

Good web sites:

- Seattle Tilth -
www.seattletilth.org
- P-Patch program -
www.seattle.gov/Neighborhoods/ppatch
- City Farmer -
www.cityfarmer.org
- Washington Master Gardener Program -
www.gardening.wsu.edu
- American Community Garden Association -
www.communitygarden.org

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Supporting partners



Expanding Community Gardens in the Rainier Valley



*Growing a healthier
community one garden
at a time.*

What is a community garden?

Community gardens are land cultivated by a group of people. They provide fresh fruits and vegetables and bring communities together and empower gardeners. Natural outgrowths of gardens are friendships, cross-cultural exchange, community development, beautification, environmental justice, crime prevention, leadership and self-reliance for the neighborhood as a whole.



Ways to increase gardens in the Rainier Valley:

- Join the “Expanding Rainier Valley Gardens” group - meetings are the fourth Tuesday from 6:00 to 7:30 at the Rainier Community Center
- Share backyards through Urban Land Army’s Google map - www.urbanlandarmy.com/?page_id=11
- Get on the P-Patch list for a local garden bed - www.seattle.gov/Neighborhoods/ppatch
- Have monthly potlucks and invite neighbors to come and share garden supplies and inspiration
- Work with your child’s school to organize a school garden - www.pugetsoundschoolgardens.org
- Organize your community around unused city land to create new P-patches
- Join the “Community Fruit Harvest” program - www.solid-ground.org/Programs/Nutrition/Lettuce/Pages/default.aspx



Benefits:

- Improves the quality of life for people in the garden
- Promotes community development
- Encourages self-reliance
- Beautifies neighborhoods
- Produces nutritious food
- Saves money
- Conserves resources
- Reduces crime
- Preserves green space

