PROCLAMATION

National Recovery Month/September 2012

WHEREAS, research shows that substance use and mental disorders are treatable, and people should seek assistance for these conditions with the same urgency as any health condition; and

WHEREAS, recovery is possible to improve overall health and well-being; and prevention works, treatment is effective and people can and do recover from substance use and mental disorders; and

WHEREAS, all Americans have the opportunity to access services aimed to improve physical and emotional health while ensuring people will receive the care they need at a more reasonable cost; and

WHEREAS, it is important to recognize those who have achieved long-term recovery and how recovery positively benefits society as a whole; and

WHEREAS, *National Recovery Month* has improved the lives of those suffering from substance use and mental disorders and has raised awareness of treatment and recovery resources for 22 years.

NOW, THEREFORE, I, Mary Jane Goss, Mayor of the City of Lake Forest Park, the City Council concurring, do hereby recognize September 2012 as

National Recovery Month

and encourage all citizens to remember that Prevention Works, Treatment is Effective, and People Recover.

Mary Jane Goss

Mary Jane Goss, Mayor

September 13, 2012