

What others have said

“There’s a whole landscape of possibilities with MI! I’m really excited to put my new skills into practice!”

“Great new ideas and methods for interacting with clients.”



“The trainers provided caring, gentle guidance. It was a pleasure to watch them model their skills.”

“I liked everyone’s willingness to really practice and risk making mistakes.”

“...more experiential than almost anything I have ever been to.”

TRAINER

Kathy Silverman

Kathy is a Health Educator with the HIV/STD Program. She trains on HIV/AIDS, counseling skills, crisis and suicide assessment and intervention, harm reduction, and behavior change. Kathy is also a WA State HIV Prevention Counseling Trainer.

The HIV/STD Program offers free and low-cost training in King County on such topics as:

- HIV/AIDS/hepatitis and STDs
- HIV counseling and testing
- Risk assessment/risk reduction counseling
- Needle exchange and syringe access
- Harm reduction
- HIV Prevention Essentials
- Accessing digital HIV information

Additional educational services include:

- Video, computer, and library resources on HIV/AIDS.
- Extensive collection of print materials on HIV, STDs, and drug user health.

HIV/STD Program

401 5th Ave, Suite 1100

Seattle, WA 98104

206-296-4649

www.kingcounty.gov/health/hiv

Public Health
Seattle & King County



Alternative formats available

11/2011

Motivational Interviewing

Helping People Change



Theory
•
Skills
•
Practice

**2012
Workshop Schedule**

Public Health – Seattle & King County

Motivational Interviewing is a client-centered, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence.

Trainings include:

- 2 days of blended theory, discussion and hands-on practice of core MI skills.
- A complete training manual and post-course resources.
- A monthly drop-in coaching group.

Training benefits:

- *Improved listening, conversation skills, and techniques for enhancing motivation.*
- *Increased confidence in helping clients explore and move toward change.*
- *Effective tools for reducing provider frustration with clients who resist change.*

2012 Workshop Dates:

Series I: April 5, 6
 Series II: October 11, 12

Attendance on both days is required to ensure learning continuity and to receive a certificate of completion.

Lunch is on your own but morning and afternoon snacks will be provided.

Location:

The 2100 Building, www.2100building.com, 2100 24th Avenue South (at Rainier)

Fees and Registration:

\$150/person or \$130/person with 3 or more participants from same agency attending the same training dates.

Criteria for registration:

Priority will be given to individuals whose work focuses on:

- *People at high risk for HIV or other sexually transmitted diseases -or-*
- *Individuals whose work focuses on people living with HIV.*

If you do not meet these priorities you may enroll on a space available basis.

We will finalize enrollment one week prior to the training date.

To register:

1. Complete and mail attached registration form with payment -or-
 2. Complete form online and mail payment.
www.kingcounty.gov/health/hiv
 (click on HIV/AIDS programs)
You are not registered until payment is received.
- Workshops are limited to 20 persons and fill quickly. Early registration is encouraged!
 - Refunds are available for cancellations made at least 5 days prior to your confirmed workshop. The full fee will be charged for all late cancellations and “no shows.”

Public Health Employees:

DO NOT send payment. Complete a Travel/ Training form to charge payment to your organization/project.

CE Credits:

13 CE hours are offered for this workshop.

Public Health - Seattle & King County is approved to provide CE credits by the WA State Department of Health and the WA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please complete and return this application along with payment to:	
Diane Ferrero, HIV/STD Program, 401 5th Ave., Suite 1100, Seattle, WA 98104 (206) 296-4649 Email: diane.ferrero@kingcounty.gov	
Name	Position
Agency	Class Dates Requested
Street	Telephone
City	State
Email	Zip
FAX	
**Public Health employees must complete a Travel/Training form to charge payment to your organization/project	
Registration is also available online at www.kingcounty.gov/health/hiv (click on HIV/AIDS programs)	