

# HIV & AIDS, year 2, day 2

Grade 5 or 6, Lesson #18

## **Time Needed**

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45-60 minutes

## **Student Learning Objectives**

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To be able to...

1. Reinforce information and concepts from the previous lesson through the use of a video.
2. Examine and express personal feelings and opinions on relevant AIDS-related situations and listen to the opinions of peers. Practice decision-making and assertiveness.
3. Clarify and reinforce the concept that AIDS is not spread by casual contact but is passed primarily through risky behaviors.

## **Agenda**

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1. Use a video.
2. In small groups, use the Challenge Cards.
3. Assign homework.

## Materials Needed

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### Classroom Materials:

- Video: ***AIDS: Answers for Young People*** \*
  - ~~Distributed by Churchill Films, 1-800-334-7830~~

**NOTE: This resource not current. Use a more current audio-visual tool, if possible.** You will find some recommendations through these links:  
<http://www.metrokc.gov/health/famplan/teacherlinks.htm>

Audio-visual resources already approved for medical accuracy in Washington State Schools may be accessed here:  
<http://www.k12.wa.us/curriculumInstruct/healthfitness/pubdocs/2005MedicalAccuracyVideo.doc>

- *Challenge Cards* (one or two class sets, photocopied and cut, so that each of five to ten groups can have one)

### Student Materials: (for each student)

- *Challenge Cards* (one complete set of five for each student, to use with *Family Homework*)
- *Family Homework Exercise*

## Activities

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### 1. Use a video.

Introduce the video, posing ideas for students to think about and questions to be answered at the conclusion. Show the video and discuss it.

### 2. In small groups, have the class consider social and moral dilemmas using the Challenge Cards.

Divide class into five to ten small groups. Pass out one Challenge Card to each group. Give groups about six minutes to discuss their ideas. Each group should have a secretary to record comments and a reporter to present findings to the class. Allow each group a few minutes to present their situation to the class. Solicit class comment if time allows.

Emphasize the best, most humane, most practical responses.

## Homework

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Students' options:

- Complete the *Family Homework Exercise* (to complete this, the student will also need to take home a complete set of all five *Challenge Cards*).
- Write a letter to an imaginary friend who is afraid of a classmate with HIV.

## Challenge Card 1

You go to your friend's house to sleep over on Friday night. You see that his dad seems sick: he looks different than usual, sort of skinny and tired. He doesn't talk much. You notice that he hardly eats any dinner. After dinner, you ask your friend what's wrong with his dad, and he finally tells you AIDS. (You can't tell if someone has HIV by looking at them, but when a person has AIDS, they often look unwell.)



What do you say? What do you do?

- Tell your friend you're really sorry, but you think should probably go home.
- Call your family and ask if it's OK to stay.
- Comfort your friend (take his hand or give him a hug.)
- Try to pretend that nothing special has been said and act normally.
- Try to get your friend to talk about it. Ask questions.
- While your friend is in the shower, call another friend to see if they know this important news.
- Say that you'll stay, but don't eat anymore food, drink out of any glasses or touch anything that belongs to the dad.
- Other ideas?

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## Challenge Card 2

You're excited because you're going to start swimming lessons. They're already paid for. You've even got a new bathing suit. The night before lessons are due to start, your mother says you can't go: she's afraid you could get HIV because it's a public pool.

What do you say? What do you do?

- Agree with your mom, because now that she's mentioned it, you're sort of scared too.
- Suggest she call the pool to get more information.
- Tell her what you know about HIV and AIDS.
- Ask her to call the HIV/AIDS Hotline number or do it yourself.
- Tell her you won't go but go anyway because you're not worried, and it's more important to learn to swim.



## Challenge Card 3

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You're playing with one of your best friends. All of a sudden, she pulls out a sewing needle and pokes her finger. She wants to be blood sisters. You don't want to hurt her feelings.

What do you say? What do you do?

- Laugh and tell her it's babyish. Suggest another activity.
- Say OK...after all, you've known her for three years, and you are sure she's healthy.
- Tell her you don't want to do it and talk to her about HIV.
- Suggest you do something else to celebrate your friendship, like giving each other a piece of jewelry.
- Other ideas?




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## Challenge Card 4

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You are starting to get pretty worried. Your older brother has some friends who get into trouble all the time. You've heard them talking and think they probably use drugs.

What do you say? What do you do?

- Tell your parents.
- Talk to you friends about it.
- Relax. There's nothing you can do anyway.
- Try to talk to you brother. Tell him you don't like those guys and you're worried about drugs.
- Call a Public Health Clinic and ask them to mail information to your brother (or to you to give to him.)
- Check your brother's room, the drawers and closets, and see if you can find anything.
- Ask him to take you with him and the guys sometime so you can check things out yourself.
- Other ideas?



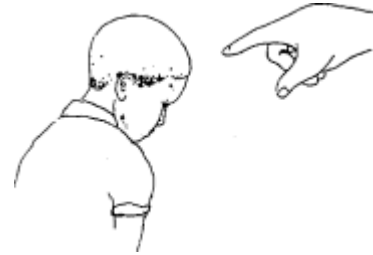
## Challenge Card 5

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There is a boy in your class who none of the other boys seems to like much. He seems OK, just sort of shy and quiet, and he's definitely not very good at sports. At recess, you hear a few of the boys call him names like "fag", "queer", and even "AIDS-face". The boy just stands there. He looks upset, but he doesn't say anything.

What do you say? What do you do?

- Tell the teacher about it.
- Ignore it. They're just fooling around.
- Confront the boys who are calling names:
  - Tell them to stop.
  - Call them names back.
  - Tell them they're hurting the boy's feelings.
- Try to talk to the boy or ask him to play.
- Ask your parents or friends for advice.
- Other ideas?



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# A Family Homework Exercise: HIV/AIDS & Our Community

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ALL FAMILY HOMEWORK EXERCISES ARE OPTIONAL.

## **DIRECTIONS**

1. Pick two situations from the Challenge Cards.
2. Ask your family member to give their opinions and feelings and then you explain yours and give some important points from the class discussion.

**NOTE:** Turn in a Family Homework Confirmation Slip by \_\_\_\_\_, if you want credit.