



**King County**

**Mental Health, Chemical Abuse  
and Dependency Services Division**

Department of  
Community and Human Services  
CNK-HS-0400

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**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE  
ADMINISTRATIVE BOARD (KCASAAB)  
RETREAT MEETING  
July 25, 2011**

**KCASAAB Members Present:** Jim Benbow, Linda Brown, Joan Clement, Michael Elsner, Pat Godfrey, Gina Grappone, Mary Ann LaFazia, Esther Osborne, Robyn Smith, Sarah Swenson

**KCASAAB Members Absent:** Roger Goodman (excused); Ruvyn Munden (unexcused)

**Guests Present:** Ardi Bury, Therese Grant, Bob Leonard

**Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present:** Jim Vollendroff, Dan Floyd, and Geoff Miller

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Board Vice Chair Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 4:35 p.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 123.

**I. Welcome and Introductions ~ Pat Godfrey**

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was present.

**II. Review / Approval of Minutes ~ Joan Clement**

Joan Clement asked for a motion to approve the minutes. Pat Godfrey motioned, seconded by Mary Ann LaFazia. The motion to approve the June 2, 2011 regular meeting minutes were approved by consensus.

**III. Election of KCASAAB Officers**

Joan Clement motioned, and Linda Brown seconded, that the slate of officers presented be accepted. The motion passed unanimously electing Jim Benbow as Chairman and re-electing Pat Godfrey as Vice Chair.

#### **IV. Recovery Oriented Systems of Care (ROSC) – Presentation ~ *Dan Floyd***

Dan Floyd provided a background on the history of ROSC development in King County. Access to Recovery (ATR) has six counties in the state participating, including how a county would use ATR to develop ROSC. Additionally, Association of County Human Services and Division of Behavioral Health and Recovery (DBHR) has convened a group to strategize how we can move toward a statewide ROSC.

The ROSC is a transformation change that will span years and moves treatment from an acute care to a chronic care model. The new model will be person-centered; allowing the individual define recovery for themselves. The model is built around the strengths of the individual and gaining additional strengths in the future.

The presentation continued with a lively discussion participated by all member present.

#### **V. Core vs. Enhancement Services ~ *All***

Hand out distributed from prior board meeting.

Purpose of the discussion is to view core vs. enhanced services in light of ROSC principles.

The role of youth outreach as a core service instead of an enhanced service and the nature of the services provided were discussed. It was noted that early engagement and screening may be a more appropriate description of the clinical activities that are occurring as part of youth outreach. This description of clinical activities may apply to both youth and adult outreach. Group care enhancement is another example of activities that may be better identified as a core service when the actual nature of the clinical activities is considered.

The question of what additional information does the board need to make informed decisions on core vs. enhanced or some other way to describe how we would triage services both for ongoing efficient use of resources and how to prioritize services during times of economic hardships was asked.

Jim Vollendroff will draft a guiding principle document for service delivery prioritization. This will be reviewed by a small group and preparation for further board discussion. Jim Vollendroff will work with Mike Elsner, Mary Ann LaFazia, Sarah Swenson, Esther Osborne and Jim Benbow as the subgroup of the board.

As we transition to a ROSC, it is essential that prevention is included. The need to have a prevention liaison attending the board meeting was discussed. It was noted that perhaps there is a need for a similar guiding principle document for prevention.

The board continued the discussion of how to relate these concepts to a ROSC.

**VI. Role and Responsibility of the Board ~ *Jim Vollendroff***

Mary Ann LaFazia opened the discussion by asking what is the value of the board and what are our tasks. This conversation has its genesis in a discussion with Jim Benbow in light of the changing system as health care reform and the transition to a ROSC continue.

Jim Vollendroff will revisit the board member handbook and include the role and value of the board within the context of a transition to the ROSC. It was suggested that a retreat focused on the revised handbook and reaffirming the role of the board would be beneficial.

**VII. Recovery Month Activities ~ *Jim Vollendroff***

Jim Vollendroff has been working with the other counties to pass proclamations for Recovery Month 2011. Pat Godfrey will be able to accept and thank the Federal Way Mayor and Council. Prevention staff are working on a letter to each of the city councils in King County requesting that they issue a Recovery Month Proclamation for 2011.

The KCASAAB will follow-up on the letters that are being sent out to cities. Jim Vollendroff will have staff follow-up with the board. Geoff Miller will work with Pat Godfrey and Jim Vollendroff on bullet points for use with the accepted proclamation. Gina Grappone suggested taking a picture of the proclamations and a picture of the board member at council meeting.

**VIII. Overview of Services ~ *Jim Vollendroff***

Jim Vollendroff handed out materials on the services provided during the past state fiscal year.

Comparison data comparing King County to the State of Washington – note reduction in funding impacting treatment admissions and clients in treatment in King County. Reports include state funded and MIDD funded clients.

The question “Do we know how our clients are doing one year after treatment begin?” was discussed Jim Vollendroff noted that there are a great many changes occurring in TARGET in an effort to track or derive outcomes. This includes interim measures on clients being instituted as part of the TARGET system.

Jim Vollendroff will bring some additional reports to the next board meeting to demonstrate what is available.

**IX. State Budget Overview ~ *Jim Vollendroff***

Discussion tabled due to lack of time.

**X. Health Care Reform Update ~ *Jim Vollendroff***

Discussion tabled due to lack of time. Jim Vollendroff will email out additional information and also noted the Health Care Reform Meeting on Thursday, July 28, 2011.

Further discussion and the need for a Health Care Reform Liaison as a duty of the board were mentioned.

**XI. Adjournment**

There being no further business, the meeting was adjourned at 7:20 p.m.

Prepared by:

Geoff Miller  
Recording Secretary

Attested by:

Joan Clement  
Board Chair

FINAL