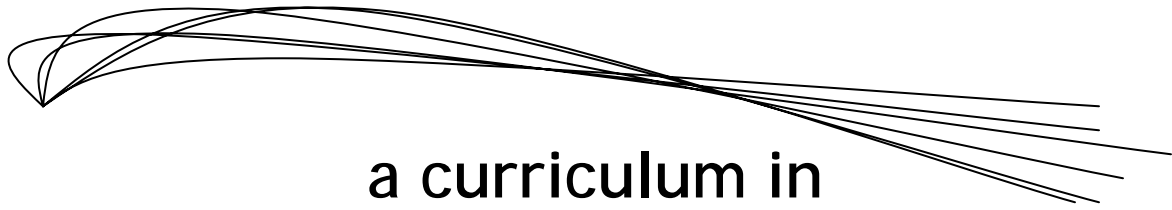


# 7/8 F.L.A.S.H.



## a curriculum in FAMILY LIFE AND SEXUAL HEALTH for grades 7 and 8

### *7/8 F.L.A.S.H.*

Written by **Elizabeth “Beth” Reis, MS**  
Illustrations by Powers, Stenson, Espinoza  
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HIV/AIDS lessons written in 2002

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Birth Control lesson revised in 2005 and 2006

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With illustrations by **Molly MacGregor**

Sexual Health & Hygiene lesson revised in 2006

By **Beth Reis, MS**

Sexually Transmitted Disease lessons revised in 2006 and 2007

By **Brett Niessen, MPH candidate, Stephanie Ballasiotes, MC, Heather Hutchins, MSW, MPH & Beth Reis, MS**

Puberty Lesson revised in 2009

By **Celia Thomas, BA & Beth Reis, MS**

Birth Control Lesson revised in 2009

By **Beth Reis, MS & Andrea Gerber, MEd**

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*F.L.A.S.H.* is the product of many people's efforts. The 2008-10 updates and revisions, at all grade levels, including all the appendices, reflect the creativity, work and commitment of:

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Puberty & Reproductive System Lessons updated in 2007  
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Review & Resources Lesson updated in 2009  
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Written by Elizabeth "Beth" Reis, MS  
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Unplanned Pregnancy and Contraception lessons revised in 2005  
Abstinence and Emergency Contraception lessons written in 2005  
By Anya Nartker, MPH candidate with illustrations by Molly MacGregor  
Sexually Transmitted Disease lessons revised in 2006 & 2007  
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HIV/AIDS lessons revised in 2006  
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HIV/AIDS lessons revised in 2006  
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