



King County

**Department of Community and Human Services
Developmental Disabilities Division**

BOARD FOR DEVELOPMENTAL DISABILITIES AGENDA

Day/Date: Wednesday, May 4, 2016

Time: 9:30 – 11:30 a.m.

Location: Tukwila Community Center
Community Room B
12424 42nd Avenue South
Tukwila, WA 98168
(Driving direction on the reverse side)

- | | |
|--------------------------------------------------------------------------|--------------------------|
| I. Call to Order / Introductions | Leo Finnegan |
| II. Approval of Minutes | Board |
| III. Chair's Remarks | Leo Finnegan |
| IV. Presentation on Funding Recommendations for
Discretionary Funding | Jim Ott
Board Members |
| V. General Public Input | |
| VI. Positive Happenings | Board |
| VII. Reports | |
| ❖ Regional Administrator / Field Services | Michelle Bauchman |
| ❖ King County Division Director's | Holly Woo |
| VIII. Adjournment | |



King County

Department of Community and Human Services
Developmental Disabilities Division
401 Fifth Avenue, Suite 520
Seattle, WA 98104

Board for Developmental Disabilities

BOARD MEETING

Date: May 4, 2016

Location: Rukwila Community Center Time: 9:30 a.m.

PLEASE PRINT

Name	Representing	Email or mailing address Update or add to mailing list only	Would you like to speak?
Kelli Watten	Direct Interactions	kelli@directinteractions.com	NO
Jennifer Lengyel	Total Living Concept	jenny@totalivingconcept.org	No
Brian Dahl	WA State DDC	brian.dahl@dc.wa.gov	NO
Robin Tatsuda	The Arc of KC	rtatsuda@arcofkingcounty.org	NO
Eric Matthews	The Arc of KC	ematthes@arcotkingcounty.org	No
Joe Cunningham	King Co. Parent & Family Coalition of Arc of KC	joe@arcofkingcounty.org	No
Lauri Bertagna	DDA	Lauri.Bertagna@dshs.wa.gov	Yes
Debbie Meyers	SKCAC		no
Cathy Murakami	KCPFC/Arc	on file	no
Chris Weber	KCPFC/Arc of KC	on file	No

[illegible]



King County Board for Developmental Disabilities

M I N U T E S

Day/Date: Wednesday, March 2, 2016
Time: 9:30 – 11:30 a.m.
Location: Tukwila Community Center, Community Room A
12424 42nd Avenue S.
Tukwila, WA 98168

Board Members Present: Deborah Anderson, Theresa-Ann Clark,
Leo Finnegan, Marianna Klon, Joseph Phillips,
Hameed Quraishi, Marla Veliz, Nancy Yee

Guest Present: Katie Harris, Parent
Vanessa Harris, Community Member
Melissa King, Athletes for Kids
Jennifer Lengyel, Total Living Concept
Hodan Mohamed, Open Doors for Multicultural
Families
Fred Nystrom, Life Enrichment Options
Dena Pinard, Parent
Brandy Riddle, Washington Vocational Services
Norm Roth, Public
Robin Tatsuda, The Arc of King County
Kelli Welter, Direct Interactions
*Listed above are individuals who signed the roster

**Department of Social and Health Services (DSHS),
Developmental Disabilities Administration (DDA)**

Lauren Bertagna

King County Developmental Disabilities Division (KCDDD):

Jim Ott
Michaelle Monday
Denise Rothleutner
Richard Wilson
Holly Woo

CALL TO ORDER / INTRODUCTIONS

The Board for Developmental Disabilities meeting convened at 9:32 a.m. on Wednesday, March 2, 2016, at the Tukwila Community Center. The Board Chair, Leo Finnegan, called the meeting to order with welcoming remarks and self-introductions.

APPROVAL OF MINUTES

0302201601 Leo Finnegan, Chair called for a motion to approve the December 2, 2015, Minutes. The Minutes were so moved, seconded, and approved as written.

0302201602 Leo Finnegan, Chair called for a motion to approve the February 3, 2016, Minutes. The Minutes were so moved, seconded, and approved as written.

CHAIR'S REMARKS

No report

NOTEWORTHY PROGRAM PRESENTATION: ATHLETES FOR KIDS

Melissa King, Athletes for Kids shared the program's unique youth mentorship model. They carefully match kids with special needs and disabilities from 1st through the 9th grades with a qualified high school athlete who commits to mentoring for one to three years.

For more information, contact Melissa King by email at Melissaking@athletesforkids.org, by phone at 425-369-2142, or visit their website at www.athletesforkids.org.

ELECTION OF BOARD OFFICERS

Jim Ott, KCDDD provided an overview of the election of board officers process and announced the slate of officers. Leo Finnegan was nominated for another term as board Chair and Nancy Yee was nominated for Vice-Chair.

0302201603 Jim Ott called for a motion to approve Leo Finnegan as Chair and Nancy Yee as Vice-Chair. The slate of officers was so moved, seconded, and approved.

PRIORITIZATION OF DISCRETIONARY FUNDING STRATEGIES

Jim Ott, KCDDD provided an overview of the board's working sessions held to prioritize funding strategies for \$500,000 in discretionary funding. The board's next steps involve the board working with King County staff to create a matrix to use in generating funding recommendations for each funding strategy area.

0302201604 Jim Ott, KCDDD called for a motion to accept the prioritization of discretionary funding strategies to be used in creating funding recommendations. The funding strategies were so moved, seconded, and approved.

Contact Jim Ott by email at James.Ott@Kingcounty.gov or by phone at 206-263-9060 with questions or concerns.



**This material is available in alternate formats upon request
Voice: 206-263-9055 / TTY Relay: 711**



LEGISLATIVE UPDATE

Holly Woo, KCDDD provided an update on The Arc of Washington State's 2016 Supplemental Budget comparison of programs and services for people with developmental disabilities.

Holly Woo also provided updates on The Arc of Washington State's 2016 Developmental Disabilities Bills of Interest and below are bills highlighted in her presentation:

- House Bill 2323 (Create ABLE program) - creates Achieving a Better Life Experience savings program for people with disabilities;
- House Bill 2394 (Parent to Parent) - puts the Parent to Parent program into statute; and
- Senate Bill 5879 (Early Intervention) - clarifies what is already in practice and makes technical corrections.

KING 5 NEWS SERIES: LAST OF THE INSTITUTIONS

Denise Rothleutner, KCDDD distributed a document listing links to King 5 News' continuing segments on Washington State's institutions for people with developmental disabilities.

GENERAL PUBLIC INPUT

No report

POSITIVE HAPPENINGS

Joseph Phillips, board member thanked King County for supporting his attendance at the 2015 TASH Conference. The conference enhanced his understanding of how progressive leadership is generating change within the disability community for an inclusive future for people with disabilities in all aspects of their lives.

Marianna Klon, board member shared a success story of inclusion for a young woman with a disability in her place of employment.

Hameed Quraishi, board member shared his appreciation for the Community Access training he attended and the information that was provided on assisting individuals to become more engaged within their community.

Theresa-Ann Clark, board member shared how powerful the King County Early Intervention's Equity training was and recommended it to others.

Deborah Anderson, board member announced the cancellation of the March Vashon Summit on special needs. Instead, families are currently planning to meet once a



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quarter at the Vashon Library to continue their discussions for services on Vashon Island.

REPORTS

REGIONAL ADMINISTRATOR / FIELD SERVICES REPORT

Lauren Bertagna, DSHS/DDA provided updates on the following:

- Elimination of State Only funding;
- Individual and Family Services Waiver;
- No Paid Services;
- Service Request and Information Line;
- Staff Recruitment; and
- Pre-Admission Screening and Resident Review accomplishments.

KING COUNTY DIVISION DIRECTOR'S REPORT

Denise Rothleutner, KCDDD provided a 2016-2017 funding update announcing a Request for Proposal for a crisis conversion home. The funds for this project was set aside as part of the Health and Human Services Transformation work by the King County Department of Community and Human Services.

BOARD RECRUITMENT

The Board for Developmental Disabilities is seeking residents of King County interested in serving on the board. The board is a 15-member citizen's advisory board, which provides oversight of community services for residents of the County who have intellectual/developmental disabilities, cerebral palsy, epilepsy, autism, or other neurological impairments, and their families. The board develops plans, makes recommendations on the use of available funds, and advocates for increases in state funding and improvements in services.

MEETING REMINDER

The next King County Interagency Coordinating Council meeting is scheduled for March 14, 2006, from 9:30 a.m. – 12:30 p.m. at Well Spring Family Services located at 1900 Rainier Avenue S., Seattle.

The next Board for Developmental Disabilities meeting is scheduled for April 6, 2016, from 9:30 – 11:30 a.m. at the Tukwila Community Center, Community Room B located at 12424 42nd Avenue S., Tukwila.



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MEETING MATERIALS

All meeting materials presented at the Board for Developmental Disabilities meetings will be posted on the KCDDD's website with board meeting minutes at <http://www.kingcounty.gov/healthservices/DDD/board.aspx>.

ADJOURNMENT

There being no further business to come before the board, the meeting was adjourned at 11:13 a.m.

Prepared by:
Michaelle Monday

Attested by:
Holly Woo



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King County

KING COUNTY DEVELOPMENTAL DISABILITIES DIVISION 2016 FUNDING RECOMMENDATIONS FOR DISCRETIONARY FUNDING

**Presentation to the King County Board for
Developmental Disabilities**

May 4, 2016

DISCRETIONARY FUNDING PROCESS

In May 2015, the King County Developmental Disabilities Division (KCDDD) announced a process to allocate \$500,000 in discretionary funding in 2016 to:

- enhance the delivery of core services
- pilot and implement new service strategies
- address emerging need, issues and opportunities

The Board for King County Developmental Disabilities was asked to work with KCDDD staff to oversee the process and participate in the development of funding strategies and recommendations for the discretionary funding

COMMUNITY INPUT

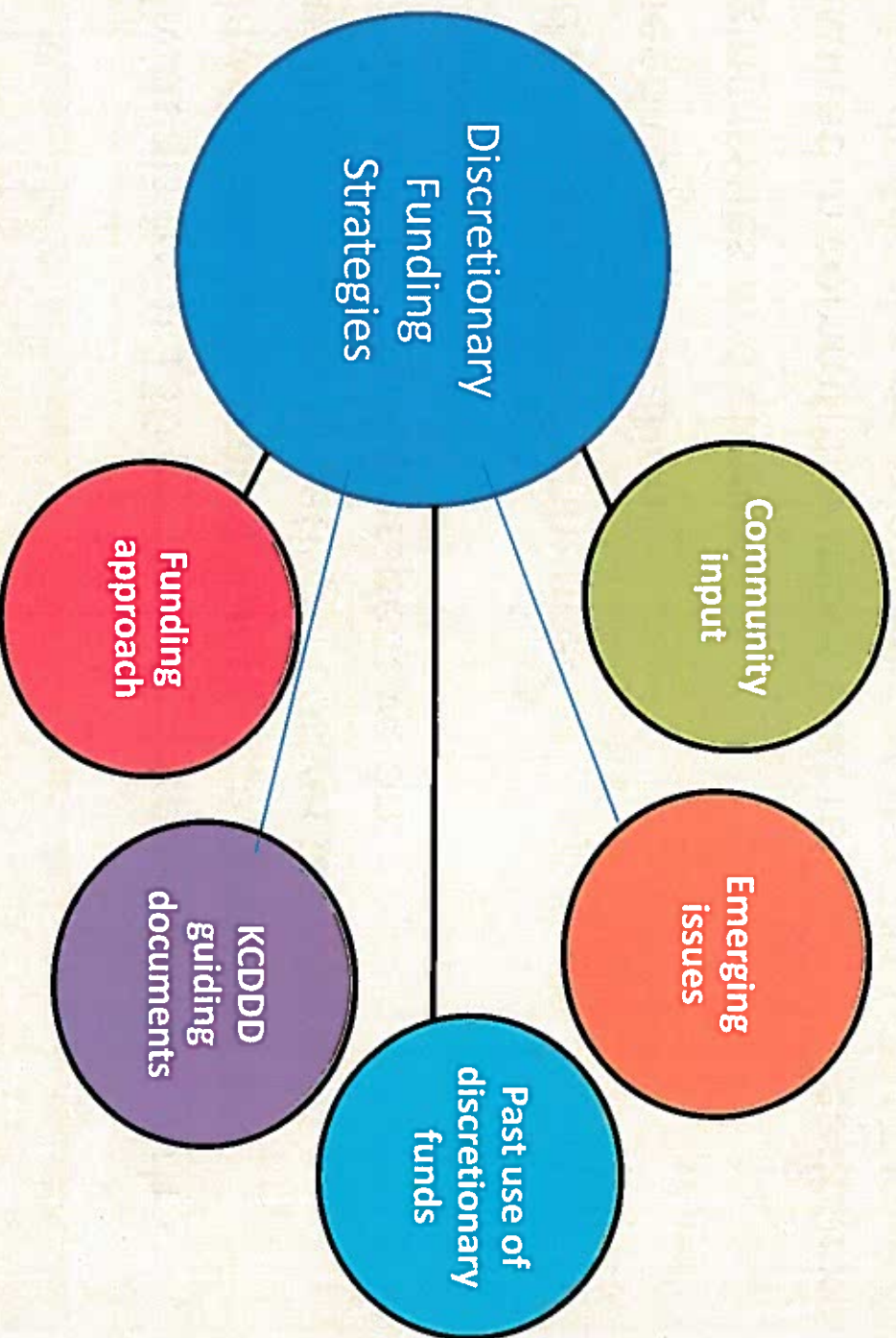
Over 700 individuals from 130 groups and organizations with interests in developmental disabilities were engaged in the process through community meetings, conversations, and interviews to identify and gain perspective on:

- what is working well
- what could be improved or enhanced
- issues in need of amplification
- and emerging issues and challenges

This effort resulted in community input that reinforced feedback gathered earlier during the development of the 2014-2017 King County Developmental Disabilities Division Three Year Plan.

DEVELOPING FUNDING STRATEGIES

In developing funding strategies, community input and emerging issues were cross-walked with KCDD's guiding documents, funding approach, and past use of discretionary funding



FUNDING STRATEGIES

The process resulted in the development of the following funding strategies for discretionary funding that were presented at the December 2015 Board meeting:

1. Coordinate system improvements for individuals with DD through collaborations with the respite care, crisis response, juvenile justice, school, transportation, and housing systems
2. Expand and enhance information and outreach services to reach more diverse communities
3. Promote sustainable family support program model(s) that get families the services they need in their local communities
4. Increase the availability of supports for families experiencing behavioral health issues
5. Expand and enhance stakeholder training and technical assistance that increases diverse individual's access to high-quality adult employment and School to Work services
6. Expand equity and social justice training for stakeholders that increases diverse families' access to high-quality Early Intervention services

BOARD WORKING SESSIONS

Following the December Board meeting, Board members participated in five working sessions, held January through April 2016. The sessions provided time for Board members to review and become grounded in KCDDD guiding documents and other information in preparation for prioritizing discretionary funding strategies and developing funding recommendations. The Board reviewed and discussed:

- KCDDD's mission, vision and funding approach
- Public input and feedback
- County Guidelines
- KCDDD 2014-2017 Strategic Plan and progress reports
- 2016 Board Legislative Agenda
- King County Health and Human Services Transformation Plan
- King County's 2015 Equity and Social Justice Report
- Funding recommendation templates

FUNDING RECOMMENDATIONS

- Throughout the working sessions the Board entered into rich discussions about community needs and services for individuals with developmental disabilities. At the last working session on April 19th, the Board came to consensus on a proposed set of funding recommendations related to the funding strategies. In addition, the Board created two overarching funding recommendations
- Please see separate handout, King County Board for Developmental Disabilities 2016 Discretionary Funding Recommendations for details (also attached to this presentation).
- The Board agreed to vote on the proposed set of funding recommendations pending presentation to the public at the May Board meeting

NEXT STEPS

- Following adoption of the proposed set of funding recommendations by the Board, KCDD staff will seek final approval by Adrienne Quinn, Director, Department of Community and Human Services
- Staff will create work plans for each funding recommendation and engage the Board, County procurement, contracting and fiscal staff to allocate funding for services
- The Board will receive regular progress reports from staff and will report on progress to the public at Board meetings

QUESTIONS

Questions and comments about this presentation can be directed to Jim Ott, Community Outreach and Information Manager, by phone at 206-263-9060, or by email at jim.ott@kingcounty.gov.

Attachment A - King County Board for Developmental Disabilities 2016 Discretionary Funding Recommendations

Strategy 1. Coordinate system improvements for individuals with DD through collaborations with the respite care, crisis response, juvenile justice, school, transportation, and housing systems	
Rec. A. Enhance the crisis response systems capacity to serve people with DD	\$40,000 est.
Rec. B. Sponsor a Board led Developmental Disabilities housing conference, or fund a DD housing track, as part of an existing housing conference	\$25,000 est.
Strategy 2. Expand and enhance information and outreach services to reach more diverse communities	
Rec. A. Expand and enhance information and outreach services to reach more diverse communities	\$75,000 est.
Strategy 3. Promote sustainable family support program model(s) that gets families the services they need in their local communities	
Rec. A. Create opportunities for parents to gain information specific to the needs of families while increasing their network of relationships with other parents	\$50,000 est.
Strategy 4. Increase the availability of supports for families experiencing behavioral health issues	
Rec. B. Increase the pool of providers who can work with families experiencing behavioral health issues	\$45,000 est.
Strategy 5. Expand and enhance stakeholder training and technical assistance that increases diverse individuals access to high-quality adult employment and School to Work services	
Rec. A. Increase Employment providers capacity to provide supports to individuals from diverse communities	\$75,000 est.
Strategy 6. Expand equity and social justice training for stakeholders that increases diverse families access to high-quality Early Intervention services	
Rec. A. Support training of Early Intervention providers to effectively engage and serve multicultural families	\$75,000 est.
Rec. B. Provide training that increases knowledge and skills of Early Intervention staff to strengthen the social-emotional well-being of families and address infant/child mental health issues	\$75,000 est.
Strategy 7. Overarching funding recommendations – meets more than the need of a single funding strategy	
Rec. A. Create a diverse “think tank” of community members to provide input and feedback to the Board when it receives requests for public input or seeks community input	\$35,000 est.
Rec. B. Hold Board meetings in evenings or weekends, and with supports to encourage participation by people who do not attend current Board meetings	\$5,000 est.
Total	\$500,000

CHARTING the life course



Integrated Services and Supports

People need supports to lead good lives. Using support from lots of different sources helps to create a full, inclusive life that's not limited to, or defined by, paid services. Use this form to help identify sources of support and personal strengths to reach a specific goal or larger vision.

My Goal: _____

Technology
(devices, apps,
equipment)

Personal Strengths & Assets

Personal Relationships
(family, friends,
others I know)

**Sources of Support
to Reach My Goal**



For more help with planning,
use our free online planning
tool at www.mylifeplan.guide.

Community Based
(free and low-cost resources in my community)

Eligibility Specific
(paid services and benefits)



Informing Families
Today and Tomorrow

Informing Families is a collaboration between the Washington State Developmental Disabilities Council (DDC), Developmental Disabilities Administration (DDA) and other partners throughout the state. We offer trusted news and information that empowers individuals and families to be active participants in planning and creating opportunities to live a full, inclusive life. Sign up here: www.informingfamilies.org/news.

Applying for Developmental Disability Services



DDA: The Door to DD Services

The main door to services for individuals with intellectual/developmental disabilities in our state is the **Developmental Disabilities Administration (DDA)**. It's where people go to get help for in-home, out-of-home, and community-based services. Learn more about DDA services here: dshs.wa.gov/dda.

Important: Most services are not an entitlement, which means that being eligible for DDA does not automatically result in enrollment for services. There can be a long wait, but it's important to take the first step, which is **applying for a determination of DDA eligibility**.



3 Things to Know About Applying for Determination of DDA Eligibility

#1 To apply for DDA eligibility, you must:

Be a resident of the state.

- DDA cannot even begin to process your application unless you live here.
- If you live in another state, your eligibility for services will not transfer.

and



Have a qualifying condition.

DDA's qualifying conditions for developmental delay and intellectual/developmental disability are used to determine eligibility. You can find them here: www.dshs.wa.gov/dda (click on Eligibility).



#2 How to apply for a determination of DDA eligibility at different ages:

Birth to Three

Apply for Early Support for Infants and Toddlers (ESIT). A Family Resources Coordinator (FRC) will help you obtain screenings, services and supports. Learn more here: www.del.wa.gov/development/esit.

DDA requires a re-determination of eligibility at age 4, so you will need to re-apply for DDA services *before* that happens. DDA will send a notice 6 months prior to your child turning 4.



Age Three and Older

Request a determination of eligibility from your local DDA office (or online). Find the office nearest you: dshs.wa.gov/dda.

You will be asked for documents to verify identity, residency, disability, consent, and (where needed) guardianship or adoption records.

For an application packet, visit: www.dshs.wa.gov/dda (click on Eligibility).

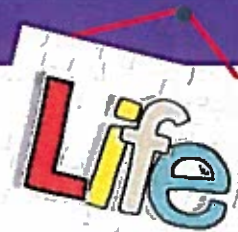
#3 It's up to you to request to be assessed for services.

You must call to request services after you have been determined eligible for DDA. Some services are entitlement, such as personal care through Community First Choice; however, most DDA services are provided through a waiver program, which is not an entitlement. Enrollment in waiver programs are filled based on assessed need when there is available funding.

Once you have been enrolled in services, you will be assigned a case manager and service planning will begin. *It's very important to request the services you need, so that you can be contacted when there's an opening for that program or service.*






Get Organized for Life



No matter your son/daughter's age, chances are, you will need to apply for services, benefits or enrollment in a program throughout many stages of life. Save yourself some time and start giving all your important documents a good home so that you'll be able to find what you need when you need it.

Here are some easy ways to store your files:

-  **Low cost file box.** Most stores have lots of fun organizing supplies. Buy an accordion file or portable box with file hangers in a color that stands out from the crowd—something that's easy to spot.
-  **Free organizer.** Seattle Children's Hospital also offers an expandable plastic file folder that some families have found really helpful. You can request a file folder here: cshcn.org/planning-record-keeping/care-organizer.
-  **Thumb drive.** Many services have online applications to determine eligibility. Scanning and dropping files onto a thumb drive makes it really easy to upload the necessary documents. It is also a great way to back up your paper files and take with you in case of an emergency.

Most Commonly Requested Documents

ID

Birth Certificate, Social Security card, picture ID and proof of Washington State residency (e.g., utility bill, voter registration).

Approvals

Many services use eligibility for another program as criteria for their own, so be sure to keep all approval letters, but especially those from SSI, DDA, Apple Health, and any housing assistance program.

Assessment(s)

Medical, psychological, and educational assessments/evaluations that identify disability and/or a disability-related need for services/treatment.

Diagnosis

Proof of disability is required when applying for disability-related benefits and services in all areas of life: education, medical, housing, employment, home & community supports, special needs trusts, and programs you might not even know exist until your son/daughter needs it.

Education

Psych eval and test results from the school psychologist, notes from school, as well as a log of any school-related incidents or behaviors. Keep copies of all IEPs, and ask your child's school for a copy of the full school file at the end of the year (or anytime, really).

Financial

Most benefits and services have a financial eligibility component to them. If your child is under 18, keep copies of your previous year's tax return, as well as a list of resources and assets. If your child is 18 or older, only his/her income and resources are counted; keep monthly pay stubs for reporting to SSI.

Legal

Guardianship papers, Representative Payee, Power of Attorney for Medical and/or Financial, as well as a Letter of Intent stating what your wishes are for your son/daughter.

Medical

Health insurance; test results; medication; therapies, immunizations; most recent dental/doctor visit; and contact information for all health care professionals.

Plans

Whether it's a person-centered plan for life and/or services, planning documents are an important part of ensuring that everyone is working toward goals driven by the individual and family. In some cases, such as guardianship duties, having a documented plan of care is required.

Trust(s)

Special needs trust account information, records and accounting.

Understanding DDA Services: Waivers and Community First Choice

Nearly all services delivered through DDA are part of a federal Home & Community-Based Services waiver. They're called waivers because they waive the option to receive services in an institutional setting, choosing instead to receive the same or similar services in their own home and community. DDA has five different waivers, each with their own set of services and funding limits:

Individual & Family Services (IFS)

For children and adults living in the family home. Services include: Assistive Technology, Respite, Skilled Nursing, Behavior Support & Consultation, Environmental & Vehicle Modifications, Specialized Medical Equipment, OT/PT, Speech, Hearing & Language Services, Staff/Family Consultation & Training, Transportation, Peer Mentoring, Person-Centered Planning Facilitation, Supported Parenting, and Community Engagement. Annual funding levels are based on assessed need: \$1,200, \$1,800, \$2,400, \$3,600.



Basic Plus

For children and adults living in the family home or other community-based setting (such as Adult Family Homes), and whose ability to continue being supported in that setting is at risk without additional services. Services include: Personal Care, Respite, Skilled Nursing, Behavior Support, Adult Dental Services (Age 21+), Environmental Accessibility Adaptations, Specialized Medical Equipment/Supplies, OT/PT, Specialized Psychiatric Services, Staff/Family Consultation & Training, Transportation, Supported Employment, and Community Access.



CORE

For children and adults at immediate risk of out-of-home placement who have a need that cannot be met by the Basic Plus waiver, and who may need up to 24-hour residential services that include training and education; or, who may require daily to weekly one-on-one support for physical or health needs. Services include all those available under Basic Plus*, as well as supported living services. (*CORE waiver services provide more funding for services than Basic Plus, based on assessed need.)



Children's Intensive In-Home Behavioral Support (CIIBS)

For children (ages 8-20) living in the family home who are at risk of out-of-home placement due to the intensity of their behavioral challenges. Services include: positive behavior support and team based planning that builds upon strengths and works toward outcomes driven by the family. Each child's team includes family, friends, providers, school staff, and others. The family partners with a behavior specialist to create and follow a positive behavior support plan that fits the whole family. Other services include respite, assistive technology, and therapeutic equipment and supplies.



Community Protection

For adults who need 24-hour on-site awake staff supervision and therapies to maintain their own and community safety. The goal of the Community Protection program is to provide a structured, therapeutic environment for persons with community protection issues in order for them to live safely and successfully in the community while minimizing the risk to public safety. Community Protection services include Supported Living (Residential) Services, Supported Employment, Behavior Support and Consultation.



Increasing Independence: Community First Choice

Community First Choice

(CFC) is a non-waiver program offered by DDA that strives to help children and adults be as independent as possible while living at home.



CFC is an entitlement. This means that if someone meets the financial and functional eligibility for CFC, they can receive it.

CFC Services Include:

Personal Care assistance with everyday tasks, such as bathing, dressing, meal preparation and essential shopping.

Assistive Technology to help individuals be more independent with daily tasks.

Skills Acquisition Training on daily living skills such as cooking, housekeeping tasks or hair care.

Personal Emergency Response Systems (PERS), an electronic device which allows you to call for help in an emergency.

Call DDA's Service Request & Information Line to learn more about waivers and Community First Choice.

Region 1

Spokane: 800-319-7116
Yakima: 866-715-3646

Region 2

Seattle: 800-974-4428
Everett: 800-567-5582

Region 3

Tacoma: 800-735-6740
Olympia: 888-707-1202