questions

1-800-318-6022 WA Employment Security Department:

https://esd.wa.gov/newsroom/covid-19

1-800-562-6900 WA Office of the Insurance Commissioner:

https://www.insurance.wa.gov/coronavirus