King County Public Health Department
Program Profile: Family Planning

Background
The Family Planning Program at Public Health - Seattle & King County works to decrease teen pregnancy, unintended pregnancy, and STDs in King County, contributing to poverty reduction in the region. The Family Planning program provides innovative health education, STD and comprehensive family planning clinical services in Public Health Clinics and at DSHS Community Service Offices, as well as four school-based health centers.

Public Health Family Planning clinics utilize best practices, such as same-day birth control and access to effective long-acting birth control methods like the implant and IUD to decrease unintended pregnancies. About one-quarter of low-income women in King County receive services through Public Health’s Family Planning Clinics.

In addition, each year the Family Planning Health Education team provides evidence-based health education and clinic outreach to 13,000 young people, and training to more than 2,000 professionals, including teachers, school nurses, youth workers, and medical providers. The team also produces the internationally recognized FLASH sexual health education curriculum, which is used in every school district in King County.

Value of publicly funded family planning programs:
- In the U.S., every $1 spent on family planning saves over $5.68 in Medicaid expenditures.
- The number of unintended pregnancies and abortions in the U.S. would be nearly 2/3 higher if not for publicly funded family planning services.
- A quarter of women who lose access to publicly funded family planning services become pregnant within the first year.
- 75% of clients who receive services at publicly funded family planning clinics receive no other primary care.

Current Level of Service
- Public Health’s Family Planning Clinics serve ~11,500 clients a year at seven Public Health Centers.
- The Family Planning Health Education team serves ~15,000 youth and youth-serving professionals per year.

Proposed Changes for the Family Planning Program in 2015-2016

Family Planning clinics: The proposed budget closes four family planning sites and eliminates stand-alone family planning services for about 5,700 clients. Specific clinics that are impacted include: Auburn (impacting 2,066 clients); Columbia (829 clients); Greenbridge (2,087 clients); and North (771 clients). Family planning services at Greenbridge will be provided by Planned Parenthood. Family planning at Columbia and North will be incorporated into primary care to be provided by Neighborcare at these locations, but primary care does not replace

Population Affected by the Program
- 72% are people of color; 57% are uninsured and 77% have incomes below 100% of FPL
- Priority populations for Family Planning educators include low-income teens, incarcerated youth, teens of color, homeless teens, LGBT youth and pregnant and parenting teens
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stand-alone family planning access. There is not another provider to transition care to at Auburn. The proposed budget maintains three stand-alone family planning clinics (Eastgate, Federal Way, and Kent).

Family Planning Educators: Service is eliminated for 10,500 youth and professionals (70% reduction)

Major Sources of Funding for the Family Planning Program
Fund sources include King County general fund, federal Title X grant funding, State Family Planning grant funding, FQHC reimbursement, a Medicaid Waiver (Take Charge) and grants from Grove Foundation.

Community Partners
The Public Health Family Planning Health Education team partners with communities, schools and other Public Health programs. Partners include the Department of Juvenile and Adult Detention, all 19 school districts in King County, community-based organizations serving youth, and medical professionals serving low-income and marginalized youth and adults.